Morning Register Lane County News Service

Mill Is Fumigated
(Register Lane County Special)

SPRINGFIELD, Ore., July 23.—The milling apparatus of the Springfield Mill and Grain company was thoroughly fumigated yesterday by William H. Stearmer, head miller and chemist. The mill will be ready to operate again in the morning, it is announced.

Olson at Clerk's Meeting
(Register Lane County Special)

SPRINGFIELD, Ore., July 23.—Oswald Olson, clerk at the Southern Pacific station here, returned late last night from Roseburg, where he attended the convention of railroad clerks at that place. Important business was transacted at the meeting, he states.

Banker and Family Touring
(Register Lane County Special)

SPRINGFIELD, Ore., July 23.—M. E. Hughes, president of the First National bank here, accompanied by his family, is now at Portland visiting friends. A several days' motor trip is planned during Mr. Hughes' stay in the north.

Auto Camp More Popular
(Register Lane County Special)

SPRINGFIELD, Ore., July 23.—Since cars have been forced to detour around the section of road under repair between here and Eugene, many tourists have taken advantage of the attractive auto camp here. The detour goes right past the the grounds, and many cars stop rather than go on north. Abundant facilities for comfort are furnished at the grounds.

New Bridge Going In
(Register Lane County Special)

SPRINGFIELD, Ore., July 23.—A new bridge is being built on the road to Wendling about a half mile from the end of Fifth street. The old bridge has been sagging for some time, and has been rather bad to drive over. The new bridge will be ready in a few days, it is announced, since several men are at work on it.

Mill Dam Is Repaired
(Register Lane County Special)

SPRINGFIELD, Ore., July 23.—The mill dam that burst Friday evening at the Booth-Kelly lumber plant here is now repaired, and logs will be dumped in it early in the morning, according to company officials. The repair work necessitated the services of several men and teams night and day since the accident. The mill, which has been shut down since last Thursday, will resume operations Wednesday morning, it is stated.

Mutual Insurance Planned
(Register Lane County Special)

SPRINGFIELD, Ore., July 23.—A system of Mutual insurance for grain stored in the elevators of the Springfield Mill and Grain company has been worked out, states G. G. Bushman, president. In a previous press report it was stated that free insurance would be provided, but this was an error. The warehouses will be bonded both by the state and county, and with the mutual insurance, will greatly aid farmers by permitting them to hold their grain until a higher price is obtainable for it than usually prevails in the fall.

Lee Logan Passes
(Register Lane County Special)

SPRINGFIELD, Ore., July 23.—Lee Onus Logan, for many years a resident of Marcola, passed away while visiting friends at Grants Pass, July 20. The remains arrived at the W. F. Walker chapel last night, and the funeral will be held at the I. O. O. F. hall at Marcola Tuesday at 2 o'clock, under the direction of the Mohawk lodge, number 209, I. O. O. F. Mr. Logan was born at Corvallis, Ore., August 15, 1877, and has lived in this part of the country all his life. He is survived by his wife, Sarah B. Logan, and several children, of Marcola.

SPRINGFIELD NEWS NOTES
(Register Lane County Special)

SPRINGFIELD, Ore., July 23.—Roy Humphreys, cashier at the Southern Pacific depot here, visited friends in Albany yesterday. He and his wife made the trip in their new Chevrolet.

Richard Moon, of this city, is seriously ill at his home with pneumonia.

J. B. White and family, who have been visiting at the home of Virgil Moon, have left for their home at Aberdeen, Washington.

Marie Richardson, of Salem, who has been visiting with Mr. and Mrs. Virgil Moon for the past week, has left for her home.

Mr. and Mrs. Jim Stewart, of this city, accompanied Mr. and Mrs. Tad Luckey, of Eugene, to Newport yesterday. They expect to remain on the coast for a week or so.

Mr. and Mrs. S. E. Jackson, of Jasper, were in the city this morning on business. Mr. Jackson is proprietor of the store at that place.

J. A. Welk, of Walla Walla, Washington, left for Portland this morning. He will be joined there Wednesday by his family, and all will drive from there to their home. They have been visiting for the past few days at the home of G. G. Bushman here.

George Ketching, of this city, returned yesterday to Oakridge, where he is working for the Western Lumber company on the new plant to be erected there.

