

Morning Register

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FULL ASSOCIATED PRESS LEADS WIRE SERVICE

The Associated Press is published and entitled to the use for publication of all news dispatches credited to it or not otherwise credited in this paper, and also the local news published herein.

COLONEL MITCHELL

As a news item, Colonel Mitchell's conviction and sentence by the court martial before which he has been on trial for insubordination is not worth the place given it on the front page by practically every newspaper in America.

When an individual unit in the military system so far forgets himself as to criticize the system itself, he is done for. The underlying theory of military organization is that a superior can do no wrong, and according to this theory the inferior who criticizes a superior has committed a heinous sin and must be punished.

As for Colonel Mitchell, he is doing no worrying. He is moderately well off in this world's goods, and so suspension from the army means nothing to him.

Besides, he is in good company. The man who invented gunpowder was laughed to scorn by the military authorities of his day.

Mrs. Charles H. Fisher went to Roseburg yesterday to spend the holidays with friends.

Daily Lesson In English

Words Often Misused: Don't say "I started to read." Say "I began." "I often mispronounced." Regatta. Pronounce the c as in "he," the first a as in "at," the second a as in "accent on second syllable."

AS TO SPEED LIMITS

The Washington legislature has received and is considering a bill to raise the speed limit on the highways from 30 miles an hour to 35. The bill, incidentally, embodies the excellent feature of the existing Oregon law which establishes a maximum limit in cities and towns.

STOUT CO. BUYS LARGE TRACT OF SIUSLAW TIMBER

Have either shipped their logs to Coos Bay or to the smaller mills on the Siuslaw. Along with the sale of the boom property goes the franchise held by Street and Hovey to operate on the Siuslaw and its tributaries.

are times when 20 miles an hour is a reckless speed and other times when a speed of 40 miles is not dangerous. It is control of the car that matters, and it ought to be possible to work out a system of regulating of speed that would be flexible enough to take care of varying conditions of traffic.

The investigation of F. C. Bramwell by the state banking board brought out day before yesterday the vague and indifferent statement that "somewhere in Oregon" a bank is in trouble.

Senator Cole Bleas wants an investigation of the use of liquor at foreign embassies in Washington. It might not be a bad idea if at the same time they would investigate its use by senators and representatives.

The mayor of a town in Denmark proposes to set the hour for the sun to set. He has confidence in himself, all right, but can he set the hour for his son to rise and get away with it?

That story from up Idaho was about a salesman who does a thriving business in fake gold bricks indicates that the world is getting no wiser fast.

The Junction City Times is out with a Christmas edition that would be a credit to anybody's town. Mr. Nelson knows how to do these things well.

Harry Y. Saint, of Seattle, wants a place on the shipping board. Doesn't he know that the shipping board is no place for a saint?

Early P. S. in Eugene

The city council last night fixed the city tax levy at six mills.

C. E. Van Durn, who has been spending the summer and fall at Blue river, assisting Glen O. Powers in his store, has returned to the city.

Royal Arch chapter of the Masons elected officers as follows: George O. Yonan, high priest; S. S. Spender, king; Darwin Bristow, scribe; F. W. Osburn, treasurer; J. F. Robinson, secretary; George O'B DeBar captain of the host.

F. J. Berger has purchased the N. C. Christiansen place four miles west of the city. Mr. Berger has rented the place to his brother-in-law, Henry Nurte.

Hugo Bezdick, football coach and physical director at the university, has been called east on account of the illness of his father.

H. L. Bibbs has taken over the Palms restaurant and has renamed it the Theatre cafe.

Briefs of Oregon Life

J. J. Aldred, Lockport, N. Y. linen manufacturer, is to be offered the management of the new Oregon Linen Mills, Inc., a meeting to action taken at a meeting of the board of directors of the new corporation in Salem Thursday.

A Portland girl, whose conscience apparently was stimulated by conversion here, sent a check of \$100 to the Salvation Army.

Plans for establishment of a kraft paper mill in conjunction with the Mickle Lumber mill on North Portland harbor were announced Thursday by A. W. Miller, vice-president and manager of the company.

MOTHERS AND THEIR CHILDREN

Jam Covered Faces One Mother Says: Our little girl is very fond of bread and butter and jam.

Send Her Snow Bend, Ore., Dec. 18.—Snow which began falling early in the evening had reached a depth of an inch at 11 o'clock.

Puzzle Devotee Kills Self NEW YORK, Dec. 18.—Angered because his bride of 17 months would not help him solve a crossword puzzle, Theodore Koerner, an ardent devotee of the pastime, seriously wounded her and killed himself.

Four Children Burned HOLDEN, Mass., Dec. 18.—Four children of Mr. and Mrs. John Hovey were burned to death early today in the Hovey homes on Chapel street.

Bread Prices High (By The Associated Press) PARIS, Dec. 18.—The people of Paris will have to pay the highest price yet charged for bread after November 29. It is announced today that from that date the price would be three cents a pound.

Turkey Shot Big American Legion aviation field traps, Sunday, December 20, 12-19-23

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C. E. F. Hickox, piano tuner. Phone 1523-J, or Morris 11-5-21

INSURE WITH HENRY TROMP

If You Can't Sleep, Seek the Cause

Insomnia May Lead to Broken Health, But This Can Be Avoided by Cleaning up the Intestinal Tract.

