

The New Mother



Heartfelt sympathy of all mankind goes out to her who is to become a mother. For over three generations, thousands of women have found through experience, that the absolutely safe, tried and reliable massage known to all as "Mother's Friend" is the greatest aid procurable from the many distresses of childbirth. By its daily application the expanding muscles relax easily when baby is born. The skin is made elastic and the fine network of nerves, tendons and ligaments are soothed. The breasts, too, are kept in good condition. Write the Bradford Regulator Co., Dept. J, 200 Lamar Building, Atlanta, Ga. They will send you without charge a very interesting book, "Motherhood and the Baby." Get a bottle of "Mother's Friend" from the drugist today. It is of the utmost importance that you aid nature in her work. "Mother's Friend" makes it possible for you yourself to give a helping hand. The preparation is without question a true and marvelous aid and is composed of such penetrating oils and other ingredients as to make it really indispensable to expectant mothers.

SEARCH LIGHT FOR FORD CARS.

Ford owners, you can now have a world of light on your cars at less than 10 miles an hour on high gear, from searchlight strength to faintest glimmer. One of the greatest inventions of the 20th century.

Don't fail to see this wonderful device, demonstrated, sold and installed by

J. W. HOWARD.
Office with the
Eugene Motor Company,
9th and Olive Sts.

Try The Guard Want Ad Way

SAY TIGHT BELTS ARE CAUSE APPENDICITIS

New York Physicians Urge Return to Suspenders as Matter of Health Protection.

New York, Jan. 4.—After examining more than 100,000 drafted men, local physicians have come to the conclusion that a certain famous Rochester surgeon was right when he condemned the modern practice of wearing belts. The chief of one of the examining boards today summarized the opinions arrived at by himself and his fellow physicians.

"Until we were forced to examine hundreds of thousands of men," he said, "I never took the question seriously of whether it was better to wear belt or suspenders. Now I know that this is a very vital question, and that the innocent belt is responsible for many of the abdominal troubles so prevalent in this country.

Appendicitis is New Disease. "Start at the beginning. Fifteen years ago you hardly ever heard of appendicitis. Fifteen years ago nearly 90 per cent of American men wore suspenders, thus leaving their abdomens free and uncontracted. Then came the fad of wearing belts and appendicitis operations became more common. Before the advent of the belt you seldom heard of stomach troubles, and when they did happen they were usually the result of over-indulgence. Nowadays more men are wearing belts than wear suspenders and it is almost the exception to find a man who has no trouble with his abdominal regions.

"There is no excuse for using a belt

to keep the trousers up and constrict the stomach. It is almost disloyal to wear belts since clothing conservation as demanded by the government, calls for the elimination of cuffs about the ankles. Smart men all know that the best way to make cuffless trousers look right is to hold them up with suspenders. They avoid the 'suspenders look' by wearing the under-the-shirt invisible kind which work in secret, as it were. Then everyone knows that shoulders were given men to carry weight from. There are more than 20,000,000 soldiers in the field who carry practically all their equipment on various kinds of suspenders, even their cartridge belts being suspended from their shoulders.

Men Should Wear Suspenders. "American men should drop the belt. Suspenders will mean increased efficiency, better health and longer lives, and I expect to see them increase in use. They were good enough for our fathers and now we know the 'old gentlemen' weren't so foolish as we thought."

Proof that this physician's statements ring true are afforded by the increased number of New Yorkers who are forsaking belts and going in for better digestions and fewer surgical operations.

GOVERNMENT WILL GOVERN FEED PRICES

Food Administration to Guarantee Fair Treatment of Both Producer and Consumer

Portland, Ore., Dec. 31.—Under the new food administration regulations governing the price of mill feeds, substantial encouragement is offered to the farmer and the stock raiser, and the administration now hopes for their full co-operation in a capacity production during the coming year of hogs, cattle, sheep and poultry.

The above is the statement of Assistant Federal Food Administrator W. K. Newell, who points out that the way is raised to plan for the greatest possible output of food animals.

