

BIG FEATURE OF SPRING HAT IS ITS FIT

Americans Becoming Converted to French Idea of Having Every Hat Fitted to Head That is to Wear it, According to Fashion King



A smart crushed model in brown felt is shown at the upper left. The chic model at the upper right is made of black silk crepe and is trimmed with black glycerin ostrich pom-poms. The small hat below is a black and white creation, with a white ostrich feather trimming. The broad-brimmed hat is made in an apple green felt and trimmed with a darker green velvet.

BY HORTENSE SAUNDERS (NEA Service Writer)

NEW YORK, Feb. 7.—The important feature of the spring hat is not its size, shape, color, or material, but its fit, according to Henri Bendel, in whose fashion salon a most gorgeous display of new millinery greets the eye.

"The hat of today," he says "gets the close, careful fitting and all the adjustments and subtle twists that need to be lavished on the form-fitting bodice. The dress of today must be casual and straight, but the hat must fit."

"Americans are becoming converted to the French idea of having every hat fitted to the head that is to wear it, rather than buying a ready-made shape."

"Not only must the crown be perfectly fitted and follow the line that is most flattering to the features, but the brim must be rolled, dented or straightened to give the stamp of individuality that the French call 'l'estampé'."

Extravagant Trimmings "Once the hat is perfectly fitted, one may take what liberties she likes as to trimming, using little, much or none, according to preference. Right now Paris seems in a mood for extravagant trimmings—costly aigrettes, beaded pins and feathers, but these are being attached so as to detract from the lines."

"The smartest hats for the moment are small. I found in looking over the models, 'But as the season advances we expect the large hat to become more popular,' Mr. Bendel said. 'Brimms will probably become enormous, but all the art will be centered about the crown which will be as perfectly fitted as on the small models.'"

Trimmed With Flowers "These large hats will be trimmed with flowers in season. During the rose months, large roses will nestle on the brims, and as we work through the season of daisies, poppies, dahlias and on to chrysanthemums, these very blossoms will be copied exquisitely for hats—a rather charming touch of nature, I think."

A large model for Palm Beach wear that reflects the coming brims is of apple-green felt bound with green velvet and with a bow of green velvet draped carefully over the crown and pulled down under the brim."

The most striking and characteristically Parisian model in his collection is the one of black silk crepe with four large bunches of glycerine ostrich arranged spoke fashion in the back. This spoke the chic of the small hat and the elaborateness and luxury that only rich trimmings can give."

Imitations of Aigrettes "This season there are very clever imitations of aigrettes to be used in this country where aigrettes are taboo," Mr. Bendel says, "and there are novel ways of using them."

"That the crown need not always be

toast, lettuce sandwiches, raisin pie, milk, tea. Dinner—Smothered round steak, mashed potatoes, boiled parsnips, grapefruit and cabbage salad, whole wheat rolls, coconut cream pie, milk, coffee.

A little of the filling of the raisin pie but none of the pastry should be served to children under school age. If children of four years will eat such vegetables as parsnips and turnips they will find them an excellent food. The vegetable should of course be well cooked and simply served with butter and salt to be palatable.

Smothered Round Steak Two tablespoons finely chopped onion, 1 slice round steak cut 1 1/2 inches thick, 1 cup flour, 1 tablespoon salt, 1 1/2 cups cold water.

Coconut Cream Pie One cup grated coconut, 1-1/2 cup sugar, 1 egg, 1 cup flour, 1/2 cup milk, 1 tablespoon butter, 2 teaspoons baking powder, 1 teaspoon salt, 1/2 teaspoon vanilla, 2 tablespoons powdered sugar.

Cream butter and sugar. Beat yolk of egg until thick and lemon colored. Add to butter and sugar. Mix and sift flour, baking powder and salt. Add vanilla to milk and add alternately with dry ingredients to first mixture. Pour into an oiled and floured shallow pan and bake 20 minutes in a hot oven.

Put fat into hot frying pan and add onion thinly sliced. Cook over a low fire until onion is soft. Pound flour into steak with the blunt edge of butter knife. Sear meat quickly first on one side and then on the other. Add cold water, salt, and bring to the boiling point. Cover closely and simmer over a low fire for one hour.

