

Dragged-Down Feeling

...drowsiness, refreshing sleep, despondency...

This time you were doing something. The kidneys were anciently called the "filters of life." In your case they are holding the whole system in a deadly grip. The blood is being driven into serious trouble.

Wood's Sarsaparilla

With the most direct, beneficial effect on the kidneys. It contains the best and most effective substances for correcting and toning up the organs.

A Good Reason.

...Mrs. Green—What do you have an alarm clock in your chamber for if you can't have the alarm wound up?

...Mrs. Gray—If you could have heard the awful things my husband said when the alarm went off, you wouldn't have any more.

Keeping Her Good Ear on Watch.

...You should sleep on your right side, madam.

...If you can't do it doctor; my husband talks in his sleep, and I can't get a thing with my left ear.—Town Topics.

Inadequate Motive.

...Sweets—What did they do with that fellow who was arrested for stealing cigars from Mastog's place?

...Harris—Oh, he was discharged. The prosecutor was unable to prove a motive for the alleged theft. The judge as it happened had smoked one of Mastog's cigars.

His Narrow Logic.

...If I had my way," said the man of principles, "there would be no money in politics."

...But," said Senator Sorghum, "if I didn't put any money in politics it wouldn't likely you could have your way."

Lowest Rates

To Chicago, Dubuque and the East; to Des Moines, Kansas City and the Southeast, via Chicago Great Western railway. Electric lighted trains. Unequaled service. Write to J. P. Elmer, G. P. A., Chicago, for information.

An Odd Contrast

It is a curious fact that, whereas in Italy the educated classes are physically greatly inferior to the peasant, in England members of the learned professions are physically superior to the laboring classes.

Jumping Powers of Women

While a woman can, as a rule, only throw a ball 45 per cent as far as a man, she can jump 62 per cent as far as he can.

LUKAS COUNTY, OHIO, CITY OF TOLEDO, O.

...Mr. J. CHENEY makes oath that he is the true owner of the premises known as the business in the City of Toledo, County of Lucas, State of Ohio, and that said firm will pay in cash of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of HALL'S CATARRH CURE.

FRANK J. CHENEY
Notary Public
Solely by drugstore.

F. J. CHENEY & CO., Toledo, O.
Hull's Family Pills are the best.

Nine Peas in a Pod

When a maiden is shelling peas, according to an old superstition, she should if she find a pod with nine peas left put it over the house door. Then the first young man to enter the house through the door will marry her.

His Concience Troubled Him

"Look here, are you the man I gave a square meal to one o' d, bleak February morning?" "I'm the man, dat."

"Well, do you remember you promised to shovel all the snow out of my back yard and then sneaked off without doing it?" "Yes, mam, an' my concience smote me. Dat's de reason I tramped all de way here through de blazing sun to finish de job."

Doesn't Reciprocate

"Misty' likes comp'n'y, don't it?" "Yes, but when I see it comin', dat's de day I don't feel sociable."—Atlanta Constitution.

Good Pills

Ayer's Pills are good liver pills. You know that. The best family laxative you can buy. They keep the bowels regular, cure constipation.

Want your moustache or beard beautiful brown or rich black? Use BUCKINGHAM'S DYE

...The original WATERPROOF TOWERS' DYE. Mailed in black or yellow for all kinds of hair and mustaches. Look for the name TOWERS on the wrapper.

PISO'S CURE FOR CONSUMPTION

...PISO'S CURE FOR CONSUMPTION. CURE WHERE ALL ELSE FAILS. Beware of cheap imitations. Sold by druggists.

Science and Invention

With an open gauge in a central part of Edinburgh, Dr. W. G. Black last year collected dust and soot indicating a total fall of twenty-four pounds per one hundred square feet.

Nature's infinite variety is well illustrated in the collection of photographs of snow crystals made during the past 20 years by Mr. W. A. Bentley of Vermont. He has now more than 1,000 photographs of individual crystals, and among them no two are alike.

