

### Hot Water Each Morning Puts Roses in Your Cheeks



To look one's best and feel one's best is to enjoy an inside bath each morning to flush from the system the previous day's waste, sour fermentations and poisonous toxins before it is absorbed into the blood. Just as coal, when it burns, leaves behind a certain amount of incombustible material in the form of ashes, so the food and drink taken each day leave in the alimentary organs a certain amount of indigestible material, which, if not eliminated, forms toxins and poisons which are then sucked into the blood through the very ducts which are intended to suck in only nourishment to sustain the body.

If you want to see the glow of healthy bloom in your cheeks, to see your skin get clearer and clearer, you are told to drink every morning upon arising, a glass of hot water, with a teaspoonful of limestone phosphate in it, which is a harmless means of washing the waste material and toxins from the stomach, liver, kidneys and bowels, thus cleansing, sweetening and purifying the entire

alimentary tract, before putting more food into the stomach.

Girls and women with sallow skins, liver spots, pimples or pallid complexion, also those who wake up with a coated tongue, bad taste, nasty breath, others who are bothered with headaches, bilious spells, acid stomach or constipation, should begin this phosphated hot water drinking and are assured of very pronounced results in one or two weeks.

A quarter pound of limestone phosphate costs very little at the drug store, but is sufficient to demonstrate that just as soap and hot water cleanses, purifies and freshens the skin on the outside, so hot water and limestone phosphate act on the inside organs. We must always consider that internal sanitation is vastly more important than outside cleanliness, because the skin pores do not absorb impurities into the blood, while the bowel pores do.

Women who desire to enhance the beauty of their complexion should just try this for a week and notice results.—Adv.

### GRANGE WANTS OTHER INDUSTRIES CURBED

#### Irving Body Asks Government to Set Prices All Along the Line.

Irving, Or., Feb. 21.—Irving Grange met in regular session Friday night, Feb. 15, and had a fair attendance and a very good social hour. The ordinary business was transacted and a "Hoover" lunch served.

During the lecturer's hour a short program was given which was greatly enjoyed by all.

The following resolutions were then passed:

"Whereas, Irving Grange yields to no order or association in its loyalty and hearty support of the government in its efforts to regulate and stabilize the various industries necessary for the successful prosecution of the war, and

"Whereas, True democracy as we understand it is clearly defined in the promise of 'equal rights to all and special privileges to none.' Therefore be it

"Resolved, By Irving Grange No. 377, voting as a unit, that we urgently request the government to not stop at the regulation of the farmers products, but to go on down the line, laying its strong arm upon the manufacturer, and all other forms of production that are vitally necessary to the people as a whole.

"Believing that this is a true essence of loyalty and democracy, we urgently pray for relief from the extortion as now practiced. And be it further

"Resolved, That this resolution be spread upon the records of the Grange and a copy sent to each of the Eugene daily papers for publication."

### Two Governments Ask Plans of McAlister Bridge

Two governments, that of the United States and the Canadian government at Ottawa, have asked for blue-prints and descriptions of the light portable war-bridge designed by Prof. E. H. McAlister, head of the department of mechanics and astronomy at the University of Oregon. The information asked for will be sent forward at once, according to Lieutenant Colonel John Leader, commandant of the University battalion, who received the letters this morning.

Colonel Leader expressed his delight with the interest shown by the two governments in the bridge design, to which he called their attention only a few days ago. The University commandant recommends the bridge highly. "This bridge," he said when his attention was first called to it, "would fill a long-felt want on the western front."

The bridge consists of a 50-foot span and two 22-foot approaches, making the total length 94 feet. The weight is 12,000 pounds, including the flooring but excluding the planks of the approaches.

The first of these bridges will be thrown across the mill race by the Saturday class in military engineering. It is a combination of cantilever and suspension types, and at its weakest point will sustain a concentrated strain of 8,000 pounds or a concentrated strain of 20,000. It is four tons lighter than the best war engineers of the armies on the western front have been able to produce, according to Colonel Leader.

### SIMPSON ENTERS RACE FOR GOVERNOR

#### Well Known Coos Bay Business Man Announces Candidacy for Republican Nomination.

Marshfield, Or., Feb. 21.—L. J. Simpson today announced himself as a candidate for the republican gubernatorial nomination and tonight opens a whirl-



L. J. Simpson.

wind campaign that will keep him busy every day and night until the primaries.

