



Do You Feel This Way?

Do you feel all tired out? Do you sometimes think you just can't work away at your profession or trade any longer? Do you have a poor appetite, and lay awake at nights unable to sleep? Are your nerves all gone, and your stomach too? Has ambition to forge ahead in the world left you? If so, you might as well put a stop to your misery. You can do it if you will. Dr. Pierce's Golden Medical Discovery will make you a different individual. It will set your lazy liver to work. It will set things right in your stomach, and your appetite will come back. It will purify your blood. If there is any tendency in your family toward consumption, it will keep that dread destroyer away. Even after consumption has almost gained a foothold in the form of a lingering cough, bronchitis, or bleeding at the lungs, it will bring about a cure in 98 per cent. of all cases. It is a remedy prepared by Dr. R. V. Pierce, of Buffalo, N. Y., whose advice is given free to all who wish to write him. His great success has come from his wide experience and varied practice. Don't be wheedled by a puny-grabbling dealer into taking inferior substitutes for Dr. Pierce's medicines, recommended to be "just as good." Dr. Pierce's medicines are of known composition. Their every ingredient printed on their wrappers. Made from roots without alcohol. Contain no habit-forming drugs. World's Dispensary Medical Association, Buffalo, N. Y.

The "Don't Need to" Theory

In a recent debate at Reno Mr. James Jeffries failed to convince Mr. John Johnson.

Some seven or eight years ago Mr. Jeffries was the leading man in his line of work. Business was good and his profits were big.

Having all the money he could handle at the time, he concluded to take a rest.

To be sure, he planned to get into the field again at the proper time.

But everything was rosy and there really seemed no good and sufficient reason why he should spend so many hours a day keeping his muscles lithe and strong and his wind good and his heart and nerves in trim.

Eventually the meeting with Mr. Johnson was arranged. Mr. Jeffries was still tolerably content with what he had done.

Brother, a has-done is about as bad as a has-been.

Mr. Jeffries did not care to stand up in the training ring and punch and take punches. He did not see any necessity of practicing side-steps and feints and rushes.

He knew all about them. Why, seven years ago he had done all of that he ever needed to do.

Mr. Johnson did not overlook the boxing and wrestling and the clinching and the side-stepping, etc.

As a result Mr. Jeffries received Mr. Johnson's compliments on the point of the jaw and his business career closed.

Advertising a business is the training of that business. Advertising keeps a business healthy.

It tones up its liver, strengthens its biceps, steadies its heart and keeps its nerves in order.

Once in a while a man decides that he is doing so much business that he can stop advertising for a while and run on momentum.

Momentum is the gradual process toward a full stop. The momentum business is usually prematurely full-stopped by the straight left jab of the well-trained competitor who finds his opening in the fifteenth round.

If you want to stay in business stay in the advertising field.

You might as well cut off your legs because you are running well in a footrace as to cut off your advertising because your business is too good.

You might as well tell the insurance man that you are so healthy you will drop the policy for a few years as to stop advertising because the orders are piling up.

"Don't need to" is the eventual preliminary to "Can't do it."

The only policy holder who doesn't need to pay his premiums is dead.

Mr. Jeffries don't need to train any more. He is licked.

EUGENE DAILY GUARD

THE UPPER WILLAMETTE VALLEY'S GREATEST NEWSPAPER

First National Bank

SYSTEM AN ESSENTIAL FEATURE

System is necessary in the successful conduct of business. It is best established by having an account with the First National Bank and paying all bills by check. Your account and banking business invited.

UNITED STATES DEPOSITORY. ESTABLISHED 1891
CAPITAL \$100,000
SURPLUS AND PROFITS \$125,000
LARGEST BANK IN LAKE COUNTY

18TH NATIONAL IRRIGATION CONGRESS

Meets at Pueblo, Colorado, on
September 26 to
30

Pueblo, Colo., July 23.—Started up partly by the activity of a New England young man who went West some years ago and learned the work of development under irrigation and drainage, and of the value of some of the crops raised on reclaimed lands of the West, certain forces in New England are thinking of applying these same methods to their states.

More than that, these men are thinking of coming West next fall and seeing for themselves, at the Eighteenth National Irrigation congress, September 26-30, some of the agencies, home-making, soil-conservation, and the various other works and teachings of the congress.