A relation between the character of dreams and the intensity of sleep has been shown by the experiments of N. Vascblde. In profound sleep the dreams refer to latent recollections of long-past events and matters seemingly having no connection with the present; but the dreams of light slumber are inspired by recent occurrences and excitements, and are sometimes connected with what is transpiring around the sleeper.

FIRST PLANTING OF SPONGES.

Successful Experiments Made by the Government on Florida Coast.

Not content with utilizing all the available resources in the United States for the purpose of supplying the needs of the people of this country, Uncle Sam has invaded the sea, says the Philadelphia Ledger. The government has gone in for sponge culture. The supply of sponges has never equaled the demand, and we have been importing most of those required for the domestic trade. According to the enthusiastic trade, according to the enthusiastic of the United States Fish Commission, the American invasion of European soil will add sponges to its list of commodities.

Successful experiments have been conducted, and the actual work of planting sponges off the coast of Florida is being done under the supervision of Captain James A. Smith, of the Fishhawk. The sponges used in the propagation are of the sheepshead variety, the most valuable in the world, and which fill every commercial requirement. Dr. H. F. Moore, assistant Commissioner of Fish and Fisheries, devised the method of planting.

The sponges are cut into small pieces from one to two inches in diameter. These small fragments of the living sponge, which are dark in color, the pores filled with fishy matter, are firmly fastened to pieces of coral, rock or terra cotta brick and dropped overboard. Thin aluminum wire is used for fastening them to the objects. The use of the aluminum wire is the solution of the difficulty which confronted the experimenters. The pieces of sponge have one outer skin intact, with the outer edges raw. The latter, however, quickly heal. The aluminum wire will, of course, pierce the sponge and form a small bore, or hole, through them. The wire corrodes; but this is an advantage, for it gradually wears away, leaving the sponge free of any foreign substance.

Most of the difficulties attending the culture have been met in attempting to find something to bind the sponges to the rocks which would last long enough for the growth to attach itself naturally to the new bed. The aluminum wire does this. Wood, string, copper and iron wire and various other substances were attacked by the salt water and animal life and rendered useless.

Sponges are being planted at Biscayne bay, Ancoite Keys and Key West. An effort will be made to put the new industry on its feet so that private capital will become interested in carrying it out. There is every reason to believe that the venture will be successful and that in a short time all the sponges needed in the United States will be raised in Florida waters.

Free Medical Advice to Women.

be not angry at first he has cheerfully accepted the name now.

"Our bookkeeper is always putting in his ear when it is not at all necessary, and I think now he will be known until the end of time as 'General Butts.' A friend of mine who is always called 'Cheerful' doesn't know whether he is called that because his friends believe he has a sunny disposition or because they consider him a cheerful idiot. But, at any rate, he can't shake the name."—Philadelphia Ledger.

All Letters Are Strictly Confidential

Every sick and ailing woman, Every young girl who suffers monthly, Every woman who is approaching maternity, Every woman who feels that life is a burden, Every woman who has tried all other means to regain health without success, Every woman who is going through that critical time—the change of life—

is invited to write to Mrs. Pinkham, Lynn, Mass., in regard to her trouble, and the most expert advice telling exactly how to obtain a CURE will be sent absolutely free of cost.

The one thing that qualifies a person to give advice on any subject is experience—experience creates knowledge.

No other person has so wide an experience with female ills nor such a record of success as Mrs. Pinkham has had.

Over a hundred thousand cases come before her each year. Some personally, others by mail. And this has been going on for twenty years, day after day, and day after day.

Twenty years of constant success—think of the knowledge thus gained! Surely women are wise in seeking advice from a woman with such an experience, especially when it is free.

Mrs. Hayes, of Boston, wrote to Mrs. Pinkham when she was in great trouble. Her letter shows the result. There are actually thousands of such letters in Mrs. Pinkham's possession.