Simpson is a prominent Coos Bay business man. This section has been urging him for several months to become a candidate, but heretofore he has refused to announce his intentions. Since the outbreak of the war, Simpson has taken an active part in conducting all patriotic drives in Oregon.

### FIRING SQUAD URGED FOR STEEL SWINDLER

Salem, Or., Feb. 20.—The firing squad should get those responsible for defective steel being used in battleships while people putting poison in candy should be shot down, declares Governor Withycombe today in a statement urging increased enrollment in the public service reserve.

"Any man guilty of responsibility for defective steel in ships, endangers thousands of young American sailors and should face the firing squad," said the governor. "Any person putting poison or ground glass in candy sent the army or navy should be shot down like a dog."

Withycombe urged no let up of ship building in Oregon in case labor disputes arise, suggesting submitting grievances to mediation without halting work.

### Francis Is Prepared

(Continued from page one)

the whole front have ordered demobilization halted and wired the soldiers in Petrograd:

"Do your duty; defend the revolution."

By an overwhelming majority, the Bolshevik and revolutionary socialists of the left in the central executive committee voted to defend Petrograd at all costs. A mobilization of all workers is being considered.

The Germans have occupied Hapsal, a seaport on the Gulf of Finland, 58 miles southwest of Revel, and arrested all the officials and members of the Soviet.

From Dvinsk (125 miles east of Riga) the enemy is advancing toward Pskoff (an important railroad center about 100 miles northeast of Dvinsk and 175 miles southwest of Petrograd).

The Austro-Germans are concentrating along the southwestern front while forces of the Ukraine Rada are concentrating at Brest-Litovsk under German generals.

A report was received from Kieff today that the Rada had proclaimed acceptance of the Austro-German protectorate.

### Bits of Glass Are Found Mixed in Peanut Butter

Brownsville, Or., Feb. 21.—A shipment of peanut butter to a local firm is on the way to the jobber in Portland today for analysis, following discovery of bits of glass in several cartons. It is believed the glass is an extraneous substance accidentally in the peanut butter as the particles were too large to have passed through machinery and too large to do any injury.

### RANCHER HELD FOR MURDER

Canyon City, Or., Feb. 21.—Fritz Rader, son of a wealthy rancher of the Long Creek district, is in jail today charged with murder as a result of the killing of E. McCue after a quarrel regarding ranch matters. McCue was feeding stock at the time, and his body was pierced by three bullets.

### WAGE INCREASE FOR WOMEN IS FAVORED

Portland, Or., Feb. 21.—Women workers should receive a 20 per cent wage increase, in view of increased living costs, is the recommendation of the Industrial Welfare commission's special committee today, following an investigation into

### WAGE CONDITIONS AMONG WOMEN WORKERS

The committee held that the cost of living has increased 40 per cent and that the increase of 20 per cent in wages will equalize the sacrifice to be made in this time of stress. Hearings have been in progress several weeks and scores of workers, employers and economists have testified.

### Former Eugenian Dies in Portland

Mrs. David Thompsen Was Resident of City for 30 Years; Daughter Lives Here.

Mrs. David Thompsen, for 30 years a resident of Eugene, died in Portland at two o'clock Wednesday afternoon, according to a telegram received by her daughter, Mrs. M. S. Wallis, of 947 Olive street.

Mrs. Thompsen came to Eugene from Salem and resided with her husband on a ranch and on Ninth avenue east, between Hilyard and Patterson streets. Here her husband died four years ago, and she went to Portland to make her home with another daughter, Miss Ella Thompsen, a teacher there. Death occurred suddenly at the home of this daughter, and was probably due to acute indigestion, Mrs. Wallis said, although the message did not state. Mrs. Thompsen was 79 years old.

The remains will be brought to Eugene for interment and Branstetter and McLaughlin will have charge of the services. Announcements will be made as soon as a son in eastern Oregon is heard from.

Besides Mrs. Wallis and Miss Ella Thompsen, Mrs. Thompsen is survived by two sons, Ora and Grant, who are farming in eastern Oregon; and two other daughters, Mrs. Marie Pasley and Mrs. J. E. Easton, both of Portland.

