

FEARLESS MOVIE STAR



Helen Holmes.

Film actress, whose feats of daring portrayed on the screen have made her popular among movie fans throughout the country.

Birds That Talk

In England more than in this country do we find birds that are taught to talk. The raven, the jackdaw, the magpie and the jay may all be trained to imitate sounds and to utter words and even sentences distinctly; but more familiar to most people are the talking birds of the parrot tribe, which acquire the gift of speech in far greater perfection than any other of their species. The voice of the parrot is also much more human in its tone; the raven is too hoarse, the jay and the magpie are too shrill; but there are modulations in the parrot's notes when speaking that are sometimes absolutely uncanny in their weird resemblance to the "human voice divine." This superiority is due to the construction of its beak, its tongue and head. The parrot, too, has a wonderful memory, and rarely forgets what it has once thoroughly learned.

Woman Cooks for Front.

Five hundred more women have been accepted by the British war office as army cooks and will soon be sent to the front to join 1,500 others who have been satisfying Tommy's appetite. These women wear khaki, live in camps and barracks, mess, draw rations and are the nearest approach the army has yet seen to Thomasina Atkins.

There Are Trades That Cure As Well as Some That Kill.

A great deal is written about trades that kill—for instance lead poisoning in the potteries, "phossy jaw" in the match factories, and so forth—but few people are aware that there are many trades which are medically recommended by the profession on hygienic grounds.

Thus, men who lay asphalt in the streets rarely suffer from a day's illness, while those employed in places where a large amount of electricity is generated enjoy a surprising abundance of vitality.

Workers in salt mines enjoy almost complete immunity from rheumatism. The healthiest occupation for all is said to be that in the American petroleum works. Here the men never suffer from sore throats, diphtheria, quinsy, or kindred ailments. Indeed, petroleum fumes are so good for the throat that it is quite common for sufferers from throat affections to "take the fumes," just as people "take the waters" at Harrogate or Bath.

A well-known tenor who was in danger of losing his voice once took on a job in one of the petroleum refining rooms as an ordinary employee, with the result that he was soon able to resume his work on the concert platform.

Which reminds us that singing is excellent for consumption. Sometimes it assists as a cure, but it is nearly always effective as a preventive.—Answers.

Now They're Sorry.

Harvard students no longer use that hackneyed phrase, "I beg your pardon." The new idea is "I'm sorry." Harvard men dread being answered, preferring to do all the talking themselves. For that reason nowadays when they step on the hat of an untutored Bostonian in the course of their gambols they invariably admit that they are sorry and let it drop right there. "I'm sorry," comes from England via France via Chicago, which learned it from New York.

Jumpers for Girls.

Little girls are wearing jumpers for morning play hours. They are cut as a one-piece frock, except the bottom, which is planned to gather up into bloomers. These jumpers may be prettily trimmed and they save petticoats.

European Paper Excelled.

American experts have perfected the highest grade of photographic paper, which formerly was imported from Europe.

ABLE TO GIVE DEADLY SHOCK

Electric Eels, Found in South America, Have Been Provided With Strange Power.

The marshy waters of Bera and Rastro in South America are filled with innumerable electric eels, which can at pleasure discharge from every part of their slimy, yellow-speckled bodies a deadening shock.

This species of gymnotus is about five or six feet in length. It is powerful enough to kill human beings and the largest animals when it discharges its nervous organs at one shock in a favorable direction. It was once found necessary to change the line of road



Unwelcome Visitor.

from Uritucu across the steppe, owing to the number of horses which, in fording a certain rivulet, annually fell a sacrifice to these gymnoti, which had accumulated there in great numbers. All other species of fish shun the vicinity of these formidable creatures. Even the angler, when fishing from the high bank, is in dread lest an electric shock should be conveyed to him along the moistened line.

Ancient "Cures" Still Persist.

