

# PORTLAND BUSINESS DIRECTORY

**New Houston Hotel**  
 5th and Everett Sts., Portland, Ore.  
 Blocks from Union Depot. Two blocks from New Postoffice. Modern and fireproof. 100 outside rooms. Rates 75c to \$2.00.  
 CHAS. G. HOPKINS, Manager.

**SHIP** Veal, Pork, Beef, Poultry, Butter, Eggs and Farm Produce.  
 In the Old Reliable Everding house with a record of 45 years of Square Dealings, and the assurance of TOP MARKET PRICES.  
 F. M. CRONKHITE,  
 427 Front Street, Portland, Oregon

**FRED DUNDEE**  
 MOTOR CAR REPAIRING  
 MACHINE WORK  
 MAGNETO SERVICE STATION  
 ALL KINDS OF WELDING  
 CYLINDER GRINDING  
 PROMPT ATTENTION TO ALL ORDERS  
 Broadway at Flanders, Portland, Or.

**The MAGIC HOP 98¢**  
 BAKED POST PAID SPECIAL  
 Listen to the Homemaker's Story, the story of a hop. Thousands are to be sold every day. Simple and practical. Full directions with each hop.  
 H. C. FROTT, 1410 N. BROADWAY, PORTLAND, OREGON

**LISTEN TO THIS!**  
**SAYS CORNS LIFT RIGHT OUT NOW**  
 You corn-pestered men and women suffer no longer. Wear the shoes that nearly killed you before, says the Cincinnati authority, because a few drops of freezeone applied directly to a tender, aching corn or callous softens it at once and soon the corn or hardened callous loosens so it can be lifted out, root and all, without pain.  
 A small bottle of freezeone costs very little at any drug store, but will actively take off every hard or soft corn or callous. This should be tried if it is inexpensive and is said not to irritate the surrounding skin.  
 If your druggist hasn't any freezeone let him to get a small bottle for you from his wholesale drug house. It is the stuff and acts like a charm every time.—Adv.

**Bad Finish.**  
 "This Hindenburg is always talking about his drives."  
 "Yes," commented the man who wears a golf cap to work. "He makes some big drives. But he doesn't seem to be any good on the putting green."  
 Exchange.

**Putting Art in Artillery.**  
 Teacher, to current events class—Willie, can you tell me what is the largest gun the Germans use?  
 Willie—I've heard how it's—  
 Exchange.

**Language of Flowers.**  
 Orchids—You're out of your class.  
 Roses—You can't afford to get married.  
 Violets—Better pay your room rent, my lad.  
 Jonquills—Big show for the money, my top.—Kansas City Journal.

**A Warning.**  
 "If you find your master in a running condition, don't go near him."  
 "Why, sir? Is it ketchin'?"—Exchange.

**WANTED—MEN and WOMEN**—In honorable service. Send stamp and reference letter. Bargaly & Barnes, Waveland, Ark.

**Sore Eyes**  
 Granulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Marine Eye Remedy, No Smearing, Just Eye Comfort. AT drugists or by mail 50c per Bottle. Marine Eye Solve in Tubes 25c. For Book of the Eye Remedy ask Marine Eye Remedy Co., Chicago

**Let Cuticura Be Your Beauty Doctor**  
 P. N. U. No. 23, 1918

**Sapolio doing its work. Scouring for U.S. Marine Corps recruits.**  
**Join Now!** Men who wear this emblem are U.S. MARINES  
**APPLY AT ANY POST OFFICE for SERVICE UNDER THIS EMBLEM**

## Farmerettes Answer Uncle Sam's Call

Girl Volunteers Raise Pigs, Care for Cattle, and Till Soil Better Than Many Men



In the opinion of Uncle Sam the raising of pigs is an important war task; so important, in fact, that he has called upon 200,000 girls and boys to raise porkers for the market. The appeal has been heeded by the farmerettes who are joyfully tackling the job of providing more than their share of the pork products which we must ship to our fighters and the allies in Europe.  
 This farmerette is having a jolly good time taking care of a litter of eight cute little black pigs. Caring for the pigs is only one part of the work of these girls down at their Huntington, Long Island, farm. They are showing that girls can be capable farm hands at all sorts of chores.

### BRIEF THRIFT ITEMS

By the U. S. Department of Agriculture

Scraps of leftover meat or fish can be combined with cereal or other mild-flavored food, both to give flavor and to add nourishment to the total dish.

Stale bread can be utilized in a variety of ways in combination with vegetables and meats, in preparing cakes, breads and puddings, and in other ways.