"There is every assurance of a steady and profitable market," said Mr. Newell, "with as ample a supply of feed as can be had by milling all the wheat possible in the northwest. The raising of food animals, particularly hogs, beef and dairy cattle, is not only the patriotic duty of every citizen so situated that he can do so, but it will be a splendid business investment as well. For several years to come, because of world conditions, the market for food animals will inevitably be strong and steady, and now that the output of grain feeds at the mill has come under government control through the new licensing system, with a fixed price basis, the cost of production will no longer be prohibitively high or too uncertain for a safe investment. Let every farmer and stock raiser in Oregon make his plans now for the fullest possible production of all food animals, particularly hogs, which are most needed and which will prove the most profitable to the producer.

"Under the new regulations the miller must not charge the dealer more than 38 per cent of the cost of a ton of wheat at the mill door for bran. All feed dealers must now operate under a federal license and must not charge more than a reasonable profit for the handling of any mill feeds. Any cases of over-charge by dealers should be promptly reported to the federal food administration office at Portland for investigation."

The new prices of mill feeds from miller to dealer, will be \$29 or \$30 per ton for bran, \$2 higher for shorts, and \$9 higher for middlings in carload lots, with a differential of not more than 50 cents for less than carload lots. This is a substantial reduction as against the prices charged for mill feeds heretofore. With this cut in the cost of feeding stock and the assurance of permanent government control of the mill feed output, risk is reduced to the minimum for the stock raiser, who is now urged to do his utmost to help the food administration meet the tremendous demands of our own armies and that of the peoples and armies of our associates in this war.

PAIN GONE! RUB SORE, RHEUMATIC ACHING JOINTS

Rub pain away with a small trail bottle of old, penetrating "St. Jacob's Oil."

Stop "dosing" rheumatism. It's pain only; not one case in fifty requires internal treatment. Rub soothing, penetrating "St. Jacob's Oil" right on the "tender spot," and by the time you say Jack Robinson—out comes the rheumatic pain and distress. "St. Jacob's Oil" is a harmless rheumatism liniment which never disappoints and doesn't burn the skin. It takes pain, soreness and stiffness from aching joints, muscles and bones; stops sciatica, lumbago, backache and neuralgia.

Lubner up! Get a small trail bottle of old-time, honest "St. Jacob's Oil" from any drug store, and in a moment you'll be free from pains, aches and stiffness. Don't suffer! Rub rheumatism away.—Adv.

WANTED—YOUNG MAN to learn the manufacturing optical business, 15 to 18 of age. Apply to Dr. Moore, Phone 362.



Evangelist George L. Rose, who will hold Revival meetings at First Christian Church.

QUICK MATURING ARE PROFITABLE CATTLE

Animals Ready for the Block at Early Age Are Always Most Profitable.

With the growing demand for meat and the growing scarcity of feeder cattle the baby-beef industry is increasing in importance and is receiving the attention of farmers in all livestock sections of the country. Stock raisers are finding it profitable to grade up their herds, from which they produce their calves. These are grown to rapid maturity and marketed at an early age, usually between one and two years. There are a number of advantages in favor of finishing cattle at this age rather than waiting an additional year or two before they are placed on the market.

Young cattle make better gains than older cattle on the same quantity of feed. Yearlings can make 25 to 40 per cent more gain than mature cattle on the same feed. The quantity of feed necessary to make 100 pounds of gain increases with the age of the animal. The herd of cattle on hand at any one time is smaller, since the breeder selling cattle as yearlings no longer has steers two or three years old on his farm. The surplus feed and pasture which becomes available when the cattle are sold before two years of age may be used for maintaining a larger breeding herd, and this provides for the production of a larger number of calves. By feeding calves as baby beef, the money invested can be turned over in 18 months or less.

Heifers when finished as baby beef at 900 to 950 pounds sell as well as steers. As a general rule it is better to dispose of them at such weights, although frequently well-finished heifers weighing up to 1050 pounds are not discriminated against. When they are over two years of age, however, they seldom sell as well as steers, because heifers and cows carry a great deal of bunched internal fat, which makes them less desirable on the market.

