

**When You Want Something Particularly Nice—**

You can always depend upon K C not to disappoint you. The double raise makes doubly certain—nothing is left to "luck." If the batter is a little thin, K C will raise it light and feathery and it will be all the better. Jarring the stove or turning the pan around makes no difference—K C sustains the raise until baked.

When there's a birthday or wedding cake to bake, or refreshments for reception or party to provide, take no chances—

**Use K C**

### WOMEN IN ARSENALS

HANDLE EXPLOSIVES WITH SKILL AND FEW ACCIDENTS.

Government Declared to Have Gained a Hundredfold Since Their Employment—Quickly Become Expert, Always Careful.

Much of the important work at the United States government arsenal at Frankfort, Pa., is in the hands of women who are as skilled at making deadly weapons as are their sisters as nurses in army hospitals or on the fields of battle. They are regarded as more trustworthy, proficient and conscientious than men, and are in such demand in many departments that they are worked in two shifts. Even in the fuse room, where the most dangerous work is undertaken, women are employed and accidents are few and far between, due in a large measure, it is declared, to the greater care taken by the female employees.

Most of the work in the hands of the women is regarded as skilled labor, and it is strange to see such captions as "Mary Mathews, skilled laborer." Every precaution is taken to safeguard the workers and no one is overworked, but the government has gained a hundredfold since the women have entered the arsenal as workers.

Each cartridge inspector in the arsenal inspects 31,500 cartridges a day, an average that has been maintained for several years. This work is very important, for the slightest defect, not even to be detected by the experienced eye, might mean a premature explosion and the loss of an eye, limb or life to a soldier.

It is interesting to watch the girls, most of them quite young, handling the big machines, some automatic and some hand-fed, in the rooms where the cartridges are tapered and clipped. In this work eight girls are employed and each one handles 33,000 cartridges a day.

The girls employed on the gauger are especially expert, and have been in the arsenal a number of years. One girl gauges the cartridges and two inspect them. The gauger is also an expert inspector, and when the supply gets too large for the girls to handle she assists them.

The cartridge passes from the gauger to a weighing machine, and if the powder shot is the slightest degree underweight the machine throws it out. Every cartridge is weighed a second time. It is interesting to note that not an underweight cartridge has reached the Philadelphia section of the arsenal in five months.

### High Explosive Shells.

One of the surprises of the war has been the great relative demand for high explosive shells as compared with the demand for shrapnel. The consumption of both has exceeded all estimates, but it is shell that the new conditions have most strikingly affected. There was a time when it was considered more noisy than dangerous and in field operations more useful to shake the enemy's nerve than to inflict damage; while as to the deadliness of shrapnel against an enemy that it could reach there has never been question. But in the elaborate trenches employed in this war the men are fairly well sheltered from shrapnel, and for the special purpose of preparing the way for an attack high explosive shell in prodigious quantities is required. That the British are still short is indicated by the complaint of the Times correspondent that the advance attempted near Fremelles was weakened by a forced economy in the use of ammunition. The French seem to be better off, and if the Germans have felt any scarcity on either front they have succeeded in keeping it a secret, which is the next best thing to having plenty.

### Most Primitive Race of Men.

The North pole natives alluded to by Captain Amundsen in a recent lecture were discovered by him while he was navigating his little craft, the Gjoa, through the Northwest Passage in 1903-1907. He christened them Nechilli, and considered them to be the most primitive race on earth. No white man had ever before invaded their icy fastnesses. Consequently they were ignorant of the use of iron. Their fishing implements were long spears, fashioned out of reindeer horn. They knew no other method of procuring fire than that of rubbing two pieces of wood together. They were, in short, still in the stage of civilization reached by our ancestors of the stone age. So cut off were they from others of their kind that they imagined their tribe was the only one in the world, and displayed the utmost astonishment when told of populous countries far to the south, where neither ice nor snow was. The Gjoa and her crew they thought to have dropped from the moon, and the first Nechilli to come aboard felt the deck, masts, boats, oars, all the while whispering to one another in amazement: "How much wood there is in the moon—how very much!"

### Horse's Skull to Improve Acoustics.

In demolishing the paragonage of the Lutheran church, built eighty-two years ago, the skull of a horse was found embedded in the wall. In this section there is a superstition that if the skull of a horse is placed under the church it would help the acoustics properties, and the voice of the minister or any one occupying the pulpit could be heard to better advantage.—Elizabethtown Correspondence Philadelphia Record.

### CURIOS TRAP FOR SNAKES

Naturalist Tells of Seeing a Biscuit Can Used by Natives to Capture a Cobra.