"DEAR Mrs. PINKHAM:—I have been under doctors' treatment for female troubles for some time but without any relief. They now tell me I have a fibroid tumor. I cannot sit down without great pain, and the soreness extends up my spine. I have bearing down pains both back and front. My abdomen is swollen, I cannot wear my clothes with any comfort. Womb is dreadfully swollen, and I have had flowing spells for three years. My appetite is not good. I cannot walk or be on my feet for any length of time.

"The symptoms of Fibroid Tumor, given in your little book, accurately describe my case, so I write to you for advice."—Mrs. E. F. HAYES, 252 Dudley St. (Boston), Roxbury, Mass.

Do as They Please

Dick—These folks next door have a awful good time.

Nora—How?

Dick—Oh, they don't have to go anywhere, and they don't entertain.—Exchange.

Von Porker—Aren't you satisfied with that ante-nuptial agreement?

Lord Grafter—I don't want to lose my self respect after marriage by having to run to my wife for every thousand.—Life.

HABITS OF COWBIRD.

It Associates with the Animals in Order to Find Insects.

The cowbird is black and a little smaller than the red-winged blackbird. There are three species, two of which—the common and red-eyed—migrate to our Northern States and are found associated together. The male of the common cowbird has a head and neck of deep wood-brown, while the red-eyed is wholly black and very lustrous. The females are smaller than the males and duller in color, although the red-eyed female is quite black.

The bird receives its name from its association with cows, beside which it feeds, snatching up the insects that are disturbed by their heavy tread. About half a dozen usually attend a single animal or a bunch of cattle, part of which may be of one species and part of the other. Indeed, the two associate together as peacefully as though they were of the same species.

The most serious indictment against the cowbird is that it builds no nests and does not rear its own family. Its eggs are laid in the nests of greenlets, warblers, finches and other blackbirds, most of which are smaller than itself. Of the first five red-wings' nests examined in 1902, four contained the eggs of the cowbird. The summer warbler was one day found burying the detestable egg in the bottom of her nest, together with one of her own. Two orchard orioles' nests, not fifty feet apart, each contained the egg of the parasite, probably of the same breed.—Country Life in America.

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RHEUMATISM

And All the Year Round Disease.

Rheumatism does not come and go with winter time always; in fact some suffer more during the Spring and Summer than at any other season. When the blood is charged with Uric Acid, Alkali and other irritating poisons, then the system is in the right condition for Rheumatism to develop, and an attack is liable to come at any time, Winter or Summer.

Rheumatism, because it attacks different parts of the body, and is sudden or slow in its action, is given various names such as acute and chronic, muscular, articular, inflammatory, mercurial and sciatic, but it is the same old acid blood that causes all. Some are constant sufferers, while others have only occasional spells of Rheumatism, but either kind is wearing upon the constitution, and in time produces stiffness in the muscles and joints, and sometimes the acids throw off by the blood settle upon the valves of the heart and ends suddenly and fatally.

After being terribly crippled for three years with Rheumatism, and having tried well known remedies I could get no relief. And having read of the wonderful effects of S. S. S., I concluded to try it, and am happy to say that I was entirely cured, and am able to work as well as I ever did.

I cheerfully recommend S. S. S. to all sufferers of this terrible disease, and will say that if they will continue the treatment, as per directions, they will find a permanent cure.

H. W. SEES.

Portland, Jan. 10, 1909.

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Rheumatism must be treated through the blood, and no remedy brings such prompt and lasting relief as S. S. S. It attacks the disease in the blood, neutralizes the acids, and removes all irritating poisons and effete matter from the system. S. S. S. strengthens and enriches the thin acid blood, and, as it circulates through the body, the corroding, gnawing poisons and acid deposits are dislodged and washed out of the muscles and joints, and the sufferer is happily relieved from the discomforts and misery of Rheumatism.

S. S. S. is a purely vegetable remedy, does not contain any Potash or mineral of any kind, and can be taken with safety by old and young.

