Specialists Urge Unusual Care in Preparing Fowls.

Essential to Perfect Product at Any Time, Especially When Weather Is Unfavorable.

Poultry packers are urged by the specialists of the United States de- UNIVERSAL MILITARY SERVICE IS IDEAL partment of agriculture to give unusual attention to preparing and packing their birds for shipment, particu larly if the mild weather, which has Advocates Organization of Reserve been widely prevalent this autumn, continues. The poultry specialists say that the weather conditions in many sections have been very similar to those which prevatied in the autumn of 1913 and which, as poultry shippers will remember, proved disastrous to all packers who did not dress, chill and pack properly.

The specialists, therefore, recom mend the particular observance of the following methods of handling dressed poultry, which are essential to a perfect product at any time and are of vital importance whenever weather conditions are unfavorable:

Methods of Handling Dressed Poultry. 1. Keep the holding batteries for your incoming stock clean, well aired, chickens have plenty of fresh water

2. Don't kill a chicken when the crop is full of feed. Give the chicken only water for 24 hours before it is killed. Food in the crop or in the intestines of a dressed chicken causes

market and retards decay. Circular 61, bureau of chemistry, department of agriculture, explains the best methods er muscles for dry picking.

4 Hang the chicken by both feet hastens decay.

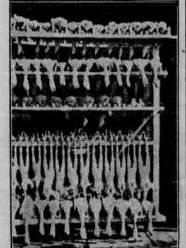
5. Pry pick if possible. Scalding is particularly undesirable because it hastens decay.

6. Chill every dressed bird until the body temperature is below 35 degrees F. Never pack or ship an imperfectly chilled bird. More decay is due to imperfect chilling than to any other single factor in dressing. Dry chill, if possible. Chickens cooled in water store as satisfactorily as dry-chilled, goods to a sufficiently low tempera-

not mar the appearance of another 10. Use only good refrigerator cars

lose flavor, decay sooner, will not coldand are in every way more undesirable on the market. Refrigerator cars will carry well-chilled goods in good condition, but they cannot chill warm army to 250,000 as suggested in Sen-7. Pack in boxes or small kegs when-ever possible. A large barrel makes possible to recruit a larger force than an undesirable package, because where 140,000 men, as proposed by Secre-poultry is packed in large masses the tary Garrison for the regular army, weight of the upper layers crushes the birds at the bottom.

8. Line all packages with parchment report from the adjutant general depaper and cover the top of the poultry claring that it would be impossible to pefore the lid is put on. 9. Wrap every head in suitable paper so that blood from one bird will force that could be maintained was



Rack for Squatted and Hanging Dressed Poultry.

Ice and salt the car 24 hours before loading. The car, at the end of 24 hours should show a temperature below 40 degrees F. at a point four feet above the floor and between the doors. General Suggestions.

either before or after killing. Rough handling causes bruises, broken bones, scarred skins, and soft places in the flesh. Undue haste on the part of the killers and pickers results in lowered keeping quality and poor appearance

Piecework, which leads to quantity rather than quality, makes for lower prices on the market. Those who pay by the piece should remember that they sell by the quality of the piece. These directions will apply with equal force to turkeys intended for the

NEW SEEDINGS OF ALFALFA

Ground Is Not Firm and Considerable Damage Is Done by the Trampling of the Plants.

New seeding of alfalfa should not be pastured. The ground in these fields is not firm and considerable damage is done by the trampling of the plants, especially during wet

Fields established a year or more may be pastured lightly in the fall, but should never be eaten down close. If the growth of alfalfa is not very strong the field may be top-dressed

any time during the fall, preferably just after the third cutting has been

New seedings may be top-dressed at any time except during wet weather when the ground is soft.

PACK POULTRY HEADS OF ARMY AND NAVY APPROVE PLAN

Methoda Recommended Which Are Major-Generals Bliss and Scott Support Secretary Garrison.

Corps of Officers and 500,000 Additional Trained Men.

Washington, D. C .- Unqualified support was given Secretary Garrison's to the United States and both Hindus army plan before the senate military and Chinese virtually would be barred committee by Major General Scott and from the country by a provision that Major General Bliss, respectively chief and assistant chief of staff of the army. Both amplified statements made on the subject last week before the house committee.