### RUSSIA IS DISTRUSTED

Amsterdam, Feb. 21.—Germany will recognize Russia's alleged "willingness to sign the German peace terms, only when a written agreement, with the signatures of Premier Lenin and Foreign Minister Trotsky attached, is delivered into their hands," according to both German military and civil officials.

General Hoffman's assertion that the agreement must be delivered in Dvinsk at once was backed by Foreign Minister Kuehlmann in the reichstag yesterday.

According to despatches received here today, Kuehlmann warned the reichstag that peace with Russia would be considered only after the actual signatures were on paper.

### GERMANS WARN RUSS

London, Feb. 21.—German detachments, 20 miles east of Vitebsk, distributed proclamations declaring resistance to Germany was futile and that German forces are preparing to occupy Petrograd, according to an agency despatch from the Russian capital today.

### NO PEACE WITH RUSSIA

The Hague, Feb. 21.—Despatches from German sources received here today declared Germany will make no peace with Russia until the latter guarantees the independence of the Russian Poles.

The despatch said Germany desires guarantees of Russian debts to the central powers and that the citizens of Germany are willing to represent neutral countries in regard to their claims of debt.

### HER HUSBAND "GERMAN"

Chicago, Feb. 21.—Mrs. Anglene Danner, today was a divorcee after she told Judge Brothers "you can bet your bottom dollar my husband is a German." She said he used the German manner of submission—"Just heaved plans stools, shoes and little things like that at me."

### SAVE YOUR HAIR! A SMALL BOTTLE STOPS DANDRUFF

Every bit of dandruff disappears and hair stops coming out.

Try this! Your hair appears glossy, abundant, wavy and beautiful.

Thin, brittle, colorless and scraggy hair is mute evidence of a neglected scalp; of dandruff—that awful scurf.

There is nothing so destructive to the hair as dandruff. It robs the hair of its lustre, its strength and its very life; eventually producing a feverishness and itching of the scalp, which if not remedied causes the hair roots to shrink, loosen and die—then the hair falls out fast. A little Danderine tonight—now—any time—will surely save your hair.

Get a small bottle of Knowlton's Danderine from any drug store or toilet counter for a few cents, and after the first application your hair will take on that life, lustre and luxuriance which is so beautiful. It will become wavy and fluffy and have the appearance of abundance, an incomparable gloss and softness; but what will please you most will be after just a few weeks' use, when you will actually see a lot of fine, downy hair—new hair—growing all over the scalp.

Danderine is to the hair what fresh showers of rain and sunshine are to vegetation. It goes right to the roots, invigorates and strengthens them. Its exhilarating and life-producing properties cause the hair to grow long, strong and beautiful.—Adv.

### OREGON INDUSTRIAL WELFARE COMMISSION'S SPECIAL COMMITTEE SUBMITS REPORT

Portland, Or., Feb. 21.—Women workers should receive a 20 per cent wage increase, in view of increased living costs, is the recommendation of the Industrial Welfare commission's special committee today, following an investigation into



### In Keeping with the Big Thought of the Day

The daily press reflects a sentiment throughout the nation which clearly indicates a new condition.

Men are wanted everywhere. The work of this war is being carried on largely by those who never before have been in public office or in public work. Men who have been too busy, too engrossed with their own tasks, are leaving their work to others and giving their time and ability to the cause which is ours, yours, everybody's.

It is a time when politics in the ordinary sense must not be considered. It calls for all the ability that can be mustered.

Oregon to be a successful part in this unit plan for the defense of Democracy, must likewise place the thought of the times before everything.

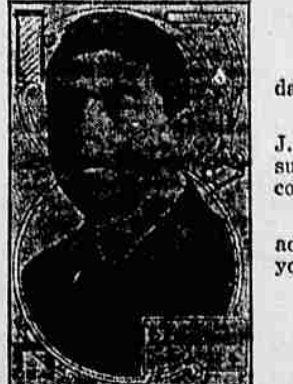
In another part of this paper appears the announcement of L. J. Simpson as a candidate for the nomination for Governor on the Republican ticket. Mr. Simpson was urged to become a candidate by his many friends in every part of the state, because of his business record, his understanding and knowledge of Oregon's resources, industries and needs; because of his public-spiritedness, which of recent years has led him to tasks which have been more important to him than his own affairs.

