

Eugene Guard

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The Guard serves the city of Eugene and Lane county, a territory as large as the state of New Jersey and one of the richest areas in the Northwest. The city had on Jan. 1, 1928, a population estimated at 25,000; the Eugene trading area (radius 70 miles) a population in excess of 50,000.

Second only to Portland is the Eugene market. Center of a rich agricultural area, a division terminal of the Southern Pacific railroad and the Northern Lines home of the University of Oregon. One of the lowest hydro-electric power rates in the United States is bringing Eugene forward rapidly as an industrial and commercial center.

UNTIMELY CONTROVERSY.

THE controversy between Mayor H. E. Wilder and certain members of the city council over the appointment of a milk inspector is such a typical political occurrence that we are inclined to dismiss it with a shrug as just another one of "those things." But it isn't a spectacle that is apt to breed confidence in the ability of the officials concerned to meet practical problems in a practical and broadminded way.

Next Friday is February 1 and on that date, unless there is a change in the situation, the so-called milk war between the producers and some of the distributors who serve this city will be actually under way. A milk war is usually accompanied by charges and counter-charges concerning quality of supply which are confusing to the public unless there is adequate inspection service to pass on the quality of supply.

The city has no business taking sides in such a business controversy, but it has unquestionably at all times the right to pass on the quality and safety of its entire milk supply. In fairness to the people on both sides in the so-called milk war it should be stated that they have all expressed the desire to see this appointment of a milk inspector settled without delay. In fact the desirability of milk inspection is the one thing on which for the present they seem to agree.

But with a critical period approaching, the council and the mayor find themselves unable to agree. There are two candidates for the position, Chester M. Lawrence and E. H. Christensen. Both have had training and experience in the work. Either, so far as can be seen, would make an acceptable inspector. Each has stubbornly loyal friends in the council who are sticking to the end. We don't believe there's any deep dark plan behind either candidacy. The deadlock grows out of the habit of fighting for political jobs this way.

It's just plain silly. Offhand we would say that Mr. Lawrence should be appointed because he's Mayor Wilder's pick, and the mayor being charged with most of the blame or glory of administration ought to be allowed to select his workmen unless there are overpowering reasons in the way. If the mayor is to be held for results, it's not only sound sense and fair play but smart politics to let him have his say. Confirming a milk inspector ought not to be a great rigamarole like picking an ambassador to the court of St. James. Two acceptable men are available. Either one will be infinitely better than none. This matter should be settled over the table between now and Friday.

TEACHER COURSES.

THE University of Oregon in proposing to offer four-year teacher training courses is not setting out to absorb the functions of the state normal schools, but offering to give a service which is much demanded and which cannot be given so efficiently or economically in any other way.

The normal schools offer an invaluable service to those who are going into teaching, and especially to those who must go directly from high school. But there are a great many teaching candidates who could and would incorporate with their normal training the cultural grounding which can best be obtained in the university, and there is no doubt that the country over there is a demand for teachers whose education has been amplified in this way.

The combination of training cannot be effected economically except by establishing these courses in the university. Professors might be exchanged and pupils might be trotted back and forth between institutions, but this always detracts from efficiency. The professional courses for teachers are as necessary to the university as professional courses in law or journalism or science. All great universities have them, but experience shows that they do not encroach on normal schools to any degree. On the contrary, super-normal schools, performing or duplicating services properly belonging in the university would accentuate the scattering of money and effort which has handicapped all higher education in this state heavily.

BENNETT HARBOR.

IT is good to read that Commander Byrd has named a harbor which he discovered in the Antarctic continent after Floyd Bennett, the man who flew with him to the North Pole.

But for the self-sacrifice and bravery that led him to try to fly to the relief of the Bremen flyers when he was in the first stages of pneumonia, Bennett would today be Byrd's right-hand man in the Antarctic. Serving his fellow men at no thought of the cost to himself, he lost his life and his place had to be filled by another. But Byrd, it seems, has not forgotten him.

Bennett's name will get the kind of immortality that explorers' names get—a space in the corner of a map. That, we believe, is as he would have had it.

WHAT OTHER NEWSPAPERS SAY

The Student Hospital
(Corvallis Gazette-Times)

Since the announcement in this paper that the university was asking \$500,000 for an infirmary to cost \$100,000, we have had a letter of inquiry from a woman who has a daughter at O. C. and she wants to know what the facilities are here for caring for the sick students. As the Chinaman would say, "All same Eugene." The students own a hospital. They never get high toned enough yet to call it an infirmary. It was an old church. It cost \$4500 for church and lot. It has been remodeled so that it contains 15 beds—two more than the university has, but, considering the difference in the school populations, O. C. has about the same number of beds per capita. It was bought and sold for with student money. That