Mr. and Mrs. Lawrence May, Mr. and Mrs. Alvin May, Florence Irene May and Mr. and Mrs. N. A. Bowers, of Oregon City, spent Sunday visiting friends at Cottage Grove.

Mrs. S. P. Bennett, of Wendling, was in the city today shopping and visiting friends.

Walter Platt, of Thurston, was in town to purchase supplies today.

H. J. Manley, of Douglas Gardens, was in town this morning.

Mrs. W. T. Thompson, of Cedar Flat, came in this morning to visit friends and attend to her shopping needs.

B. O. Smith, of Douglas Gardens, was a business visitor today.

John Curry, a resident of Leaburg, came to town to visit friends today.

Geo. Platt came in from Thurston today to attend to business matters and to purchase supplies.

Frank Taylor, who lives near Thurston, was in today on business.

Crops look good around Goshen, says Fred Freye, who was in town Saturday purchasing supplies.

Waldo Hardy came in from Pruneville to attend to business Saturday.

Ed Cupp has returned to this city after a time spent near Bend, where he worked as millwright.

Oscar Millican, of Walterville, was a Springfield visitor today. He transacted business here and visited friends.

J. W. Coffin, city recorder of this city, and wife visited friends in Eugene yesterday.

W. F. Walker, local mortician, motored to Brownsville yesterday to visit relatives. He was accompanied on his return by his wife and by Mrs. Jarvis, of this city.

Art G. Bushman, sales manager for the Springfield Mill and Grain company, went to Siltcoos this morning on business.

William H. Stearmer, head miller and chemist of the Springfield Mill and Grain company, spent the day yesterday up the McKenzie with his family.

John Bushman, of this city, spent the day visiting friends at Eugene yesterday.

Jack Howell, local truck driver, made a hurried trip to Monroe this morning.

Jim Gay, of this city, drove a truck load of supplies to Cottage Grove today.

Mrs. Geo. Godfrey, of Eugene, visited her husband, George Godfrey, Southern Pacific agent here this afternoon.

Jack Horrell, truck driver, took a load of flour and feed to Creswell this afternoon.

H. B. Freeland, pressman and compositor for the Willamette Press here, returned yesterday from a week's vacation. He and his wife spent most of the time touring in their new car. While on the trip Mrs. Freeland became very proficient in driving and now can pilot the car quite as speedily as he can, states Mr. Freeland.

Mr. and Mrs. Anthony Soul and son, Phillip Soul, and wife, spent yesterday visiting friends in Eugene.

Tourists Visit in Creswell
(Register Lane County Special)

CRESWELL, Ore., July 23.—Julius R. Jensen, a young attorney of St. Paul, Minn., and Louis George, of the same city, motored through here Sunday en route to Los Angeles, where the former expects to locate, and called at the H. Yeoman home. Mr. Jensen's people were friends of the Yeomans for many years in Wisconsin and Julius visited here 13 years ago, meeting a number of Creswell people.

CRESWELL NEWS NOTES
(Register Lane County Special)

CRESWELL, Ore., July 23.—C. R. Cleaver, of Eugene, was up Saturday afternoon to attend to business matters in Creswell.

Elizabeth Sedgwick, who has been spending two weeks with her aunt, Miss Helen Sedgwick, and her brother, William, in Portland, returned Saturday afternoon.

Mrs. Gertie Olson left for Elk, California, Saturday to visit relatives and friends.

Rev. Geo. Cromley, of Salem, was accompanied by his sister, Miss Emily Cromley, over Sunday this week.

Mr. and Mrs. Cooper, of Oklahoma City, and Mrs. R. E. McDaniel, of Eugene, attended services at the Presbyterian church Sunday morning and were the guests of Mrs. K. B. Melton at noon luncheon. Rev. Cromley and his sister, Miss Emily Cromley, were also her guests.

The work of tearing up the Oregon avenue-Front street intersection commenced Monday morning and the pavement will be completed this week.

E. E. Rorebaugh, bond agent of Eugene, was in Creswell on business Monday morning.

Andy C. Irvine, now located with the Pacific Telephone company at Portland, drove up Sunday to call on friends.

FOX HOLLOW NEWS NOTES
(Register Lane County Special)

FOX HOLLOW, Ore., July 22.—Everyone is quite enthused over the new Spencer Butte telephone line, which was connected up with central last week.

Carl O. Toll has discontinued his employment at the county rock crusher, on the Eugene-Lorane highway, in order to look after his hay crop.