General Scott decarled the plan would save at least five months' time and free from vermin, and see that the in building up an army of defense in a war emergency. He advocated imwar emergency. He advocated im-mediate organization of a reserve Oregon & Cailfornia Railroad comcorps of officers actually commissioned pany, on demand of settlers, to sell the and assigned to the posts they would take in time of war. General Scott testines of a dressed chicken causes also urged that a quartermaster's re-loss of flavor and hastens decay, which serve corps of enlisted men be formed more than offsets any gain from extra to include mechanics of all kinds, telegraphers, radio operators, motor ve-3. Good bleeding is absolutely essential to a good appearance on the market and retards decay. Circular sentative of the American Legion, he said, had told him recently that 15,000 men of this sort had been listed by the of bleeding and loosening the feath. organization who were willing to enlist in such a corps.

Both of the generals expressed the

4 Hang the chicken by both feet while picking. Hanging by one leg spoils the shape of the bird. Picking on the lap gets the skin dirty and hastens decay. posal now. General Bliss said it was only talked of by army officers as an academic question on this account. Discussing the details of the various

bills under consideraion, General Bliss which appeared satisfactory or which seemed to contemplate a definite policy. The War college division of the General Staff, he said, has fixed 500,-000 men, more or less trained, as the irreducible minimum necessary for the country's safety in the first shock of

ator Chamberlain's tentative bill, he dded, was wholly inadequate by itrecuit even 200,000 men in peace times and that the arevage maximum only 122,000.

and see that they are in good order. Five Negroes Are Hanged from

Sylvester, Ga .- The death of five negroes, whose bullet-riddled bodies and fine looking twins. Mrs. Smith were found early Saturday morning did not send her slogan to the festival hanging from a tree near Starkville, headquarters until Saturday morning, Ga., was held in a coroner's verdict to January 15, the last day of the conhave been due to "strangulation and test. She is a native daughter and gunshot wounds at the hands of un-known parties." There was no indica-Mrs. Smith received a tion that any further investigation from the festival board. It was pre-

The negroes, accused of implication and S. C. Bratton, chairman of the in the killing of Sheriff Moreland at publicity committee. Mrs. Smith was Starkville, were taken from the jail photographed as she mailed a letter to here late Friday by a small party of President Wilson, in the huge mail box men who gained access to the cells in Portland, a feature of letter writing through a well-planned ruse and week, inviting the nation's chief exe-whisked the five prisoners away in cutive to visit Portland June 7, 8 and automobiles. They persuaded the 9, and participate in the fiesta, the sheriff to open the jail doors by asking national dedication of the great Copermission to place a negro they brought with them in a cell for safe-

The negro disappeared while the sheriff was being overpowered and efforts to locate him or learn his identity have been fruitless.

Consuls to Be Set Free.

Washington, D. C. - Through the good offices of the United States, the the recent death of his wife, who had German, Austrian, Turkish and Bul-garian consuls at Saloniki, who have their 25 years of happy life together, been held under arrest by the allies on board a French warship in the harbor, are to be released. George Einstein, head of the American legation at Sofia, head of the American legation at Sofia, has been instructed by cable to surrender the British vice consul there who der the British vice consul there who look refuge in his quarters when Bulgaria ordered the arrest of enemy congraination, who was 89 years old.

Britain to Dilute Labor. London - The urgent necessity of brought to a speedy conclusion.

Blood Transfusion Urged Chicago-Confident that blood transfusion will save the lives of many if richer Zeitung's Luxemburg correapplied in cases of gas poisoning. Corspondent announces that the marriage oner Hoffman sent a letter to every of Grand Duchess Marie of Luxemburg hospital in Chicago giving instructions as to the preservation of blood to be used in life-saving work. He said he would provide blood containers for any hospital. Experiments indicate that blood can be safely kept 30 days. There have been 3423 deaths from asphyxiation in Chicago in the last 11 years.

BIG TAX PROPOSED ON EXPATRIATES; WEALTHY SEATTLE

Washington, D. C .- A measure proposing a high graduated tax on the incomes of American expatriates, derived from their American properties, Senator Kenyon of Iowa.

The Kenyon of lows.

The Kenyon bill would place an annual tax of practically 30 per cent on the incomes of the wealthier expatriates. Also it would make dowers given to American girls who marry titled foreigners a source of considerable revenue to the United States government. With the steady augmentation of American fortunes aboard as a result of the expatriation of thousands of rich Americans, chiefly beiresses, the revenue to favor of imposing beauty Wines—Hot Legal Rattle Fore. movement in favor of imposing heavy taxes on incomes thus derived from the United States has gained much strength in congress.