One young man who has seen all this and is preaching it in New England is Jesse H. Buffum, formerly of Winchester, New Hampshire, where his father, a member of the legislature, lives. Mr. Buffum's home is in Garden City, Kansas, in the famous Arkansas valley, and he is an expert on beets and beet sugar. He has lived in the valley in the West where there are seven beet sugar mills, and where there are annually raised 75,000 acres of beets, worth, at a conservative estimate, 3 and one-half million dollars. He has been an attaché of the American Beet Sugar Gazette, and spent last winter in the Hawaiian Islands and in Southern California writing up the beet and sugar industry for that great publication.

From word received at congress headquarters, it seems that Mr. Buffum has been asked by some influential men of New Hampshire and of other New England states to take charge of some beet-growing campaigns in a small way, for the purpose of educating the farmers to the beet possibilities, particularly for stock-feeding.

Coupled with this, Mr. Buffum hopes to make an effort toward development of small irrigation and storage systems, to do away with the fearful waste of mountain waters and valley streams in these New England states.

Mr. Buffum has talked this doctrine so faithfully and appears to have received so much encouragement, that it is understood a party of influential New Englanders is already planning to come to Pueblo next fall and see the workings of the Eighteenth National Irrigation congress and what the tenets of this great organization, put to practical work in the West, have done, and how the same methods may be applied in the New England states.

There is generally small representation from several of the New England states at these annual sessions of the National Irrigation congress, and considerable interest has been heretofore taken.

Real Estate Transfers

M. J. Edmanson to William Willis W. one-half of N E one-fourth and S E one-fourth of N E one-fourth and N E one-fourth of S E one-fourth of sec. 25-17-3 E 160 acres; \$1.00.

Portland Pacific Investment Co. to Samuel K. Lewis et ux tract in sec. 27-29-3 W; \$10.00.

E. J. Sherwood to Samuel K. Lewis et ux tract in sec. 27-29-3 W; \$50.

H. O. Anderson et ux to Ambros L. Woodard D L C 50 in sec. 16, 17-21-3 W, 160 acres; \$10.00.

J. M. Koskey to Otto W. Smith and John T. Dillon one-third int. in SE one-fourth of NE one-fourth of sec. 24-21-3 W, also S 73 acres in same tp.; \$400.00.

WOOD FOR SALE.

All kinds of oak and fir wood at reasonable prices. See WEBSTER KINCAID, 81 East Ninth St. Phone: Office Main 678. Residence Main 674.

Poison Oak Poisoning

Ballard's Snow Liniment cures it. Mr. O. H. P. Cornelius, Turner, Ore., writes—My wife has discovered that Snow Liniment cures "Poison Oak Poisoning," a very painful trouble. She not only cured a case of it on herself, but on two of her friends who were poisoned by this same ivy. Price 25c, 50c and \$1.00. Sold by Dillon Drug Co.

A Pain Remedy

Both internal and external is needed daily by almost every family. Keep a bottle of Dr. Bell's Anti-Pain. Good for all kinds of neural troubles. Externally for cuts, burns, sprains and all pains. Strongly antiseptic. Sold by Dillon Drug Co.

Building operations in the city of Coquille for the past twelve months have far exceeded those of any period of the same duration since the town was rebuilt after the big fire of 1892, says the Sentinel.

Joseph Bennerstedt sneezed himself to death in a restaurant in New York. After shaking pepper into his soup, he was seized with a fit of sneezing and ruptured a blood vessel. He was 51 years old.

THE DRAMA

(By William S. Jewell)
New York, July 23.—Now that the sensation which the Johnson-Jeffries pictures created is subsiding, theaterdom has another thriller. This is afforded by a few stage beauties who have started the fad of sleeping on the roofs of the houses in which they play earlier in the evening.

For the preservation of physical beauty and mental poise when the mercury is cavitating round the top of the thermometer tube, there is nothing more efficacious than sleeping in the open air. So says Marion Baxter, one of the members of the "none of them twenty, none of them married" chorus of Frederic Thompson's "Girllies," playing at the New Amsterdam theater.

Miss Baxter and the Misses Jesse Piper, May Doherty and Josephine Arnold are making the aerial gardens on the New Amsterdam roof their sleeping quarters.

"Girllies" is scheduled for all summer at the New Amsterdam theater. Those in the name parts are handsomely costumed and the offering is airy enough to make an acceptable hot weather entertainment. Joseph Cawthorn and Maude Raymond are the principals.

In "The Summer Widowers" at the Broadway are seen scenes, twenty musical numbers and a remarkable cast of fun makers and singers. Lew Fields heads the cast and is most ably assisted by Irene Franklin.

Ziegfeld's revue, the "The Follies of 1910," continues to attract record crowds to the Jardin de Paris atop the New York theater. Mindell Kingston, of vaudeville fame, made her debut in the piece recently. Bert Williams, the colored comedian, introduces a new song weekly. Louise Alexander and Julian Mitchell in the vampire dance seldom fail to please.

