Humors Feed on Humors

The Sooner You Get Rid of Them the Better.

In the Spring there's an effort of Nature to cleanse your system.

You know this by the pimples and other eruptions on your face and body.

In the Spring, therefore, is the best time to take

Hood's Sarsaparilla

For the quickest results.

Bu. whenever taken, this great medicine thoroughly cleanses the system, gets into all its nooks and corners, removes all humors and all unhealthy accumulations.

"Hood's Sarsaparilla is an excellent blood purifier. We had a little boy with us whose hands and face were broken out with sores. We gave him Hood's Sarsaparilla and the sores soon disappeared." JOHN SCHWAB, Nipomo, Cal.

Accept No Substitute.

Poor Old Coal.

"Bulgey claims that he has more social engagements than he can fill. Does he really shine in society?"

"Oh, yes. Didn't you ever see that dress coat of his? There was never another so shiny as that."

Simplicity In Funerals.

The simplicity which marked the ancient Jewish burial ceremonies has much to commend it even to us. The inexpensive coffin and the uniform linen shroud served to emphasize the equality of all in death. As things are today the rich tax their brains to invent new funeral fineries and the poor impoverish themselves to keep up with their wealthier neighbors.

E W Grove

This signature is on every box of the genuine **Laxative Bromo-Quinine** Tablets the remedy that cures a cold in one day

He Incorrected Himself.

"It was funny to hear that man talk at the political meeting," remarked Johnny. "He said 'between you and me,' all right enough, and then he corrected himself and said 'between you and I.'"

"You mean he incorrected himself," said Tommy severely.

I am sure Piso's Cure for Consumption saved my life three years ago.—MRS. THOS. ROBBINS, Maple street, Norwich, N. Y., Feb. 17, 1900.

His Task.

George—With the assurance of your love I could conquer the world.

Grace—That will not be necessary. All you have to do is to conquer papa.

A Traveler's Opinion.

Mrs. Quizzer (who wants to know something)—Now what do you consider to be the most curious thing you ever saw, professor?

Prof. Trotter—A woman, madam.

The Best Prescription for Malaria Chills and Fever is a bottle of Grove's Tasteless Chill Tonic. It is simply iron and quinine in tasteless form. No Cure, No Pay. Price 50c.

Slipshod Work.

St. Peter—What's the matter in the recording angel's department?

Spirit—Slipshod work. They are trying to find out who is to blame. You let Mr. Greatman in yesterday, didn't you?

"Yes; there wasn't a thing against him."

"Well, the recording angel has got hold of an old newspaper printed by the opposition party, and has found all sorts of horrible things about him"

HOW'S THIS?

We offer One Hundred Dollars Reward for any case of Catarrh that can not be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Props., Toledo, O.

We the undersigned, have known F. J. Cheney for the past 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm.

WEST & TRUAX, Wholesale Druggists, Toledo, O.
WALDING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly on the blood and mucous surfaces of the system. Price 75c per bottle. Sold by all druggists. Testimonials free.

Hall's Family Pills are the best.

Whistling a Sin in Iceland.

Whistling in Iceland is considered as much of a sin as profanity. There are some parts of the world where those who whistle are fined and put in jail.

In the Same Fix.

Wife—This is a nice time to come home! I have not closed an eye all night!

Husband—D-do you think I did?

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer. Send for FREE $2.00 trial bottle and treatise. DR. R. H. KLINE, Ltd., 931 Arch St., Philadelphia, Pa.

Days of Rain.

It rains on an average of 208 days in the year in Ireland, about 150 in England, at Kezan about 90 days and in Siberia only 60 days.

Our 1901 catalog contains a full list of everything needed for photographic purposes. The fullest line of amateur goods in the west. Kirk, Geary & Co., 330 Sutter St., San Francisco.

Had All the Marks.

Teacher—And how do you know, my dear, that you have been christened?

Scholar—Please, mum, cause I got the marks on me arm now, mum.

When your liver is out of order do not dose yourself with poisonous drugs that harm and never cure, but take Garfield Tea, and HERB remedy that CURES.

Tillman's Offer to Lecture.

Senator Tillman has received a flattering offer to go on the lecture platform, with full privilege to select his own topic and discuss it in his own way. The southerner is a capital story teller and has a keen sense of humor, both of which qualifications would stand him in good stead as a lecturer.

