 Done It.










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Because an actress in tront of the
 Thare any that tuey aro all amp
Bity why they, tathert, that











 and not hyer tags mamo hioer hat
 Young, Mayne mad zood boodetid











 Inderstand that this was a selee
hotel.
They seem yery nice peoole", re
tied Harry.



 The young man's contustion be
trayed tim He know that belng














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 gongs to disown you.
Thanke, father."








ENTIRE FAMILY? That He Actually Marries His
Wife and All Her RelativetWife How It Works. "Does a man marry his wife's tam
ay? He claims he doesnt'. But a
rominent soclety woman deciared no the speanker and of the host."-Youth's
Companion.
A Surgeon With "sand."
The could
The doctor suggested that it I could
et him have a couple of men to direet
hose wounded men who could walk he
would send them back to the Chateau
of St. Marguerte, where the ambul.

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He had been working at least forty-
elght hours, without cessation, but re-
fosed to atop miniterng to the
wounded, although by now his work
wit

Wound.
Uoter crossexamination our lutto
doctor admitted he had been hit three
days betore.-A Captant of Royal Irish ys betore- - A Cattaln of Royal
Dragoons in Collier's Weekly.

Bibles Sent to the Front.
Distributlon of Bibles in Germany,
Australa and Bohemia it ithe last tew
veeks has exceeded all
records.
orkers have discoeved no fewer
than ten different onguyes in the camps.
ind trenches. Great care has been exrted to keen from view all Bibles
prited in Enilish
The American Bible soclety

 gaged in the distribution, workers
nome some travelling many miles
reach great number reach great numbers
A depository for Bibles in Budape
as been exhausted From Constan
Oplt iople, one of the greatest agencles of
he American Bible society, no word
has come recently. Extent of All the Rusulas.
Rusida's extent may be gauged he fact that European Russia l in in It.
self larger than the other 19 states of the continent taken together, and
when we Include asiato Rusia, went. The Ruastian emplre comprises one.
strth of the total land area of the

there
nearly
nuck.


| WHEN A MAN MARRIES | GULLIBLE PEOPLE ARE MANY |
| :--- | :--- |
| is HE SUPPOSED To ESPOUSE |  |

 Fundamental Principles of Healithegers
 the Italian quarter intimating that a
grant oportunty was presented tor
wonrlingmen to secure an tinterest tn workingmen to secure an interest in then
a wonderfully prosperous rallway, that
only a few shares could be had, and

By aldert s. gray, M.d.

## Coosristht, 1914, by A.s. Gray)

 FOOD instincts.If all men and women had suffelent
ork, mental and physical. to give hem, healthy appettees and the meang
0 gratly to gratity them wlth almple foode,
ho eqreatest nappliness of the greater number would be establisheded on an a.
thoroughy sound basis. We only es.
thet pleasure and comtort to be
$\qquad$ ong ages of use hastral habit through a stablished a
ensory track to a center and where ensory track to a center and where
that sensory center 15 permitted to to
conetlon freely within the ccale of its Unction freely within the scale of tis
develoment, Happhnss consist es.
entially in the frees and normal ure sentially in the free and normal ure
of our funutions and any reatrant in
the normal una of those functions
must inavitably load to unhapoiness must tnovitab
and ill health.
If a flock of hens ta confned in per.
fectly zantitary quarters of limited area and fod what wo belleve to bo a
penffecty sclentifo bullanced ratlon, erfecty scienuline bilinaced ration,
here will still be s deterioratino in
an
and unhap
nd grow
will be a m

ment by the unnatural restraint
te hack of work th. hower, mee
are adopoted to compel the hens are adopted to compen the hess to
work ore thelr food, definte signa oo
deterioratlon are postponed for deterioration are postp
great many generations.
Lte trself is very temelous and re-
gatant and if the changes aro not too sistant and if the changes aro not too
abruph, any given species will quite
gital
 strain is marked and ruite abrupt nable, normal thneubaton being per

p


II still be a deterioration in
ral physical atamina of tho
They will appear defected
will mope aroun
dolent: also ther
rop in egg produc
a. It is ts true of the the the
report of Doctor Tho the
of the omicor of the Finabury dilitirn
on England, fust pubibh
that in Finsbury district, oroughs, where 6,000 thme thiles Live and
ieep tn 6,000 roomm, biblee "Some of these bables," says the re-
port, "as soon as, or even before, they
are able to crawi, are placed on the so awalks carly In the placed on thay to bo
watched or nursed by a giri of four har tank, and the baby orawla to the the
othor sido of the rond, heodiess of
tramce Both are filhy and gutter
stained. But they seem to fict, the stock from which they have diseases of chilahood" The problem
of humanty In general ts largely
mater of quallity rather than of quan hought on all sides. Wxpert reveders
to chickena and of other lower organ. sme, both anlmal and vegetablo, ap. cast, they make practical application
of prineiples productive of highily de
irabie results, sirable results, whlle humanity at
large tinetectualy seke a Ife solu-
torn by meana of "eugenlcs," or some ton by means ot "uegentes," or
other equally vague method. A properly fed organlsm is always
an efflecont organisal. If chlckena,
dogs, horses, cows or men are prop dogs, horses, cows or men are prop
erly fed they are emlicent machinees
and If they are not properly ted nothe ing else can make them effice
With chickens the ration and wome
determine the quantity ty of the eggs, and onec hatched o
horn, as with, all other organlem of food-bullding materrial. A A defl. many peculiar resulta.
of course, the hen does not know,
as we do-or as wo can and shouldand salts from tho inorganio world
aro manutactured Into compltceted
protelns, starches, gums, fata, salines nimal consumptitin. Nelther, proban
bly, does she know that tho anlma vorid, including hersalf, takes in theese
protelns, amylaceous matters, fats, salta and water of vegotable conitruc
tion, and, extraeting tho energy from
thono particular combinations for thono partcular combinations for tia
divtuan une, converts them bake fito
carbonio acid, water, ammonla and carbonio acid, water, ammonin and
salts all readly avalable for plant The hen does not know these things
as we do, but the writer kuows frome
personal obseration that the averago
hen will make a vastiy harder strug. en wil manke a vastly hardor strug
sle to correct a defficent diet thei The ben doess't bother about the
solor of food, but if beo feeis bacly
tho oeems to know tnatincetvely that