A naturalist tells us of an odd kind of snake trap that caught its victim securely. It was a biscuit can, and in the bottom of it were some macaroons.

A cobra spied the can, but a mouse was ahead of the cobra. The little thief was having a good time regaling himself on the macaroons, all unconscious that a snake was preparing to regale itself on mouse. Into the can went the head of the snake, but the head that went in was destined to come out less easily. The rough edges of the can irritated the cobra, and involuntarily it dilated its hood. That made it a prisoner. With the hood dilated the head could not be withdrawn, and the cobra remained in its tin prison until morning, when it was easily captured and killed.

Stradling, who knows the natives of India as well as he knows the snakes of that land, tells of an interesting theory held by these people. They are firmly convinced that for every human being a snake bites it loses one joint. When the number of deaths the snake has caused equals the number of its joints, the venomous head alone remains. The snake has now reached the height of its wicked desires, and at this point it develops wings and triumphantly disappears.

An exception to this rule is found on the other side of the world, in the case of the rattlesnake, for the natives of many parts of this country are said to believe that this snake gains a thimble for every man it kills. By counting these some folks pretend to an ability to calculate with precision how many persons a particular rattlesnake has bitten. But this is, of course, as great a superstition as that held by the Hindus.

### A Voice for Potatoes.

Most persons in this country have pitied the men and women on the continent of Europe who are compelled to eat bread made wholly or partly of potato flour. Yet here come experts of the home economics department of Cornell telling us that potatoes and meat may be a better food combination than bread and meat.

These experts declare that there is good reason for favoring potatoes. Meat, eggs and cereals, they say, contain mineral elements which give an excess of acids, while vegetables, fruit and milk have an excess of bases that neutralize the acid. Meat produces an excess of acid, and the food that accompanies it should, therefore, give an excess of alkali. Rice, bread, macaroni and cornmeal produce acid, and so do not fill the need. But potatoes are the natural accompaniment of meat, because they produce bases. "Most persons," according to these experts, "should make it a point to eat more potatoes than they are now consuming."—Buffalo Express.

### Hiking Best Grippe Killer.

The epidemic of influenza that has been troubling the city for nearly a month continued last week, according to a mortality bulletin issued yesterday by the board of health. The statement says there were 35 deaths in the city last week from this cause, or 20 more than the number for a single week of 1914.

Deputy Health Commissioner Emerson says the best way to avoid catching influenza is to walk a mile in the open air twice a day. It will add ten years to a person's life, the doctor asserts.

### Oil Cans Save Life.

A novel idea was responsible for the saving of many lives from the cruiser Hermes after the ship was torpedoed in Dover straits. A supply of the life-saving pneumatic collars ordered by the admiralty had been expected, but the Hermes had to put to sea before these were received.

### Immunity Expected.

"Have you any mosquitoes here in summer?" "Well," replied Farmer Cornstossel, "we had a few last year. But after they tackled the complexion some of those city girls wore, I don't believe any of 'em will have the nerve to come back."

### Daily Thought.

Pain and despair and heartache cast you down for awhile, but afterward they help you to understand.—John Oliver Hobbes.

### Considerate.

"Father, I think it only fair to tell you that I need \$50. I'd rather owe it to you than to some outsider."



### The Scarlet Letter of Quality, the Red W

It stands for unequalled merit, entire reliability and invariable uniformity in RIFLES, SHOTGUNS AND AMMUNITION of all kinds. It means that goods so marked are of Winchester make and "Winchester make" means the highest quality of guns and ammunition that can be produced. For your protection always look for the Red W.

Winchester Rifles, Shotguns, Shotgun Shells and Cartridges for sale everywhere. WINCHESTER REPEATING ARMS CO., NEW HAVEN, CONN.



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### "USE THE RIVER"

### Dalles-Columbia Line

State of Washington, for the Dalles daily ex. Sunday 11 p. m. Leave Dalles daily ex. Monday 12 M. Steamers J. N. Teal, Inland Empire and Twin Cities for Upper Columbia and Snake river points. Taylor St. Dock, To. Wash. D. C.

### DAISY FLY KILLER

placed anywhere, attracts and kills millions. Kills flies, mosquitoes, house flies, etc. Sold by druggists, or sent by express prepaid for \$1.

### BIRD MANNA

Makes canaries sing, restores their health and rare feathers. "The great secret of the Andersberg." Sold by all druggists. Mailed for 15c. in coin or stamps.

### Read Books in Old Days.

"The kind of books people read nowadays is rather startling." "Yes," replied Mrs. McGudley, "but I have my doubts whether folks stop dancing long enough to read 'em. When I was young we used to read books and they didn't. Now people pretend they read 'em and don't."