BY HORTENSE SAUNDERS (NEA Service Writer) PARIS has banned the bob. The Congress of French Hairdressers, an impressive sounding organization to say the least, has decreed quite so earnestly against bobbed hair.

The "legislation" of this Paris congress also names the successors of the bob. Three new styles have been designed—the Directoire, the Louis mode and the Empress Eugenie style.

The Directoire style has the hair scowped as high on the head with drooping ringlets and curls tumbling over a hand stretched above the temples.

The Louis mode grants the freedom of the ears and allows some very feminine curls to drip off the nape of the neck.

By Cynthia Grey Is your home an internment camp? Or a base of supplies? Or is it really a home? These are not polite questions.

As a place to sleep and eat in, home still exists of course. And it's convenient as a base of supplies for such things as clean clothes, lipsticks, golf sticks, and pocket money from dad, even now.

As a social center, it's the young crowd's idea of zest in entertainment, these too peppy days.

I know the head of a family who bought the finest radio he could afford in an effort to keep Margery his self-willed young daughter, at home nights with her beau.

"But, dad," Margery cheerfully pointed out a week later, "all the best music comes in after midnight, anyway. So if I get home then I can still hear it and not miss my evening's fun."

Margery is 16 and a school girl. Ten or fifteen years ago a child of her age would have spent the evenings studying or playing checkers, or making fudge with her "boy friend" in the kitchen.

Today she snaps her fingers at all this and smartly remarks that "Three O'clock in the Morning" is her own national hymn!

The flipper and her boy friend are the problem of the hour. All the latest books, from "Flaming Youth" to "West of the Water Tower," have been written about them and their playing with fire.

The terrible things—the degrading things—that happen in them couldn't happen to young people who were taken care of at home instead of being left to themselves. But these things truly are happening every day. The novel has always been a mirror held to life.

BOB IS PLACED UNDER BAN IN PARIS

Three New Styles of Doing Hair Approved by Fashion as Worthy Successors to Sheared Effect So Popular in Recent Months



At the right is the radio wig. Left, above, is the Louis mode and, below it, a late French coiffure.

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By Gilda Gray EXERCISE rather than diet is my favorite means of keeping a waistline bunched and subdued, so in these articles I have constantly stressed physical effort rather than gastronomic repression.

However, reduction is much more easily and quickly accomplished if certain laws of diet are observed.

When I am working regularly, my weight takes care of itself and I go the limit on the menu card. When I'm taking it easy, I pay more attention to calories and fat-forming foods.

Eliminate Potatoes My first preventive measure against an increasing waistline is to cut out bread and potatoes at the same meal.

To fact, I eliminate white bread entirely, substituting bran muffins, whole wheat or graham bread.

I can give up potatoes with no pang, but I am not so heroic when it comes to sweets. I look with extreme longing upon a slab of chocolate layer cake or a wedge of coconut cream pie and I'm not averse to being found in the muffing company of a box of chocolates or a dish of ice cream with hot chocolate sauce.

But these pleasures are mine only when I am exercising strenuously. Other times, I cut them cold. This desire for sweets is very normal and very hard to overcome.

That is why I am so grateful to some kind friend for pointing out to me that honey is sweet without being fattening.

Uses Honey Now from preference I use honey for sweetening grapefruit, cereals, pancakes and practically anything for which I once used sugar or sirup.

When I want to, I go on a regular regime of sweet things, chocolates, pie, ice cream and all the verbiage, for a day, then follow by a couple of days of penance when I restrict myself pretty closely to roast beef and spinach or milk and peas and carrots.

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I find I get along much better by a series of indulgences and fastings than by trying to maintain a high level of abstinence.

To Reduce Quickly If you want to reduce quickly without too much suffering, I believe milk diet is the best yet. I eat several days on milk exclusively, but only bran muffins or a slice of toast what bread in the evening, and I lose of pep or spirits, but I feel when I work and I don't lose any more than can.

