

Difficult Digestion

That is dyspepsia. It makes life miserable. It is not because they want to, but simply because they must. They know they are irritable and fretful; but they cannot be otherwise. They complain of a bad taste in the mouth, a tenderness at the pit of the stomach, an uneasy feeling of puffiness, headache, heartburn and what not. The effective remedy, proved by permanent cures of thousands of severe cases, is

Hood's Sarsaparilla

Hood's Pills are the best cathartic.

She Recovered.

"Mrs. Ladd used to worry terribly when her husband was away on his trips, but she got over it."

"Conquered her nervousness, I suppose."

"Oh, no; succeeded in making him love her."

"How did she do it?"

"I tell Henrietta to do just what she pleases and she goes ahead and does it."

"What our flag stands for."

Wherever the American flag is raised in token of sovereignty, it stands for liberty and independence. What the flag is to the nation, Hostetter's Stomach Bitters is to the individual. It gives you freedom and protection from your ailments. When your stomach gets out of order, causing dyspepsia, indigestion and biliousness, of which you are nervous and unable to sleep, it should try it. It will strengthen your stomach, steady your nerves and induce sound sleep.

Shop Talk.

Shop talk sometimes penetrates even to the nursery. A young and successful artist was heard to exclaim with profound conviction, while he was contemplating his son and heir, "How is it?"

"There is a great deal of tone about that baby."

Our new extra heavy focusing cloth costs no more than others, but lasts twice as long. Price by mail, \$3.50.

At all dealers, or Kirk, Geary & Co., 330 Sutter St., San Francisco.

Reason for Economy.

Newlywed—Since I've been married my tailor bills are scarcely one-fourth what they used to be.

Quizee—Do you put what you save in the bank?

Newlywed—No; I put it on my wife.

I am sure Pils' Cure for Consumption cured my wife three years ago.—Mrs. Thos. Pils, Maple street, Norwalk, N. Y., Feb. 17, 1900.

Shirtwaist Jokes Now On.

"What do you think of shirt waists for letter carriers?" asked the observant boarder.

"Well, I never regarded shirt waists as coats of mail," replied the cross eyed boarder.

Permanently Cured. No fits or nervousness after first day's use of Dr. Williams' Pink Pills. See full particulars in the book, "The Blood is the Source of All Strength," published by Dr. Williams' Medicine Co., Schenectady, N. Y., 50 cents per box, or six boxes for \$2.50.

Only Half a Success.

"Your club meeting was a feast of reason."

"Yes, altogether; that committee did not get a bite of anything."

Dr. Williams' Pink Pills for Pale People.

Miss Timidity—I've thought it all over, and I believe it would be wiser for you to ask papa for my hand.

Cautious Lover—Oh, I'm sure it would be the most indiscreet thing for me to do. I think we'd better have some disinterested third party approach him on the subject.

CATALOGUES WORTH HAVING.

Agricultural Implement Firm Giving Away Remarkable Books.

The new catalogues for 1901, just issued by Mitchell, Lewis & Staver, are very valuable books to the majority of the citizens of the Northwest. This company's headquarters are in Portland, Oregon, and it maintains branches or agencies at all principal points throughout Oregon, Washington and Idaho. The Implement Catalogue, the Vehicle Book and the Harness and Bicycle catalogues, all can be had free by anyone who will write to the firm or to any of its agents. The books not only show everything up-to-date, but are a real help to the man who is thinking of making a purchase.

Cr. Jin.

"Con game, eh? That is short for confidence game, I presume?"

"No; con game is so called from connoisseur, where it originated in ancient times."

A Question of Taste.

Barber—Shall I shave you with scented or unscented soap?

Customer—Use scented soap, please. I taste nicer.