### Avoid Colds.

If you want to avoid colds in your house, watch for the first sneezes and try to keep the germs from spreading. Make the victim cough or sneeze in his handkerchief, and after the handkerchiefs are soiled put them in a special dish, cover them with water and boil them for fifteen minutes.

### Identity Incomplete.

The discovery of the petrified stump of a tree in British Guiana is held to identify the spot as the Garden of Eden. The absence of a fossilized serpent, however, leaves the proof incomplete.—New York World.

### Poker Luck.

"At the war benefit in London three queens were present." "Well, they were good cards to have on hand."

### Are Your Hands Tied?

by a chronic disease common to woman-kind? You feel dull—headache? Back-ache, pains here and there—dizziness or perhaps hot flashes? There's nothing you can accomplish—nothing you can enjoy! There's no good reason for it—because you can find permanent relief in

### DR. PIERCE'S Favorite Prescription

Mrs. Fannie H. Brent, of Bryant, Nelson Co., Va., writes: "I believe I had every pain and ache a woman could have, my back was weak, and I suffered with nervousness and could not sleep at night. Suffered with soreness in my right hip, and every month would have spells and have to stay in bed. I have taken eight bottles of your 'Favorite Prescription' and one vial of your 'Pleasant Pellets.' Can now do my work for six in family, and feel like a new woman. I think it is the best medicine in the world for women. I recommend it to all my friends and many of them have been greatly benefited by it."

### DR. PIERCE'S PLEASANT PELLETS Relieve Liver Ills!

P. N. U. No. 26, 1915

WHEN writing to advertisers, please mention this paper.

### Not Good—Diplomatic.

Our idea of a good husband is one who strives to leave the impression upon his wife that, if his arm doesn't go quite as far around her waist as it used to fifteen or twenty years ago, it must be because his arm isn't quite as long as it was then.—Columbus (Ohio) Journal.

### The Alternative.

Art Editor—"I'm afraid your work is too comic for general illustrating." Artist—"I suppose that means I will have to spend the rest of my life doing comic supplements." "Not necessarily. You might design women's fashions."—Life.

### Evading the Inevitable.

He who refuses to face his worst forfeits the possibility of finding his best. He does not solve the question of his sinfulness; he shelves it. It is there, gathering darker meaning and more bitter consequences.—P. C. Almsworth.

### The Aid's Job.

"Who is that man who follows the general about?" "His aid." "But why does he need an aid hanging around all the time?" "Well; you see, the general has more medals than he can conveniently wear himself."—Kansas City Journal.

### RESINOL SPEEDILY HEALS ITCHING, BURNING SKINS

Resinol ointment, with resinol soap, stops itching instantly, quickly and easily heals the most distressing cases of eczema, rash, ringworm, tetter or other tormenting skin or scalp eruptions and clears away pimples, blackheads, redness, roughness and dandruff, when other treatments have proven only a waste of money.

Physicians have prescribed resinol for twenty years, while thousands who have been cured say, "What resinol did for us it will do for you." All druggists sell resinol soap (25c), and resinol ointment (50c and \$1).

### When He Is Settled.

Wigwag—"Now that Newlywed is married he seems to be quite settled." Henpeck—"Well, it's natural for a fellow to be settled after he is married. His wife attends to that."—Exchange.

### STATE LANDS.

JUST NOW YOU SHOULD send \$5 for lists of State Land in any 3 Counties. "There is a reason" why it is to your interest to order AT ONCE rather than a month later. COUNTY SECTIONAL MAPS, showing vacant Government Land mainly marked, helpful in finding State Land from lists, \$2.50 any County. It pays us to suit you as we have others. Personal checks taken. FREE—Small Blue Booklet, just off press; map circular. Write JOSEPH CLARK, Manager California State Land Information Bureau, 1511 K Street, Sacramento, Cal. (Established 25 years.)

### Bracing the Will.

I think it rather fine, this necessity for the tense bracing of the will before anything worth doing can be done, writes Arnold Bennett. I rather like it myself. I feel it to be the chief thing that differentiates me from the cat by the fire.

### Food for Thought.

An authority on the subject says men should stop eating for a while and think. Some men, under the circumstances, would merely stop long enough to wonder whence the next meal was to come.

### Just So.

"How does your wife propose to spend her summer vacation this year?" "With my hard-earned money—that's how!"

### Pike Shooting in Scotland.

The killing of a fish by a sword by a lieutenant of the Royal Engineers receives much publicity. It may not have been hard to do, for pike often move sluggishly, and on fine warm days they have a habit of basking on the surface. In Scotland people shoot pike regularly, the corpses being brought ashore by retriever dogs. But in Scotland they shoot several things that in England we kill in other ways. Foxes, for example.—London Chronicle.