Raymond Butler, of Camas Swale, was a business visithor in Fox Hollow last week.

FISHERMAN IS DROWNED

FRANK JOHNSON SWEPT TO DEATH IN SANTIAM

HARRISBURG, Ore., July 23.—(Special to the Register)—While fishing at Mill City in the Santiam river Friday evening Frank Johnson, a young man of 25 years and a resident of Detroit, suddenly lost his balance from where he was sitting and dropped thirty feet below to the bedrock. The river is swift and deep at this place and upon landing in the water the unfortunate man was immediately washed into the river and the water carried the body downstream for nearly a quarter of a mile.

Mr. Johnson was married to Miss Ruth Thomas, eldest daughter of Mr. and Mrs. James Thomas of this city, two weeks ago. She was with her husband at the time of the fatal accident and was prostrated over the tragedy. A search for the body was immediately begun but was suspended at ten o'clock and resumed again Saturday morning when at 9:30 it was located.

Mr. Johnson was employed by the Hammond Lumber company in camp No. 17 at Larson, located near where his tragic death occurred. He leaves beside his young wife, a brother in Portland and two sisters to mourn his untimely death.

Minnesota Dirt-Farmer Goes to Senate

Magnus Johnson, unique character in American politics, has been elected to the United States senate from Minnesota, defeating Governor J. A. O. Preus, Republican. Johnson, an honest-to-goodness dirt-farmer, made his speeches in his shirt sleeves and without a collar. He is a Farmer-Laborite of the radical type, a follower of Senator Robert M. LaFollette. He does not believe in books, asserting the only ones he reads concern Lincoln, whom he considers America's greatest man.

DAILY MARKET REPORT

OREGON JOURNAL MARKET SERVICE

PORTLAND, Ore., July 23. — Market for butter is very much inclined to show a stronger tone. General cleanup of the former local surplus is reported by the trade here. While there were quite liberal receipts of cream to the big centralizers both Sunday and Monday, a general reduction from the previous week's movement to market is indicated.

Cube butter market in general was around 37 1-2c for state extras, with the centralizer offerings around 38 1-2@39c per pound.

California continues the best customer for butter from this territory, some liberal lots going in that direction for the week-end, according to confirmation available Monday morning.

EGG TRADE GENERALLY STEADY

Generally steady tone is showing for eggs in the local trade with no change either in buying or selling figures for the week's opening. An advance of 1c a dozen had been generally expected.

ONION PRICES ARE LOWERED

Each new arrival of cars of onions from Walla Walla appears to bring a lower price. Sales here were made during the day at $2.25@$2.50. Landed cost in carloads is now down to $1.75, but higher priced stock is on hand.

PEACH PRICE IS DECLINING

Further cuts of prices in the peach trade are shown with best California Elbertas down to $1.15@$1.25, with early Oregon stock slow around 90c@$1.00. Efforts to clean up Oregons at 75c Saturday failed.

BARTLETT PEARS OFF QUARTER

Selling of Bartlett pears is generally 25c a box off for the week's opening, with fancy California stock now no higher than $2.50 and sales as low as $2.25 for similar goods. Overripes lower.

DALLES TOMATOES ARRIVING

Somewhat better supplies of tomatoes came from The Dalles and other Columbia river points for the day. Best stocks was down to $2 per box. Carload of California stock came forth. Merced at $3 and San Pedro at $3.50 lug.

GREEN CORN QUALITY IS POOR

Poor quality continues to be shown generally in the green corn market. While offerings are increasing there is no improvement noted in the quality. Sales are very slow around $2.00@$2.50 sack of six dozen ears.

PORTLAND, Ore., July 23. — These are prices retailers pay wholesalers, except as otherwise noted.

Butter—Selling price, box lots—Creamery prices—Prints, extras, 42c per lb. for plain wrappers; cubes, extras, 37@39c per lb.; prime firsts, 34@35c per lb; dairy (buying price), 30c per lb.

Butterfat—Portland delivery basis — No. 1 grade, 41c per lb.; No. 2, 38c per lb.; No. 1 zone, 38@39c for "A" grade.

Eggs—Buying price, Front street (subject to candling)—Mixed color standard—Western Oregon, 23c per doz.; pullets, 20c per doz.; henneries, 25c per doz. Selling price (storage pack)—extras, 30c per doz.; select, 27@29c per doz.; candled, 26@27c per doz.; pullets, 23@25c per doz.