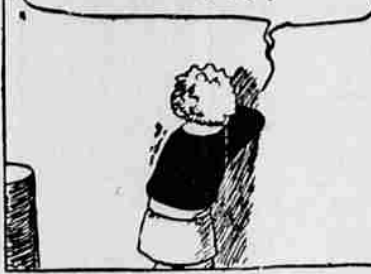
all the "infirmary" there is and its name is very descriptive of its condition. Since the fire became so popular, there have been 256 cases treated by the college health service and probably a couple hundred more treated by town physicians. There have also been 15 cases of smallpox, which, if the town had known about it, would have caused a panic. Don't worry now. It is all over. The "infirmary" is therefore used mostly as a post house and the ordinary sickness, such as flu, tonsillitis and housemaid's knee, is treated at the dormitory or society or other place where the general public that is expected to furnish a hospital for students. It hasn't been here, but maybe it ought to. The entire health service here is maintained by students who

LITTLE ORPHAN ANNIE

I CAN'T SLEEP—WHY GO TO BED? THE DOC SAID "DADDY" COULD ONLY LIVE AN HOUR—BUT HE'S STILL ALIVE—I CAN HEAR HIM FIGHTING FOR HIS BREATH CLEAR OUT HERE—AND THERE'S NOTHING I CAN DO TO HELP—NOTHING—



OH-OW-OW! WHY CAN'T I HELP? IF I WAS IN TH' JAM HE'S IN HE'D KNOW HOW TO HELP—BUT I CAN'T HELP—OH-OW-OW!



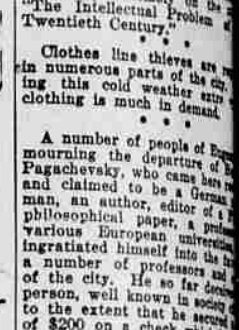
YOU POOR LITTLE THYKE—YOU MUST GO TO BED, ANNIE—YOU CAN'T HELP BY STAYING UP—



THERE, ANNIE—EVERYTHING'S GOING TO BE ALL RIGHT—



AW—BOO HOO—HOO!! NOTHING'S ALL RIGHT AND YOU KNOW IT—OH, WHAT'S TH' USE? BOO HOO—HOO!!



And hasn't cost the state a cent. At the university, the state pays part of the cost. Maybe some day the state will get out of debt and both schools can have a hospital. At Eugene they will give it a university degree and call it an infirmary. But we don't see any legislation pending that looks as though it were going to get the state out of debt. There is an income tax bill that would get \$1,500,000 out of people that aren't paying a cent of state taxes now, but it is in hostile hands and has about as much chance as a snowball.

A Metal Lady's Fall
(Herald Bulletin)

So many, many things have been written about the "lady of the fountain" and the wanton attack that so utterly ruined her, that it seems strange that any point of importance in the incident should have been overlooked. Nevertheless, such is the case. The "lady," as all the world doubtless knows by this time, was made of metal, later filled with concrete, and presided over the destinies of a fountain on the O. A. C. campus. She was stolen, painted, and in other ways outraged until at last the wanton blows of a sledgehammer ended her career.

The history of the bronze woman, told in a Corvallis dispatch, mentions the theft in the fall of 1921, and how the statue was eventually located. "It was returned to the campus as a dual track meet between University of Oregon and State college was in progress."

"It's appearance was credited with aiding in a decisive state victory that day. Now that is what we had reference to—the idea, apparently set forth in all seriousness, that the statue was a sort of guardian angel who watched over the welfare of college athletics. The intimation that the under-graduates of a state college held to such an idea is hardly flattering to the undergraduates. It would be our thought that the O. A. C. students credited their team and its coach with the victory. We would hardly believe that they adhered to a superstitious faith so at variance with the spirit of higher education as the spirit of the statue was."

If it just as well that the statue has been removed.

Tom Sims' Barbs

SENATOR GLASS says he never knew a speech to change a vote. Oftentimes, however, a vote will change a speech.

A convict wrote a book of poems while in Sing Sing. Probably had given up all hope of parole for good behavior.

Schools are offering correspondence courses in saxophone playing and now there is a reason for shooting the mailman.

President-elect Hoover's farm produces 600,000 pounds of grapes annually. But don't be alarmed—they're table grapes, not wine grapes.

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SIDE GLANCES

By George Clark



"First pretty day I'm going to run up and see a doctor about my cold."

HEALTH AND DIET ADVICE

By DR. FRANK MCCOY

Author of "The Fast Way to Health"

Questions in regard to Health and Diet Will Be Answered By Dr. McCoy Who Can Be Addressed in Care of This Paper

ENCLOSE STAMPED ADDRESSED ENVELOPE FOR REPLY

1926 McCoy Health Service, Los Angeles, Cal.

MEASLES

Although measles is principally a disease of childhood, adults are sometimes attacked. The exact cause of measles is unknown since, as with the common cold, no germ causing it has yet been discovered. It is, however, quite apparent that measles is associated with a definite form of toxemia. If properly cared for, measles leaves no bad after effects but if improperly treated, it may lead to some serious sequelae.

The first indications of measles are symptoms of a catarrhal nature, accompanied by sneezing and running of the nose, redness of the eyes and lids, congestion of the throat and tonsils, and finally a slight fever for the first few days, but about the fourth day the fever suddenly rises, reaching about 104 degrees. This extreme fever usually persists until the rash breaks out on the skin, and as soon as the body is entirely covered with the measles eruptions the fever begins to subside and the symptoms to abate. The rash appears first on the forehead and behind the ears but rapidly spreads over the entire body. It appears that much poisonous substance is discharged through the skin, producing the rash, and after this elimination has taken place, the symptoms subside and the red rash gradually becomes more pink and finally disappears.