Well-finished heifers when fattened for market under two years of age offer greater choice in the matter of selecting the date of marketing. The yearling of high quality can be fed either a somewhat shorter or longer time than first planned without any material change in "bloom" or finish. This is a decided advantage if the market is unsteady or weak. However, if market demand is steady, as is usually the case with this type of beef, the good feeder will endeavor to market his animals when their bloom or finish is at its best.

More German Power Is Still Dream of Nation's War Lords

Washington, Jan. 5.—"The conscience of German power shall alone be our Lord and master," says the Deutsche Zeitung of Berlin, commenting on the speech of Prince Max, of Baden, where he used the term "world conscience."

"Away with 'world conscience,' enough of the world fraternity," said the paper, according to state department messages today. "The conscience of German power—more German power—that is the legacy which our dead heroes have left us. See the letters of blood-red fire; may the curse which arises from their graves fall upon those who trifle with that inheritance."

The Deutsche Zeitung is a Pan-German paper.

Downey to Box Joe Egan at "Bargain Counter Prices"

Milwaukee, Wis., Jan. 5.—Bryan Downey and Joe Egan will box here Wednesday night at bargain counter prices. Tom Jones, former manager of Jess Willard, objected to the prices and said he wouldn't let Downey fight. The state boxing commission informed Jones that if that was the case the promoters would have to confiscate his forfeit money.

Germans Seek

(Continued from page one)

but despatches received by way of Amsterdam report a strong demand in Germany for immediate summoning of this body. There is considerable doubt, in the view here, that the government would care to risk sessions of that legislature just now with the certain consequence of an open debate on the government's course in the Russian negotiations.

TURKS OUTLINE TERMS.

Petrograd, Jan. 5.—Turkey is willing to grant Russia free passage through the Dardanelles during the remainder of the war, but holds all her frontiers should be restored to their status of before the war, according to the text of the Ottoman peace terms, as announced today from Brest-Litovsk.

THE TURKISH DELEGATES OUTLINED THEIR TERMS AS FOLLOWS:

- "First—Turkish frontiers to be the same as before the war.
- "Second—Agreement by a convention as to future sea trade.
- "Third—Individual war losses to be refunded.
- "Fourth—Territorial safety and development of Persia to be guaranteed on the basis of entire independence.
- "Fifth—Free passage for Russia through the Dardanelles and the Bosphorus during the war.
- "Sixth—Limited mobilization for national defense."

PUT CHECK ON TEUTONS

Petrograd, Jan. 5.—Formal orders against any members of the Russian constituent assembly communicating with Austro-German delegations were issued today. It was said several such attempts had been discovered by the government. The Bolshevik news agency hinted that Professor Paul N. Milukoff and former Minister of Interior Tseretelli were seeking to restore Bourgeois power in Russia.

TEUTONS ARE DISAPPOINTED.

Zurich, Jan. 5.—Central powers' delegates, returning to Brest-Litovsk under the impression that there would be immediate resumption of peace negotiations with Russia, arrived to find not a single Russian delegate there, according to Vienna despatches today. Instead, the delegation received telegrams asking for transfer of all future negotiations to Stockholm.

ZURICH REPORT CONFIRMED

Washington, Jan. 5.—State department messages today carrying Swedish press comment on the Brest-Litovsk peace parlous confirmed United Press despatches from Zurich that the Germans returned to Brest-Litovsk to resume negotiations with the Russians, only to find no Slav delegates there.

GERMANS MAKE THREAT.

Amsterdam, Jan. 5.—Russia must take the consequences on herself if she breaks off peace negotiations, was the veiled threat of German military blows contained in a semi-official despatch received from Berlin today. The message emphasized that a rupture of the Brest-Litovsk conferences would not change the military or political situation.

RUSS PLAN IS SUPPORTED.