By ROYAL S. COPPLAND, M.D. (United States Senator from New York) Former Commissioner of Health New York City

Not long ago I read this editorial in a great newspaper: "Who can tell when nerves become so frayed that life is not worth living?"

"Mrs. Florence Hoyt was rendered so by insomnia resulting from a disease of the bowels. She died the other day."

"The psychology of nerves and nerves of psychology are inseparable. A disease of nervousness is to be a cumulative malady, and among the causes of it is when it becomes too great life is not worth living."

It is indeed true that continued loss of sleep has so wrought upon many a mind that in desperation suicide has been attempted. Insomnia has resulted in many deaths of this sort.

It is bad enough to be kept awake when going to sleep. But to lie in bed, hour after hour, longing and praying for sleep, and unable to get a single wink, is terrible beyond words.

It may be that we actually require less sleep than we think we must have. There is no doubt that you have a lot to do with it. If you are in the country, away from the city life with which you are familiar, you may find yourself sleeping more hours than is your regular habit.

After a few weeks of this life, a return to the city with its later hours, necessitates another training. For several nights you find yourself unable to sleep, or you wake up at eleven or twelve o'clock.

For everybody, however, there is a minimum which must be met to avoid disaster. For myself, I am sure I need eight hours. You may need nine, or you may get on with five or six hours.

You recall the old saying about the "hours of sleep." Nature requires six, custom takes seven, and wickedness eleven.

Some folks sleep too much. A few of the hours usually spent in bed might better be used for exercise.

If I should choose for you, however, I should advise sleeping rather than under-sleeping. The nervous system and the heart need the opportunity for recuperation which the sleeping state gives.

On this account it is better to have an extra amount of sleep than to rob your body of its period of relaxation and recreation.

Insomnia—the inability to sleep—is a serious symptom. It produces all the signs of what we call "nervousness." If long continued it may lead to dangerous results.

If you cannot sleep, find out what is wrong with you. There is always a physical basis for this distressing symptom. The most likely cause is acute or chronic dyspepsia. Intestinal fermentation, constipation, failure of kidney elimination—these are the likely causes.

Eating too much, eating the wrong things, eating too fast—these of these practices will probably explain the development of the digestive disorder which in its turn produces the insomnia. For the sake of your mental health and physical welfare find the cause of your sleeplessness and get rid of it.

Newspaper Feature Service, Inc.

AMUSEMENTS TODAY

AT THE THEATRES TODAY McDonald—Last day, continuous 1 to 11:30 p. m. Harold Bell Wright's "The Parsonage." International News of His Father. A virile drama of Arizona, of a man who found himself and a girl who knew her man, the splendid cast is headed by Hattie Love, Warner Baxter and Raymond Hatton, Lloyd Hamilton comedy, "Framed," a picture masterpiece in itself, Oregon's own "Whodunnit" weekly of state-wide news events; Frank D. C. Alexander, wizard of the Wartlines, in musical settings to the picture on the Alexander.

Today's Radio Program

Best Features Throughout the Country Throughout 5:00 p. m.—WFI (194.5) Philadelphia Grand Symphony orchestra. 5:25 p. m.—WGY (27.5) Schenectady. Philharmonic symphony, also WRC, WJE. 5:30 p. m.—WIP (30.2) Philadelphia. Opera, "Lucia." 6:00 p. m.—WHBM (256) Chicago. Chicago program, "The City." 6:30 p. m.—WJLA (104.5) New York. Annual dinner party, society. 6:30 p. m.—KSD (44.1) St. Louis. St. Louis symphony orchestra, WPA. 6:30 p. m.—Dallas. Mozart choral club. 8:30 p. m.—WGBR (313.5) New York. Moscow Art Musical studio program.

Far West Stations Silent Tonight KFAZ, KFQA, KXK, KFSN, KWAC

KFI—Los Angeles—167 5:30 p. m.—Matinee program; vocal pocket concert. 7:00 p. m.—Quartet; Stark Sisters. 8:00 p. m.—Examiner program. 9:00 p. m.—Soprano; baritone, tenor. 10:00 p. m.—Packard radio club. 11:00 p. m.—Midnight frolic (4 hours).

KGO—Oakland—361.2 4:00 p. m.—Hotel St. Francis orchestra. 8:00 p. m.—"Sport Review." 8:10 p. m.—Glee club; vocalists; string quartet. 10:00 p. m.—St. Francis orchestra.

KGW—Portland—191.5 6:00 p. m.—Dinner concert. 9:00 p. m.—Dance music (3 hours).

KHJ—Los Angeles—405.2 6:30 p. m.—Dealer program. 6:45 p. m.—Children's program. 7:30 p. m.—Special program. 10:30 p. m.—Hickman's orchestra.

KJR—Portland—381.4 8:30 p. m.—Studio program (1 1/2 hours). KXN—Hollywood—336.9 7:00 p. m.—Insect talk; organ concert. 10:00 p. m.—Feature program. 11:00 p. m.—Hollywood nights (3 hours).