In measles as in any other fever or eruptive disease, no so-called "nourishing" food of any kind should be given the patient. Plenty of drinking water should be used, and the juices of several oranges or grapefruit should be taken daily. The citrus fruit juice seems to have a stimulating effect in producing a quicker elimination through the skin and consequently recovery takes place more rapidly.

Many people make the mistake of feeding to the one who is sick with a fever such heavy foods as eggs, milk, meat, broths, etc., but this is a very serious mistake and usually leads to the grave complications.

During the acute crisis of an eruptive fever, the digestion of foods practically ceases and everything placed in the stomach at this time will very likely only ferment and putrefy, producing very serious toxins.

If parents only realized how many children have been killed from the mistaken idea that feeding them tasty foods during a fever is a kindness, there would be very few deaths from any of the children's diseases.

From the very beginning of this disease, the patient should be given tepid sponge baths at least every two hours during the day, and an enema morning and evening. As soon as the rash begins to disappear, the skin may be treated with applications of milk of magnesia after the sponge baths. This will counteract the acid irritations which are being thrown out through the skin and is very soothing to the patient. When the irritation has disappeared, these frequent baths may be discontinued. The intake of food should be kept at the minimum for a few weeks, and there will be less chance of developing the catarrhal troubles or tuberculosis which so frequently follow measles.

(Dr. McCoy will gladly answer personal questions on health and diet addressed to him, care of The Guard.)

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Kay's Coat & Dress Shop
829 William St.

What's the Use

By HAROLD GRAY



QUESTIONS AND ANSWERS

Low Weight and Unsound Sleep

Question: O. M. V. asks: "Will you please tell me how I can put on weight? I am a girl 20 years old and only weigh 87 pounds. The most I have ever weighed is 100 pounds. I am five feet, seven and a half inches tall. Also please tell me what would cause my sleep to be disturbed by dreams every night regardless of whether I eat or not before retiring, and why I am tired every morning even when I retire early."

Answer: There is no doubt but what your weight is too little for your height, but don't stuff yourself. Look for functional causes, such as the liver and gall bladder trouble. Any girl who is as thin as you are must have a tendency to extreme nervousness, and this is no doubt what keeps you awake at night. You need psychological, as well as physiological, treatment. Read every book you can get hold of on the subject of psychology, auto-suggestion, psycho-analysis, etc. In addition to this, go to a good practitioner of psycho-analysis. Have yourself analyzed, and change your habits of thinking from bad to good.

Lemons

Question: Mrs. H. P. asks: "Does abstaining from sugar and starch foods and the eating of lemons help a person troubled with hives and kidney complaints?"

Answer: It is always better for anyone suffering from kidney complaint to temporarily eliminate starches and sugars from the diet. A lemon or orange juice fast is often helpful in the cure of both hives and liver complaints, but it is not wise to use the lemons with other foods.

Pancakes and Fruit

Question: Capt. Cook asks: "Are flapjacks and pancakes made with baking powder or eggs, and eaten with fruit, a wholesome food?"

Answer: Make your pancakes of real whole wheat flour and you can then use such stewed fruits as prunes, raisins and figs.

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LETTER GOLF

ALL FINISHED

After all is said and done this puzzle appears easy, but before that it may look a little tricky. Par is four strokes. COW, HOW, HEW, HEN.

S	A	I	D
D	O	N	E

The Rules

- 1—The idea of Letter Golf is to change one word to another and do it in par, a given number of strokes. Thus, to change COW to HEN, in three strokes, COW, HOW, HEW, HEN.
- 2—You change only one letter at a time.
- 3—You must have a complete word of common usage, for each jump. Slang words and abbreviations don't count.
- 4—The order of letters cannot be changed.

This date in AMERICAN HISTORY

JANUARY 29

- 1621—Wife of Miles Standish died at Plymouth, Mass.
- 1795—Congress passed law abrogating titles of nobility.
- 1848—Birth of President McKinley.
- 1861—Henry Clay introduced into congress his compromise resolution on slavery.
- 1861—Kansas admitted as the 34th state.

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for Spring 1929

The word "Marathon" in your hat is more than just a trade-name. It is a Badge of Merit stamped on the sweatband because the hat measures up in every detail to our exacting standards of materials and workmanship. The label "Marathon" is your assurance that Style, Quality and Value are RIGHT.

"The Times"
(At right) A well-proportioned, raw-edge, snap-brim fedora of fine quality mellow felt, trimmed with full satin lining.
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"The Headliner"
(Above) A raw-edge, snap-brim fedora of correct dimensions for spring, and in the women's newest colorings.
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"The Forecast"
(At left) Fedora from good grade hatter from Luxembourg, with lined and finished wide dog-eared silk band and trimmings. Some Fed. Nickel Gray, Belgian and Thresh Red.
\$4.98

Let Us Be Your Hatter