Drastic restrictions would be thrown bill to be reported to the house this week by the immigration committee. As agreed on tentatively by the com mittee, the exclusion section of the bill includes a paragraph barring "Hindus and all persons of the Mongolian or yellow race and the Malsy or

Representative Wilson, of Illinois unsold portion of its grant in quarter-section tracts at \$2.50 an acre, giving preference right of purchase to first appplicants and to applicants who have been erroneously located and who heretofore have sought to buy not more than 160 acres.

The bill as introduced was prepared

by the National Information Bureau and is intended to protect the interests of thousands of applicants who have tendered the purchase price to the railroad company, but have been unable to acquire title because of the railroad's refusal to sell.

Mother of Four Children Wins 1916 Rose Festival Slogan Contest

Portland, Ore.—"For You a Rose in Portland Grows" is the slogan that will advertise the 1916 Rose festival. The author is Bertha Slater Smith, whose father, James H. Slater came to Oregon in 1853, and was at one time the state's representative in the Uni-



ted States senate. Judge Woodson T. Limbs of One Tree in Georgia Slater, formerly on the Supreme bench in Oregon, is her brother.

Mrs. Smith is the mother of four

children-two girls four years of age

Mrs. Smith received a check for \$25 sented by O. C. Bortzmeyer, secretary

lumbis river highway.

More than 300 cities and towns in Washington and Oregon were represented in the slogan contest by residents of Idaho, Montana, British Co-lumbia, California and North Dakota, from former Oregon residents,

Aged Physician Suicide.

Seattle, Wash .- Heart-broken over their 25 years of happy life together, garia ordered the arrest of enemy con-sular officers in retaliation for the seizure of the consuls at Saloniki. the physician, who was 89 years old, had prayed for God to still his heart and place his body beside his wife.

Yuma Will Be Rebuilt.

Yuma, Ariz. - With the waters of

Grand Duchess to Wed. Zurich, Via Paris - The Neue Zu-

HOMES ARE RAIDED

will be introduced in the senate by Much Valuable Liquor Seized in Millionaire Residences.

Wines-Hot Legal Battle Foreseen-No Arrests Made.

Seattle, Wash .- Seattle's weathliest and most exclusive circles which got their first shock Monday when the rants under the new prohibition law were rocked by a social volcano when the homes of two millionaires were raided by deputies acting under orders of Sheriff "Bob" Hodge, the coal miner aspirant for the governorable.

Cnions—Oregon, buying price, \$1.75 f. o. b. shipping point.

Apples—Spitzenbergs, extra fancy, \$2.25; fancy, \$2; choice, \$1.25@1.50; fancy, \$1.25; choice, \$1; Yellow Newtowns, extra fancy, \$2; fancy, \$1.75; choice, \$1.75; c of Sheriff "Bob" Hodge, the coal extra fancy, \$2; fancy, \$1.75; choice, miner aspirant for the governorship, \$1 @ 1.25; Baldwins, extra fancy, and large and valuable stocks of fine wines and liquors were seized.

Where the law officers' lightning will strike next is the topic in the homes of Capitol Hill and Richmond Highlands.

Begs. Buying prices: Oregon ranch, prices: Oregon ranch, 2, 27c; No. 3, 20c. Jobbing prices: Oregon ranch, candled, 35c@37 dozen.

The palatial home at the Highlands of W. E. Boeing, millionaire lumbers man, was raided at noon Wednesday by deputy sheriffs. Sheriff Hodge had been told that an \$8000 stock of liquors belonging to the Seattle Golf and Country club had been secreted there in violation of the dry law.

Poultry — Hens, smail, lbc; large, lbc; small springs, 15@16c; small springs, 15@16c; turkeys, dressed, choice, 26c; ducks, 12@16c; geese, 12@13c.
Butter — City creamery, cubes, extras, selling at 32c; firsta, 29c; prints and cartons, extra. Prices paid to producers: Country creamery, 25@

In one room in the basement the deputies said they found a specially fitted device by which great number of bottles were put sway, corks down. The liquors were of the richest kind, including bottled Scotch, rye and Bourbon whiskies, vermouth, champagne, including some of the vintage of 1830, and valued at \$60 a quart; a case of Pol Roget, Chartreuse and other liquors and three cases of beer.