Live Poultry—Selling prices—Heavy hens, 23@24c per lb.; light hens, 15@16c per lb.; broilers, light, 22c per lb.; turkeys, live, (—) per lb.; spring ducks, 16c per lb.

Onions—Selling price to retailers — Oregon, (—) per cwt.; garlic, 20@25c per lb.; green onions, 35@40c per doz. bunches; new red onions, $3.00 per ctl.; new California yellow, $3.25@$3.50 per ctl.

Potatoes—Selling price to retailers—Old potatoes, $1.00@$1.50 per ctl.; sweet potatoes, $3.00 per crate; new potatoes, 2 1-2@3 1-2c per lb.

HOPS, WOOL, HIDES, ETC.

Hops—1922 crop, nominal, 10@12c per lb.

Hides—Calfskin, 10c lb.; kips, 7c per lb.; green hides, 4c lb.; salted, 7c lb.

Sheep Pelts—Long dry pelts, 20c lb.; short pelts, 10c lb.; sheep shearings, 5@20c each; long hair goat pelts, 15c

Wool—Fine, 38@39c lb.; medium, lb.; short hair goat pelts, 25@50c each. 36@37c lb.; coarse, 37@40c lb.; valley, fine and 1-2-blood, 34@36c lb.; medium or 3-8-blood, 33@35c lb., coarse or 1-4-blood, 30@32c lb.; braid, 25c lb.

Tallow and Grease—No. 1 tallow, 5c lb.; No. 2, 4c lb.; grease, 3c per lb.

Cascara Bark—1922 peel, 8 1-2c lb.; 1923 peel, 7 1-2c lb.; grape root, 4c per lb.

CATTLE

Choice steers	$7.50@$8.00
Medium to good steers	6.75@ 7.50
Fair to medium steers	5.75@ 6.75
Common to fair steers	4.75@ 5.25
Choice heifers	5.00@ 5.25
Choice cows and heifers	4.25@ 4.75
Medium to good cows and heifers	4.00@ 4.25
Fair to medium cows and heifers	3.00@ 4.00
Common cows	2.00@ 3.00
Canners	1.50@ 3.00
Bulls	3.00@ 4.00
Choice dairy calves	7.50@ 8.50
Prime light	7.50@ 8.25
Medium light calves	7.00@ 7.50
Heavy calves	4.00@ 7.00

HOGS

Prime light	9.00@ 9.25
Smooth heavy, 250@300 lbs.	7.50@ 8.75
Fat pigs	8.75@ 9.00
Feeder pigs	8.75@ 9.00
Stags, subject to dockage	2.50@ 5.00

SHEEP

Choice valley lambs	10.50@11.50
Medium valley lambs	9.50@10.00
Common valley lambs	7.50@ 9.00
Cull lambs	6.00@ 7.50
Light yearlings	7.50@ 8.00
Heavy yearlings	6.00@ 6.50
Light wethers	6.00@ 6.50
Heavy wethers	5.50@ 6.00
Ewes	1.50@ 6.50

SEATTLE HAY, GRAIN AND FEED
(By The Associated Press)

SEATTLE, July 23. — City delivery: Barley, whole, 34c; ground and rolled, 36c; clipped, 39c; chop all grain, 44c; chick starter, 57c; coconut meal, 32c; corn, 44c; cracked and feed meal, 46; alfalfa hay, $20; same, D. C., $24; timothy hay, $27; same, D. C., $28; mixed hay, $25; linseed meal, 54c; scratch food, 47c; soya bean, 53c; wheat, 1.25 pound sack, 44c.

SAN FRANCISCO HAY MARKET
(By The Associated Press)

SAN FRANCISCO, July 23.—Receipts: Hay, 872 tons; hay, wheat, $14@$16; fair, $13@$15; tame oat, $13@$16; wild oat, $12@$14; alfalfa, $14@$17; stock, $8@$10; straw, $10@$11.

NEW YORK HOPS MARKET
(By The Associated Press)

NEW YORK, July 23.—Hops steady; state, 1922, 22@23c; 1921, 14@16c; Pacific Coast, 1922, 20@22c; 1821, 16@18c.