The only safe and sure way to reduce gradually is the starch and sweets you eat and have an amount of vegetables, preferably spinach, lettuce, celery, tomatoes, cabbage and all the leafy vegetables are excellent for the stomach and general health as well as for the figure. Instead of cooked flowers and rich pastries, substitute raw or cooked fruits, unsweetened, and custards or fruit jellies, or do without dessert at all. See if you can't learn to take your coffee and tea without sugar.

Down a Pound a Week This sort of dieting brings about a natural reduction in weight, about a pound a week, and that is all one should attempt. It does no good to go on a starvation diet and loose rapidly, because the chances are when your first burst of enthusiasm is over you will go back to your old habits and gain back in a couple of weeks what it took you a month to lose.

I have talked to many physicians and beauty doctors and they tell me there are grave pitfalls for the strenuous dieters. When you attempt to limit your diet to lamb chops and pineapple, just because some movie actress is alleged to have lost five pounds a week that way, you are courting disaster. You may be so physically constituted that such a diet is positively harmful to you, and by depriving your system of certain vital elements, you pave the way for some disease of malnutrition.

So let me urge every woman to consult a doctor before making any violent changes in her manner of eating, except for such simple eliminations as I have outlined. Good health is better than a good figure, but you can have both if you are willing to pay the price.

The Japanese government has granted a subsidy of 180,000 yen to the Japanese Radio Broadcasting company, for the next fiscal year.

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BEAUTY AND ECONOMY MOVE TOGETHER IN STYLES OF 1925

Spring Collection of Separate Blouses Offers Variety in Costuming At Comparatively Low Cost

BY HORTENSE SAUNDERS (Copyright, 1925, NEA Service, Inc.) NEW YORK, Feb. 7.—Beauty and economy so rarely travel together in the fashion pageant that one grows tired of looking for the combination, but you'll find it in the 1925 fashions.

Nothing more attractive is to be found in Henri Bendel's spring collection than the separate blouses, by means of which women can have great variety in costuming at practically small expense.

The overblouse is the modern version of the old shirtwaist. This versatile style pointed out. "Years ago the shirtwaist came in vogue with the colored suit and was probably the most generally unbecoming and unattractive garment ever invented for women."

"It made the broad woman look wider by cutting her off at the waistline. It gave a hard and unlovely line where it joined the skirt, as well as a bulky one where the skirt was sewn the portion that had to be exposed."

"It allowed for no freedom of action without disturbing the general effect. But in a way it was practical and its vogue was increased by men's outdoor activities."

Shirtwaist Retired "A few years ago, the one-piece blouse was restored to favor, and the shirtwaist went into retirement, to return seasons later as the overblouse. And the overblouse had many of the bad features of the shirtwaist and retain the practical advantages."

"True, by exploiting the overblouse the fashions were more than ever before, but it is reaching new heights of extravagance."

choline model with the black satin Windsor tie. "The vest effects cut in Y-shape in front and the new sleeves are worthy of particular attention," Bendel pointed out. "The smart sleeve is as loose as a sock, always caught back in some manner—in this case with the black satin binding the loose ends which may be tied the tightness desired by the wearer."

The very short sleeve is popular too as is shown in the photograph of the soft white satin model trimmed with bands of white georgette crepe set in with a row of double-headed, being trimmings a certain lace effect.

Strictly tailored but very feminine is the other style of white satin with black buttons and a vest set in with a row of hemstitching. It is corded at the bottom and the sleeves are made snug about the wrist by black buttons.

"The particular advantage of the

modern overblouse," Bendel explained, "is that it can be adapted to all types of figures. A tall woman is quite often much more graceful in a longer type of blouse that conforms to her own lines. The short woman will find the shorter models more kind to her figure."

"If desirable the blouse may be belted, and the belt may be placed high or low, according to the figure of the wearer. The short woman will keep her costume all in one color, but the tall and slender woman may contrive as many contrasts of color of material as she likes."

"While white, with touches of black, prevails as the most popular combination for these blouses, they have infinite possibilities in plain printed and plaid and striped fabrics."

"To the woman who dresses on a limited income, but who wishes to be unimpaired as to effect, I advise her to make the overblouse the pillar of her wardrobe."

Family Menus

BREAKFAST—Orange juice, cereal, this cream, bacon, fried bread, sirup, milk, coffee.

Luncheon—Creamed salmon on

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