Under Water.

Strange acquaintances are to be made under water. H. Phelps Whitmarsh, who for a time adopted the calling of pearl-fisher in Australian waters, tells this story of meeting a submarine monster:

It was a muddy day, and everything in consequence looked blurred and exaggerated. In the yellow distance I saw an immense dark object moving slowly toward me. As it came nearer, I made out a central body with several great arms or feelers waving rhythmically. My heart was in my mouth.

I felt sure it was an octopus. Then, when I was about to stir up the mud at my feet, to avoid being seen, I discovered that the enemy was nothing more than a fellow-diver. The feelers I had imagined were his arms, legs and lines.

A shadowy giant about twelve feet high, with huge hands and a head like a small barrel, was approaching. He walked slowly, his heavy boots raising the mud behind him like a cloud of dust, and his great central eye gleamed darkly. Although I knew him to be a man, it was with difficulty that I refrained from taking to my heels. At sight of me, he, too, was startled; but he quickly recovered, and we shook hands. Then we nodded, grinned, showed each other the state of our bags, and parted.

The Steam Locomotive Doomed.

It is claimed that within a few years the electric motor will completely supplant the steam locomotive, and trains will then rush along at a speed of 100 miles an hour. To travelers this will prove a great blessing, but no more so than Hostetter's Stomach Bitters, has proved a blessing to those who wish to regain their helth quickly. The Bitters cure dyspepsia, indigestion, biliousness, malaria, fever and ague, also improves the appetite and purifies the blood.

Doubtful.

First Crony—Let me see, didn't Strickland marry one of Old Smiley's girls?

Second Crony—Yes.

First Crony—By the way, though, isn't Smiley dead?

Second Crony—He was the last I heard of him.

Proving a Theory.

Yabsly—Do you think there is anything in the theory that business worries can sometimes cause a complete loss of memory?

Mudge—Yes, I know that it works that way in my case. The more I borrow money, the more treacherous my memory becomes.

Contingncies.

Cy Nick—You don't catch me tying myself to any namby-pamby female for life.

Miss Thrust—I dare say not, Mr. Nick—unless the woman was crazy.

GRIP'S RAVAGES

After-Effects Are Often Worse Than the Trouble Itself—How They May Be Avoided and Good Health Restored.

From the Journal, Kansas City, Mo.

Following every epidemic of the grip there remains a trail of after effects which are often worse than the trouble itself and which seem to baffle all efforts of physicians. A specific, however, has been found which not only will quickly restore the health after an attack of grip and expel the lingering germs, but, working through the blood will render the system proof against the disease. In hundreds of cases it has been shown that Dr. Williams' Pink Pills for Pale People have accomplished this result. One of the many recent cures is that of Mrs. J. B. Shaw, of 2101 Bellefontain avenue, Kansas City, Mo., who says:

"When the grip was epidemic here I was one of its victims and the disease left me in a bad state. I formerly had an excellent memory, but after the attack I could scarcely remember anything. I had severe pains in the top and back of my head and was dizzy by spells. I would lie awake until nearly morning and then fall into a sleep that was not restful. My heart action was weak and I was a victim of nervousness. In fact my health was shattered by the attack of the grip and recovery seemed hopeless.

"After being afflicted in this manner for several weeks, I happened to read an advertisement of Dr. Williams' Pink Pills for Pale People. Thinking they might do me good, I began taking them at once. In three days I was much better and could sleep like a child at night. After using a box of the pills my memory was restored and I felt greatly encouraged. I continued taking them until I had used three boxes and was in better health than I had enjoyed for several years.

"If a stamped envelope is sent for reply I will gladly answer all inquiries relating to my case."

Signed, MRS. J. B. SHAW.

Subscribed and sworn to before me this 12th day of February, 1901.

LIONEL MOISE, Notary Public.

(Seal)

At all druggists or direct from Dr. Williams Medicine Co., Schenectady, N. Y. Price 50 cents per box; 6 boxes, $2.50.

A Mother's Methods.

"You see," said the mother, "Tommy is so uncomplaining and yielding that I always give him the first choice of everything."

"As a lesson to Johnny?" asked the caller.

"No. It gives Johnny a chance to take it away from him. Then both are satisfied."