Superstitions as to methods of curing diseases, once very prevalent, are not altogether extinct yet. Some of them were very ridiculous. Much ancient faith clustered about the mandrake root, which was carved in the form of a doll, dressed in fine clothes, and kept in a box or coffin concealed in some corner of the house. Each month it was washed in wine and water and freshly garbed. Another universal cure was to carry a piece of mistletoe which had been cut from a tree by a golden sickle and caught in a white vessel as it fell. Metal scraped from a church bell or a piece of the rope was supposed to have a similar protective influence against disease, as also a cloth stained in the blood of a murderer, or the rope with which he was hanged.

Catch Aeroplanes by Cowboy Lasso.

Cowboys of the air may be the new title of airmen if the invention of Joseph A. Steinmetz of Philadelphia is adopted in war. It has been developed from the principle of the lasso.

The attacking machine soars higher and suspends a bomb lower than the hostile craft. The bomb is attached to a long wire, on the other end of which is a heavier weight, which is thrown on the other side of the enemy machine.

The weight descends by gravity and draws the lighter bomb up into contact with the craft. This causes the bomb to explode and destroys the airship. Mr. Steinmetz is convinced that it is not necessary to catch the enemy aviators asleep in order to effect the maneuver.

Quickly Recover From Wounds.

A remarkable recovery among the Austrian wounded is reported. It is stated in Vienna that no less than 89.5 per cent of the total wounded soldiers in 1915 recovered so completely as to be fit for service again. Of the remainder 8.8 per cent were retired, and only 1.7 per cent died. These figures show a considerable improvement over the returns at the beginning of the war. In August, 1914, out of 100 wounded 85 recovered, twelve were retired, and three died; but after this the percentage of recoveries rose gradually, though varying somewhat in different months. The highest rate of complete recoveries was reached in the summer months—91.7 in June and 91.8 in May and July. In December, 1914, the death rate had been reduced below 2 per cent, and in January and February, 1915, it was only 1.4 and 1.3 respectively.

Make Use of Derelicts.

The utilization of trees which have been washed loose along the river bottom, has developed into a remunerative industry in Nebraska, on the Missouri river. The floating logs are made into rafts and floated to the town of Decatur, where a sawmill has been erected solely for the utilization of this salvage timber. More than 20,000 feet of good lumber were made last year from these derelicts. The industry is under the control of one man. He frequently digs out logs which have been submerged for years. He asserts that if a log is fully submerged, so that no air reaches it, no deterioration comes from its being under water, while half submerged logs begin to rot in a few months.

Putting Him to the Test.

"I can't tell you how sorry I am to see you in such a plight," said the ready sympathizer to an old friend in distress.

"Don't attempt to tell me," replied the old friend. "I know you are a busy man and I don't want to take up much of your time. Just show me and I will be on my way."

The Crux of the Matter.

"Isn't the high cost of living that causes so much trouble in the world?"

"You surprise me."
"It's the high cost of living up to a more or less imaginary position in life which people think they are bound to maintain."

VOTING AGE VARIES

Franchise Right Not the Same in All Countries.

Belgium Punishes Those Who Fail to Exercise Their Privilege of Casting Ballot—Women to Vote for President This Year.

The great army of stay-at-home voters have no pride in what Doctor Holmes describes thus:

The freeman casting with unpurchased hand the vote that shakes the turrets of the land.

We get our word "vote" from the Latin "votum," and originally a vote means a vow or pledge. An old Roman method of casting a vote once consisted in striking a spear against a shield, and from the Latin expression describing the resultant noise we get our word suffrage.

"Ballot," too, has an ancient origin. The Greeks on important occasions cast secret votes by using pebbles, and their word has come down to our time.

A recent perusal of our newspapers, however, will show that present-day politicians don't stop with casting pebbles. They carry it to the point of slinging mud.

Anywhere in the United States one must have lived twenty-one years before he can vote. Not so in many other countries.

The Hun votes at twenty, but the Austrian, in the other half of the empire, must be twenty-four. Prussians cannot vote until they are twenty-five years old, and that is the minimum age limit in a number of German states.

Twenty-five is also the age in Holland, Belgium and Japan. Denmark is a believer in the wisdom that comes with age, hence no one there under thirty can vote. English-speaking races may vote at twenty-one.