Amsterdam, Jan. 5.—Vorwaerts, Germany's socialist organ, is firmly supporting the Russian peace demands of withdrawal of German armies from all sections of Russia, which they now hold, according to despatches received here today.

"The Russians are right," an editorial from the newspaper asserted today. "It is of great consideration that we conclude a peace with Russia free from dishonesty and possibilities of misunderstanding."

German newspapers received here today all warn against acquiescence by the German government in the Russian proposals for conference of socialists at Stockholm, alleging such a conference would be directly under British influence.

EUGENE CREAMERY MAKES BEST BUTTER

C. W. Sly, Butter Maker for Farmers, Wins High Score at Corvallis.

C. W. Sly, butter maker for the Eugene Farmers' creamery, won the highest score at the State Butter and Cheese Makers' association at the convention held at Corvallis Thursday and Friday of this week.

The prize, a valuable silver cup, will be placed on exhibition at the Bank of Commerce by Mr. Sly.

This is not only a high proof of Mr. Sly's skill as a butter maker, but evidences an efficient plant and careful handling of the product of their cows by the farmers of the organization, as without the best of milk and modern creamery equipment it is impossible for a butter maker, no matter how skillful, to make a high scoring product.

His New Year's Resolution Clears Troubled Conscience

Portland, Ore., Jan. 5.—The new year's resolution of Mike Millich, although it landed him in a California jail, today cleared his conscience of a terrible weight. Officials investigating the confession Millich made at Jackson, Cal., that he murdered Pete Nitrochich at Gresham, Ore., after a quarrel, this morning sent word to Jackson to release the man as his supposed victim recovered and no complaint was ever made against him.

Millich surrendered New Year's, saying he was wanted in Oregon and that his crime bothered him. He stated that he fled after firing at Nitrochich, believing him dead.

Acting Mayor of Frisco Is Given Football Trophy

San Francisco, Cal., Jan. 5.—The football which the United States Marines kicked to victory over Camp Lewis at Pasadena last Tuesday was presented to acting Mayor Ralph McLean for the city today as a souvenir, when the Marines returned from their victorious southern trip. The football had been presented to the team two weeks ago by Mayor Rolph.

GROCER COMMITS SUICIDE.

San Francisco, Jan. 5.—F. W. Graham, Seattle manager for a San Francisco wholesale grocery house, was dead, a suicide, here today. Late yesterday he wrote letters to friends and his relatives saying his fight against ill health had been a losing battle and he intended to end his life. He then went to his hotel room and shot himself.

HAD THE GRIP THREE WEEKS.

With January comes lagrippe. Lingering colds seem to settle in the system, causing one to ache all over, feel feverish and chilly, tired, heavy and drooping. Mrs. Lizzie Tyles, Henderson, Ky., writes: "My daughter had lagrippe for three weeks. I had the doctor and bought medicine and none of it did any good. I gave her Foley's Honey and Tar and now she is all right. I have told all my friends about it." Insist on the genuine Foley's Honey and Tar. Sold everywhere.

Try a Eugene Special for a good cigar.

SCHAUER WINS BOUT.

Des Moines, Ia., Jan. 5.—Johnny Schauer, St. Paul, was too fast for Jimmy Minor, of Memphis, and won in 12 rounds.

"CASCARETS" FOR HEADACHE, COLDS, LIVER, BOWELS

Enjoy life! Don't stay bilious, sick, headachy and constipated.

Get rid of bad breath, sour stomach, coated tongue, indigestion.

Get a 10-cent box now. They're fine! Cascarets live your liver, clean your thirty feet of bowels and sweeten your stomach. You eat or two, like candy, before going to bed and in the morning your head is clear, tongue is clean, stomach sweet, breath right and cold gone. Get a box from your druggist and enjoy the pleasant, gentlest liver and bowel cleansing ever experienced. Cascarets stop all headache, biliousness, indigestion, bad breath and constipation. Mothers should give a whole Cascaret to cross, bilious, sick, feverish children any time. They are harmless and never gripe or sicken.—Adv.