Ancient Roman Aqueduct.

Recent discovery in Jerusalem proves that the ancient aqueduct which brought water from Bethlehem through the Hinnah valley, was built by the emperor Severus, 195 A. D. Inscriptions to that effect have been found.

Necessary Apology.

He—Newlywed is always talking about his wife's money.

She—That's very strange.

"Not so very. You just ought to see her."

BARON STEUBEN'S NAMESAKES.

Bluff Revolutionary Soldier's Name Borne by Many Others.

Baron Steuben, the bluff old soldier of the Revolution, was greatly beloved by his men. He was called everywhere "The Baron," and to one woman, who came to him asking permission to name her child for him, he said, "And what will you call him?" For, like all titled personages, he had a profusion of proper names.

"Why," said the woman, "I'll call him Baron."

Baron he was, and so were the other namesakes. Indeed, when the old soldier was urged to lay aside his title, in the enthusiasm of the French Revolution, he answered that it would be of no use. There were too many Baron Steubens in existence.

One full-grown namesake he acquired under peculiar circumstances. When he was one day inspecting a Connecticut regiment he found a fine-looking sergeant, named Jonathan Arnold. The baron had been one of the court which had unwillingly condemned Andre, and he detested the "wretch who drew him to death." So he advised the man to change his name.

"But what name shall I take?" cried Arnold.

"Any name you please," answered the baron. "Take mine. It's at your service."

So Jonathan Arnold duly became Jonathan Steuben, and under that name fought bravely and well. When he returned to his Connecticut home, after the war, he married, and his son was named after the old soldier, "Frederick William." To him Baron Steuben willed a farm, and Frederick William Steuben, a good soldier in the War of 1812, died in the service.

Paul B. du Chaillu has announced that he will go to Russia and gather material for an impartial book upon the dominion of the Czar.

Ida M. Tarbell has revised her "Napoleon," which has reached a sale of 100,000 copies, and will reissue it under the title of "Napoleon and Josephine."

Edgar Fawcett has written a new novel entitled "New York." It chronicles many strange phases of life in that city and has a convict for a hero. Mr. Fawcett now lives in London.

"New Glimpses of Poe," by Prof. James A. Harrison of the University of Virginia, will include certain phases of Poe's life and character which, it is asserted, have been hitherto overlooked.

Beulah Marie Dix, author of "Hugh Gwyeth," has written a new novel of early colonial life in New England, which will shortly be published under the title of "The Making of Christopher Ferringham."

T. Edgar Pemberton has written a volume concerning Bret Harte, which takes the form of a mild biography. Mr. Harte has contributed a letter to the book and incidentally remarks that much which Mr. Pemberton has said about him should be left to his tombstone.

The last literary work undertaken by Alphonse Daudet, a play based on his story, "La Petite Paroisse," has just been brought out in Paris. The play is both disgusting and stupid and those most loyal to the author's memory regret that it should have been given to the public.

It will be remembered that Arthur Lawrence published some time ago a volume entitled "The Life-Story, Letters and Reminiscences of Sir Arthur Sullivan," written with the composer's authority. He is now at work on a complete biography, which will be entirely rewritten and contain much new matter.

A Youthful Ruler.

By the death of the Maharaja of Patiala his little son, Ticca Sahib, becomes the nominal head of about two million people.

This small youth is, in a sporting sense at least, the worthy son of his father, for although he is only ten years of age he plays cricket well and is an excellent rifle-shot. His father was a famous sportsman, equally proficient in cricket, in riding, polo-playing and pig-sticking, as the boar-hunt is called.

The last notable achievement of the Maharaja was making twenty-one runs in eight and a half minutes in the cricket match against the Bombay Parsees. So it will be seen that little Ticca Sahib has an illustrious family record to emulate.

New York to Philadelphia for $1.

The plans to connect New York and Philadelphia by trolley by way of Somerville, N. J., are advancing. The tracks of the Philadelphia and New Jersey Railroad and the Philadelphia and Bristol Railroad will be used. Heavy tracks will be laid, and the cars run at a high rate of speed. The single trip fare between Philadelphia and New York, it is said, will be $1.—New York Tribune.

The Superlative Degree.

"Am I henpecked?"

The harassed husband was communing with himself.

