



## Success Depends on Thrift

No matter how little or how much you have, final success depends on Thrift and Thrift means SAVING. Start with only \$1.00 if necessary but—START! The privileges of saving are brought to you in an ideal way at this Bank with its manifold services, its unquestioned safety, and its many conveniences.

It only takes \$1.00 to get your name on a savings pass book. Why not do this the first thing tomorrow? When you do, we will present you with a Liberty Bell Savings Bank to assist in building up a Savings Account.

## First National Bank

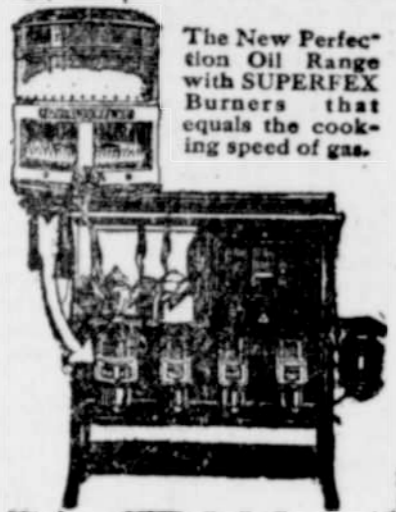
MONMOUTH, OREGON

Officers—IRA C. POWELL, PRES. J. B. V. BUTLER, VICE PRES. F. E. CHAMBERS, CASHIER; C. C. POWELL, ASST. CASHIER  
Directors—J. B. V. BUTLER, CHAIRMAN; WM. RIDDELL, I. M. SIMPSON, G. A. CONN, D. R. RIDDELL, IRA C. POWELL

Quality

Service

## It's here



### If It's a Perfection

It doesn't smoke or give out any odor. They are fast, sure kerosene cookers and the NEW PERFECTION OVENS bake perfectly. The sure, steady heat of an oil stove can be so regulated that cooking is a pleasure and the absence of dirt and ashes is appreciated by any tidy housewife. We guarantee them and will replace any not perfectly satisfactory.

Keep Cool in the Kitchen this hot weather

## Thomas & Horton

Independence

Exclusive Dealers of New Perfection Oil Stoves.

## August--- Outing Suggestions!



THERE'S no better time for your outing than August, though it be for a day, week-end or longer. The days are flooded with sunshine. The trails are at their best. The weather conditions are sure to be pleasant. Southern Pacific trains will transport you in comfort with safety to the place of your choice.

Let us suggest:

Newport and Tillamook Beaches

Crater Lake National Park  
Oregon's Marble Caves  
Oregon's Mountain Lake and River Resorts

Portland—the City of Roses  
San Francisco Eos Angeles  
San Diego

And many other places

Your local ticket agent will gladly give you further particulars. Ask him or write

JOHN M. SCOTT

Asst. Passenger Traffic Manager, Portland, Oregon

## Southern Pacific Lines

## The Herald

Entered as second-class matter September, 1908, in the post office at Monmouth, Oregon, under the Act of March 3, 1879.

RICHARD B. SWENSON  
Editor & Publisher

MONMOUTH, OREGON

ISSUED EVERY FRIDAY

FRIDAY, AUGUST 3, 1923

Subscription Rates

One year	\$2.00
Six months	\$1.00
Three months	75 cts



## Monmouth Meditations

Rev. E. B. Pace who is soon to depart from his local charge will leave an enduring monument behind him. In these days we hear a great deal about "service" and if service is an attribute of a Christian gentleman and a scholar, Mr. Pace is deserving of all that such an expression can carry.

Since Senator McNary broached his famous plan to guarantee the price of wheat at \$1.75 a bushel, producers of a number of other products have come to the front asking for guarantees. Proposal of a wheat guarantee and its refusal, however, will make it all the more difficult to pass a soldiers' bonus.

A Chicago motorman stopped his train on the elevated railroad where he was in a position to watch a thrilling ball game and blocked the traffic on the road until it was demoralized. The complaint the passengers had was that the motorman stopped the train in a place where he had a better view than they did.