In many countries soldiers are disfranchised, and under the Portuguese kingdom no domestic servant or government employee had a ballot.

Sam Salter never lived in Belgium, system of multiple voting. College graduates, for example, have three votes, and so do many others who fulfill property requirements.

About 300,000 Belgians have each three votes, and more than that number have two votes. And notice this, Mr. Stay-at-Home, failure to vote in Belgium is punishable as a misdemeanor.

Idaho withholds the ballot from bigamists. Election bets disfranchise men in some states, and one duel will keep any man from the polls in Florida for all time.

A pauper cannot vote in Massachusetts, while nearly all states specifically debar idiots, felons and insane from the use of the suffrage.

More than 4,000,000 women will be able to vote in the United States this year, and that will bring the total possible vote for presidential electors up to nearly 30,000,000, or double the number cast four years ago.—Philadelphia Ledger.

British Soldiers' Canes.

You have heard of the short yellow-knobbed cane that is carried by all officers of the British army and very many private soldiers? It is a cane that is ubiquitous. Small fortunes have been made out of it, yet no one comes forward to claim its invention. Its price at all places is one shilling, but its name varies. I see it billed variously at shop doors as the army stick, the Whangee cane, the Panama short and the swagger cane.

The real swagger cane, though, is of older date, and is as a rule a short piece of cane or other flexible material with a ferrule at each end. One vendor of the knobbed article yesterday assured me its name was "imitation malaria," but I think she meant imitation Malacca.—Exchange.

Thrashed by a Man of Peace.

A Yorkshire village will have a folk tale about the conscientious objector long after the war is over.

This conscientious objector told the tribunal that he would not defend his mother and sisters. The two sisters worked at the mill and were twitted unmercifully about their chicken-hearted protector. The appeal failed, and the conscientious objector had to report himself at the barracks. On his last night at home he waited for the chief tormentor and thrashed him. And now every time that patriot goes out he is laughed at by all the village as the man who met a conscientious objector.—Manchester (Eng.) Guardian.

Use for the Gourd Crop.

None of our plants or flowers last summer were any more worth while than the small ornamental gourds which we had in our garden. Of course they made handy stocking "eggs" for darning, but more than this, they proved to be ideal toys. My own baby likes to play with the one that always floats in his bath; others afford him amusement as rattles and hammers. We had quite a "crop" of these gourds and kept a whole boxful, which are always a diverting novelty for visiting children, who usually take some home with them.—Good Housekeeping.

Porcine Propinquity.

Visitor—My good man, you keep your pigs too near the house.
Cottager—That's just what the doctor said, mum. But I don't see how it's agoin' to hurt 'em!—London Punch.

Genius Is Useless Unless Backed by Real Energy
By DUDLEY CRAFTS WATSON
Director Milwaukee Art Institute

The only happy people in the world are the successful ones, and the successful ones are the workers. Downright laziness on their own part is not only the chief reason for the whimperings of those who have failed, but is the root of their lack of judgment.

A person may be dead wrong, may have an altogether impossible viewpoint, but good, hard labor soon finds the many experiences which bring sound judgment. This is especially true in the art world, the technique of painting, sculpture, music, architecture and acting can be imparted from teacher to pupil, but the real art which is to inspire the use of this knowledge and to bring forth a worthy result, can only be gained through an esthetic background, or by experience.

I will bank upon a stolid plodder with ambitions, whether he has much genius or not, ahead of any genius who does not have the ability to concentrate, and a ceaseless industry. When the genius is also a worker, he absolutely becomes a master, but no genius, lazy, ever became anything but an exotic fop winning the sympathy of his friends, the love of a few more weaklings and the scorn of the rest of the world, and when he dies in poverty and without honor, the world says: "Oh, how sad, such a beautiful spirit, and wonderful genius unappreciated by the world, which should have received him with open arms." Laziness is the major trouble.

WILD BILL'S FAMOUS SMILE CAN CHANGE INTO A FROWN

Hugh Jennings Tells How "Fighting" Disposition of New York Manager Showed at Times.

