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We are pleased to announce to our patrons that we have recently opened a Meat Market on O street, near our former location and will always supply the trade with a choice line of all kinds of meats. Call upon us if you have choice beef, veal, and other meats for the markets.

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Uncle Sam Spoils an Indian Adoption Romance



WASHINGTON.—Uncle Sam, money grubber, who seems to have lost all his sentiment, has spoiled the pretty romance of the adoption of Robert D. Heini and his bride into the Blackfoot tribe of Indians.

Mr. Heini, who is a Washington correspondent, and his bride, formerly Miss Helen Corbin, were admitted to the tribe at a picturesque ceremony in Glacier National Park, Mont., shortly before their marriage. Chief Three Bears acted for the tribe and bestowed upon the couple the tribal names of "Black Eagle" and "Little Woman."

The redskins made their new pale-face brethren welcome. Mr. Heini having long been in their good graces through his sympathy and affection for the vanishing race of Americans, of which he has made an exhaustive study.

The tribe extended hearty welcome to "Black Eagle" and his bride, therefore, but Uncle Sam, through the In-

dian office, now says that he cannot allow his wards to acquire tribal additions in this manner.

The acting chief of the Indian Bureau says the adoption is not legal because the Indian bureau will not confirm it when it comes before them officially. Therefore, Mr. Heini and his bride will be cut out of their share of the Blackfoot allotment of lands and money which their red-skinned brothers were anxious they should have.

The acting chief said: "We will disapprove of this adoption matter when it is brought to our notice for verification. The Indians themselves, I feel sure, must have looked on it simply as a joke. They were admitted to the tribe by an Indian ceremony, and not by a legal one, which requires a tribal council before the superintendent of the reservation and other officers.

"Only people descended from the tribe and who have Indian blood in them are ever admitted to a tribe. The Indians are wards of the nation and receive a certain allotment, therefore, any new member of the tribe is a ward of the nation and would have an allotment of lands and money. We will not allow Mr. and Mrs. Heini to become members of the tribe, even if they waive their rights to apportionments."

Love Germs and Lingerie Are Coincidental

A LOT of the idiosyncrasies of young girls and budding debutantes, susceptibility to love affairs and their romantic notions generally, among other things, were explained to several hundred mothers the other day by Dr. Eleanor C. Folkmar at the exhibition hall of the Congress of Hygiene and Demography.

Dr. Folkmar said that many times girls cannot help these little things, when they are crossing the border line to womanhood. The fault is with nature, not with the belles, she admitted. They should be gently repressed.

Dr. Folkmar, who is a stoutish lady of middle age, told her sisters to denude their daughters of pretty shoes and corsets. She condemned especially the brand of corsets which conduce to the "wasplike waist."

Of the activity of the love germ in the budding belle she said:

"The period of passage from girlhood to womanhood is the period of self-consciousness, of early love affairs, of hero devotion, worship or devotion to ideals and religious enthusiasm. These things are in part results of the changes they are undergoing physically.

"This is also the period of bad tempers and the use of slang and profane words. During this period girls should not be allowed to wear corsets or high heeled shoes. Neither should they be allowed to use stimulants, not even tea or coffee. They should get



plenty of sleep and not be allowed to go much into society or take part in strenuous pastimes.

They should get nine hours of sleep in the open air. There are many cases of the nervous wrecks, women unfit for the duties of the home, because their lives were too strenuous at this period. Corsets and high heeled shoes were not made for girls under eighteen years. One of the most vexing problems of this period is the corset. Every girl wants to wear one.

Nature has provided every girl with a corset of bony framework, covered with muscles and ligaments for the thorax and pelvis and several layers of muscles for the abdomen and back. Tight lacing at this period deforms the bony framework. The curved front corset—the one that gives the wasplike waist—causes future troubles in the woman who wears them at this period.

"Next to the corset must be placed the tight shoe in the amount of harm it does girls. They should wear low, square heeled shoes with wide toes."

Staying in One's Bed Is the Only Good Answer



LAUNDRY prices in Washington are going up. This is the aeroplane age. Meat and rents are already well on their way for altitude records, having broken all former attempts. Rent, clothing, coal, and sundries are soaring. "Everybody's doin' it," and now the laundry men are going to do it, too.

"Who are we, that we should pay ten cents more for steak and not charge an additional cent for our collar processes?" asked one laundryman.

"There comes a tide in the affairs of men, when, unless one gets in the swim, one finds everything going out and nothing coming in," said another.

The "cleaners" feel that they have enough. Therefore, Washingtonians are to pay three cents for their collars and 15 to 20 cents for their shirts soon, and, if they wear pleated evening shirts, they may even cost them 25 cents.

Heretofore, however, the common "peepul" thought that he had one advantage. Cleanliness remained conservative in price. Water and soap were within his reach. He could afford to run a laundry bill.

Even had he only three collars and two onesome shirts, the world did not need to know it. They could take their regular turns at the laundry and one could maintain a bold front before the world. His neighbors did not need to know that he wintered upon two dozen lumps of coal, and brought his little ones up on a diet of oleomargarine and meatine capsules.

Provided he had the price to pay his rent, there was not much more that he needed in order to appear prosperous to his fellows.

His last hope is about to vanish into thin air.

Preserve Pears by Martha Washington's Recipe

MARTHA WASHINGTON'S recipe for preserving pears in brandy has been discovered by Mrs. Arvilla McDonough, of 1401 Massachusetts avenue Northwest. Mrs. McDonough has in her possession some valuable papers of the Washington family, and following the discovery in Washington several days ago of a jar of brandy and pears put up by Mrs. Washington, Mrs. McDonough gave the Herald a copy of the famous recipe. The jar of pears is in the possession of J. W. Messburg, 1404 Pennsylvania avenue Northwest.

The recipe in its archaic language follows: "Ye pears should be very fresh. Wash and put them into boiling lye for an minute. Remove and put them into cold water. Next put ye fruit into a prepared sirupe of sugar and water. Use an half pound of sugar for everie pound of ye fruit;



water to dissolve. Now cook for an quarter of an hour. Remove and put on plates to cool. Boile sirupe down to one-half its original quantitie. Put sirupe and pears into jars and add brandy. Seal while hote."

Mrs. McDonough is going to preserve about four bushels of pears according to the recipe of Mrs. Washington. She believes the recipe to be very good with the exception of the "boiling lye" part, but she is going to try it at any rate.

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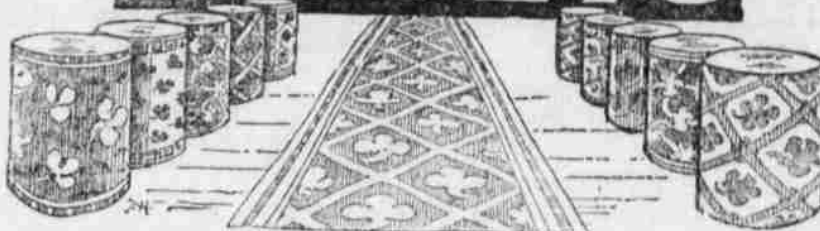
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