THE BLOOD IS THE SOURCE OF ALL STRENGTH

When there is a natural and healthy circulation of the blood, the entire system, estimated at one-eighth the weight of the body, passes through the heart five minutes. This rapid flow of the blood through the system prevents the accumulation of disease germs and impurities of development of the body and nourishes and strengthens the muscles, tissues, nerves and bones. But, unfortunately, persons can rightly claim an absolutely pure blood supply and perfect and unimpeded circulation, and in consequence are exposed to innumerable diseases. Scrophulous Blood Poison, the greatest enemy to the human system, enters the system through the blood, and in fact the majority of human ailments—are caused by impure blood. Old age, chronic ulcers and rheumatic pains are common, especially among old people, whose blood naturally grows thin and pale because of the lack of the red corpuscles that give color and strength to youthful blood. Sallow complexion and rough, oily skin are some constitutional or blood trouble, which salves, lotions, powders nor any external treatment can cure. Diseases that originate in the blood, whether they manifest themselves as ulcers, tumors, itching eruptions, muscular or bone disease, require a tonic and blood purifier such as S. S. S., which not only antitoxins and neutralizes blood poisons and humors, but possesses health-giving tonic properties that no other blood medicine does. It goes down to the very foundation of the disease and eliminates from the system everything of a poisonous character and clogs the circulation. It builds up and imparts new strength and vitality to the old insubstantial blood, and when the arteries and veins are once filled with new rich blood, the general health begins to improve, muscles grow stronger, and sores and eruptions of every kind disappear. S. S. S. is the only guaranteed purely vegetable blood purifier, and the purest and most reliable in all blood diseases. It has been tested in thousands of cases during the past fifty years and is more popular today than ever. We will be glad to send you our book free, and if in need of medical advice write our free expert case; this information will cost you nothing and it comes from experienced and educated doctors. All correspondence is conducted in strict confidence.

THE SWIFT SPECIFIC COMPANY, ATLANTA, GA.

The Parson's Remarks.

A colored preacher at the funeral of a brother who had fallen from grace said:

"I hope de good Lawd will bless de reminiscence of his family on constituents, but I got my doubts about it, kaze Br'er Thompson put off repentance er his dyin' hour. I dunno whether Br'er Thompson is los or not; but I knows one thing, ev dat is, ef he is lost, I didn't lose him!"

Autocratic.

"Of course I am master of my own house," said Mr. Meekton, a little indignantly.

"How do you manage it?"

"I tell Henrietta to do just what she pleases and she goes ahead and does it."

What Our Flag Stands For.

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Explained.

Mr. Ferguson—What a fiery waist you have on! What color is it?

Mrs. Ferguson—Oxblood.

Mr. Ferguson—I begin to understand now why you told the dress-maker to put in an additional gore.

ST. VITUS' DANCE

HOW ONE LITTLE SUFFERER WAS PERMANENTLY CURED.

Words of Gratitude and Praise from Parents for the Remedy that Saved the Life of Their Child.

From the Traveler, Arkansas City, Kan.

Rapid as has been the advance of medical science along many lines, it is only in recent years that a remedy has been discovered for one of the most dreadful of nervous diseases that afflicted children—St. Vitus' dance.

This and other nervous disorders that cause the pale and wan faces and peevish, irritable dispositions of so many children can now be scientifically treated by a remedy that strikes at the root of the disease by renewing the impoverished blood and strengthening the nerves.

Words of commendation for this remedy come from all parts of the civilized world. This is the interesting story told by Mr. and Mrs. Christopher Armstrong, of Jefferson, Okla.

"Our youngest daughter was for three years afflicted with St. Vitus' dance, and we almost despaired of finding relief in medical treatment. She was so helpless that she had to be fed and would fall over at times and be unable to rise.

"We had heard and read a great deal about Dr. Williams' Pink Pills for Pale People, and as a last resort, determined to try them. The effect was almost miraculous. From the first box there was a noticeable improvement and by the time she had taken six boxes she was almost well. Altogether she took about a dozen boxes, and by the time she was 13 years of age, was strong and healthy, weighing 114 pounds."

CHRISTOPHER ARMSTRONG, MARY ARMSTRONG.

Subscribed and sworn to before me, W. D. Kramer, Notary Public.

The power of Dr. Williams' Pink Pills for Pale People in the vast number of diseases due to impure blood or derangements of the nervous system has been demonstrated in thousands of instances as remarkable as the one related above. No one who is suffering can rightfully neglect this way to restore health. Dr. Williams' Pink Pills for Pale People are sold by all dealers, or direct from Dr. Williams' Medicine Co., Schenectady, N. Y., 50 cents per box, or six boxes for \$2.50.

An Accident.

Fred—I had a fall last night which rendered me unconscious for several hours.

Ed—You don't mean it! Where did you fall?

Fred—Fell asleep.

The Best Prescription for Malaria.

Chills and Fever is a bottle of Groves' Tastesome Chili Tonic. It is simply iron and quinine in a tasteless form. No cure. No pay. Price 50c.

An Active Prostitute.

The Indiana preacher who allowed his boy to fight another urchin to settle a quarrel, was delighted when his boy thrashed the other boy, but when the licked boy's father licked the preacher the good man appealed to a court. Alas for the inconsistency of human nature!

Identifying Uncle James.