According to Hugh Jennings, the Detroit manager, who had several years' experience with the subject of this sketch, back of that famous smile of Wild Bill Donovan there was a mighty "fighting" disposition.

"Bill has lost his smile on any number of occasions," says Hughie. "I can recall numerous instances when the Tigers were fighting for the pennant in the years 1907, 1908, 1909, that Bill frowned quite as often as did any of the rest of us."

"For several weeks in the season of 1907 the Tigers were in front, but they couldn't gain on the Mackmen. Then came a series with Cleveland. Just



"Wild Bill" Donovan.

prior to the Tiger-Nap engagement the Cleveland team had played three games with the Athletics and had used second-string pitchers. When Detroit showed up the Naps had Joss, Rhoades, Moore, Hess and Bernhard ready and we were beaten in three games.

"After the third game I spent a few minutes jawing with Addie Joss. Bill joined us and right afterward Rhoades lipped in. Then Doc Payne, the Cleveland trainer, inserted his voice. This was too much for Bill.

"Turning toward Payne, he yelled: 'Now, you get out of this argument—and stay out. I know you have a reputation as a fighter, but either show something now or get on your way.'"
"Payne left."

Ten Health Commandments.

1. Keep windows open day and night.
2. Do not spit.
3. Breathe through the nose by keeping the mouth shut.
4. Drink pure water.
5. Eat slowly, take well-cooked meals, and cultivate regular habits.
6. Wear loose clothing of reasonable material.
7. Take regular open-air exercises in sunshine if possible.
8. Wash whole body at least once a week.
9. Work, but do not worry.
10. Get house drains certified by sanitary authority.—Elizabeth Gregg in Health.

Accidents on Common Carriers.

Fifteen thousand accidents on steam railroads, street railways and other common carriers during the year ended May 31, 1916, is the record in Pennsylvania, says the public service bureau of accidents.

Mother's Cook Book.

Spanish Rice.

Take a cupful of boiled rice, four tablespoonfuls of grated cheese, four tablespoonfuls of sifted tomato, one teaspoonful of onion, two tablespoonfuls of butter, one teaspoonful each of chutney, mustard and curry powder, salt and a dash of pepper. Melt the butter in a saucepan, put in the onion and curry and cook for a few minutes. Add the rice, cheese, tomato pulp, mustard and chopped chutney; mix and beat well together. Season and turn into a baking dish. Sprinkle with browned crumbs and put into the oven to heat. Serve very hot with brown bread and butter.

Raspberries in Snow.

Pour a cupful of cold water and a cupful of sugar over a package of gelatine, stir until the sugar is dissolved, and let stand until stiff. Add a cupful of boiling water and the juice of two lemons. Beat the whites of four eggs until frothy, add to the gelatine and continue to beat until white, when it is ready to set; fold in a pint of ripe berries, pour into a mold and set away to harden. Serve cold with whipped cream.

Frozen Dainties.

Even a cupful of fruit juice may be combined with a little orange or lemon juice, some cream and sugar, and when frozen make a most delicious dessert for a hot day. Grape juice, one cupful, a tablespoonful of lemon juice to make the color more brilliant, and sugar to taste, with a pint of cream frozen, is the most delightful bit of color served in sherbet cups, and tastes every bit as good as it looks.

Good Things for Warm Days.

Rice lends itself in many ways to give us attractive dishes. The simplest of these is rice baked with milk. Two or three tablespoonfuls of rice added with the same amount of sugar and a little salt to one or two quarts of milk, with or without raisins, and baked in a slow oven for three or four hours, makes a most satisfying pudding, good for little people as well as their elders.

