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You certainly cannot lose your hair and keep it, too. Which shall it be? Lose? Then do nothing. Keep? Then use Ayer's Hair Vigor. That is about all there is to it. Ayer's Hair Vigor is also a splendid hair-dressing and hair-tonic. It keeps the hair soft and smooth and greatly promotes its growth. It does not color the hair. Consult your doctor freely. Doctors are studying these hair questions much more than in former days.

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Absolutely guaranteed to cure boils, carbuncles, felonies, abscesses, blood poison, herpes, eruptions, sprains, cuts, lacerations, hemorrhoids, and all skin diseases. Nothing else like it. It is sold by all druggists. For sale in this city, 112 1/2 St. Helens, Portland, Ore. Also at Lipman, Wolfe & Company and Olds, Workman & King.

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Bull Objected to Rider.
A millionaire rancher, of Pomona, Cal., was painfully injured, recently, while attempting to ride a large red Durham bull. He had made a wager with another rancher that he could remain on the bull's back for two minutes, faith in his ability to win the wager being based upon his experience in broncho riding. He lost the bet by just 117 seconds, for three seconds after he mounted the animal's back, he was seated in the center of the corral nursing a badly wrenched hip and shoulder.

Automobile Eye Insurance needed after Exposure to Sun, Winds and Dust. Murine Eye Remedy freely applied Affords Reliable Relief. No Smarting—Just Eye Comfort—Try Murine.

Ventilate the Chicken House.
Chickens breathe 8,278 cubic feet of air in 24 hours for every 1,000 pounds of live weight, while man requires only 2,833 cubic feet and cattle but 2,804. Hence for poultry ventilation is a matter of first importance.

Novelties in the Church.
Barbara was comparing notes with a little friend who went to a different church. "Stained glass windows is nothing," she declared triumphantly. "We've got two priests and six acrobats!"

Iron Industry in Sweden.
Iron has been smelted in Sweden for more than 2,000 years, and some of the ancient furnaces still are in existence.

WIFE'S HEALTH RESTORED

Husband Declared Lydia E. Pinkham's Vegetable Compound Would Restore Her Health, And It Did.

Ashland, Ky.—"Four years ago I seemed to have everything the matter with me. I had female and kidney trouble and was so bad off I could hardly rest day or night. I doctored with all the best doctors in town and took many kinds of medicine but nothing did any good until I tried your wonderful remedy, Lydia E. Pinkham's Vegetable Compound. My husband said it would restore my health and it has."—Mrs. MAY WYATT, Ashland, Ky.

There are probably hundreds of thousands of women in the United States who have been benefitted by this famous old remedy, which was produced from roots and herbs over thirty years ago by a woman to relieve woman's suffering. Read What Another Woman says: Camden, N. J.—"I had female trouble and a serious displacement and was tired and discouraged and unable to do my work. My doctors told me I never could be cured without an operation, but thanks to Lydia E. Pinkham's Vegetable Compound I am cured of that affliction and have recommended it to more than one of my friends with the best results."—Mrs. ELLA JOHNSTON, 324 Vine St.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

What the Well-Dressed Woman

Will Wear

PARIS.—Separate blouses are as important an item in the wardrobe as can well be imagined. Some radical changes are appearing in blouses, but the some seamstress will not find anything especially difficult to deal with unless some of the sleeves bother a bit. The kimono sleeve is still seen, but it is being supplanted by set-in sleeves of various kinds.

Many of the newest blouses are cut with the dropped shoulder, and with this a long sleeve gathered into a deep cuff is often seen. Armholes are considerably larger and most of the sleeves are set into them without fullness. Not entirely so, however, for occasional blouses and waists are seen with slight fullness at the top of the sleeve.

Sleeves are all sorts of lengths, from the decidedly short ones on the evening gowns to the unusually long ones on some of the afternoon frocks and separate blouses. Many of the elbow and three-quarter length sleeves are bell shaped, and when the warm days come this shape will be comfortable as well as pretty.