The great Behman show is the title of the burlesque organization which has begun a four weeks' engagement at the Columbia theater. A two-act extravaganza called "Palm Beach" is presented. The company includes Eileen Sheridan, Lillian Herndon, Lon Hasall, Will J. Kennedy, Louis Thell, Joseph Bahrtion, and a large chorus and dancing ballet. In the vaudeville bill are George Armstrong, Eileen Sheridan, the Seven Belfords and other specialists.

Louis Mann is appearing in the farce comedy, "The Cheater," at the Lyric theater. It is a free adaptation by Mr. Mann from a German original entitled "Der Poppelmannsch." Mr. Mann's role is that of Gorfried Plittersdorf, a state senator. He is a particularly ardent enemy of all night saloons and the basis of the fun is in fact that he inherits one of the establishments of this order, which has seemed to him most obnoxious.

Edith Helena, the coloratura soprano, who since her last appearance here with the Italian Grand Opera company has completed a brilliant concert tour of the Pacific coast, will be one of the principal soloists at the Plaza theater concerts given by the Aborn English Grand Opera company.

"Seven Days" entered upon its thirty-seventh week at the Astor theater, providing two hours and fifty minutes of the jolliest sort of fun for those who would forget the hot weather discomforts. "Seven Days" will remain all summer.

Corse Payson produces Tolstoy's "Kreutzer Sonata" at the Academy of Music. This is the play of Russian life in which Bertha Kalich made her first appeal to Broadway. Mrs. Fiske also played it with great success. On Friday afternoons tea is served on the stage by the members of the company to all of the audience who can be squeezed back of the scenes.

Work 24 Hours a Day
The busiest little things ever made are Dr. King's New Life Pills. Every pill is a sugar-coated globe of health, that changes weakness into strength, languor into energy, brain-fog into mental power; curing constipation, headache, chills, dyspepsia and malaria. 25c at W. A. Kuykendall's.

Eugene Messenger Co.—Tele-
phone Main 881.

All kinds of messenger work done at reasonable rates at any hour of the day or night. A trial is all we ask. Office room 1, Aloha Theatre bldg.

A Frightful Wreck
of train, automobile or buggy, may cause cuts, bruises, abrasions, sprains or wounds that demand Bucklen's Arnica Salve, earth's greatest healer. Quick relief and prompt cure results.

For burns, boils, sores of all kinds, eczema, chapped hands and lips, sore eyes or corns, it's supreme. Surest cure. 25c at W. A. Kuykendall's.

Piles Cured in 2 to 14 Days.
Pazo Ointment is guaranteed to cure any case of Itching, Blind, Bleeding or Protruding Piles in 2 to 14 days or money refunded. 50c. m

WOOD SAWING.
Gasoline power, by W. W. Moore. Phone Black 431. Orders large or small will be appreciated.

BLOOD DISORDERS, rheumatism, torpid liver, permanently cured free. Consult one who suffered years. Write C. A. Marshall, 711 University street, Seattle, Wash.

Dr. Geo. Wall's office is at 56 West Eighth street, over the Pacific States Telephone Company's office. Calls attended day and night. Day and night phone, Main 166. Surgery and X-Rays.

No person with feet too cover can afford to stay away from our great June shoe sale. Dodge Department store, Eighth and Olive streets, 11

Loss of Appetite

Is loss of vitality, vigor or tone, and is often a forerunner of prostrating disease.

It is serious and especially so people that must keep up and doing or get behindhand.

The best medicine to take for it is the great constitutional remedy

Hood's Sarsaparilla

Which purifies and enriches the blood and builds up the whole system.

Get it today in usual liquid form or chocolate tablets called Sarsatabs.

TO AILING WOMEN.

A Little Sound Advice Will Help Many a Sufferer in Eugene.

No woman can be healthy and well if the kidneys are sick. Poisons that pass off in the secretions when the kidneys are well are retained in the body when the kidneys are sick. Kidneys and bladder become inflamed and swollen and worse troubles quickly follow. This is often the true cause of bearing down pains, lameness, backache, sideache, etc. Uric poisoning also causes headaches, dizzy spells, languor, nervousness and rheumatic pain.

When suffering so, try Doan's Kidney Pills, a remedy that cures sick kidneys. You will get better as the kidneys get better, and health will return when the kidneys are well. Let a Eugene woman tell you about Doan's Kidney Pills.