NEW YORK FRUIT MARKET
(By The Associated Press)

NEW YORK, July 23. — Evaporated apples weak; fancy state, 11 1-4@11 3-4c; prunes dull; Californias, 5 1-4@13 1-2c; Oregons, 5 1-4@10c; apricots slow; choice, 12c; extra choice, 15c; fancy, 17c; peaches neglected; choice, 9@9 1-2c; extra choice, 9 1-2@10c; fancy, 11 3-4@12 1-4c.

PORTLAND GRAIN FUTURES
(By The Associated Press)

PORTLAND, Ore., July 23. — Grain futures: Wheat, hard white, blue stem and baart, July, $1.05; August, $1.05; September, $1.02; soft white, July, $1.03; August, $1.02; September, $1.01; Western white, July, $1.03; August, $1.02; September, $1.01; hard winter, July, 98c; August, 97c; September, 95c; Northern spring, July, 98c; August, 97c; September, 95c; Western red, July, 98c; August, 97c; Setpember, 95c.

PORTLAND HAY MARKET
(By The Associated Press)

PORTLAND, Ore., July 23. — Hay — Buying price: Alfalfa, $16@$16.50; clover, $12@$13; cheat, $13@$14; valley timothy (old), $25@$26; same (new), $18; selling price, $2 ton more.

CHICAGO PRODUCE MARKET
(By The Associated Press)

CHICAGO, July 23.—Butter higher; creamery extras, 38 1-2c; standards, 38 1-2c; extra firsts, 36 1-2@37 1-2c; firsts, 35@36c; seconds, 34@34 1-2c.

Eggs higher; receipts, 17,568 cases; firsts, 22 1-2@23 1-4c; ordinary firsts, 21@21 1-2c; miscellaneous not quoted; storage pack extras, 25c; storage pack firsts, 24c.

NEW YORK PRODUCE
(By The Associated Press)

NEW YORK, July 23.—Butter firm; creamery higher than extras, 41 1-2@42c; creamery extras (92 score), 40 1-2@41; creamery firsts, 37 1-2@40; packing stock, current make, No. 2, 30 1-2@31.

Eggs firmer; fresh gathered extra firsts, 26@29; same, firsts, 23 1-2@25c; fresh gathered seconds and poorer, 21@23c; Pacific Coast whites, extras, 38@39c; same, firsts to extra firsts, 29 3-4@37c.

Cheese irregular; state whole milk flats, fresh, fancy to fancy specials, 25@26 1-2c; same, average run, 25@25 1-2c; state whole milk twins, fresh, fancy, 25@25 1-2c; same, average run, 24 1-2c.

SAN FRANCISCO PRODUCE
(By The Associated Press)

SAN FRANCISCO, July 23. — (U. S. Bureau of Agricultural Economics). — Butter, extras, 45c; prime firsts, 42c; firsts, 40 1-2c.

Eggs, extras, 31c; extra pullets, 26 1-2c; undersized, 20c.

Cheese, California flat, 26c; California Young America, 29c.

Butterfat, pound, 48 1-2@49c f. o. b. San Francisco.

CHICAGO MARKET QUOTATIONS
(By The Associated Press)

CHICAGO, July 23.—Wheat, No. 2 red, $1.00 3-4@$1.02; No. 2 hard, $1.00 3-4@$1.01 3-4.

Corn, No. 2 mixed, 87@88c; No. 2 yellow, 89@89 1-2c.

Oats, No. 2 white, 42 1-4@46; No. 3 white, 41@44 1-2c.

Rye, No. 2, 65 1-2c.

Barley, 65c.

Timothy seed, $5.50@$6.50.

Clover seed, $15.00@$17.50.

Pork nominal.

Lard, $10.90.

Ribs, $8.37@$9.25.

NOTICE OF FINAL SETTLEMENT

Notice is hereby given that Charles S. Marsh, executor of the estate of Phoebe L. Marsh, deceased, has filed his final account in the matter of said estate in the County Court of Lane County, Oregon, and that Saturday, the 25th day of August, 1923, at ten o'clock in the forenoon of said day, at the County Court room in the court house in Eugene, Lane County, Oregon, has been fixed as the time and place by the said Court for the hearing of objections to said account and for final settlement of said estate. Any and all objections to said account and the final settlement of said estate must be filed with the Clerk of said Court on or before the said date of hearing.

Dated this 23d day of July, 1923.