Much food is thrown away because so many people do not know how to utilize leftovers or will not take the trouble to keep and prepare them. Leftover cereals can be reheated or combined with fruits, meats, or vegetables into appetizing side dishes. Even a spoonful of cereal is worth saving to thicken soup, gravy, or sauce.

Many persons regard the saving of small amounts of leftover food as unimportant. If they kept accurate account, however, for any period, many families would be astounded by the amount of good food they are throwing out and by the sums that they are paying to the grocer, the butcher, and milkman merely to replace good food being absolutely wasted.

Every bit of fat trimmed from meat before cooking or tried out in boiling, roasting, or broiling can be made use of in cooking. In buying meat it is often the case that after the meat has been weighed and the price for the cut named valuable fat is trimmed off. This fat, which the housewife pays for, if taken home and used, would reduce expenditures for cooking fats.

Skim milk, too widely looked down upon as a food although it contains practically all the nourishing elements of whole milk with the exception of the cream or fat, can be used as a beverage, in cooking cereals, or as a basis for milk soups or sauces. Sour milk, also, so often thrown away, can be used in making hot breads or in the home manufacture of cottage cheese.

The efforts which American housekeepers are making to avoid kitchen and table waste are of great importance. No one can tell just how much has been saved, but that the amount is large is indicated by the work of garbage and fertilizer plants showing that there has been a great falling off in the amount of fat and nitrogenous material received from garbage. Let the good work go on. Every pound of food saved is a pound added to our food supply.

**Animal Cemetery.**  
 Probably the largest and best appointed animal cemetery in the world is that which still remains attached to the ruined summer palace in Peking. Here repose in coffins of polished orris wood elaborately carved, more than a thousand dogs that were the pets of former emperors and empresses of China.

# DAIRY

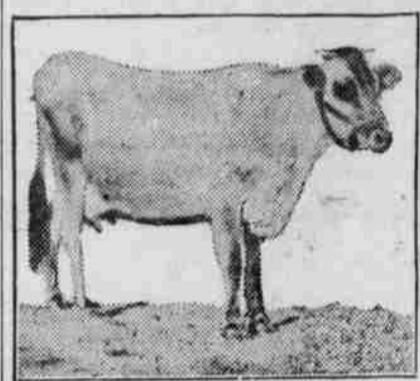


## BEST DAIRY CATTLE BREEDS

In Making Selection Dairyman Should Take Local and Market Conditions Into Consideration.

(Prepared by the United States Department of Agriculture.)

Breeds of dairy cattle differ in both conformation and general characteristics. Each has been developed for certain ends. To make the greatest success a dairyman in selecting a breed should take local conditions and marketing requirements into consideration in connection with the characteristics of the various breeds. He should not allow personal preference to influence his selection if his favorite breed is unsuited to local conditions, but should give careful consideration to the breed or breeds already established in his community. In such a selection he is benefited in many ways.



Jersey Cow in Pasture.

For instance, a market is established, surplus stock may be disposed of to better advantage, co-operative advertising may be used and bulls may be bought co-operatively or exchanged readily among breeders.

Jersey cattle, the most numerous breeds in the United States, originated in the Island of Jersey. Jerseys and Guernseys probably had the same foundation stock, but have been developed toward different ideals so that the breeds now differ in a number of particulars.

Jerseys vary considerably in color. Shades of fawn, squirrel gray, mouse color and very dark brown are common. Jerseys have a highly organized nervous system and are usually somewhat excitable, responding quickly to good treatment and good feed. Cows average about 900 pounds and bulls 1,500 pounds in weight. The Jersey cow gives rich, yellow-colored milk and is an excellent butterfat producer.

In the Jersey breed, the average of 5,244 cows that had completed yearly records for the register of merit was 7,792 pounds of milk, testing 5.35 per cent, making 417 pounds of butterfat. The ten highest milk producers ranged from 19,694.8 to 16,633.2 pounds, an average, for these ten, of 17,703.4 pounds of milk. The ten highest butterfat producers range from 999.1 to 875.2 pounds, an average, for these ten, of 943.1 pounds of butterfat.

### HINTS ON MILK PRODUCTION

**Cows Should Be Kept Clean and Milked in Clean Surroundings into Covered Pail.**

(Prepared by the United States Department of Agriculture.)

After any foodstuff is produced one of the important things is to see that it is put on the market in good shape so that it will keep for a reasonable length of time without loss through spoilage. In this time of need for food every effort should be made to prevent milk from spoiling. Cows should be kept clean and should be milked in clean surroundings into a small-top or covered pail. All utensils which come into contact with the milk should be thoroughly sterilized with steam for at least five minutes, and milk should be cooled promptly to 50 degrees Fahrenheit or less and maintained at that temperature. Whenever these conditions are met, little milk will be wasted. In this time of terrible destruction of human life it is particularly necessary that milk be produced under such conditions as to insure a safe food for babies. This must be done by a decreasing number of men trained to do it. A great task and a great opportunity for dairymen are involved.