In the butler's pantry were found 18 bottles of beer and about 15 bottles of assorted drinkables.

the Northwest Aero club The home of D. E. Skinner, president of the Skinner-Eddy Steamship company and of the Port Blakely Mill company, was raided, and a stock of liquors worth about \$3000 confiscated

by deputy sheriffs.

In each instance the great stocks were removed and will be held pending hearing of the cases. No arrests will

It is said to be practically certain that the raid will result in hotly con-tested legal battles, attacking the dry law from the standpoint of raids on private residences and particularly that feature of the common law grant-ing a householder extraordinary rights in his premises.

Rumor has it also that further resi-

Mr. Skinner was delivering an address upon "The Merchant Marine" at a luncheon of the Seattle Real Estate association when a note was handed him informing him his home was being raided. He angrily dewas being raided. He angrily dework as soon as he can find time from work as soon as he can find time from his other duties as dairy instructor at least the sound of the state of the soon as he can find time from his other duties as dairy instructor at least the soon as he can find time from the soon as he can find of the sheriffs, and declared he had ordered his servants to destroy all liquor, smash the bottles so the law officers could not hold orgies on fine wines

This other duties as dairy instruction at the winter school. A committee consisting of W. J. Langdon, C. L. Boss,
Adolph Loncke, J. A. Shrenghost and
Dr. F. B. Gault is doing the necessary at his expense.

The prohibition law permits person to keep in their own homes not more than two quarts of spirituous liquors and 12 quarts of malt drinks.

Fund for Alaska Favored. Washington, D. C. - Two million dollars with which to push work on the Alaska railroad with the opening of dential diplomatic fund used by the President and the secretary of state are included in an urgent deficiency appropriation bill favorably reported Thursday to the house. Construction of the road will begin in earnest in the spring. The commission in charge already has had \$2,607,000 placed at its disposal and the ultimate cost of the project is to be \$35,000,000.

Baltic Proves Obstacle. London - From views obtained in official circles it is known that the obstacle in the way of substituting an actual blockade of Germany for the be met is giving the government con-siderable trouble and on its solution depends the decision of the cabinet as to the cancelling of the orders in

More to Be Executed. speeding up the supply of munitions has determined the government to put into force immediately plans for the carried forward Monday by local audilution of skilled labor with semi-skilled, unskilled and female workers in all controlled establishments. In a Ariz, who arrived here with equip-Chihuahua City, Mex. — The Villa bandits who looted Magistral, a mining statement on the subject in the house ment to supply the city temporarily part in the slaughter of 18 foreigners of commons, Premier Asquith an-nounced that the government was con-vinced that this plan offered the only the flood would amount to more than prospect of securing a sufficient supply \$1,000,000. Men are engaged in redispalyed with those of Jose Rodriguez of munitions to enable the war to be pairing the levee which released the and Miguel Baca-Valles, which were brought to a speedy conclusion.

Montenegro to Fight On.

NORTHWEST MARKET REPORTS: GENERAL CROP CONDITIONS

Portland—Wheat—Bluestem, \$1.12 per bushel; forty-fold, \$1.07; club, \$1.04; red Fife, \$1.02; red Russian,

vetch, \$13. Millfeed — Spot prices: Bran, \$23 ton; shorts, \$25; rolled barley, \$30@

Corn—Whole, \$87 ton; cracked, \$38. Vegetables—Artichokes, \$1.25 doz.; tomatoes, California, \$1.50 @ 1.75

tomatoes, California, \$1.50 @ 1.70 crate; cabbage, \$2 cwt.; garlic, 15c pound; peppers, 15@17½c; eggplant, 15@17½c; sprouts, 8c; horseradish, 8½c, cauliflower, \$2.25 dozen; celery, \$5 crate; beans, 10@12½c pound; lettuce, \$2.40@2.50 crate; peas, 8@19c pound. Green Fruits—Pears, \$1@1.50 box;

grapes, \$4 barrel; cranberries, \$12.50.
Potatoes—Oregon, \$1.50 @ 1.75 per sack; Yakimas, \$1.50@1.75; sweets, \$2.75@3 per cwt.
Cnions—Oregon, buying price, \$1.75