CHARLES S. MARSH,
Executor of the last will and testament of Phoebe L. Marsh, deceased.
S. M. CALKINS,
First National Bank Building, Eugene, Oregon, Attorney for Estate.
Tues. 7-24-5

CALL FOR EUGENE, ORE., IMPROVEMENT BONDS

Notice is hereby given that Series "M" 6 per cent improvement bonds of the City of Eugene, Oregon, numbers 1 to 9, inclusive, dated February 1st, 1915, are called for payment August 1st, 1923, at my office in the city hall. Interest will cease on that date.

F. WENTWORTH,
City Treasurer.
Eugene, Oregon, July 2nd, 1923.
7-3-12-22

NOTICE TO CREDITORS

Notice is hereby given that the undersigned has been duly appointed administrator of the estate of Jessie I. Fisk, deceased, by the County Court of Lane County, Oregon.

All persons having claims against said estate are hereby notified and required to present the same, duly verified as by law required, to the undersigned administrator, at the office of J. S. Medley, Esq., attorney at law, in the United States National Bank building, at Eugene, Oregon, within six months from the date of the first publication of this notice.

Dated at Eugene, Oregon, July 9th, 1923.

ALVA H. FISK,
Administrator of Estate of Jessie I. Fisk, Deceased.
Tues. 7-10-5

BRIDGE PROPOSALS

Bids will be received at office of County Clerk in Court house, Eugene, Ore., until August 1, 1923, at 10 o'clock A. M., for labor and material and repairs to county bridge at Springfield, Ore., according to plans and specifications on file with County Clerk. A bid check of 5 per cent must accompany bid. Right reserved to reject any or all bids.

By order of Lane County Court.
R. S. BRYSON, Clerk.
Dly. 7-12-17

NOTICE TO CREDITORS

Notice is hereby given to all whom it may concern that the undersigned, Ella E. Frazer, has been duly appointed executrix of the estate of George N. Frazer, deceased, by the County Court of the State of Oregon for the County of Lane, and has qualified as such executor, and all persons having claims against said estate are hereby notified and required to present the same, verified as by law, with the proper vouchers, to said executor at the office of Charles Hardy in the First National Bank building in Eugene, Lane County, Oregon, within six months from the date of this notice.

Date of first publication, July 24, 1923.

ELLA E. FRAZER,
Executor of the Estate of George N. Frazer, Deceased.
CHARLES A. HARDY,
First National Bank building, Eugene, Oregon, Attorney for Estate.
Tues.

To know how good a cigarette really can be made you must try a—

LUCKY STRIKE CIGARETTE

It's toasted

The Internal Bath

stops at once the intestinal poisoning from which nine out of ten people suffer. An internal bath takes fifteen minutes; it soothes the nerves, purifies the blood, doubles the healing power of your own body. Read about its simplicity, its sureness. A very valuable book is offered you FREE today.

CARROLLS' PHARMACY
788 Willamette

Cuticura Heals Pimples Over Face Neck And Chest

"My trouble started with little, red pimples which later formed watery blisters that broke and spread all over my face, neck and chest. The breaking out itched and burned, especially when I got warm, causing me to scratch.

"I used several other remedies without success. The trouble lasted most a year before I began using Cuticura Soap and Ointment, and after using one cake of Cuticura Soap and one box of Cuticura Ointment I was completely healed in about six weeks." (Signed) Miss Myrtle Degler, Pine Bluffs, Wyo., Jan. 31, 1923.

These fragrant emollients are all you need for all toilet purposes. Soap to cleanse and purify, Ointment to soothe and heal, Talcum to powder and perfume.

Samples Free by Mail. Address: "Cuticura Laboratories, Dept. R, Malden 48, Mass." Sold everywhere. Soap 25c. Ointment 25 and 50c. Talcum 25c. Cuticura Soap shaves without mug.

CLEANING PRESSING

Cleaning by a responsible plant is an investment in health and lengthens the life of clothes.

Electric Cleaners
BETWEEN 8TH & 9TH ON OLIVE
PHONE 827

TODAY I AM REAL WELL

So Writes Woman After Taking Lydia E. Pinkham's Vegetable Compound

Jamestown, N.Y.—"I was nervous, easily excited and discouraged and had no ambition. Part of the time I was not able to sit up as I suffered with pains in my back and with weakness. I took Lydia E. Pinkham's Vegetable Compound, both the liquid and tablet forms, and used Lydia E. Pinkham's Sanative Wash for inflammation. Today I am real well and run a rooming house and do the work. I recommend your medicine to every woman who complains, and you may use my letter to help any one else. I am passing through the Change of Life now and I keep the Vegetable Compound in the house, ready to take when I feel the need of it."—Mrs. ALICE D. DAVIS, 203 W. Second St., Jamestown, N. Y.