Come Below the Waist Line.
So many blouses are extended below the waist line now, and many of these are as pretty as possible. Sometimes the blouse material is left the desired length below both on the front and back and cut square across the bottom. Then the circular peplum is used as a finish in some cases, and if one is ingenious in the manner of trimming and finishing some beautiful blouses will result.

Blouses are not seen with much fullness in the front, although there are more tucks or gathers at the shoulders, ending at a yoke neck, than formerly. But there must be no blousing at the waist line. The slight fullness across the bust is becoming to practically every one, and even one plait laid at the shoulder end will make a great difference in the becomingness or unbecomingness of a blouse.

In the dropped shoulder seam and the large armhole the sleeve is set into the armhole and stitched the same as a man's shirt sleeve, having the body part lap over the top of the sleeve and then stitched through from the right side instead of making an ordinary seam. Usually this dropped shoulder seam is accented by a cording or piping or a band of trimming or insertion. The under arm and sleeve seam are sewed in one continuous seam. Care must be taken in basting to see that it is coming out exactly right at the bottom.

Gives a Diversity.
The majority of blouses are collarless, and when necessary a blouse may be changed into a high necked affair by wearing one of the separate net or lace gimpes.

Front, back and side closings are all used, with so much latitude in every respect there is no excuse for wearing anything unbecoming. All the usual materials are used for blouses, besides a few new ones.

The many lovely wash materials, from the finest handkerchief linens to the cotton voiles and marquisettes, and among the less expensive ones the cross barred muslins and lawns, give one a wide range from which to choose. Then the soft silks and satins, some of them veiled in marquisette or chiffon, and some made without the veiling, are most attractive for the separate blouse. It is not especially easy to use chiffon and marquisette; it gets away from one so easily in the handling.

Cut the veiling out exactly like the lining, and watch out while you are doing it to see that it lies straight and smooth. Baste the seams together on the right side ready for French seams and slip it over the foundation to see that it is basted right. Time may be saved by doing the seams by hand, using two or three running stitches and then a back stitch.

Arranging Hooks and Eyes.
The best way to put the hooks and eyes on—those that come on a tape—is to turn in the edges of the satin on the seam lines, baste the hooks and eyes in place, and stitch on the machine on the lower edge of the tape, stitching through the tape and the satin. Then take the basting out and after the chiffon is in place turn the edges of the chiffon at the opening down over the folded over edge of the satin, baste it in place, and after basting the tape down again on the upper edge, this time over the chiffon, bring the raw edge of the satin up over the hooks and eyes and hem or overhand to position. The hooks and eyes are firmly sewed on in this way and the stitching is practically invisible.

The bell shaped sleeve is cut from a two-piece pattern and shaped principally at the outside seam. To get the shape across the bottom it must be folded together so that the front seam and the fold down the outside of the upper sleeve part make the two creases. This lets the outside seam come underneath.

In some of the lingerie blouses

whose lace is used a good deal, and oftentimes it is a heavy lace, the blouse is cut to come the desired length below, the trimming carried down to the bottom, and the lower edge finished with a matching lace edge. The blouse edges are usually square and opened up to the waist line at the under arm seams. The slight fullness at the waist line is gathered or plaited and a narrow fancy belt of some kind worn.

Concerning the Peplum.
If a peplum is to be made it must measure about one and a half inches more at the waist line than the actual waist measure. Being cut somewhat circular, it would rise up if it were just the waist measure. After it is finished at the ends it should be pinned in place on the band, pinning it in the middle of the front, if the closing is in the back, and then at each end. Either distribute the surplus amount over the hips by holding it easily there or put a gathering in and let the fullness come over the hips. If properly done this slight fullness will be practically invisible.

Many of the new blouses having the extension below the waist open in the front, and this certainly is an improvement over the opposite way in the matter of convenience. It has always seemed possible, though, to make prettier blouses by having the opening in the back, and fortunately there are still a great many to be worn.

Blouse Opens in Front.
One pretty little blouse which opened in the front was cut quite plain and made for a middle front opening. At the top, however, the right side lapped by to form a sort of oblong tab, and below this the fastening was exactly in the middle, buttoning all the way. Coming from underneath the tab was a plaited lace trim.