Uncle James, from away out West, came to town one day recently to visit his kinsfolk, who live in 13th street, just above Iowa circle. It so happened that nobody in the family except the second daughter, Nancy, had seen Uncle James in years and years, and as she was unable to leave her room, Johnnie, who is 12 years old and as ingenious as they make them, was told to go to the station and meet the gentleman. Uncle James alighted from the train and walked slowly toward the station entrance, looking this way and that for somebody to welcome him. He had passed through the gate and was entering the waiting room when Johnnie ran up behind him and touched him on the arm.

"Lemme carry your traveling bag, Uncle James," he said. "I'm Johnny."

Uncle James was delighted.

"Why, how in the world did you know me, my boy?" he asked.

"I wasn't sure until I saw your back," Johnnie made answer. "Nancy told me how you looked, and as soon as I got behind you I knew it must be you. Nancy said you was a water-melon-shaped man with a double chin on the back of your neck."—Washington Post.

Fund for Education of Boys.

The German emperor has assigned the sum of 100,000 marks, collected by East Prussians at the bicentenary of the kingdom of Prussia, as a fund for the education of boys who are no longer under the care of their parents.

Medical Attendance Half Price.

Doctor—I beg your pardon, 10 visits at 2 marks a visit make 20 marks, and you have given me only 10."

Lady (whose children he has attended)—But children under 10 only pay half price anywhere.

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Customer—What's this? Seventy five cents for a two-cent stamp? Why, that is outrageous!"

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A Kitchen Romance.

Lady—What do you think, I have a servant who gets up in the morning without being called.

Chorus of Voices—Impossible!

Lady—But it's true; she's in love with the milkman.

No Wooden Pavements for Paris.

Wooden pavements in Paris have been condemned, as they serve as a breeding place for all kinds of dangerous germs.

GOOD Short Stories

Here is the latest story of Judge Henry E. Howland, one of the most popular after-dinner speakers of New York: "There was a little boy who was badly puzzled over the theory of evolution. He went to his mother and asked: 'Mamma, am I descended from a monkey?' 'I don't know,' she answered; 'I never met any of your father's people.'"

Herbert A. Giles gives the following example of Chinese humor in his "History of Chinese Literature": "A man who had been condemned to work a wooden collar was seen by some of his friends. 'What have you been doing?' they asked him, 'to deserve this?' 'Oh, nothing,' he replied; 'I only picked up an old piece of rope.' 'And you are to be punished thus severely,' they said, 'for merely picking up an end of rope?' 'Well,' answered the man, 'the fact is that there was a bullock tied to the other end.'"

In his biography of Phillips Brooks, Alexander V. G. Allen of Cambridge tells of a clergyman who was going abroad, and talked in jest of bringing back a new religion with him. "You might have some trouble in getting it through the custom house," some one remarked. "No," observed Bishop Brooks; "we may take it for granted that a new religion would have no duties attached." Another person, for the sake, no doubt, of argument, drew attention to the fact that some men, calling themselves atheists, seemed to lead moral lives, and Brooks promptly disposed of it. "They have," said he; "they have no God to forgive them if they don't."

An old Scotch farmer once went to a troublesome tooth extracted. Said the dentist, after looking at the offending molar: "It is a very ugly one. I would advise you to have it out by the painless system. It is only a shilling extra." He showed the farmer the apparatus for administering gas, remarking that it would cause him to fall asleep for a minute, and before he awoke the tooth would be out. After a slight resistance the sufferer consented, proceeding to open his purse. "Oh, never mind paying just now," said the dentist, kindly. "Hoofs!" answered the cautious old Scot. "A" wasn't thinking of that; but if I'm given a sleep I thought 'A' would like to count on a silver shilling."

Frederick the Great once had occasion to rebuke his cavalry for shirking their duty. According to "A History of Frederick the Great," he said: "Gentlemen, I am entirely dissatisfied with the cavalry; the regiments are completely out of hand; there is no accuracy, no order; the men ride like tallors. I beg that this may not occur again, and that each of you will pay more attention to his duty. But I know how things go on. You think I am not up to your dog's ears, but I know them all, and will recapitulate them. When the season for riding-drill comes on, the captain sends for the sergeant major, and says: 'I have an appointment this morning at —, tell the first lieutenant to take the ride.' So the sergeant major goes to the senior subaltern and gives him the message, and the latter says: 'What the captain will be away? Then I am off hunting; tell the second lieutenant to take the men.' And the second lieutenant, who is probably still in bed, says: 'What! both of them away? Then I will stay where I am. I was up till three this morning at a dance; told the cornet I am ill, and he must take the ride.' Finally, the cornet remarks: 'Look here, sergeant major, what is the good of my standing out there in the cold? You know all about it much better than I do, you go and take them.' And so it goes, and what must be the end of it all? What can I hope to do with this cavalry before the enemy?"