Nellie Maxwell

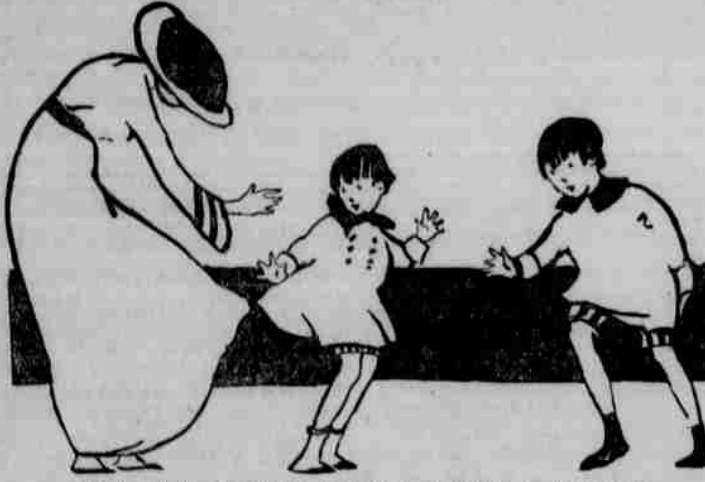
Organdies in High Favor.

Some of the loveliest frocks of the summer are of organdie. Organdie lends itself well to the billow effects in fashion and yards and yards of the crisp, sheer fabric go into ruffles, flounces, puffings and shirring for the new organdie dresses. An organdie frock for a young girl has a skirt eight yards around, tucked from hem to belt by hand; the bodice is also tucked across to match and the sleeves are little puffs with hand-hemmed ruffles. The complete effect is delightfully girlish and charming. There is youthfulness also in a second organdie frock, a model with rows of shirring around the hips. Only a slender, girlish figure could stand this very bouffant frock, with its full, gathered waist drawn down into a tiny ribbon sash. The sash is violet in color.

Lingerie Frocks Worn.

There is an effort being made to make lingerie frocks fashionable again by some of the fine dressmakers. Now that laces and embroidery are in again this seems to be the moment. Some lovely frocks are seen made of finest white batiste with heavy French embroideries in very high relief and combined with flounces of eight or ten-inch flit, or lace of the valenciennes type. The loose fencelike collar, attached to a wide shallow decollete, and made of lace lightly wired, is generally seen on these frocks.

Mother Should Have a Vacation
By SIDONIE MATZNER GRUENBERG



She is Their Companion and Constant Source of Inspiration

HAVE you seen that woman lately—you know her name—who is so devoted to her children that she has not left them for a single day in these many years? Did you again envy and admire her devotion as you used to? Or, now that you know something more about children and about mothers, did you rather pity the children—and the mothers?

At first thought it does seem so admirable that a mother, in her conscientious devotion, should be continuously looking after the details of her children's welfare, so that they are hardly ever out of her sight. But when we consider the purpose of such devotion we may well question whether, after all, the thought and care of such mothers are wisely applied. If we were to be merely the tenders and housekeepers for our children it would be well, in the interests of the children, that we took an occasional day for resting and refreshing the spirit.

The mother who assumes her task in meek resignation may glory in her martyrdom; but she is likely to become dreadfully monotonous—which is not very good for the children. For we expect the mother to be more than a nurse or housekeeper. She is to be their companion and constant source of inspiration. This she cannot be if she allows herself to become a slave to detail and routine.

In emergencies we all know that it is possible to arrange for a hurried departure and an indefinite absence from our regular duties. With a little forethought it should be possible to

arrange for a more pleasant excursion in search of new strength and new spirit. The co-operation of relatives and neighbors would seem to be as welcome and as available when there is a reasonable purpose in view as when there is grief or dismay to be relieved.

In thinking of the beneficial effects of an occasional vacation, we must not let ourselves accept this as a satisfactory compensation for years of monotonous and colorless drudgery. The vacation should not be a substitute for a life's program that has in it enough variety to insure constant freshness and interest, but it should supplement such a program. The mother who has some serious occupation in affairs not directly connected with her domestic problem is likely to that extent to be a better mother. Even where a woman is obliged to do all of her housework in addition to caring for her children she is likely to neglect them so much that she will come to them a little fresher than she would if she gave them all of her attention. Of course, for mothers in this situation there is the danger that they will be too tired physically to give up the energy that profitable companionship with children requires.

We must find ways for mothers to have "vacations," for a little while daily, and for complete relief at longer intervals. In the meantime, the overburdened mother should realize that her sense of duty must be guided by an intelligent appreciation of the needs of her children.