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For Sale or Trade.—Good house and barn and two acres of land in North Independence. 5 roomed house and barn room for 4 horses. Will take good team of horses for part pay. Price \$550.

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A Clean Man

Outside cleanliness is less than half the battle. A man may scrub himself a dozen times a day, and still be unclean. Good health means cleanliness not only outside, but inside. It means a clean stomach, clean bowels, clean blood, a clean liver, and new, clean, healthy tissues. The man who is clean in this way will look it and act it. He will work with energy and think clean, clear, healthy thoughts.

He will never be troubled with liver, lung, stomach or blood disorders. Dyspepsia and indigestion originate in unclean stomachs. Blood diseases are found where there is unclean blood. Consumption and bronchitis mean unclean lungs.

Dr. Pierce's Golden Medical Discovery

prevents these diseases. It makes a man's insides clean and healthy. It cleans the digestive organs, makes pure, clean blood, and clean, healthy flesh.

It restores tone to the nervous system, and cures nervous exhaustion and prostration. It contains no alcohol or habit-forming drugs. Constipation is the most unclean uncleanness. Dr. Pierce's Pleasant Pellets cure it. They never gripe. Easy to take as candy.



MELAS

A non-intoxicant, pure and refreshing beverage. Brewed from choice malt and hops. Those who

USE MELAS

pronounce it absolutely the best mild, non-intoxicating drink on the market. Ask your druggist for it. Also for sale at the local soft drink establishments. For prices write

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The School that Places You in a Good Position

MONMOUTH NORMAL STUDENTS ASSEMBLE AND BEGIN WORK

SOME ARE DETAINED ON ACCOUNT OF STORM.

Newberg Wins in the Newberg High School Debate—Plans Are Beginning for the February Commencement—Class of Six Graduate.

With the exception of the "Tillamook Trio" all students of the O. S. N. S. returned for the tests given the first week after the holidays. Tinnerstet report that they are held prisoners at Joseph on the Sheridan road and are coming on as soon as the weather will permit.

Friends will sympathize with Mr. and Mrs. P. M. Stroud who were suddenly summoned to Mr. Stroud's home near Eugene on Wednesday on account of the death of his youngest sister. Mr. and Mrs. Stroud had just returned from a holiday visit home.

Miss Grace Wilson of Newberg is a new student at the Normal. Until located Miss Wilson is the guest of Miss Warny at Mrs. Murphy's.

Miss Mabel Binkley of Portland is another new student who arrived the first of the week. Miss Binkley is to be a senior.

The snow has not interfered seriously with any of the Normal class work. Many jolly parties gather to slide on the ever-coaxing Knoll each evening, but lessons are not forgotten on account of the fun. Many absences are reported in the lower grades of the training department, however, but the attendance in the advanced grades is good.

J. B. V. Butler went to Newberg on Friday to act as judge in the Newberg-Yamhill high school debate. The debating was of a high order for youthful debaters and the decision was unanimous in favor of Newberg.

Chapel essays were given on Friday by Seniors Stella Warner, "The Wasting of Our Natural Resources;" and Esther Larson, "Uncrowned Queens."

February Commencement is not far off. The orators are already busy and other plans are in progress. The graduates are: Misses Galbreath, Simmons, Dorsey, Laughlin, Williams and Thomas. A small class, but one containing some capable teachers.

The senior rings have arrived. They are a neat design of signet ring with date and school initials, some in bright and some in old gold. The class is to be complimented on securing their emblem to wear before the members scatter on graduation.

Word has been received that several former students intend entering in February. Miss Belle Sills will come from La Grande.

The literary societies held only business meetings on Friday evening owing to the inclement weather in owing to the inclement weather and the fact that the Vespertines were to entertain on Saturday evening.

The Vespertine girls proved themselves delightful hosts, when on Saturday evening they entertained members of the faculty and of the Delphian and Normal Societies in the Normal Assembly Hall. A week before dainty invitations with the society crescent of gold and blue were issued to bid all to an evening of merriment. A program of music, recitations and charades was given. Very apt indeed was "Weston Normal" as impersonated by Miss Weston and Mr. Montague (Normal). Mr. Montague acquitted himself creditably in assisting the Vespertines at any time a masculine character was needed. A feature of the evening was the Irish Art Gallery, where rare masterpieces were displayed to the great edification of all present. In a bean guessing contest, estimates ranged from 300 to 3000, but Miss Alice Rasmussen was the fortunate one at 504, her guess taking first prize. In the smelling contest, the guessing of unlabeled scents, Mr. Montague tied with Miss Sadie Ellis and won out in the draw. After the fun delicious orange punch and nabiscos were served by Misses Troedson and Weston. Promptly at eleven the party dispersed.

