

Makes the most nutritious food and the most dainty and delicious.

ROYAL BAKING POWDER

The only Baking Powder made from Royal Grape Cream of Tartar

No fussing or fretting over the biscuit making. Royal is the aid to many a cook's success.

NO ALUM—NO LIME PHOSPHATES.

LOONEY AND BICKERS ELECTED BY BOARD

At a meeting of the state board, consisting of the governor, secretary of state and state treasurer, held last evening at the state capitol, superintendents of the reform school and the new home for the feeble-minded were elected.

form school, and H. E. Bickers, of Pendleton, will have charge of the home for the feeble-minded when it is ready to receive its unfortunate inmates.

Mr. Looney has served the state at the reform school something over four years, the longest that any man has served in that capacity. Mr. Bickers is well known here, having been in charge of the reform school before Mr. Looney took the reins.

Both men were elected by a unanimous vote.—Salem Statesman.

IF YOU NEED

GROCERIES..

WE HAVE THEM

A full line of Groceries, Flour and Feed, Tin and Graniteware. Headquarters for White River Flour

Candies, Nuts and Oranges

J. W. WHITE, The Grocer

Corner 5th and Willamette Sts. Phone Red 4611

Acreage! Acreage!

Three, Five or Ten Acre Tracts, 2½ miles from Post Office on easy payments, near school.

Rooms 3 and 4 Beckwith Bldg

OREGON HOME & LAND CO.

Rooms 9 and 10 over Chambers-Bristow Bank.

..FARMS..

320 Acres with new 8-room house and barn, good fruit orchard and running water, 200 acres in grain, balance pasture and timber. \$25 acre

40 Acres with new house and barn, close to school on good gravelled road, price \$1400.

190 Acres with fair improvements, good soil and can be made an ideal place. \$30 per acre.

Houses and lots in all parts of the city

Oregon Home & Land Co., A. A. Asby, Mgr.

London Springs Famous Health Resort of Lane County, Oregon

The wonderful resources of the Willamette valley are only just beginning to be realized. When we think of the hundreds of millions of feet of fine saw timber, the enormous mineral wealth, the unlimited water power, all undeveloped and awaiting the efforts of the enterprising business man to make his fortune, besides the unlimited possibility of the iron, and those suffering from blood disorders, general debility, skin diseases and catarrh, almost without exception are benefitted and cured.

Many having gone there suffering from loss of vitality and nervous prostration have been cured and gone away strong and happy.

Ponce de Leon, following his discovery of Florida, sought vainly for



HOTEL AND BATH HOUSE

products of the soil and the delightful climate, we wonder why these resources have not been developed long years ago. The answer is, we have not needed them until now, but the eyes of the world are turned this way now and are not so slow to see our wonderful advantages at home.

Among the resources of the valley are the famous London Mineral Springs. The great curative powers of these springs, like all other resources, are only just beginning to be appreciated. As Saratoga is to the East and as the Hot Springs are to the South, so London Springs will be to the West.

There are so-called mineral springs and so-called mineral waters, but the natural genuine mineral waters with genuine curative qualities are not so common.

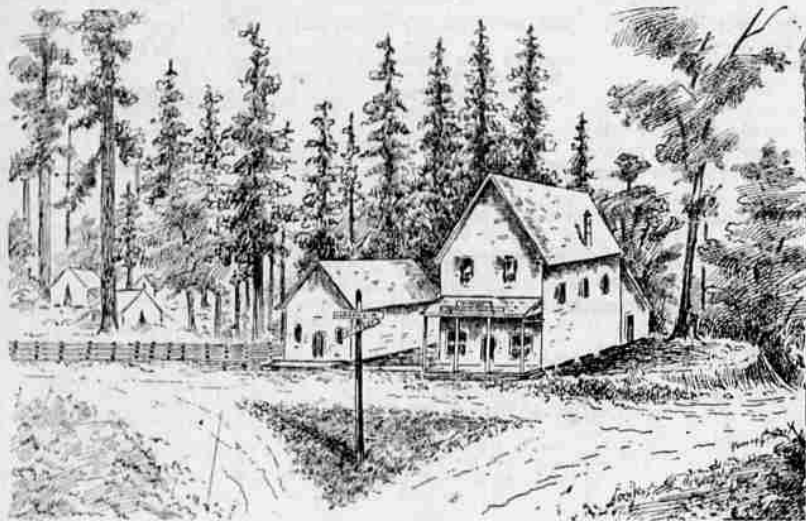
Among the springs of Oregon and of the west that have scores of living witnesses to prove their curative qualities none stand higher than London Medical Springs, the famous resort located 12 miles south of Cottage Grove in this county. These springs are easy of access, a daily stage and a conveyance to and from the Springs being always in readiness to transport the guests.

London Springs is located in a shady grove which provides excellent camping privileges and is supplied with the purest of spring water piped to the grounds for domestic purposes. A commodious hotel looks after the comfort of those who do not desire to camp, while in close proximity to the hotel is a well-equipped bath house with porcelain tubs, showers, steam and mud baths, with cooling rooms, supplied with cots on which bathers can lounge after taking their baths.

the "Fountain of Perpetual Youth," which the traditions of the natives said extended somewhere in the interior.

Had his search extended so far as

all the principal tissue-builders, combined in the nearest relative proportions to a normal condition, makes them superior to other mineral wa-



LONDON SPRINGS STORE AND BUTCHER SHOP

the beautiful spot by the side of the Coast Fork of the Willamette river where from the western bank flows the waters of the London Mineral Springs, he would not then have dis-

Testimonials.