"Henpecked?"

His voice took on a tone of mingled humiliation and desperation.

"I am henbusheled, that's what I am."—Baltimore American.

So He Is.

Mr. Ascum—I hear your old minister has gone in for ritualism.

Mr. Lochurch (disgustedly)—Yes, he's gone wrong, completely.

Mr. Ascum—How can you say that? He's all rite now.—Philadelphia Press.

An unmarried man goes twice as far in the road as a married man before he meets anyone who tells him his duty.

A great mind is always a generous one.

Marvel Watch of Geneva.

A manufacturing firm of Geneva, Switzerland, has for many years been making a specialty of complicated timepieces and a watch placed on view at the Paris exposition is regarded by them as their highest achievement. In it they have overcome problems which were before considered insolvable, and have succeeded in retaining the size of the watch within a convenient limit of a pocket timepiece—namely, twenty lignes, corresponding to the American eighteen size. But two of these watches have ever been constructed. One of these was purchased direct from the workshop of the firm to be added to the magnificent watch collection of A. Ponti, the celebrated amateur of Milan, Italy.

This watch, which has a perpetual calendar indicating the days of the months, the days of the week and the phases of the moon, also possesses two separate small dials, upon which are shown automatically for a given latitude the time of the rising of the sun and the time of its setting. The difficulty overcome here was great, but what comprises the merit of the piece is that, in connection with the minute hand, which shows the mean time (the time we use), it carries another hand which indicates the sun's time (the true time). This hand, moving from the center as do the hands showing the mean time, constantly travels with them and places itself each day at midnight in the position it should occupy in order to indicate for that day the difference between the mean and true time. The variation is very great, being as much as fifteen minutes in one direction or the other. These dates are April 15, June 15, Sept. 1 and Dec. 25.—Jewelers' Circular.

City Feller's Advantage.

"That there farm," said the driver, "on the off side, belongs to a feller in town that runs it for his health."

"How does he get along?" asked the drummer.

"Oh, 'bout 's well's the rest of us, only he don't have to buy no gold bricks to come out loser, like we do."

CONGRESSMAN BOTKIN'S RECOVERY.

Suffered Twenty-five Years.

Washington, D. C., April 1, 1898.

Dr. S. B. Hartman, Columbus, Ohio.

My dear Doctor—It gives me pleasure to certify to the excellent curative qualities of your medicines, Peruna

Hon. J. D. Botkin.
Congressman-at-Large from Kansas.

and Manalin. I have been afflicted more or less for a quarter of a century with catarrh of the stomach and constipation; a residence in Washington has increased these troubles.

A few bottles of your medicines have given me almost complete relief, and I am sure that a continuation of their use will effect a permanent cure.

Peruna is surely a wonderful remedy for catarrhal affections.

J. D. Botkin.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of the Hartman Sanitarium, Columbus, Ohio.

The Boston Boy's Ranch.

A western cattle ranch belonigng to the children of some Boston people, has been named by them "Focus," because it is where the sons raise meat.

Stops the Cough and Works Off the Cold.

Laxative Bromo-Quinine Tablets cure a cold in one day. No cure, No Pay. Price 25 cents.

Italians call locusts "little horses," and the German term for these pests is "hay horses."

Active man by large manufacturing house; $36.00 in cash paid for 12 days' trial; promotion and permanent position if satisfactory. Address G. B. P. Co., 723 Chestnut St., Philada.

Coal can be transported 1,000 miles on the American lakes for 20 cents a ton.

COME AND GO

In many forms

Rheumatism
Neuralgia
Lumbago
Sciatica

make up a large part of human suffering. They come suddenly, but they go promptly by the use of

St. Jacobs Oil

which is a certain sure cure.

25 CTS. PISO'S CURE FOR CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in time. Sold by druggists. CONSUMPTION 25 CTS.

To Mothers of Large Families

In this workaday world few women are so placed that physical exertion is not constantly demanded of them in their daily life.

We make a special appeal to mothers of large families whose work is never done, and many of whom suffer, and suffer for lack of intelligent aid.

To women, young or old, rich or poor, we extend an invitation to accept free advice. Oh, women! do not let

MRS. CARRIE BELLEVILLE.

your lives be sacrificed when a word of advice at the first approach of weakness, may fill your future years with healthy joy. Address a letter to Mrs. Pinkham's Laboratory, Lynn Mass. and you will not be disappointed.