NO INDIGESTION OR DYSPEPSIA

Makes Misery From an Upset Stomach Vanish in Five Minutes.

Every family here ought to keep some Diapiesin in the house, as any one of you may have an attack of indigestion or stomach trouble at any

time, day or night.

This harmless preparation will digest anything you eat and overcome a sour stomach five minutes afterwards.

If your meals don't tempt you, or what little you do eat seems to fill you, or lays like a lump of lead in your stomach, or if you have heart-burn, that is a sign of indigestion.

Ask your pharmacist for a 50-cent case of Pape's Diapiesin and take one triangle after supper tonight. There will be no sour risings, no belching of the undigested food mixed with acid, no stomach gas or heart-burn, fullness or heavy feeling in the stomach, nausea, debilitating headaches, dizziness or intestinal griping. This will all go, and, besides, there will be no sour food left over in the stomach to poison your breath with nauseous odors.

Pape's Diapiesin is a certain cure for all stomach misery, because it will take hold of your food and digest it just the same as if your stomach wasn't there.

Actual, prompt relief for all your stomach misery is at your pharmacist waiting for you.

These large 50-cent cases contain more than sufficient to cure a case of dyspepsia or indigestion.

GETS BENEFIT OF RESERVE

ESTIMATED AREA OF UNPATENTED LANDS 147,000,000 ACRES.

Different States Received for Schools and Road Purposes 25 Per Cent of Income from National Forest Reserves, Amounting to \$447,064.

During the last fiscal year ending June 30, the United States Forest Service issued to settlers in the neighborhood of National Forests in western states over 30,000 "free use" permits, under which the settlers received free about 24,000 cords of firewood, posts, poles and sawlogs, worth \$169,320, or about 64 cents a cord in the forest—a low valuation.

Besides this, the different states received for school and road purposes 25 per cent of the income from the National Forests amounting last year to \$447,064. The direct return to the states in lieu of taxes on the 137 million acres, the estimated area of unpatented land in the National Forests, amounted then in the last year to \$616,384 in cash and "free use" timber.

In 1907 the total of "free use" material and money paid over amounted to about \$253,400. The increase of the amount given to the states from 10 per cent to 25 per cent of course is largely responsible for the large return in 1908, but even had this percentage not been changed a good increase would have been shown, despite the demoralization of the lumber business caused by the financial flurry. In fact, this increase may be looked for up to many times the present amount as the demand for timber increases and the forests are developed more and more.

YOU MAY NOT NEED IT NOW

Put It in Some Safe Place, for It May Come in Handy Some Day.

Here is a simple home-made mixture as given by an eminent authority on Kidney diseases, who makes the statement that it will relieve almost any case of Kidney trouble if taken before the stage of Bright's disease. He states that such symptoms as lame back, pain in the side, frequent desire to urinate, especially at night, painful and discolored urination are readily overcome. Here is the recipe. Try it:

Fluid Extract Dandelion, one-half ounce; Compound Kargon, one ounce; Compound Syrup Sarsaparilla, three ounces. Take a teaspoonful after each meal and at bedtime.

A well-known druggist here in town is authority that these ingredients are all harmless and easily mixed at home by shaking well in a bottle. This mixture has a peculiar healing effect upon the entire Kidney and Urinary structure, and often overcomes the worst forms of Rheumatism in just a little while. This mixture is said to remove all blood disorders and cure the rheumatism by

H. Hirschberg, Pres. A. Nelson, Vice Pres. C. W. Irvine, Cash.

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often to some home where the inmates seemed to be having the time of their lives. You have, doubtless, wished you could have such a jolly good time at your house. You can easily enough. One of our talking machines will furnish any kind of entertainment you desire. Stop in and see what a wealth of enjoyment it will afford

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