Violin Students

Become an Orchestra Player—

By proving to the public that you are a master of your instrument.

Our record proves that we can help you obtain your desires in the shortest possible time.

Pacific Conservatory & NORMAL COLLEGE OF MUSIC

SPOT CASH

GREEN, the auctioneer, pays the highest SPOT CASH price for HOUSEHOLD FURNITURE. Office Phone 33. Res. Phone 358-R. Located at Southeast cor. of Park Square.

The Radiant Charm of Youth

IS FOUND IN

"The Square Deceiver"

A Metro Wonderplay of Unusual Fascination, Starring Everybody's Favorite



HAROLD LOCKWOOD in "THE SQUARE DECEIVER"

Eugene Theatre

FRIDAY and SATURDAY

JAN. 4th and 5th.

SEATS 25c.

2 Shows 1:30—2 Shows 7:15

Harold Lockwood

ADDED ATTRACTION

Our Boys in France

Under the Stars and Stripes, at work and at play. Photographed by the Cinematographic Div. of the French army.

EUGENE THEATRE

MORRISON & LANGE, Managers

WEEKLY PROGRAM

Remember the Time, the Place, the Price

FRIDAY, JANUARY 4.
"UNDER THE STARS AND STRIPES IN FRANCE"
And Harold Lockwood in "THE SQUARE DECEIVER"
Admission 25c.
1:30 and 3 p. m. 7:15 and 9 p. m.

MONDAY, JANUARY 7.
Taylor Holmes in "TWO-BIT SEATS"
Admission 11c and 17c.
1:30 and 3:00. 7:15 and 9:00.

WEDNESDAY, JANUARY 9.
Ethel Clayton in "STOLEN PARADISE"
Admission 11c and 17c.
1:30 and 3:00. 7:15 and 9:00.

SATURDAY, JANUARY 5.
"UNDER THE STARS AND STRIPES IN FRANCE"
And Harold Lockwood in "THE SQUARE DECEIVER"
Admission 25c.
1:30 and 3 p. m. 7:15 and 9 p. m.

TUESDAY, JANUARY 8.
Taylor Holmes in "TWO-BIT SEATS"
Admission 11c and 17c.
1:30 and 3:00. 7:15 and 9:00.

THURSDAY, JANUARY 10.
Ethel Clayton in "STOLEN PARADISE"
Admission 11c and 17c.
1:30 and 3:00. 7:15 and 9:00.

AUCTION

HAVING SOLD MY FARM, I WILL SELL AT PUBLIC AUCTION, AT MY PLACE ONE MILE EAST OF CRESWELL, ON THE CLOVERDALE ROAD, — ON —

Tuesday, January 8

Commencing at 10 a. m. sharp, Rain or Shine

The following described personal property

- | | |
|--|---|
| 2 Head of Horses.
One black mare, six year old, weight 1600.
One bay horse, wt. 1400. | 1 Corrugated land roller, most new.
1 14-in. stirring plow, most new.
1 7 h. p. gasoline engine.
1 5-tooth cultivator.
1 arrow tooth cultivator.
1 Good spring wagon.
1 Good surry; 1 Buggy.
1 Double set work harness.
1 Double set buggy harness.
2 Sets single harness.
1 Ball bearing grindstone.
4 Rolls 39-in. American woven wire.
1 U. S. cream separator, 600 lb.
Other articles too numerous to mention. |
| 4 Head of Cattle.
3 milk cows and 1 calf.
32 Head Cotswold Sheep | |
| Machinery.
1 Myers power spray pump, new.
1 3 1/4 wagon, almost new
1 Milwaukee mower and hay rake.
1 Orchard disc, almost new.
1 Two-section harrow.
1 Riding cultivator, most new. | |

TERMS OF SALE:—Six months time will be given on sums over \$10.00, purchaser giving bankable note with approved security at 8 per cent interest. \$10.00 and under, CASH.

J. F. HOLBROOK, Owner.
C. H. Mathews, Auct. Bank of Commerce, Clerk.