

Loss of Appetite

Which is so common in the spring or upon the return of warm weather, is loss of vitality, vigor or tone, and is often a forerunner of prostrating disease.

It is serious and especially so to people that must keep up and doing or get behindhand.

The best medicine to take for it is the great constitutional remedy

Hood's Sarsaparilla

Which purifies and enriches the blood and builds up the whole system. Get it today in usual liquid form or chocolate tablets known as Marsatabs.

AGENTS AND SOLICITORS I have the greatest

MOHAIR WOOL and HIDE. Write today for Prices THE H. F. NORTON CO.

KODAKS AND KODAK SUPPLIES Write for catalogue and literature.

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SICK? If you want today for look "How to get well

Bismarck Was Superstitious. The great Prince Bismarck was not without superstition

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Skylights Tanks Gutters Down Spouts Steel Ceiling J. C. BAYLER

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THE EMPIRE LINE Have you seen the Easy Rinsing Empire Cream

GOLDEN WEST COFFEEL TEA SPICES BAKING POWDER

NO DUST SWEEPING COMPOUND Cleans and brightens Carpets

CRESCENT CHEMICAL CO. 526 Washington St., Portland, Or.

C. Gee Wo The Chinese Doctor This wonderful man has made a life study

A SURE CANCER CURE Just received from Peking, China—safe, sure and reliable.

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seed Tomatoes. Growers having a choice variety of tomatoes should select the best and earliest ripe fruit for seed.



WIFE'S WAY OF ECONOMIZING

Generously Offers to Cut Her Husband's Hair When He Suggests Cutting Expenses.

"Bills, bills, bills!" cried the distracted man. "They come morning, afternoon and night. But what doesn't come is the money to pay them with."

"You women seem to think money turns up as easily as a handle turns round!" growled the harassed hubby.

"Nonsense! We can surely, each of us, make one small sacrifice. For instance, in future I shall shave myself. Now, what will you do?"

"Oh, but he did," the first maiden insisted; "I—I can't repeat the speech, but I can show you the ring."

Odious Comparison. A Boston woman, who attained much prominence in the campaign for woman's suffrage

Love in England. "In England," says the London Daily Mail, "love dwells and remains in the inmost secret recesses of the soul"

Telephones in Church. Moriah church of Utica has installed a telephone system for the benefit of members of the church

Prisoners Do Valuable Work. In England, at Dartmoor, the prisoners have been engaged in reclaiming the moorland, working even in winter.

Bad Breath "For months I had great trouble with my stomach and used all kinds of medicines. My tongue has been actually as green as grass

RHEUMATISM



Munyon's Rheumatism Remedy relieves pain in the legs, arms, back, stiff or swollen joints. Contains no morphine, opium, cocaine or drugs to deaden the pain.

Prepared for emergency. "What makes you keep giving me fish for dinner day after day?" he inquired.

"No," she replied, "I was wholly unselfish. I read a lovely recipe about how to remove a fish bone when it sticks in your throat, and I wanted to try it."

SEVEN YEARS OF MISERY

All Relieved by Lydia E. Pinkham's Vegetable Compound.

Sikeston, Mo. "For seven years I suffered everything. I was in bed for four or five days at a time every month, and so weak I could hardly walk.

Desperate Dentistry. An original Hamburg youth, who had a tough toothache the other day, got himself posed in front of a mirror, and shot out the offending molar with a revolver.

Free from Alcohol Since May, 1906, Ayer's Sarsaparilla has been entirely free from alcohol.

Ayer's Sarsaparilla

A sluggish liver means a coated tongue, a bad breath, and constipated bowels.

The C. Gee Wo Medicine Co. 162 1/2 First St., cor. Morrison, Portland, Or.

FEW RULES FOR DIETING

Too Much Trifling With Digestion These Days and Much Harm Results.

Here are a few rules that the girl who is determined to diet does well to observe.

Never diet on the advice of a friend. Her regimen may have done wonders for her and will put you to bed or make you a sorry-looking wreck.

Don't diet to excess at any time. Girls, make sure the knows dietetics. Many physicians, good in other things, have little knowledge of the effect of food upon the system.

If you want to diet from a cause, as from diabetes or kidney trouble, do it religiously; almost better not begin than to do it spasmodically, letting up whenever food tempts you.

Don't keep on dieting if you feel that it disagrees with you. This holds good even when your food list is carefully censored by a physician.

Don't diet to excess at any time. Women often go to the point of weakening their entire system by injudiciously following a doctor's advice.

Common sense and moderation are good things to hold to in the matter of food.

ART CREATION Panama-Pacific International Exposition. Everybody buys Transfer Emblem in twelve colors.

Taking the Rain Cure. The complexion cure of the Irish society belle is the rain cure, according to the Pall Mall Gazette.

TRY MURINE EYE REMEDY for Red, Weak, Watery Eyes and Granulated Eyelids.

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We Give Away Absolutely Free of Cost

The People's Common Sense Medical Adviser, in Plain English, or Medicine Simplified, by R. V. Pierce, M. D., Chief Consulting Physician to the Invalids' Hotel and Surgical Institute at Buffalo, a book of 1908 large pages and over 700 illustrations.

DR. PIERCE'S FAVORITE PRESCRIPTION THE ONE REMEDY for women's peculiar ailments good enough that its makers are not afraid to print on its outside wrapper its every ingredient.

KIDNEY TROUBLE. Is a deceptive disease—thousands have it and don't know it.

SAVE BEST HENS FOR MATING Leg Band and Trap Nest Are Almost Indispensable for Success—Care of Flock.

On Wrong Scent. Half the world is one the wrong scent in the pursuit of happiness.

Too Expensive. "This cigar tastes like it was made of cabbage," growls the customer.

FOR BETTER HEALTH = TRY = HOSTETTER'S STOMACH BITTERS

If you have lost your good health let the Bitters help you to regain it.

Keely's ALCOHOL CURE OPIMUM—TOBACCO

NOW IS THE BEST TIME of the year to have your teeth out and plate and bridge work done

Wise Dental Co., Inc. Painless Dentists

W. L. DOUGLAS \$2.50 \$3 \$3.50 & \$4 SHOES FOR MEN

W. L. Douglas Spring Styles include more Snappy and Up-to-Date Shapes in Oxfords and High Cuts than ever before produced.

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