Oregon ranch, candled, 35c@37 dozen. Poultry — Hens, small, 15c; large,

and cartons, extra. Prices paid to producers: Country creamery, 25@ 29c; butterfat, No. 1, 32c; No. 2, 29c. Cheese — Oregon triplets, jobbing buying prices, 17c pound, f. o. b. dock

Portland; Young Americas, 18c.
Veal.—Fancy, 12½@13c pound.
Pork.—Fancy, 8½c pound.
Hops.—1915 crop, 9@11½c pound.
Wool.—Eastern Oregon, 18@25c
pound; valley, 25@26c; fall lambs'
wool, 25c; mohair, Oregon, 28c.
Cascara bark—Old and new, 3½@4c

pound. Cattle—Choice steers, \$7.25@7.75; assorted drinkables.

The liquor found in the basement was said by the deputy sheriffs to be worth at least \$2000.

Mr. Boeing is president of the Greenwood Lumber company and of the Northwest Acre alub.

Sheep — Wethers, \$6@7.25; ewes \$4.25@6.55; lambs, \$7@8.25.

Fruit Business Makes Big Gain.

Puyallup - The bookkeepers of the Puyallup & Sumner Fruit Growers' ssociation are completing the annual inventory of the business, from which members and stockholders at the anby the association during the last Pack away in stone or wooden jars. year, it is stated on reliable authority that the total business for 1915 will dence raids are in prospect, directed amount to at least a third of a million break. The butter is better, however, against the homes of officials of vardollars more than in 1914. The 1914 if left with the natural sweetness of

sdvance work among the dairymen. It is roughly estimated by experts low the boiling point until firm enough that one-third of the cows in Pierce to keep in shape after removing the county are "boarders," that is, the shells. Put a whole egg on two slices milk does not pay for their feed and upkeep. The testers' association teaches the dairymen how to find these cows so they can dispose of them and get better ones in their places. It will also advise the members as to the best

kinds of feed. More Orders for Oregon Hops.

Portland—The hop market is firmer, with a broad and healthy demand. Orders are more plentiful than at any time since the year opened. The Hub-bard & Jones lot of 204 bales at Inde-

started a movement for the formation of an association or bureau of growers, the object of which is to collect information, independent of the dealers, as to the exact quantity of hops grown in the state. He believes the growers are seriously handicapped by the lack of such information, and thinks that a recognity organized body.

Cattle in Grant County Die. Wenatchee, Wash .- A great deal of stock is reported as dying in the southern part of Grant county from starvation and exposure in the worst storm that has visited that section in years. The temperature dropped to 10 degrees below zero on several nights, and this with a driving snow and wind, made it severe for the stock, which has been accustomed to winter out. G. L. Manderville returned from a trip almost to the Frenchman Hills, getting his stock, and reports that he found several head belonging to others dead on the way.

Cold Snap Hurts Market. The quietest period the Portland Yamhill-street public market has had Paris, via London — The following was during the cold snap, according to official statement was issued Thursday: the report of Marketmaster Eastman, "The wireless news of the surrender submitted to Commissioner Bigelow. of the Montenegrin army appears The market took in but \$6 for rental somewhat premature. It is now an of stalls, whereas the usual earnings nounced from another source that negotiations between Austria and Montenegro have been broken off, the conditions of surrender imposed by Austria having been found quite unacceptable by Montenegro. "The royal family is about to proceed to Italy."

of stalls, whereas the usual earnings amount to many times that amount to many times that amount described because of the difficulty of keeping produce and particularly fruits and vegetables. Meat was about the only commodity offered for sale on the market.

TO TAKE THE PLACE OF SOUP WITH ORANGE FLAVOR

Some Appetizers Which Will Prove Acceptable if it Should Be Only for a Change.

Nowadays in many households an appetizer or an entree is served for dinner instead of soup. A fruit appe Hay—Eastern Oregon timothy, \$17 @17.50 ton; valley timothy, \$14@ 14.50; alfalfa, \$17 @ 19; oats and with a maraschino cherry, or cut it tizer is often tempting. Grapefruit in with a maraschino cherry, or cut in dice, and served in cups or mixed with a little orange or pineapple, is always good. Diced pineapple, with sugar and a little lemon juice sprinkled over it, is also good.