This was graduated in width, being three inches wide at the top and narrowing down to one and one-half inches at a point three inches below the bottom of the tab. This blouse had long sleeves gathered into a deep cuff, and a plain, perfect fitting standing collar finished the neck.

The home dress illustrated is carried out in eau-de-nil cashmere and has a panel taken down back and front of skirt with the corner turned back in a revers that is lightly braided or embroidered.

The Magyar bodice has the lower part joined to the upper under a piece of braided material; this also edges the yoked and trims the over-sleeves.



Spotted net is used for the vest, which has the slight fullness eased to the collar.

Materials required: 5 yards cashmere 48 inches wide, 1 dozen yards Russia braid, 1/2 yard spotted net.

Russian Ballet Salaries.
Since the success of the Russian ballet dancers abroad, their salaries and emoluments in Russia itself have considerably increased. The latest budget of the imperial theaters shows that Mme. Khesinskaya receives \$250 a performance, and Mlle. Rebrovskaya \$150. Mlle. Karavina is engaged for the season at a salary of \$3,000, increasing during the next two years to \$3,500 and \$4,000. M. Chailin is the highest paid of the Russian operatic artists. Between St. Petersburg and Moscow he has an income of \$37,500 from the imperial theaters. M. Sobinoff, the tenor, receives \$20,000 annually, and Mme. Kuznezova, who is well known at Covent Garden theater, \$19,500, or \$250 for a single performance.—London Standard.

Peking's One Public Library.
There is one public library in Peking. It is the library of the Kuo Tze-Chen, or School for the Sons of the Empire, an ancient university that existed a thousand years before the Christian era. This library is of stone. On the 182 tables composing it are carved all of the "Thirteen Classics," the summary and essence of all Chinese culture. This stone library itself is not of the age of the School for the Sons of the Empire, but probably dates from the time late in the Mongol or early in the Ming dynasty, about five hundred years ago. In a large inclosure in the northeastern corner of Peking are the buildings of the ancient university, long since abandoned as a place of instruction or inspiration in letters.

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W. L. Douglas makes and sells more \$3.00, \$3.50 and \$4.00 shoes than any other manufacturer in the world.

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If your dealer cannot supply W. L. Douglas shoes, write W. L. Douglas, Brockton, Mass., for catalog. Shoes sent everywhere delivery charges prepaid. *Real Color Eyelets Used.*



DAIRY BUTTER IS PROFITABLE

Lack of Attention to This Product Has Resulted in Increased Manufacture of Oleomargarine.

Farmers have been giving dairy butter less and less attention in recent years and as one result of this oleomargarine, as a cheap substitute, has come into use.

It has been observed during the months of phenomenally high prices that the butter substitutes are flourishing to an amazing extent. They are taking a place in the world's commerce which ought to be held by good, wholesome farm butter. With plenty of choice dairy butter, oleomargarine would be driven from the tables of American families generally. When creamery product is selling at 4 to 50 cents, the oleo comes quickly into common use, because there is not enough dairy butter to meet the demands. The substitutes get their start and hold a large and valuable trade simply because the farmers are neglecting the opportunity to furnish a sufficient supply of fair to choice dairy butter. Not all farmers are located near enough to creameries so that they can deliver their milk once a day without unreasonable travel. Those who are not should keep butter dairies, large or small, according to circumstances, and market their product once a week.

This is in the line of diversification and it is a paying proposition. It should be not all dairy, not all poultry, nor all hogs, nor all corn, but a wise mixture so that the farmer always has something for the market. A little pushing along the dairy line just now is justified both by present prices and future prospects.

When farmers can get 25 cents or more for a fair quality of butter, as at present, there is money in it for them and they can afford to give that branch of husbandry a great deal more attention than they do.

