

There is one man in the United States who has perhaps heard for evolution is recreated than any other man or woman in this prove the secrets of suffering, and they have been confided to Dr. A. V. Pierce is the hope and expectation of advice and help that few of these women have been disappointed is their ex-pectations is proved by the fact that ninety-eight per cent of all women trees of by Dr. Pierce have been absolutely show that record applies to the treatment of more than half-as mil-tion entities Dr. Pierce to the grantitude second him by women, as the fart at exciting the treatment of women's disease. There were an unbered by hundreds only. But when and entitles Dr. Pierce to the grantitude second him by women, as the fart at exciting the treatment of women's disease. There is a very side woman may consult Dr. Pierce by letter, absolutely without fart report adverting what excite a fart data succitation, Dr. R. V. Pierce, Prest, but the treatment of women's disease. The preserve of word's Dispensary Medical Association, Dr. R. V. Pierce, Prest, but the, to Word's Dispensary Medical Association, Dr. R. V. Pierce, Prest, but the, to Word's Dispensary Medical Association, Dr. R. V. Pierce, Prest, but the, to Word's Dispensary Medical Association, Dr. R. V. Pierce, Prest, but the to Word's Dispensary Medical Association, Dr. R. V. Pierce, Prest, but the to Word's Dispensary Medical Association, Dr. R. V. Pierce, Prest, but the to Word's Dispensary Medical Association, Dr. R. V. Pierce, Prest, but the to Word's Dispensary Medical Association, Dr. R. V. Pierce, Prest, but the to Word's Dispensary Medical Association, Dr. R. V. Pierce, Prest, but the to Word's Dispensary Medical Association, Dr. R. V. Pierce, Prest, but the to Word's Dispensary Medical Association and the treatment of the trea

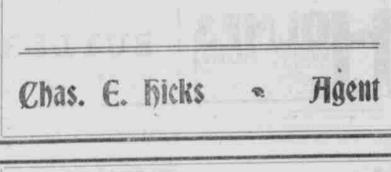
DR. PIERCE'S FAVORITE PRESCRIPTION Makes Weak Women Strong,

Sick Women Well,

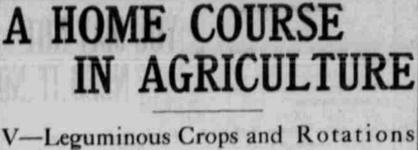
## **A** Comfortable Home

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## By C. V. GREGORY Agricultural Division Iowa State College

MONG the important classes of a warm place for a few days. The crops grown on the farm are number that germinate can be used as a guide as to the amount of seed to the legumes. The soil is to the use per acre. farmer what a stock of goods

is to a merchant. He cannot keep drawing on it forever without putting something back. Ordinary crops take plant food from the store in the soil. This must be replaced in some way. Legumes, on the other hand, leave the soil richer rather than poorer.

If you will examine the roots of a clover plant carefully you will notice numerous little swellings about the size of pin heads or a little inrger. These are called nodules and are the home of certain bacteria. These bacon the point of a pin. We shall study some of the different classes of bacteria in detail later. The ones that power of changing the nitrogen of the air into a form in which it can be used by the plants.

When clover stubble is plowed under stems and roots is added to the soil and can be used by the following crop. It contains is returned to the soil. Where the soil is badly lacking in nitrogen and humas it sometimes pays to plow under the entire crop of clover. The nitrogen which leguminous plants add to the soll is by no means the only benefit which comes from their use. Nearly all of them have a long taproot, which forces its way down into the soil far below the depth reached by the roots of ordinary crops. Alfalfa roots sometimes go down as deep as thirty feet or more. Much of the plant food used by the crop in brought up from this lower layer of soll, and some of it is left in the upper soll when the roots and stubble decay. The passage of the long roots through the soll also loosens it, and when they decay add to the human supply. Thus the physical condition of the soil is no improved that the more tender roota of such crops as corn can penetrate It readily. Because of these facts corn, pointoes and almost any other crop will grow faster and give a considerably larger yield on a field which has grown a legume the year previous. The principal legnmes are alfalfa. lover, cowpeas and soy beans. Alfalfa is grown most successfully west of the Missouri river, although by no means coulined entirely to that local-It requires some care to get a lty. good stand of alfalfa. It does best on a soll that is somewhat sandy and should never be sown on a soil where the water table is Hable to stand for any length of time within three fect from the surface. "Wet feet" will kill alfalfa quicker than anything else. As a general rule the best time to sow alfalfa is early in the fall. The ground should be put in the best possible tilth, and if manured before sowing the seed the chances of success are considerably increased. The seed should be sown at the rate of about fifteen pounds per acre. A light harrowing will cover it sufficiently. If the young plants weather the first winter successfully, the critical time is past. The advantages of alfalfa over clover are its higher feeding value and greater yields. It can often be cut three or four times in a season, with a yield of from one to two tons per cutting. Alfalfa must always be cut as soon as about one-tenth of the plants are in bloom; otherwise the vitality is weakened and the yield of the succeeding crops reduced.

