

Tunney Reads His Mail in Camp



HERE'S HOW Champion Gene gets his morning's batch of letters from his secretary at his training quarters in Speculator, N. Y. The noted Shakespearean lecturer and glove expert is lumber-

ing up gradually for his bout with Tom Heeney in July, but more strenuous work is soon to come, he declares.

(International Newsreel.)

OLD TRAINING THEORIES BLASTED

Lawson Robertson, Head Coach of Olympic Squad, Has Entirely Let Athletes Eat What Agrees With Them

By FRANK G. MENKE

Hang, bang, just like that!—so many of the old theories of training athletes before the blasting of Lawson Robertson, head coach of the American Olympic squad of 1928.

Robertson, once an Olympic athlete, and for many years tutor of athletes at the University of Pennsylvania, is a rank disbeliever in the theory that an athlete should be wrapped in the cotton batts of a thousand training rules and made to lead an abnormal life.

He scoffs at the idea that coffee is bad for an athlete who has been used to drinking coffee.

He insists that water or other fluids should be taken with meals and not between meals—in violent contrast with all other trainers.

When athletes begin to tire of plain, wholesome food and crave rich foods he lets 'em eat their fill of rich stuff.

He doesn't "ban" pie or digestible pastries.

Park is regarded with horror by most trainers. But Robertson says: "If a boy likes pork and I don't disagree with him, why let him eat it. Where's the harm in him eating it? If the system digests it and the body gains nourishment? Isn't that the vital reason for eating?"

Less "Don'ts" Used

Robertson uses less "don'ts" in his training stunts than probably all the physical conditioners put together.

"The average amateur athlete is a rather smart youngster," comments Robertson. "If he didn't want to succeed—become a star—he wouldn't be in athletics at all. The fact that he is in athletics proves that he's keen and eager to make good."

"Therefore, the boy, when he finds that certain foods do not agree with him, usually quits them in a hurry without being told. He knows those foods upset his stomach and thus handicaps him in his ambition."

"If I find a youngster eating foods that the old trainers claimed were bad for athletes and I find at the same time that the food agrees with that youngster and he's going along well in his work, I let him continue that diet."

"I discovered long ago that what is food for some is poison for others—and vice versa. All stomachs are different. Most stomachs digest milk quickly and thoroughly. And milk has great merit in building up health and energy. Yet I know plenty of boys whose stomachs simply can't stand milk. So they don't have to drink it."

Robertson's popular eating resort—The Log Cabin—is now open for business. Everything from short orders to chicken dinners can be had. Special lunches and dinners prepared on short notice. If you want the choicest of food try the Log Cabin when in Newport, Oregon. Thurs-3-22-1f

Wanted

Bids for 25 cords body fir or slashwood for Dist. 12 Bids to be in by June 15.

OWEN A. THOMPSON, Clerk.

Motor A. Eugene. 6-5-3

Store for Rent

My present location at 875 Willamette street. Three year lease. Call for particulars. Dr. Royal Glick. 6-1-1f

LIFE AND ACCIDENT INSURANCE—C. D. Lee-C. L. Sigman Agency. 5-10-1f

More reading means money when you read The Classified Ads. 2-29-1f

INSURE WITH HENRY TROMP.

Stages leave Stage Terminal Hotel, Opposite Post Office. Phone 1860

North—7:00, 9:15, 10:20, 11:00 A. M.; 1:00, 2:00, 4:00, 6:00, 9:00 P. M.; 1:15 A. M.

South—7:00 A. M.; 12:30, 5:10; 8:10 P. M.; 12:30 A. M.

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ATHLETICS BEATEN BY ATTACK OF ST. LOUIS

Yankees Rout Uhle and Win from Cleveland

AMERICAN LEAGUE

	W.	L.	Pct.
New York	27	8	.822
Philadelphia	27	16	.628
Cleveland	24	23	.511
St. Louis	23	24	.489
Boston	16	22	.419
Detroit	19	23	.454
Chicago	17	29	.376
Washington	15	27	.357

ST. LOUIS, June 6.—(AP)—The St. Louis Browns hit opportunely today to win from the Athletics 5 to 2.

R. H. E. Philadelphia 2 8 6 St. Louis 5 7 1

Emke, Rommel and Cochran; Gray and Manion.

Yankees Defeat Indians

CLEVELAND, June 6.—(AP)—The Yankees routed George Uhle here today and won the first game of their series in Cleveland 8 to 2. Herb Pennock held the Indians safe at all stages.

R. H. E. New York 8 15 1 Cleveland 2 7 1

Pennock and Gresham; Uhle, Bayne, Leaven and Sewell.

Washington at Chicago postponed; rain.

Boston at Detroit postponed; rain.

BAPTISTS TAKE GAME

PRESBYTERIANS TO PROTEST

EMPIRE'S DECISION

The Baptist team defeated the Presbyterians last night 3 to 2 in the church league game played on the University of Oregon diamond.

The third run for the Baptists was made under a doubtful decision which may result in a protested game, members of the Presbyterian team said last night.

President Cox upheld the game.

The controversy arose when an attempted hunt by a Baptist player

was called a bail. The Presbyterians think it should have been a strike.

Both teams made five hits. The Presbyterians made 2 errors and the Baptists 3. The batteries were: Presbyterian, J. Eberhart, and Stenshoel; Baptists, R. Murray and S. Murray.

The Christians and Christian high school teams will play at 6 o'clock this evening.

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