### COMFORT FOR YOUNG CALVES

Give Them Sun-Lighted Quarters, Milk, Sound Grain and Bright Hay—Watch Carefully.

Give the young calf comfortable, sun-lit quarters; whole milk the first two weeks, changing to skim milk thereafter; sound grain and bright hay in liberal quantities as it will use them; and, withal, the watchful eye and the liberal hand of the owner, whose interest will see that all changes in feed are gradually made.

**Poor Roughage for Cows.**  
 Timothy hay is used quite commonly grown, and is used despite the fact that it is an extremely poor roughage for dairy cows.

Owing to the increased cost of all kinds of material the retail selling price of

## KOVERALLS

Reg. U. S. Pat. Off.

has been advanced to **\$1.25** the Suit

Excellence of quality and workmanship guaranteed as heretofore.



Look for this Red Woven Label  
 Made by Levi Strauss & Co., San Francisco  
 Awarded GRAND PRIZE at P. P. I. E.  
 Mfrs. of "Freedom-A-Alls" the new garment for women

**Carelessness.**  
 Wife (reading)—Thief grabs lady's \$500 meshbag with two pennies in it.  
 Husband (a preacher)—Ah, ladies should be more careful on their way to church.—Houston Chronicle.

**When Mary's Lamb Grew Up.**  
 Mary had a little lamb—  
 But how that lamb has grown!  
 Now Mary'd rather walk a mile  
 Than face that lamb alone.  
 —Boston Transcript.

**Habit.**  
 "That telephone frets me like an aching tooth," said the man who jumps every time the bell rings.  
 "Yes," commented the sardonic citizen; "there is a similarity; and the queer part of it is that you lack the nerve to have either taken out."—Washington Star.

**Real Art.**  
 "He's a clever photographer."  
 "Makes pictures of people as they look, I presume."  
 "Cleverer than that. He makes them as they think they look."—Detroit Free Press.

**A PRETTY FACE** is the result of a healthy physical condition. "Beauty is but skin deep" yet it greatly depends on a clear complexion, free from wrinkles and hollow cheeks.  
 Health always brings wealth of beauty. A healthy state of the system comes with Doctor Pierce's Favorite Prescription. It's a medicine prepared for woman's ailments—it cures those derangements and weaknesses which make woman's life miserable.  
 You can overcome most bodily ills, escape sickness, build up your health with regular hours, plenty of water, sensible food, and a chance to get the poison out of the system. Take a natural laxative once or twice weekly. Such a one is made of May-apple, juice of aloes, and root of jalap, sugar-coated and supplied to all druggists years ago by Doctor Pierce and known as Doctor Pierce's Pleasant Pellets. Get them to-day!—Adv.

**Polite Repartee.**  
 Stupid Maid—Mrs. Juggins says she ain't home, ma'am.  
 Clever Caller—All right; tell her I was awfully afraid she would be.—Baltimore American.

**Couldn't Miss Them.**  
 "Did you observe all the meatless and wheatless days?"  
 "Observe them! They have been forced on my attention."—Washington Star.

**Impervious.**  
 "The language you use to that mule is perfectly shocking."  
 "Yes," replied the driver. "It seems to get a rise out of everybody but the mule."—Washington Star.

## THIS WEEK, NERVOUS MOTHER

**Tells How Lydia E. Pinkham's Vegetable Compound Restored Her Health.**

Philadelphia, Pa.—"I was very weak, always tired, my back ached, and I felt sickly most of the time. I went to a doctor and he said I had nervous indigestion, which added to my weak condition kept me worrying most of the time—and he said if I could not stop that, I could not get well. I heard so much about Lydia E. Pinkham's Vegetable Compound my husband wanted me to try it. I took it for a week and felt a little better. I kept it up for three months, and I feel fine and can eat anything now without distress or nervousness."—Mrs. J. WORTHLINE, 2842 North Taylor St., Philadelphia, Pa.



The majority of mothers nowadays overdo, there are so many demands upon their time and strength; the result is invariably a weakened, run-down, nervous condition with headaches, back-ache, irritability and depression—and soon more serious ailments develop. It is at such periods in life that Lydia E. Pinkham's Vegetable Compound will restore a normal healthy condition, as it did to Mrs. Worthline.