

DRINK HOT WATER AND RID JOINTS OF RHEUMATIC RUST

Why rheumatism and lumbago sufferers should drink phosphated hot water each morning before breakfast



Just as coal, when it burns, leaves behind a certain amount of incalculable material in the form of ashes, so the food and drink taken day after day leaves in the alimentary canal a certain amount of indigestible material, which if not completely eliminated each day, becomes food for the millions of bacteria which infest the bowels. From this mass of left-over waste material, toxins and ptomaine-like poisons, called uric acid, is formed and then sucked into the blood, where it continues to circulate, collecting grain by grain in the joints of the body, much like rust collects on the hinge, as shown above.

the stomach, liver, kidneys and bowels the previous day's accumulation of toxins and poisons; thus, cleansing, sweetening, and freshening the entire alimentary canal, each morning, before putting more food into the stomach.

A quarter pound of limestone phosphate costs very little at the drug store, but is sufficient to make any rheumatic or lumbago sufferer an enthusiast on the morning inside bath.

Millions of people keep their joints free from these rheumatic acids by practicing this daily internal sanitation. A glass of hot water with a teaspoonful of limestone phosphate, drunk before breakfast, is wonderfully invigorating; besides, it is an excellent health measure, because it cleanses the alimentary organs of all the waste, gases and sour fermentations, making one look and feel clean, sweet and fresh all day.

Those who try this for one week may find themselves free from sick headaches, constipation, bilious attacks, alkalinity, nasty breath and stomach acidity.—Adv.

BRITISH AIRPLANES CONTINUE TO BOMB ENEMY REAR AREAS

Seven English Craft Reported Lost in Battle Growing Out of Raiding Operations; Huns Lose Sixteen.

London, Aug. 1.—Destruction of seven British airplanes in bitter fighting while on bombing expeditions was reported today by the British air ministry, which stated that only one German machine was shot down in these combats. Sixteen other German planes, however, were destroyed, one of them by infantry fire.

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"The Naulahka"

Rudyard Kipling wrote the story.

Antonio Moreno enacts as star.

The photoplay version of Kipling's beautiful story of the far East and West forms an artistic vehicle for Antonio Moreno, the star, that will hold you in it's mystic spell, from fade-in to fade-out.

MACK SWAIN in "Ambrose's Cup of Woe"

Today's the Last **The O.r.e.g.o.n**

Coming Tomorrow—Bryant Washburn in "TWENTY-ONE."

"THE HEART BOWED DOWN" IS GERMAN TUNE NOW-A-DAYS

German Morale, High at Opening of Present Offensive, Now Ebbing, and Troops Long for Immediate Peace.

By WILLIAM PHILIP SIMMS (United Press Staff Correspondent)
With the British Armies in the Field, Aug. 1.—"The heart bowed down," is the German tune now-a-days.

German officers and men taken prisoner near Merris, Moriancourt and east of Amiens are extremely depressed as a result of the crown prince's failure and General Foch's staggering reply to Ludendorff.

After the first few weeks of the German offensive I declared the German morale to be high—higher than at any time. They strutted then inside the prison cages as if they already owned the world. They replied even to kindly treatment with contemptuous and condescending smiles. They sneered at American fighters and jeered at American help.

Today I believe it is equally true that the German soldier after is more deeply depressed than at any period. Prisoners admit supplies are low and that ammunition is not plentiful. They say it is very difficult to obtain recruits to fill the ranks of worn down divisions. Food, they report, is getting scarcer. Instead of a smashing victory they now long for immediate peace. Events are going against them, while the allies are growing stronger with each week.

Slowly the truth seems to be seeping into the German lines. They are beginning to hear that the Americans not only are well represented on the west front, but are also beating the best Prussian troops. They have heard that the crown prince is retiring instead of advancing, and that Prince Rupprecht's offensive against the British was postponed because of this and other factors.

From the statements of prisoners, some of them obviously feared that the British would assume the offensive. In short, they are very unhappy. I have seldom seen the front so quiet as it has been here save for British shelling and the spasmodic bursts of German shells, the front resembles a Sunday afternoon in a country churchyard.

GUARDS WATCH ALL PRISONERS CLOSELY

Three More Convicts Make Escape from Salem Penitentiary Wednesday Night.

Salem, Or., Aug. 1.—Guards of the state prison looked with distrust on the remaining convicts today and mildly wondered whether they would try to maintain the average of three escapes daily.

Two desperados escaped Monday, four more escaped Tuesday and three escaped last night. Four of them were recaptured.

Although escapes have been frequent enough to lose their news value, this is the first time the convicts attempted to establish a daily average.

The three who escaped last night walked away while employed outside the prison walls.