KOA—Denver—722.4 6:30 p. m.—Super-Superstars. 8:00 p. m.—Wurtzbach's orchestra.

KPO—San Francisco—128.3 6:30 p. m.—States Restaurant orchestra. 9:00 p. m.—Coakley's Cabirians (2 hours).

GEN. LI IS VICTORIOUS

FENG YU HSIANG FORCES AT YANGTSU REPULSED

(By The Associated Press) LONDON, Dec. 18.—General Li Ching-Ling, civil governor of Chihli province, is reported in a dispatch to the Daily Mail to have repulsed the forces of Feng Yu Hsiang in a new battle on the Yangtsu front today. Feng, who heads the national people's army, is said to have suffered serious loss.

The Mail's dispatch from the front by way of Peking says that General Feng, in an attempt to crush General Li's forces in that region opened a heavy bombardment Thursday evening. It continued until midnight, when intense cold compelled a halt.

This morning Feng continued his assault but the Chihli troops repulsed him with heavy losses. Four trains of wounded have been sent to various hospitals in Peking and elsewhere. Feng employed three armored trains, commanded by Russian officers.

Reinforcements for Feng have reached Yangtsu, the dispatch adds. It named a Russian rifle and Russian bayonets and quantities of Russian light artillery and mortars also have arrived.

By The Associated Press

(By The Associated Press) MCMENZIE, Ore., Dec. 18.—Damages of \$7500 are asked of J. S. Trent by Matilda Hamlin of Portland, administratrix of the estate of Frank E. Hamlin, in a suit filed in circuit court here. Hamlin died recently as a result of gunshot wounds received at the hands of Trent, who was sentenced to seven years in the state penitentiary and fined \$5000 for manslaughter.

(By The Associated Press) SALEM, Ore., Dec. 18.—Five persons were fatally injured in automobile accidents in the state of Oregon during the month of November. T. A. Rafferty, chief of the state motor vehicle department, reported today. Four of the deaths occurred in the city of Portland. During the month 50 persons were injured in automobile accidents.

Four Children Burned (By The Associated Press) HOLDEN, Mass., Dec. 18.—Four children of Mr. and Mrs. John Hovey were burned to death early today in the Hovey homes on Chapel street. Mrs. Hovey, her father, a hired man and three other children escaped. Mr. Hovey had just left his home.

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Jazz Dance Saturday, Dec. 19 Music by WENDLING PIRATES Donna, Ore.

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SKAGGS UNITED STORES Money saving Distribution Without Waste Cash stores

The Origin and Operation of Skaggs Stores This is an age of frank speaking and open dealing—both socially and commercially. We are accustomed nowadays to listen calmly to the free discussion of social subjects which only a few years ago were taboo. Likewise, business men of today are becoming more and more accustomed to taking the public into their confidence and in recognition of a public fair-mindedness many of the things which were formerly regarded as "business secrets" are now freely made common property in order that the whole business structure may benefit and the problem of economical distribution be brought that much nearer to its final solution. Herein it is again demonstrated that self-interest is the basis of all constructive action. For the continued existence of the present system of distribution is dependent solely upon its ability to prove to the public that it is the most logical and economical system that is possible to devise.

Saturday Features Potatoes, No. 1 grade, 8 lbs. 25c ORANGES, our 35c grade—2 dozen 45c CABBAGE, in 50-lb. lots, lb. 11c CRANBERRIES, fancy McFarlins, 2 pounds 35c DATES, new crop—well cleaned, 2 pounds 25c

Skaggs Butter 1 pound 48c 2 pounds 97c

Pure Cane Sugar 10 pounds (Limit 10 pounds) 55c 100 pound sack \$5.85 This price is 70c below the wholesale list and is good for today only.

FARINA, our best grade—9 pound bag 55c GRAHAM FLOUR, coarse or fine, 9 pound bag 49c

PURE COUNTRY SORGHUM, 5 pound tin 69c SKAGGS TWIN BREAD, Put in our case steaming hot 3 times daily per loaf 15c

DATES, pitted in glassine packages 23c LAYER FIGS, 1-lb. bricks 19c

CANDIES We are proud of our candies, beautiful, sparkling delicious confections—the best in every way that can be produced. Priced so reasonably, too, Sunday school and school committees can secure even lower prices on quantity purchases.

SATIN MIXED, small pieces, bright colored, 5 pounds 79c CHRISTMAS MIXED, large pieces of many shapes and colors, 5 pounds 91c FRENCH HAND MADE BON BONS, 5 pounds 114c

HAND DIPPED CHOCOLATES—the greatest candy value we have ever offered, 5 pound box, assorted flavors \$1.10

We Urge Everyone to Shop Early So We Can Serve You Better Meats We will help you buy your Christmas gifts—the big saving on your meats will convince you. U.S. INSPECTED

Pot Roasts 121c Hot Ribs 10c Rump 17c

MILK FED VEAL Leg Roasts 22c Rump Roasts 22c

SMOKED MEATS Lean Sugar Cured Loin 35c Backs 271c Lean Bacon Strips 371c Fancy Breakfast Bacon

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