The management of the Springs



THE BOTTLING WORKS

Here also is located the bottling works where is bottled for an ever widening trade the waters of these celebrated springs, bottles being shipped in by the car load to meet the demands of the trade for the product. The water is unexcelled as a pleasant, refreshing drink, and as a remedy for chronic ailments it has no superior. In fact, many have found it a remedy for strong drink. It is a favorite as a bar water, excellent as a mixer and is sold everywhere. It is guaranteed to be an absolutely pure and natural mineral water, warranted to give satisfaction or money refunded.

That the Springs as a summer resort are rapidly growing in popular favor is shown by the fact that the number of hotel guests and campers this season greatly exceeded the number of any previous year, and the benefits derived from the medicinal virtues of the water continue to pile up the volume of testimonials from all over the country.

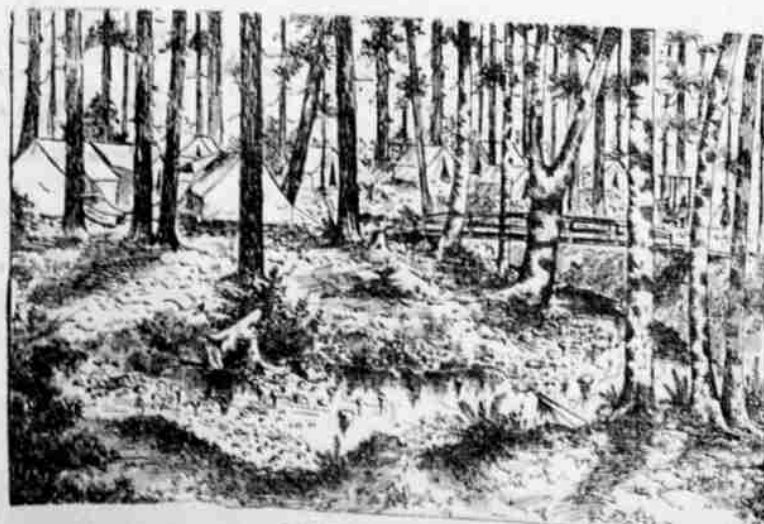
Winter Resort Also.

London Springs is not only a summer resort, but a winter resort as well. The management spent several thousand dollars last summer in adding to and improving the bath houses, so now they are prepared to take care of all persons desiring baths both summer and winter.

The tonic effect of this water is great. It contains rich quantities of

covered such a fountain. He would, however, have discovered a water but those given should be sufficient that while it cannot arrest the flight of time, it can and does, when prop-

formation can be had by addressing



IDEAL CAMP GROUNDS

London Mineral Springs.

Cottage Grove, Ore., April 25, 1905.

I desire to be one among the many to tell the sufferers of the wonderful virtues of the London mineral waters. I do not think it is possible to say too much for these springs. I had been suffering from scrofula for many years. I doctored with the leading physicians continually for over four years without any permanent relief. I had running sores on my neck and breaking out inside of my throat, which caused much suffering and in fact life was a misery and hope for health had almost vanished, when one who had been cured of the same trouble by these waters recommended them to me, so I decided to try them and their effect was wonderful. I began to improve at once and in a few months was entirely well and hearty. It has now been ten years since I began the use of these waters and I have not had any symptoms of scrofula since. As for me I think these waters are among the greatest remedies of earth and take pleasure in recommending them to all I know or see who are suffering from chronic troubles especially skin and blood diseases. With best wishes to the London Mineral Springs.

Mrs. Elizabeth Husband.

Cottage Grove, Ore., Jan. 17, 1905.

MR. LEVI GEER, London, Ore.—Dear Sir.—It gives us great pleasure to write you in reference to your mineral water, which we have used for the past five months and find that it gives great satisfaction to our customers as well as to ourselves. It is not only a good merchantable commodity but the beneficial results obtained from drinking the same is its best recommendation. Wishing you every success, we remain,

Very Truly Yours, Barker & Perman.

Eugene, Ore.

I and my brother William have been at London Mineral Springs about three months. I was suffering from kidney, bladder and stomach trouble for several years. I was also trou-



This woman says that months of suffering Lydia Pinkham's Vegetable Compound made her as well as ever.

Maude E. Forgie, of Leesburg, writes to Mrs. Pinkham: "I want other suffering women to know what Lydia E. Pinkham's Vegetable Compound has done for me. For months I suffered from female troubles so that I thought I could not live. I wrote you, and after taking Lydia Pinkham's Vegetable Compound, using the treatment you prescribed, I felt like a new woman. I am strong, and well as ever, and thank you for the good you have done me."

FACTS FOR SICK WOMEN

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been a standard remedy for female troubles and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness or nervous prostration. Why don't you try it?

Mrs. Pinkham invites all women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

SEEDS FRESH SEEDS

WE HAVE ALL KINDS OF GARDEN SEEDS IN BULK ALL NEW AND FRESH. YOU CAN SAVE MONEY BY BUYING YOUR GARDEN SEEDS FROM US.

EUGENE GROCERY 9th and Oak Sts.

Electric, Gas, Water



Willamette Valley Co.

CIGARS

Julius Goldsmith

Extraordinary Attraction for this week

Valentines 1c to \$3.50

the most unique display in town SCHWARZSCHILD'S Book Store

HALL & SHUMWAY, Plumbing and Sewer work. Also general jobbing in the sheet iron work. Iron work put up by us. Carry a full line of plumbing material. Phone Black 1871, 499 Willamette St.

Williams Co. Transfer

Light and Heavy Hauling WOOD FOR SALE 504 Willamette St., Eugene, Ore. Phone Black 1144