Rheumatic sufferers who write us about their case will receive valuable aid and helpful advice from our physicians, for which no charge is made. We will mail free our special book on Rheumatism, which is the result of years of practical experience in treating this disease. It contains much interesting information about all kinds of Rheumatism.

THE SWIFT SPECIFIC CO., ATLANTA, GA.

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MITCHELL, LEWIS & STAYER CO., Portland, Oregon.

A WEIRD RELIC.

History of the Skull Used by Edwin Booth in "Hamlet."

On a bracket in Edwin Booth's bedroom at the Players—the apartment remains as he left it that solemn April day ten years ago—stands a sadly dilapidated skull which the elder Booth, and afterward his son Edwin, used to soliloquize over in the graveyard at Elsinore in the fifth act of "Hamlet."

In the early forties, while playing an engagement somewhere in the wild West, Junius Brutus Booth did a series of kindnesses to a particularly undervalued fellow, the name of him unknown to us. The man, as it seemed, was a combination of gambler, horse stealer and highwayman—in brief, a miscellaneous desperado, and precisely the melodramatic sort of person likely to touch the sympathies of the half-mad player. In the course of nature or the law, presumably the law, the adventurer boldly disappeared one day, and in time ceased to exist even as a reminiscence in the florid mind of his sometime benefactor.

As the elder Booth was seated at breakfast one morning in a hotel in Louisville, Kentucky, a negro boy entered the room bearing a small casket basket neatly covered with a snowy napkin. It had the general aspect of a basket of fruit or flowers sent by some admirer, and as such it figured for a moment in Mr. Booth's conjecture. On lifting the cloth the actor started from the chair with a genuine expression on his features of that terror which he was used to so marvelously to simulate in "Richard III." in the midnight tent-scene, or as Macbeth before the ghost of Banquo usurped his seat at table.

In the pretty willow-woven basket lay the head of Booth's old pensioner, which the old pensioner had bequeathed in due legal form to the tragedian, begging him henceforth to adopt it as one of the necessary stage properties in the fifth act of Mr. Shakespeare's tragedy of "Hamlet." "Take it away, you black imp!" thundered the actor to the equally equally negro boy, whose curiosity had happily not prompted him to investigate the dark nature of his burden.

Shortly afterward, however, the horse-stealer's residuary legatee, recovering from the first shock of his surprise, fell into the grim humor of the situation and proceeded to carry out to the letter the testator's whimsical request. Thus it was that the skull came to secure an engagement to play the role of poor Yorick in J. B. Booth's company of strolling players, and to continue awhile longer to glisten behind the footlights in the hands of his famous son—Century.

AN EXTRAORDINARY FEAT.

Costaway Sailor Overpowers His Captains in Order to Save Him.

An extraordinary feat of courage and coolness was performed by John Clements, who was cast away in a dory only last summer off the Labrador Banks. On July 21, when the schooner Protector was just beyond the straits of Belle Isle, Clements and George Johnston, another of the crew, were out in a dory together. The fog shut down suddenly and shut them off from their ship. They rowed about for hours trying to find her, as there was no other craft in that region, and land was thirty miles away. When night came on they determined to make for the coast before the polar current swept them south. They were without food and water and the ocean was filled with icebergs.

The morning came at last with a bright sun and breeze, and they set a sail for a few hours. But a storm followed, and by nightfall the boat was half full of water and lying to a drag, the rain pouring down and both men belling their hardest. As the third night approached without sight of land Johnston last heart and abandoned the oars. Clements held on until his mate became delirious and threatened to jump overboard.

Then Clements, being the stronger, overpowered Johnston and tied him up in the bottom of the boat, an operation which, from their struggles, nearly swamped her. After daybreak Clements got out the oars again and at noon reached the shore, landing in a little cove. Here he found a brook that gave Johnston a refreshing drink, besides a meal of fresh roots and berries. This restored the latter and Clements cut him loose. Then they started to coast south, and in the afternoon were picked up by a Newfoundland schooner.—Leslie's Monthly.

OLD FOLKS OF MORMON CHURCH

An Interesting Gathering of Adherents of Brigham Young.