Then there are the various sorts of canapes—tiny strips of toest spread with some fruit titbit. Any of the fish pastes can be used and garnished with sliced hard-boiled egg or sliced olives. Hashed leftover meat can be moistened with a little mayonnaise and pread on a strip of hot buttered toast, or meat minced and heated in a little cream or stock. Use olives or hard-boiled eggs or a little minced parsley for garnish.

Various vegetables can be used for canapes. A slice of ripe tomato, topped by a spoonful of mayonnaise and placed on a round of buttered toast of the same size, is delicious. A long strip of toast an inch wide can have thin slices of cucumber lapped one over the other its entire length, each dotted with a bit of mayonnaise. Or a few diced beets moistened with melted butter, very hot, can be piled in neat little mounds on rounds of buttered toast and garnished with minced hard-

Directions for Making Appetizing and Wholesome Food That Should Be More Widely Used.

One cake yeast, one cupful milk, alded and cooled, four tablespoonfuls light brown sugar or molasses, one cupful lukewarm water, two table-spoonfuls lard or butter, melted, four cupfuls graham flour, one cupful sifted white flour, one teaspoonful salt.

Dissolve yeast and sugar, or molasses, in lukewarm liquid. Add lard or butter, then flour gradually, or enough to make a dough that can be handled, and the sait. Knead thoroughly, be-ing sure to keep dough soft. Cover and set aside in a warm place to rise for about two hours.

When double in bulk, turn out on kneading board, mold into loaves and place in well-greased pans, cover and set to rise again-about one hour, or until light. Bake one hour in a slower oven than for white bread.

If wanted for over night, use one-half cake of yeast and an extra half-teaspoonful salt.

Grandmother's Apple Butter. Boil one gallon of fresh sweet cider down to one-half its original quantity. Then fill the kettle with sliced sweet apples and let them simmer gently, will be made the regular report to the but steadily all day, until reduced to about one-half their original bulk. Stir nual meeting in February. While the frequently with a wooden spoon or paddle, to prevent their scorching. If figures have not yet been given out, not bolled down sufficiently the first expect the amount of products handled day, let cook longer on the second. Some housekeepers prefer to use half sour apples. In this case, sweeten to taste when the apples begin to

> Spanish Ham and Eggs. mixed with one beaten egg. Fry a delicate brown on a well-buttered griddle or spider. Mix one cupful of minced left-over ham and half cupful a buttered pudding dish for 25 minand soak until soft in one cupful milk soft bread crumbs with milk to moisten, or with the remaining egg and milk. Heat it and season with pepper. Spread the mixture on each slice. Cook several eggs in water just be-

To each pound of marrow add one pound lump sugar, two ounces of ginger to every five pounds, the rind and juice of three lemons.

placed side by side and serve at once.

olives. Cut the marrow in squares threequarters of an inch, sprinkle very ightly over with salt, let it stand for an hour, drain the sait off, next add from seeds and baked in its shell, after a little sugar and stand for the night. it has first been cut in quarters. When Next boil the ginger and peel in strup. then add the sugar and boll a little longer. Then put in the marrow and add the lemon fulce last.

· Delicious Dessert. Dissolve and set to stiffen, one package of lemon gelatin and cut up two a hot oven. oranges, one large banana, one cupful of chopped English walnuts, Mix these all together, sweetening fruit to taste. Fill college ice cups threequarters full of gelatin, the rest with fruit and nut mixture and stir it

around, mixing them well in cup. Put

a tablespoonful of unsweetened whipped cream on top of each cup; serve with small crackers. Is very pretty and delicious. Beat half a pound of butter to a ream, take six eggs, beat the whites to a froth, and the yolks with half a pound of sifted flour, beat these well together, add a wineglassful of brandy

and quarter of a pound of citron cut

in thin slips, bake it in small heart-

shaped tins or a square tin pan, rubbed over with a bit of sponge dipped in melted butter; put the mixture in half an inch deep, bake 15 or 20 minutes in a quick oven. Egg and Sardine Salad. boiled eggs and place in salad bowl Mash yolks of the eggs, four sardines, salt and pepper together and use enough cream to form a thick paste Thin with vinegar. Mix French dress

and over that pour the cream dressing In washing any delicate material in gasoline, if salt is added to the liquid,

ing on the celery and white of eggs

DAINTIES THAT MAKE APPEAL TO THE PALATE.

Four Delicious Dishes May Be Made From the Juice and Pulp of This Probably Most Popular of All Fruits.