"When I began to take Lydia E. Pinkham's Vegetable Compound I was not able to do my housework. I suffered terribly at time of menstruation. Several doctors told me they could do nothing for me. Thanks to the Pinkham advice and medicine I am now well, and can do the work for eight in the family.

"I would recommend Lydia E. Pinkham's Vegetable Compound to all mothers with large families."—MRS. CARRIE BELLEVILLE, Ludington, Mich.

Do Good to All.

"To tumble into 'grumble' ditch is easy, but it is not so easy to get out. One way out is by doing good to others. As we have opportunity, let us do good unto all men."

YOU KNOW WHAT YOU ARE TAKING When you take Grove's Tasteless Chill Tonic, because the formula is plainly printed on every bottle showing that it is simply Iron and Quinine in a tasteless form. No Cure, No Pay. 50c.

The Army Dentists.

"I see that the reorganized army is to have 27 dentists."

"That's a good thing. They'll keep the dogs of war in a condition to show their teeth to the best of advantage."

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Banana growing is a feature of fruit raising in Southern California. Though it does not meet with the same success as it does in tropical regions the enterprise is said to be making fair progress.

TO CURE A COLD IN ONE DAY Take Laxative Bromo Quinine Tablets. All druggists refund the money if it fails to cure. E. W. Grove's signature is on each box. 25c.

The new library at Athens is now completed. It was begun 14 years ago by Professor Ziller, of Dresden. It has room for 400,000 volumes.

People expect much from Garfield Tea, and they are never disappointed; it cures stomach, liver and bowel disorders and cures constipation and sick headache.

A physician in Newburg, N. Y., had a desperate battle with a Newfoundland dog weighing 200 pounds, finally choking the dog to death.

If you are a photographer and have not received a copy of our 1901 catalog you have missed a good thing. Send for it at once. Kirk, Geary & Co., 330 Sutter St., San Francisco.

Machinery, Implements, Farm Supplies, Etc.

Mitchell Bicycles

$25 - $30 - $35 - $40

OXFORD, DEFENDER and DUNLOP TIRES

Dunlop Steel Rims. Full Line of Sundries. Agents Wanted. Send for Catalogue.

Mitchell, Lewis & Staver Co.,
First and Taylor Sts. PORTLAND, OR.

JOHN POOLE, Portland, Oregon,
Foot of Morrison Street,

Can give you the best bargains in Buggies, Plows, Boilers and Engines, Windmills and Pumps and General Machinery. See us before buying.

ADVANCE THRESHER CO.

Factory, Battle Creek, Michigan.

Branch House, Portland, Oregon.

To be Prosperous, Use the "ADVANCE" THRESHER

The greatest money-maker. For prices and catalogue see "Advance" agents, or write

Advance Thresher Co., Portland, Or.

Or write

M. E. and E. T. Hay, Wilbur, Wash.

POULTRY NETTING.

Buy from the manufacturer. Price in full rolls

2 feet wide, 150 feet long	$1.85
3 " " " " "	2.47
4 " " " " "	3.30
5 " " " " "	4.12
6 " " " " "	4.95

All Kinds of Wire and Iron Work.

PORTLAND WIRE & IRON WORKS
149 Front St., Portland, Oregon.

Chas. L. Mastick & Co.

75 Front Street, Cor. Oak Portland, Oregon.

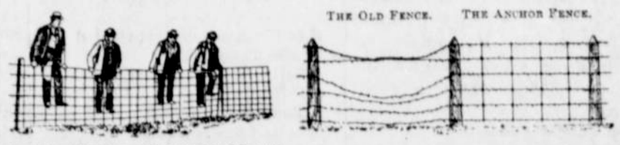
CASH BUYERS OF HIDES, PELTS AND TALLOW.

Consignments solicited. Pay highest market price. PROMPT RETURNS. Dealers in Leather and Findings.

Refer to Wells, Fargo & Co. Bank, Portland, Oregon.

NEW LIFE TO OLD FENCES!

Long Life to New Ones. How? By Using Our **Anchor Clamps and Uprights.**



Great Combination of Strength and Beauty.

"THE TIE THAT BINDS."