A recent dispatch from Salt Lake City tells of a gathering of the old folks of the Mormon Church which had just been held at American Fork. Of the old people present forty-one were above the age of 90; 153 were over 80 and under 90, and 617 of them were more than 70 and under 80 years old. They had a banquet whereat they devoured sixty bushels of green peas, 300 chickens, 250 pounds of ham, twenty bushels of potatoes, ten bushels of cherries, 100 large cakes, 200 loaves of bread and the "trimmings" appropriate to such a meal. Some of these persons were members of the Mormon organization when Joseph Smith was at its head, and all of them lived under and recognized the leadership of Brigham Young. The aggregate age of the 813 men and women at this gathering was 63,414 years, and they have 48,780 descendants—a showing which ought to delight Mr. Roosevelt. But there is nothing in the last figures to discourage the people of other States from essaying the biblical injunctions to multiply and replenish the earth. True, these Utah people have not established a prolific standard, and one that will be difficult to live up to; but it must be remembered that the Mormons had advantages which are denied to people of other States by law.

Some Reputations.

People are often proud of the properties to which they are heirs, but surely few landed estates are so valued, few castles are so boasted about as are the ills to which the flesh is heir. Human nature fairly revels in its misfortune, and this revelry leads to rivalry and to many complications. None is so proud, none is so jealous, as your traveling invalid—London Queen.

Mother who find Mrs. Winslow's Soothing Syrup the best remedy to use for their children the teething season.

Putting Her Right.

"That man with the bird cage on his face," remarked the beautiful girl in the grand stand to her escort, "just yelled 'foul,' but I can't see even a feather."

"Of course not," replied the wise guy who had steered her up against the game, "both of the nines are picked."—Chicago News.

Stickney Gasoline Engine

Fifty dollars can be saved by buying the above. Will run cheaper, chipping 15 to 20 bushels per hour, wood saw, well drilling machinery, pumps, etc. Write for catalogue. RELIANCE MACHINERY CO., Foot of Marion Street, Portland, Oregon.

OREGON ROSES

Finest in the world. Sit right down and write for beautiful illustrated and special catalogue containing 150 bushes, Hoffman Bros., 745 Gisan St., Portland, Oregon.

For Sale or Exchange.

Two 109 Acre Tracts and two 130 Acre Tracts, well improved, prairie land in Nebraska, clear title; will grow corn, oats, wheat, rye, alfalfa. Will exchange any or all for small saw mill, shingle mill, timber or ranch property in Washington or Oregon. A. B. NEWELL, Box 815, Seattle, Wash.

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W. L. DOUGLAS '3.50 & '3 SHOES

You can save from \$3 to \$5 yearly by wearing W. L. Douglas \$3.50 or \$3 shoes. They equal those that have been costing you from \$4.00 to \$5.00. The immense sale of W. L. Douglas shoes proves their superiority over all other makes. Sold by retail shoe dealers everywhere. Look for name and price on bottom. That Douglas shoe far exceeds in value is Douglas shoes. There is the highest grade Pat. Leather made. Don't forget to send for \$400 Edge Line cannot be equalled at any price. Shown by mail, 55 cents extra. Illustrated Catalog Free. W. L. DOUGLAS, Brockton, Mass.

BEST FOR THE BOWELS

If you haven't a regular, healthy movement of the bowels open, and be well, there is the shape of an empty globe of all nations. In danger. The most certain, easiest, most perfect way of keeping the bowels clean, sweet, clear is to take

CASCARETS

CANDY CATHARTIC. REGULATE THE LIVER. Pleasant, Palatable, Reliable, Taste Good, Do Good, Never Sicken, Weakens, or Causes Ill. Write for free sample and booklet on health. Address: KEMPER'S CATHARTIC CO., CHICAGO, ILL. KEEP YOUR BLOOD CLEAN. P. N. U. No 40-1003. WHEN writing to advertisers please mention this paper.