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Try Murine Eye Remedy. No Smarting—Feels Fine—Acts Quickly. Try it for Red, Weak, Watery Eyes and Granulated Eyelids. Illustrated Book in each Package. Murine is compounded by our Oculists—patent Medicine—has been in successful Physiological Practice for many years. Now dedicated to the Public and sold by Druggists at 5c and 10c per Bottle. Murine Eye Salve in Aseptic Tubes, 5c and 10c. Murine Eye Remedy Co., Chicago

Very Good Fit.
Sometimes the blunder of a child seems like the veriest wise man's wisdom. Such might be said of the little fellow in Hutchinson, according to The Gazette, who, desiring some of the boarding housekeeper's delight, commonly called hash, said: "Please pass the trash."—Kansas City Star.

Music and Masculinity.
Music as an art has little standing in Japan, according to a letter in the current issue of the Traveler's Gazette. It is left almost entirely to women, who cultivate it to the extent of playing on a guitarlike instrument called the samisen. "In the not very remote past," says the writer, "no gentleman could reconcile the practice of music with masculine dignity, and this state of affairs is changing but slowly."

Hopes She's Choked.
A Washington county paper wants to know what has become of the old fashioned woman who put caraway seed in cookies. Without knowing there is a widespread hope that she has choked.—Kansas City Star.

Age Not the Objection.
It is a mistake to suppose that the world wearies of old men because of their years. A congregation loves a gray-haired preacher as they love a white-haired physician, if he gives them brown or black or red-haired sermons. It's the bald-headed theology the congregations object to.—Burdette.

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placed anywhere, attracts and kills all flies. Neat, clean, ornamental, convenient, cheap. Lasts all season. Made of metal, can't spill or tip over, will not soil or injure anything. Guaranteed effective. Sold by dealers or sent prepaid for \$1. HAROLD SOMERS, 100 DeKalb Ave., Brooklyn, N. Y.

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100 Young Men or Ladies to prepare for positions as Commercial and Railroad Telegraph operators; positions guaranteed, \$70 to \$90 monthly. For particulars and application address PACIFIC TELEGRAPH & RAILWAY INSTITUTE, Washington Bldg., Seattle, Washington

Wind and Fog in San Francisco.

On some afternoons the velocity of the wind in San Francisco rises with most clocklike regularity to about 22 miles an hour, and a solid wall of fog, averaging 1,500 feet in height, comes through the Golden Gate, causing a fall in temperature to about that of the sea—namely, 55 degrees Fahrenheit.

Water in boiling is adulteration. Glass and water make liquid blue costly. Buy Red Cross Ball Blue, makes clothes whiter than snow.

Noah's Struggle.
It was only with the utmost difficulty that Noah was able to control himself, as the two mosquitoes of the ark waxed red and corpulent on the back of his hand, gorging themselves to repletion. "If it wasn't for the grudge I have against my posterity," he rasped through his clenched teeth, "I'd smash your infernal carcasses!"—Puck.

Under Suspicion.
"I am afraid that man we sent to congress is losin' his sympathy with the plain people," said the backwoods constituent. "What has he been doin'?" "Tuckin' his napkin under his chin an' usin' a knife instid o' pickin' his pie up with his hands."

Caution.
"I wish," said the dashing bride, "that we could arrange to take our wedding trip in an airship." "I don't know," replied the cautious youth, "whether it would be well to take chances on being obliged to take our first falling out so seriously."

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

Happiness Transmitted.
Happiness, at least, is not solitary. It joys to communicate; it loves others, for it depends on them for its existence. . . . the very name and appearance of a happy man breathes of good nature, and help the rest of us to live.—Stevenson.

Escaping an Infliction.
"Isn't that Miss Yawler singing across the way?" Yes, I wish she belonged to the grand opera company." "You surely don't think she can sing?" "Not at all, but grand opera companies never come to this town."—Birmingham Age-Herald.

Light Raiment in Nassau.
Mrs. Young, the hostess, who, by the way, was sweetly gowned, by her very pleasant manner added very much to the enjoyment of the occasion; and all present retired to pleasant dreams at 1:30 a. m.—Nassau (Bahamas) Tribune.