L. J. Simpson is clearly the man who can give Oregon the administration necessary to this plan of National Efficiency.

His campaign will be directed straight to you as voters, as individuals who do your own thinking.

We are firmly convinced that you will not allow politics to influence your decision, and that you will vote for the man who is best fit to help the people of Oregon, develop the state's vast resources, and to prepare for, and participate in, the great reconstruction that is to follow.

We believe you will weigh issues more closely than ever before, and that L. J. Simpson will be your choice.



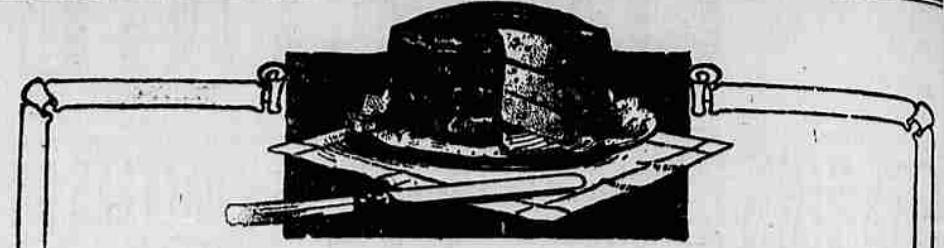
### What You Can Do

First—Talk over this candidacy with your friends.

Second—If you believe that L. J. Simpson is worthy of your support write a letter to his committee.

Suggest how his cause may be advanced. We, in turn, will tell you how you can help.

Paid Advertisement  
Issued by  
"Simpson for Governor" League  
Pittcock Block, Portland



### 2 Discoveries 1 in cake 1 in economy

We had a friend who was very sure that without expensive butter you could not make a real cake. She was quite stubborn about it. Preferring not to argue, we just gave her a can of wholesome Cottolene and a cook book.

This friend, Miss S—, took both and made a chocolate cake with Cottolene.

If you could have heard her enthuse over that cake you would have thought that economical Cottolene for cake-making was her partic-

ular private discovery.

Perhaps you are like our friend, Miss S—, used to be. Maybe you would like to "discover" the delicious economy of Cottolene for your cakes. Why don't you try wholesome Cottolene and the very same recipe she used? Here it is:

- 1/2 cup Cottolene
- 2 cups sugar
- 3 eggs
- 3 cups flour
- 1 cup milk
- 3 level teaspoons baking powder
- 1/2 teaspoon salt
- Flavoring.

Process: Cream Cottolene, add one

cup sugar gradually, stirring constantly. Beat yolks thick and light, add remaining cup sugar gradually, continue beating. Combine mixtures, mix and sift flour, baking powder and salt. Add to first mixture alternately with milk. Add flavoring and fold in the whites of eggs beaten stiff and dry. Bake 15 minutes in a moderate oven.

(But if you prefer one of your own recipes, be sure to use one-third less of Cottolene than you would of butter. Cottolene goes farther—thanks to its greater richness.)

### Cottolene

"The Natural Shortening"

Yes! Economical Cottolene is also superior for all frying and for all shortening

At grocers in this convenient size

### FORMER EUGENIAN DIES IN PORTLAND

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### Banks and Postoffice Will Observe Washington's Day

All three banks of the city will be closed on Friday, February 22, in honor of the birthday of George Washington.

The Eugene postoffice will observe the day as follows: There will be one parcel post delivery in the business section in the morning; all the regular carriers will take the entire day off, so there will be no letter delivery; the money order and postal savings windows will be closed all day; the registry, C. O. D., stamps and general delivery windows will close at 10 a. m.; regular Sunday collections will be made from the street boxes; there will be no rural carrier service.

### CONGRESSMAN'S SON MUST RESPOND FOR ARMY SERVICE

Madison, Wis., Feb. 21.—Notice was mailed today by the Madison exemption board to Byron C. Nelson, son of Congressman John M. Nelson, announcing him subject to call. Nelson is in the draft, class one, his claims for exemption on grounds of a dependent bride and agricultural occupation having been disallowed. His alleged attempts to evade the draft brought a speech from Congressman Nelson in the house, defending his son.

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