Often some slight derangement may cause a general upset condition of the whole system, indicated by such symptoms as nervousness, backache, lack of ambition and general weakness. Lydia E. Pinkham's Vegetable Compound will be found a splendid medicine for such troubles. In many cases it has removed the cause of the trouble.

PILES

Suffered 25 Years

"I AM entirely free from my Piles and aches and pains," writes one of my former women patients who, after suffering 25 years, was cured by my painless, non-surgical treatment. But this case is no exception, as scores of letters in my FREE illustrated book will testify. I use no knife, anaesthetic, clamps, ligatures, stitches, burning or other disagreeable or dangerous method in treating Piles, and GUARANTEE results.

Remember my guarantee means a positive and permanent cure no matter how severe your case may be.

DR. THOMAS J. DEAN
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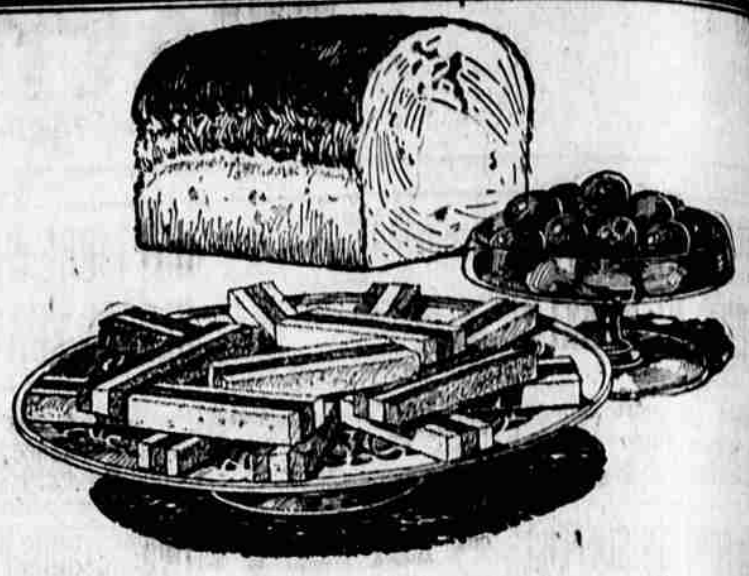

Bread Gives You Phosphorus

PHOSPHORUS! The human body demands its daily supply to hold a proper health balance. It may surprise you to know that a large loaf of good bread contains 32% of phosphates needed.

Good bread eaten with meat, fish or eggs will give you all the phosphorus needed to supply the body cells with this necessary nutrition. Good bread also contains iron, lime and other minerals essential to promote life processes.

Good bread is a compact assurance of good health. It must be properly made to be good, however, for all bread is not alike. BETSY ROSS Bread fulfills the mission of being not alone health-giving, but tasty, flavorful and delicious as well.

Try these delicious sandwiches for luncheon:

Ribbon Sandwich

Cut thin slices of brown or whole wheat bread and thin slices of Betsy Ross. Have two Betsy Ross slices and one brown slice, having the brown slice between the two Betsy Ross slices or vice versa. Butter each slice and put any desired filling between. Press the three slices firmly together and then cut down through the three slices into long narrow strips.

UNIVERSITY BAKERY
14th and Mill St. Eugene, Ore.

There's a Difference in Bread

Betsy Ross

What will your children eat during the hot vacation days

Too much meat in summer overheats the blood; too much starchy food often interferes with digestion.

Children must have plenty of energy-producing food, but it must be wisely chosen.

Grape-Nuts is a safe and satisfying summer food. It supplies the energizing nutriment of wheat and barley, together with the natural mineral elements which many foods lack.

Grape-Nuts with milk or cream is *a complete food*, crisp and delicious, easily digested and quickly assimilated.

Your grocer has interesting details of our offer of over $7500.00 for Grape-Nuts Recipes. Ask him about it TODAY; or write to Recipe Dept., Postum Cereal Co., Inc., Battle Creek, Mich.

Grape-Nuts FOR HEALTH

"There's a Reason"