CLAMP BEFORE USING.

See Our Anchor Clamp

You would be surprised if you knew how little it would cost you to fix up that old fence. Better send for some Anchor Clamps and Uprights, and a pair of our pinchers, and make your old wire fence look like a new one.

ANCHOR FENCE looks so nice and is so strong that farmers sometimes think that it must be high priced. It isn't, though.

Cattle, Sheep and Hog Tight. IT NEVER SLIPS after closing.

FARM, RAILROAD AND LAWN FENCE.

Write for Prices and Catalogue. Agents Wanted in Every Town.

The Portland Anchor Fence Co.
742 Nicolai St., PORTLAND, Oregon.

WEATHERWISE AND OTHERWISE!

BEWARE OF IMITATIONS. LOOK FOR ABOVE TRADE MARK.
CATALOGUES FREE.
Showing Full Line of Garments and Hats.
A. J. TOWER CO., BOSTON, MASS. U.S.A.

One or two horse; sizes 8, 9, 10 and 12. Call on McCormick agent, or address

A. H. BOYLAN, Gen. Agt., Portland, Or.
For Catalogue and Prices.

SUMMER is best time to cure Catarrh, Bronchitis and Consumption. Our remedy is guaranteed, $1. P. O. Box 973.
W. H. SMITH & CO., Buffalo, N. Y.

N. P. N. U. No. 19—1901.

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YOUR OLD STRAW HAT

Made new with Strawine. Cleans and Bleaches any Straw Hat. By mail, 25 cents. Send stamps.

WOODARD, CLARKE & CO., Chemists
Portland, Oregon.

Another View of Charity.

"What is true charity, but giving with a liberal and willing hand?"

"By no means. When you know some things about another fellow, the charity might consist in giving nothing away."

Puffs under the eyes; red nose; pimple-blotched, greasy face don't mean hard drinking always as much as it shows that there is *BILE IN THE BLOOD.* It is true, drinking and over-eating overloads the stomach, but failure to assist nature in regularly disposing of the partially digested lumps of food that are dumped into the bowels and allowed to rot there, is what causes all the trouble. *CASCARETS* will help nature help you, and will keep the system from filling with poisons, will clean out the sores that tell of the system's rottenness. Bloated by bile the figure becomes unshapely, the breath foul, eyes and skin yellow; in fact the whole body kind of fills up with filth. Every time you neglect to help nature you lay the foundation for just such troubles. *CASCARETS* will carry the poisons out of the system and will regulate you naturally and easily and without gripe or pain. Start to-night—one tablet—keep it up for a week and help the liver clean up the bowels, and you will feel right, your blood will be rich, face look clean, eyes bright. Get a 50c box of *CASCARETS,* take as directed. If you are not cured or satisfied you get your money back. Bile bloat is quickly and permanently

CURED BY **Cascarets** LIVER TONIC

BEST FOR THE BOWELS

10c. 25c. 50c.

ALL DRUGGISTS. NEVER SOLD IN BULK.

CURE all bowel troubles, appendicitis, biliousness, bad breath, bad blood, wind on the stomach, bloated bowels, foul mouth, headache, indigestion, pimples, pains after eating, liver trouble, sallow complexion and dizziness. When your bowels don't move regularly you are getting sick. Constipation kills more people than all other diseases together. It is a starter for the chronic ailments and long years of suffering that come afterwards. No matter what ails you, start taking CASCARETS to-day, for you will never get well and be well all the time until you put your bowels right. Take our advice; start with CASCARETS to-day, under an absolute guarantee to cure or money refunded.

GUARANTEED TO CURE. Five years ago the first box of CASCARETS was sold. Now it is over six million boxes a year, greater than any similar medicine in the world. This is absolute proof of great merit, and our best testimonial. We have faith and will sell CASCARETS absolutely guaranteed to cure or money refunded. Go buy today, two 50c boxes, give them a fair, honest trial, as per simple directions, and if you are not satisfied, after using one 50c box, return the unused 50c box and the empty box to us by mail, or the druggist from whom you purchased it, and get your money back for both boxes. Take our advice—no matter what ails you, start today. Health will quickly follow and you will bless the day you first started the use of CASCARETS. Book free by mail. Address: STERLING REMEDY CO., NEW YORK or CHICAGO.