Orange Salad .- Cut off the tops of

arge oranges. Carefully remove pulp. Mix pulp with an equal quantity of sliced bananas and one-half the quan-tity of walnut meats. Marinate with French dressing. Place in orange shells. Chill thoroughly and serve with toasted crackers.

Orange Delight.—Soak half a box of gelatin in one gill of cold water of the serve with the serve will be served. ifteen minutes, now add three gills of soiling water, stir until dissolved; put

nto it half a pint of granulated sugar, three gills of sour orange juice and the strained juice of one lemon, stand n a cool place; harden in the refrig Place a couple of rounds of sliced range in each individual dish, cover

with the jelly, then a layer of soft custard or whipped cream as a mask. Serve ice cold with lady fingers.

Orange icing.—Put one running-over tablespoonful of strained orange juice in a bowl, one teaspoonful of sherry wine or brandy, with a grated yellow rind of one small sour orange; toast and garnished with minced hard-boiled egg.

GRAHAM BREAD WORTH WHILE

GRAHAM BREAD WORTH WHILE

of one egg; stir, now add sufficient confectioners' sugar to make it the consistency to spread easily over the cake; it should not run; spread even-ly, then put in a cool, dry place to

This icing will be rich and creamy, never becoming "rocky," like so many people make. If cake is rubbed on the edge with sugar the toing seldom

runs off the sides. Orange Pudding.-Take two eggs, two-thirds cupful of sugar, grated rind and juice of one large orange, one pint of milk, one tablespoonful of but-ter, four tablespoonfuls of bread crumbs. Beat the eggs until light and add sugar and orange juice. Scald milk and add butter and pour over the crumbs and add to the eggs, sugar and orange juice. Mix well and bake slowly and serve very cold.

Swedish Apple Pudding Take apples, pare and cut, and cook the same as you would for apple sauce, sweeten and add twice the amount of bread crumbs, one table-spoonful molasses, pinch of nutmeg and cinnamon. Mix together, add two eggs well beaten. Do not have it too soft (about the same as plum pud-ding). Butter a dish, put in and bake in hot oven till nice and brown. Serve with hard or brandy sauce. The crumbs are to be browned in fryingpan with a generous piece of butter. Cut them into dice and fry a golden sauce. Also put little bits of butter on top before you place in the oven and watch carefully so it will not burn.

It is cheap and wholesome.

Soak half a cupful of taploca in cold water for an hour. If the instantane ous is used this will not be necessary Then cook till clear. Remove from the fire and pour over two eggs beaten with half a cupful of granulated sugar. utes. Serve warm or cold, with cream or pudding sauce.

hour in salted water, drain, cover with bolling water to which one tablespoon of vinegar has been added, let simmer five minutes, drain again, chill and cut into thin slices. Add half the quantity of finely cut celery, mix with mayonnaise or boiled dressing, and sprinkle with one teaspoonful each of finely chopped chives, gherkins and

Baked Squash With Cheese.

The squash should be scraped free well baked it is scraped from the shell! put in a buttered silver baking dish, spread with butter and seasoned with salt and pepper, after having been mashed. When it is sprinkled with a generous quantity of grated parmesan cheese it is browned very quickly in

Cut enough salt fish in small pieces to make one cupful. Pare and cut into small pieces potatoes to make two cupfuls. Cook in water to cover until potatoes are done. (Put the fish in at the same time.) Drain thoroughly the fish and potato and add half ta blespoonful of butter and one beaten egg, with pepper and salt. Mash and beat the whole. Drop from a spoon

Hindu Cabbage With Onlone.

Cut cabbage into shreds, put it, drip-ping wet, into a kettle with one tablespoonful of oil or butter. Season with salt and cayenne pepper to taste. Cover closely, let cook in its own steam. Cut one large onion in small cubes, fry in one tablespoonful of oil or but-ter till slightly brown; then add cabbage and fry both together a fine

Potato-Baking Suggestion. Choose potatoes of equal size. Brush them very clean, drop them into a basin of cold salt and water, then dry them. Place them on a baking sheet and bake in a moderate oven. When a fork will pierce them easily they are baked. The skins should never

Taking Mud Stains From Silk. Mud stains can be removed from silk if the spots are rubbed with a bit there will be no stain left at the edges of finned or, if stubborn, with a piece of the cleaned parts.