Bennett Thompson, twice a murderer, and Fred Thurber, serving 23 years for robbery, who were the first to escape, are still at large, probably in Washington county.

King George Welcomes Americans at English Port

London, Aug. 1.—Fresh American contingents, landing at several British ports, were handed the following message from King George today:

"The people of the British Isles welcome you on your way to take your stand beside the armies of many nations fighting the great battle for human freedom. The allies gain new heart and spirit through your company. I wish I could shake the hand of every one of you and bid you goodspeed."

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THEATRES

AT THE PLAYHOUSES TODAY

REX
Vivian Martin in "Vivette" and "Fatty and Mable Adrift"

OREGON
Antonio Moreno in "Naulahka" and "Ambrose's Cup of Woe"

EUGENE Dark

The admirers of dainty Vivian Martin, who have not forgotten her excellent portrayal of the role of Betsy Burke, the sheriff's daughter in "Unclaimed Goods," shown here several weeks ago, turned out in great force when her newest starring vehicle, "Vivette," a picturization of the novel of the same name by William J. Locke, was presented at the Rex theatre yesterday. The beauty and winsomeness of the star, the interest of the story, the charm of the photography, all combined to make this photoplay one of the most delightful seen in this city in many months, and its attractiveness to the audience was demonstrated emphatically long before the final scene had faded out.

Undoubtedly "Vivette" is the best picture story Miss Martin has had for some time and the sprightly little star makes the most of her opportunities in the part of the frivolous, irresponsible little English girl, who wakes up to a sense of her responsibilities in time to make amends.

It is a delightfully human story that Locke has given us in "Vivette" and the producers have succeeded admirably in preserving the delicacy and humanness of it. It is the story of two brothers of strongly contrasting types and how the whimsical, flirtatious "Vivette" comes into their lives and almost, but not quite causes a tragedy.

Antonio Moreno, who with Donaldina heads the cast of stars in the six-part pastie play, "The Naulahka," which was adapted from the famous book by Rudyard Kipling, speaks enthusiastically of the enjoyment he derived from working in the play and his admiration for the finished picture.

"As a production," says Mr. Moreno, "The Naulahka" is the finest picture I ever appeared in. I have never seen so much care used to make a picture artistically perfect. In order to get the proper locations our company worked in five separate states.

"The Naulahka" will be at the Oregon Theatre for the last time this afternoon and evening.

FRANCIS X. BUSHMAN AND CO-STAR MARRY

Wedding of Star and Beverly Bayne Brings Sharp Remark from Former Wife.

Baltimore, Md., Aug. 1.—Francis X. Bushman, movie star, and his co-star Beverly Bayne, were married at New York Monday. Bushman smilingly admitted here today. The marriage quickly followed granting of a divorce to the first Mrs. Bushman at Towson, Md., last Friday. Bushman quietly discussed the marriage to Miss Bayne and regretted publicity in the matter, he said, until a statement made by his former wife was read to him:

"They might have waited until the ink was dry on the divorce papers," said the first Mrs. Bushman.

"I should have obtained a divorce three years ago," was Bushman's reply to this.

GERMANY CALLING ALL AVAILABLE MEN

Every Man Fit for Military Service Being Drafted, Including Krupp Workers.

The Hague, Aug. 1.—Germany is calling up every man that can be spared, according to information obtained from that country through various sources. Of two hundred thousand employees at Krupp between 30,000 and 40,000 are said to have been called to the colors.

German press comment on the west front defeat continues to be dictated by officialdom.

Foch's "break through" theory has not yet been realized," the Tageblatt says. "One is justified in speaking of German success."

Haig Reports Raiding Operations Successful

London, Aug. 1.—Successful raiding operations and artillery activity were reported by Field Marshal Haig today. "We carried out a successful raid last night in the neighborhood of Lens," the statement said.

"Hostile artillery has been active in the Villers-Bretonneux sector, in the neighborhood of Bucquoy and about Meris and Metern."

TELEGRAPHERS FIRST TO LODGE COMPLAINT

Protest of Atlanta Operators Against Lock-Out Is Lewis' Initial Worry.

Los Angeles, Aug. 1.—Telegraph instruments were silent in the offices of the Postal Telegraph company here at the hour when government control went into effect, while all operators and employees stood for a minute at salute, facing the east.

Washington, Aug. 1.—The first day of governmental control of telegraph and telephone wires brought one violent protest to Wire Director David Lewis, when telegraphers of the Western Union in Atlanta, Ga., complained against discharges of operators there. The Western Union, it was declared, announced its attitude toward union men was unchanged and continued to discharge men.

Unrest was reported among telegraphers in some sections. Postmaster-General Burleson issued a statement urging co-operation between employees and employers.

The course of the government in situations similar to the one which has arisen at Atlanta will be determined by official inquiry.