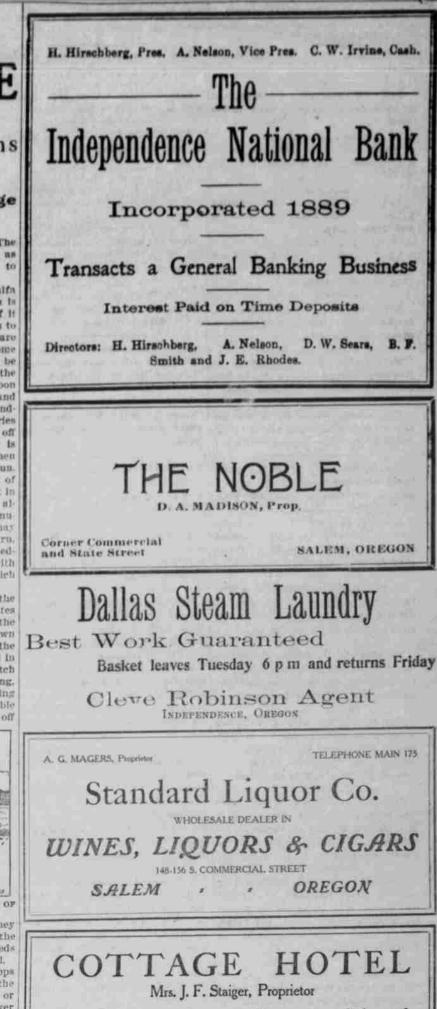
One reason why clover and alfalfa are not more popular with farmers is the difficulty of curing the may. If it is left in the swath until dry enough to put in the mow, the leaves, which are the most valuable part, will become so brittle that many of them will be

lost. A better way is to go over the field with a side delivery rake as soon as the leaves have wilted a little and throw the hay together in loose windrows. Handled in this way, it dries evenly, and the leaves will not fall off so easily. Hay cured in this way is small that thousands of them can hang also less liable to be dusty than when cured by direct exposure to the sun. Once in awhile, even with the best of care, some of the hay will be caught in live on the roots of legumes have the a rain. A hard rain on clover or alfalfa hay washes out much of the nutriment which it contains. Such hay is bordly worth putting in the barn. but may be made good use of for bedthe nitrogen which is contained in the ding. In this way it is mixed with the manure, and the plant food which Cowpeas and soy beans are to the southern part of the United States. what clover and alfalfa are to the northern sections. They are grown more as hay and forage than for the

grain. These legumes are also used in some sections of the corn belt as catch crops. If sown on early fall plowing, they prevent the soil from washing and thus losing much of its available plant food. They may be pastured off



later or disked up in the spring. They are often sown in cornfields during the last cultivation to keep the weeds down and to add nitrogen to the soll. Because of the fact that other crops make so much better growth after the field has grown a legume for a year or so it is important that a crop of clover or some other legume be grown occasionally. If a plan of rotation is arranged so that the fields are regularly changed from one crop to another, so much the better. It has been found that when any crop is grown year after year on the same land the yields will grow less. The particular kinds of food that a certain crop requires grows scarcer, and weeds and insects become more numerous. If another kind of plant is substituted, other elements of plant food will be drawn upon, the insects will be starved out and the changed methods of soil treatment will discourage the weeds. Plants vary greatly in their ability to get food from the soil. Such crops as rye and buck wheat are strong feeders and are able to obtain food from a soil on which more tender plants would starve. Some plants use much more humus than others. Crops like corn that are cultivated frequently deplete the humus supply rapidly, since the constant stirring of the soil hastens decay. Oats, on the other hand, take comparatively little humus from the soil. These differences may be largely equalized by a consistent system of rotation. In planning rotations the aim should be to so distribute the crops that they will be best adapted to the condition in which the soil was left by the preceding crop. The starting point of every rotation should be clover or some other legume. The length of time that a field should be left in to such a crop depends largely on local conditions. In the east, where alfalfa seed is high and the difficulties of obtaining a stand great, it is usually wise not to plow up the crop for three or four years. Red clover lives only two years: hence if not plowed up the second year the land must be reseeded. In most cases two years is as long as the land should be left to any one crop. Since clover is grown with small grain the first year, this means only one year in which it will be the sole crop. If the second crop of clover is to be plowed under, as is the case when the soil is considerably lacking in humus, this work had better be done in the fall, so that the mass of green clover may have time to decay before the following crop is planted. If the soil has been properly cared for, however, this green manuring will be unnecessary. As a general rule it is more profitable to feed the hay or grass to stock and return the manure to the land. In this way from 80 to 90 per cent as much plant food is added as would have been if the crop had been plowed under, and at the same time the stock has had the benefit of the extra feed. When only the stubble is to be turned under, the plowing may be done either in late fall or early spring.



Special attention to Commercial and College Organizations.



There are several varieties of clover, which medium red is the most wide-

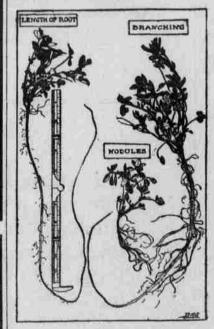


FIG. X - EIGHT-MONTHS-OLD ALFALFA PLANTS [Note the long taproots and the nodules.]

ly known. Clover seed are usually sown with small grain in the spring. A surer way of obtaining a stand is to sow after the oats have been disked in and cover with a harrow; otherwise the seed are put in so deeply that many of the little plants never reach the sur-

face One of the principal reasons for failure with clover is poor seed. A sample should always be tested before sowing. This can be easily done by putting a hundred seeds between a couple of moist blotters and keeping in





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