You Can Get Allen's Foot-Ease FREE.
Write Allen S. Olmsted, Le Roy, N. Y., for a free sample of Allen's Foot-Ease. It cures sweating, hot, swollen, aching feet. It makes new or tight shoes easy. A certain cure for corns, ingrowing nails and bunions. All druggists sell it. 25c. Don't accept any substitute.

Off With the Old.
The latest fashion in New York, we are told, is for an engaged girl to wear the portrait of her sweetheart on her slipper. An ingenious bootmaker, we understand, has invented a contrivance by which the portrait can be frequently changed without injuring the shoe.—Punch.

Solved.
Little Sam's father was asleep in the library and was giving evidence of it in stentorian fashion. After listening for a moment little Sam said inquiringly, "Choo-choo?" Not quite satisfied with his own explanation, he listened again. Then his face brightened. "Cow!" he said triumphantly.

Wonders Within Ourselves.
We carry with us the wonders we seek without us; there is all Africa and her prodigies in us; we are that bold and adventurous piece of nature, which he that studies wisely learns in a compendium what others labor at in a divided piece and endless volume.—Sir Thomas Browne.

Try Murine Eye Remedy for Red, Weak, Watery Eyes and Granulated Eyelids. No Smarting—Just Eye Comfort.

Severe Criticism.
Dr. Hedge and Dr. Bartol spent a summer together down east. One Sunday Dr. Bartol preached to a congregation largely composed of fishermen. Dr. Hedge was curious to know the effect upon them, and asked one old salt what he thought about the preaching and the sermon. The reply was: "Well, his idea was absurd, and his language was preposterous."

Aroused His Congregation.
There is a story that a preacher pawned his watch and the following Sunday preached four hours because he had no timepiece. At the conclusion of the sermon there was a special collection raised and sent to the pawnbroker.

What to Drink

-not tea
-not coffee

It's the most delightful Breakfast

Drink you ever tasted

—and the most wholesome and invigorating. You cannot but like its rich "grainy" flavor and spicy aroma. Ask your grocer for

Three G's
(GOLDEN GRAIN GRANULES)
—If he hasn't got it he will get it for you. It's good for you 3 times a day. And remember that there is no substitute for 3 G's.

New York's Greatest Borough.
Manhattan, one of the five boroughs comprising greater New York and its most important borough, is approximately fifteen miles in length, from the Battery to the city line, and about five miles at its greatest width. Its frontage on the water, together with the shipping facilities of the entire city, is 444 miles, or equal to the distance between the city and Buffalo on Lake Erie.

Virtue in Compulsory Work.
Thank God every morning when you get up that you have something to do that day which must be done, whether you like it or not. Being forced to work and forced to do your best will breed in you temperance and self-control, diligence and strength of will, cheerfulness and content, and a hundred virtues which the idle never knew.—Charles Kingsley.

Accident Brings Total Blindness.
A distressing accident occurred recently in Marlton, N. J., when a young man, who was holding a bottle of blasting powder, lost the sight of both eyes, and was horribly mutilated by an explosion which was caused by a spark from a cigarette an unknown passer-by was smoking.

Where Women Are Superior.
Men pride themselves on their courage, but where both moral courage and physical bravery are concerned women give men a good start and a beating.—Exchange.

MEXICAN MUSTANG LINIMENT

FOR SORE SHOULDERS.
Jas. Beck & Son, Centerfield, Utah, writes: "We sell Mexican Mustang Liniment and have a good sale for it, especially in threatening time for horses' sore shoulders." It contains no alcohol and so cannot sting in cases of open wounds. Soothes and relieves strained ligaments at once. 25c. 50c. \$1.10 bottle at Drug & Gen'l Stores

Church Information Wanted.
Why are there so many churches in New York without a sign to know their denomination or who preaches, or any sign of anything except the abode of the sexton and undertaker? Nobody is anxious for the undertaker, and everybody, as a rule, scolds the sexton. Give denomination of the church, time of service and name of pastor.—From a Letter to the Editor of the New York Press.

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