Atlanta, Ga., Aug. 1.—Although government control of the telegraph systems is in effect, officials of the Western Union today continued to discharge members of the telegraphers' union.

Western Union officials stated that their policy with reference to the union is unchanged, union leaders declare.

Union officials have appealed in a telegram to David J. Lewis, in charge of wire control at Washington, for the immediate reinstatement of all locked-out union telegraphers. Approximately 140 men and women are locked out in Atlanta by the Western Union, union leaders claimed.

A walk-out in the Atlanta office of the Western Union is threatened.

SPRINGFIELD NEWS

Goes to Portland.

Mrs. Henry Adrian, matron of the Springfield hospital, left here Tuesday morning for Portland where she will join her husband, Henry Adrian, who is stationed there.

Returns from Seattle.

Mr. and Mrs. Charles Stitts, of this city returned from a three weeks' visit to Seattle and surrounding country. They motored up.

To Leave for Astoria.

Mrs. Huff and little son of Eugene, who have been visiting here at the home of Mrs. A. D. Moe, for the past week will leave in a few days for Astoria where she will join her husband who is employed there.

Goes to Mill City.

Verne Vaughn left here Tuesday morning for Mill City where he will be employed. He had been here for a few days from Mabel where he had been working.

Here From Florence.

Mr. and Mrs. William Saffley, spent Tuesday in town with friends. They formerly ran a meat market at this place and Mr. Saffley is now owner of a meat market at Florence.

Goes to San Francisco.

C. A. Airhart left here Tuesday for San Francisco, where he will take the officers' training course at the Presidio. Mr. Airhart was sent from the Roseburg high school.

SPRINGFIELD PERSONALS

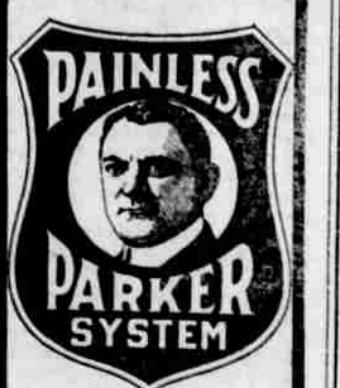
Mrs. N. C. Conrad has returned from several weeks' visiting her son, Sam Conrad at Gardiner. She was accompanied by her grandson, Henry Conrad.

Harold Peery and mother, Mrs. M. M. Peery and daughter, Edessa, are spending a few days at the springs.

C. E. Mead and son, Roy, of Walterville, spent Tuesday in town.

Bill Scott left here Tuesday morning.

SERVICEABLE DENTISTRY



Nineteen Painless Parker offices in the United States repair the teeth of over 100,000 people annually.

Eugene Office
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Willamette Street.

Vivian Martin in "Vivette"



Think BEFORE you wink, girls. She thought it would be fun to be engaged to two—BEFORE they found it out—then—

Last Time TODAY The R-E-X

FATTY Arbuckle and Mable Normand in "FATTY AND MABLE ADRIFT"

Friday and Saturday DOROTHY DALTON in "THE KAISER'S SHADOW"

for Portland where he will look for a location. Mrs. Sam Richmond is reported as being quite ill at her home on Springfield Heights.

O. W. Johnson returned Wednesday from Portland where he has been visiting.

AMERICANS MAKE NEW ADVANCE

(Continued from page one)

America is able to throw a serious weight into the battle, but with American assistance, movements which have completely upset Hindenburg's plans for a drive on Paris are being carried out solely with troops already in the line.

Enemy Using Reserves.

In the meantime, Hindenburg is being forced to throw German reserve divisions into the line to check the Franco-American push. It is estimated that at least nine divisions (108,000 men) have been withdrawn from other parts of the front and thrown in between Soissons and Rheims.

Standing before a great map, General DeGoutte described the apparent German plan of the last Marne attack, which was to widen the front south of the river, thus preparing a wider avenue for the advance upon Paris. French and Americans prevented a serious advance beyond the Marne, then completely scrambled Hindenburg's plans by counter attacking between Soissons and Chateau-Thierry. German resistance has stiffened north of the Ourcq and bitter fighting is under way on the plateau in that region. In Meunere wood (south-east of Clerges) the boches held strong positions which were difficult to take by direct attack. The effort since crossing the Ourcq has been to squeeze them out of there by flanking movements.

The Franco-American troops have advanced 30 kilometers (18 3/4 miles) since the start of the counter offensive.

Comparative Quiet Reported.

London, Aug. 1.—Comparative quiet throughout the battle zone was reported in the night official statements of both the French and the German war offices.

"On the whole front the day was marked by artillery actions," the Paris communique said.

"Quiet reigned throughout the day along the battle front," Berlin announced.



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