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Our Working Girls.

Life to the most favored is not always full of sunshine, but to the average American girl or woman who is obliged to work for her living, and, perhaps, to help others at home, life is often a heavy drag in consequence of illness. Women who work, especially those who are constantly on their feet, are peculiarly liable to the development of organic troubles, and should particularly heed the first manifestations, such as backache, pains in the lower limbs and lower part of the stomach, irregular and painful monthly periods, faintness, weakness, loss of appetite and sleep.

The young lady whose portrait we publish herewith had all these symptoms, and in addition leucorrhoea, and was cured by Lydia E. Pinkham's Vegetable Compound. First, she wrote a letter to Mrs. Pinkham's laboratory at Lynn, Mass., describing her trouble, received in reply accurate instructions what to do to get well, and now wishes her name used to console others that they may be cured as she was.

The same helping hand, free of charge or obligation, is extended to every ailing woman in America. If you are sick you are foolish not to get this valuable advice, it costs you nothing, and she is sure to help you. Don't wait until it is too late—write to—

Pennsylvania and New York.

When the first census was taken in 1790 Pennsylvania's population was 2,239,946. The census of 1890 showed 4,942,533 greater than that of New York. By the census of 1900 New York's population leads that of Pennsylvania by 965,897.

TO CURE A COLD IN ONE DAY.

Take Laxative Broom Quinine Tablets. Druggists refund the money if it fails to cure. E. W. Groves' signature is on each box.

A Hard Task.

Johnny Wise—Paw?

Mr. Wise—Well, my son, "Noah had two of every 'beast of the ark, didn't he?"

"Yes, my son."

"Well, paw, it must have been a busy herding the microbes."

ABSOLUTE SECURITY

Genuine

Carter's

Little Liver Pills.

Must Bear Signature

See Fac-Simile Wrapper Below

Very small and so easy to take as sugar.

FOR HEADACHE, FOR DIZZINESS, FOR BILIOUSNESS, FOR TORPID LIVER, FOR CONSTIPATION, FOR SALLOW SKIN, FOR THE COMPLEXION.

Price of One Purely Vegetable, Non-Habit-Forming, and Non-Drugging Little Liver Pills.

CURE SICK HEADACHE.

The Wrong Adjective.

Wife—Why don't you send those cigars I gave you at Christmas to my husband?—My dear, don't send them to the wife.

Mill of Great Prosperity.

Manchester, N. H., is to have a mill it is claimed will be the largest mill ever erected. It is to be completed, and is 750 feet long, and two wings of 300 feet, all of which are of 100 feet, and five stories in height, including basement.

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Inopportune.

"I just saw young Widow Weeds. She looked just charming in her mourning," said the pretty woman. "I suppose," remarked her crochety husband, "that you wouldn't mind being a widow yourself."

"Oh, it's hateful of you to talk that way, when you know I've got a blue silk waist that I haven't worn yet."

Data.

The scientist spoke guardedly as well became him.

"There is more or less sickness in St. Louis," he said, "and much of it is caused by a bacillus having a markedly bourgeois manner; and yet, for all this, I am not quite convinced that the Chicago drainage canal affects the waters of the Mississippi."

The lay mind, however, being less tolerant, could be led to but one conclusion from these data.

Boys in Greenland.

Greenland boys are great egg collectors. As soon as the gulls and other birds that nest in the far north appear in the spring, the work begins. No boy who has not practiced a great deal at climbing the rough mountain sides and creeping over the glaciers is allowed to venture on the perilous task. But at 15, and even before, the Greenland boy is as strong of limb as fearless of heart, and as cool of head as any steeple climber.

Curious Herbarium.

The oldest and most curious herbarium in the world is in the Egyptian museum at Cairo. It consists of

Frank and Free.

Frank said the very new

book that he had just bought

was the first thing

he had an income of

his breath," replied the

"Say, send me a

of the paper containing

will you?"

Progress.

Progress just lately with her

and.

play any better than

answered Mamie.

he has gotten so she

time" as "syncopated

time."

"A Hot Literary Dinner."

A Georgia party had an account of

"A Hot Literary Dinner," after which

there was a meeting to decide

whether to have a literary dinner

or a literary dinner.

Choice Article.

Imaginative N. Y. Herald-Tribune

editorial: "How can we get the

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