### Mountainous Greece.

Greece is extremely mountainous, the only plain region worthy of the name being found in Thessaly. In this province is a large quantity of undeveloped water power, furnished by torrents which sweep through the plains in the rainy season, doing great damage, their course for the remainder of the year being marked by dry ravines.

### YOUR OWN DRUGGIST WILL TELL YOU

Try Murine Eye Remedy for Red, Weak, Watery Eyes and Granulated Eyelids; No Smarting—Just Eye Comfort. Write for Book of the Eye by mail free. Murine Eye Remedy Co., Chicago.

### Drums on Horseback.

The earliest date at which drums were carried on horseback in England appears to be 1512, when Henry VIII. sent to Vienna for kettle drums that could be played on horseback "after the Hungarian manner." Mounted bands were in vogue in the last decade of the eighteenth century, the two regiments of life guards having them in 1895.

### No Danger This Season.

"I'm glad of one thing about the war, anyhow." "What's that?" "Mother and the girls can't go to Europe this year and hunt up a foreign count to fall in love with."—Detroit Free Press.

### Greenwich.

The word Greenwich is pronounced Green-ich. At least that is the pronunciation that has been fixed for it by the custom of the British public.

### Constipation causes many serious diseases.

It is thoroughly cured by Doctor Pierce's Pleasant Pellets. One a laxative, three for cathartic.

### Disheartening.

One extremely disheartening thing about striving to impart a literary tone to the editorial page is that it encourages so many subscribers to send in original poems.—Columbus (O.) Journal.

### His Guess.

Bill—"What do you suppose those European soldiers do when they find the trenches filled with water?" Jill—"Why, they fish, I reckon."

### Hawaiian Sugar.

The quantity of sugar produced on an acre of land in Hawaii is greater than in any other spot on the globe. This is due to the wonderful irrigation system.

### "Amphibious."

Speaking of fish stories, one cannot help being reminded of the occasion when a committeeman was examining a class of boys in the South "Can any of you," he asked, "tell me what 'amphibious' means, and give a sentence to illustrate?" A bright little darky held up his hand. "I know, sah! It's lying! Mos' fish stories am fibulous!"—W. B. Allen in Scribner's Magazine.

### Make House Beautiful.

In the house that is beautiful to the external eye, there must ever be corners and unexpected places, closets, kitchens and cupboards—"the powers that be," behind the scenes.

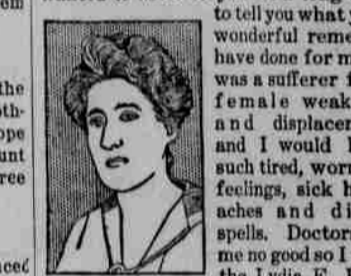
### Gain by Perseverance.

Great works are performed not by strength, but by perseverance.—Steele.

### MRS. MABEN WAS MADE WELL

By Lydia E. Pinkham's Vegetable Compound and Wants Other Suffering Women To Know It.

Murfreesboro, Tenn.—"I have wanted to write to you for a long time to tell you what your wonderful remedies have done for me. I was a sufferer from female weakness and displacement and I would have such tired, worn out feelings, sick headaches and dizzy spells. Doctors did me no good so I tried the Lydia E. Pinkham Remedies—Vegetable Compound and Sanative Wash. I am now well and strong and can do all my own work. I owe it all to Lydia E. Pinkham's Vegetable Compound and want other suffering women to know about it."—Mrs. H. E. MABEN, 211 S. Spring St., Murfreesboro, Tenn.



This famous remedy, the medicinal ingredients of which are derived from native roots and herbs, has for nearly forty years proved to be a most valuable tonic and invigorator of the female organism. Women everywhere bear willing testimony to the wonderful virtue of Lydia E. Pinkham's Vegetable Compound.

### Why Lose Hope.

No woman suffering from any form of female troubles should lose hope until she has given Lydia E. Pinkham's Vegetable Compound a fair trial.

### If you want special advice write to

Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

### All Blood Disorders Quickly Driven Away



### Strength, Power, Accomplishment are all Typified in S. S. S.

Some blood disorders become deeply rooted in the glands and tissues, and the mistake is made of resorting to drastic drugs. These only aggravate by causing other and worse troubles. A host of people know this to be true. They know from painful experience.

### Daily Thought.

Pain and despair and heartache cast you down for awhile, but afterward they help you to understand.—John Oliver Hobbes.

### Considerate.

"Father, I think it only fair to tell you that I need \$50. I'd rather owe it to you than to some outsider."

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