Mrs. J. B. Moon, 112 Lawrence street, Eugene, Oregon, says: "I am only too glad to recommend Doan's Kidney Pills. Kidney trouble caused me a great deal of suffering and I was unable to find relief until I used Doan's Kidney Pills. This preparation strengthened my back and kidneys and lived up to representations in every way."

For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, New York, sole agents for the United States.

Remember the name—Doan's—and take no other.

ANNUAL SHOE SALE

Crowds are visiting our busy shoe department, where the great annual shoe sale is in progress. Last year this sale created a great stir among the shrewd money-saving buyers. This year we feel warranted in expecting even a larger crowd of buyers, as the values are greater and the assortment more extensive. More people bought shoes of us this year than last, and we hope to see a still larger increase the coming year. But come to our annual mammoth shoe sale—that's the burden of our song today.

DODGE DEPARTMENT STORE,
Eighth and Olive Sts.

Those Pies of Boyhood

How delicious were the pies of boyhood. No pies now ever taste so good; what's changed? The pies? No, it's you. You've lost the strong healthy stomach, the vigorous liver the active kidneys, the regular bowels of boyhood. Your digestion is poor and you blame the food. What's needed? A complete toning up of all organs of digestion by Electric Bitters—stomach, liver, kidneys, bowels—try them. They'll restore your boyhood appetite and appreciation of food and fairly saturate your body with new health, strength and vigor. 50c at W. A. Kuykendall's.

NEWMAN'S MARKET

Fresh salmon, whole fish, 10c lb; sliced, 12 1-2c.
Halibut, 12 1-2c, or 19 by the fish.
Fries, 30c, 40c, 50c, 55c, 60c.
Hens, 19c, dressed; fresh ranch.
Eggs, watermelons on ice. The place to trade.

NEWMAN MARKET,
Sixth and Olive, 123
Phone Main 831.

PIANOS AT SUMMER PRICES.

Those who could not go away on summer vacations are entitled to midsummer bargains such as we are giving to the public at this time. Notice here: Pianos at \$100.00 and up. Organs at \$10.00 and up. Nothing but reliable goods in our stock. S. & H. Commercial Club Block.

PATTON'S SUN PROOF PAINTS

Made to Stand
Oregon's Climate

SOLD BY

OVERTON'S

16-18 7th St. Phone R. 1161

Notice!

HAWLEY'S FISH MARKET
New location, 629 Oak St.
between 9th and 10th.

Fresh Fish
received daily

Phone Main 23

Annual Mammoth Shoe Sale

Included in our mammoth Shoe Sale is the well-known Eugene merchant which we sell cents on the dollar. This stock will be

Mercilessly Slaughtered

to insure quick sales. Now is your opportunity to buy at your own price. BELOW WE LIST PRICES AT RANDOM:

Women's Patent Strap Slippers, \$3.00 value, at \$2.50.
Women's Kid Shoes, \$3.50 value, at \$3.00.
Women's and Children's White Canvas Shoes, \$2.50 value, at \$2.00.
Women's Kang. Calf and Kid Shoes, \$3.00 value, at \$2.50.
Boys' Heavy School Shoes, \$2.75 value, at \$2.25.
Men's Dress Shoes, velour and Box Calf, \$3.00 value, at \$2.50.
Men's Dress Treadwell Shoes, \$4.50 value, at \$3.50.
Men's Washington Logging Shoes, \$4.00 value, at \$3.00.
Men's Washington Logging Shoes, \$5.00 value, at \$4.00.
Misses' Patent Dress Shoes, \$2.50 value, at \$2.00.
Baby Shoes, assorted colors, 50c to \$1.50 value, at 40c.

A WORD TO THE WISE—COME EARLY

Dodge Department Store

8th and Olive

DIRECTORS
L. H. Potter, Pres. M. F. O'Rourke, Sec.
F. N. McALISTER, Vice Pres. A. T. HARRIS, Cashier.
FRED FISK, Cashier. ALTON HAMPTON, Cashier.
E. U. LEE, County Clerk.

Merchants' Bank

Eugene, Oregon

CAPITAL
Accounts received subject to Check.
Interest paid on Time Certificates and

Good Things To Eat

We have a fine imported Swiss, Limb. Brick and Domestic Cheese; Cold Summer Sausage, and Dried Beef, all New Improved Meat Slicer, and our own waggon, insures that the goods are in the best of condition for your

WHITE GROCERY

Cor. 5th and Will

ALOHA THEATRE

Three of these coupons and five cents persons to the Aloha Theatre any Tuesday afternoon or evening.

SAVE YOUR COUPONS

Wall Paper and

FRED LUDFORD, JR.
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Phone Red 5411.