In an interview in Collier's last week Henry Ford expressed the belief that his specialty was not politics, that at present he did not believe the political government could be handled as big business is handled. He endorsed "normalcy", opposed the ship subsidy and soldiers' bonus and gave President Harding some left handed compliments, saying he was handling affairs, admittedly political, as well as they could be handled.

A Portland financial house has had a representative in Polk County for some weeks past whose business is to assist municipalities to pay their debts. A few years ago every time a finance agent from the big city visited a city or school district it could be safely assumed that he was on hand to assist somebody to get into debt. The change is in accordance with the trend of the times. The plan for getting out of debt is similar to life insurance schemes. By paying a certain amount of money annually, it is held at compound interest and becomes a sinking fund which at the end of the period of years grows large enough to wipe out the debt. A private concern would do this sort of a thing for itself but public officials have not been educated that far. They hesitate to ask the public for tax money to pay debts with and usually when any sort of surplus is accumulated it is easy enough to invent an excuse for transferring it to another fund where money is in pressing need and spending it. A good rule to follow in public finances is never to vote bonds without at the same time providing a system to retire them.

### PTOMAININE POISONING AND FOOD INFECTION

"Ptomaine poisoning is a myth—there is no such thing." A ptomaine is a basic product of putrefaction and it is not believed that any of these basic products are harmful to man. In the popular sense a ptomaine is any harmful substance arising from putrefactive changes in foods and is used to cover untoward results that arise from eating certain foods. Bacteria are responsible for the com-

mon disturbances designated as ptomaine poisoning, and such occurrences should properly be called food infections.

Food infection is almost always associated with the bacillus enteritidis. Sea food fish and meat are the chief vehicles for this infection, but milk, cheese, milk products and vegetables may become infected and act as vehicles of infection. Usually from six to twelve hours after eating infected food the onset of symptoms appear. The symptoms are those of irritation of the stomach and intestines, with nausea, vomiting, abdominal pain and diarrhea. The temperature may rise to 103. Most cases occur in the summer time, because the bacteria grow in the food and the warm temperature is conducive to rapid growth. Foods that are usually served in salads are particularly dangerous because they are often kept for several hours after being cooked, thus affording an excellent opportunity for the growth of bacteria.

Wholesome food may become infected by a person who has handled infected food and then handled wholesome food as in the preparation of a salad. Rats and mice may infect food.

Acute spells of indigestion or gastro-intestinal disturbance may be due to a great number of causes. Indiscretions in diet, eating when fatigued, exposure to wind and weather, chill, and catching cold are common causes. Nervous irritation in many persons is sufficient to cause vomiting and diarrhea. Organic diseases of the heart, kidneys and the onset of acute infectious diseases are often mistaken for "Ptomaine Poisoning." The very young and the aged and debilitated persons are more susceptible to infection.

## WANTS

Rooms for Rent—Inquire of Mrs. F. O'Rourke.

Farm Wanted—Wanted to hear from owner of improved or unimproved farm for sale, in this vicinity.  
L. Jones, Box 433, Olney, Ill.

The Elkins Community Auction Sale will be held early in September. Those wishing to enter anything in this sale, please notify E. A. Tedrow, R. 1, Monmouth, Oregon Phone 2213

Found—Ladies coat, on road near East city limits. Owner may have same by identifying at this office and paying for this add.

Wanted—To rent a piano for use this winter. Lillian Lusk  
McCollum apts. 2t

For Sale: seven roomed house—modern concrete foundation, in center of town lot 83x150 ft. \$2200.  
Mrs. G. Rash, Box 181

Good sewing machine for sale, \$15 Mrs. Grossman's Dress Making Parlors, Hotel annex.

For Sale: Jersey milk cow, fresh next winter. A good cow. Price \$35. Inquire of C. M. Atwater, Shoe man

Wanted—Men or women to take orders for genuine guaranteed hosiery for men, women, and children. Eliminate darning. Salary \$75 a week full time, \$1.50 an hour spare time. Beautiful Spring line.

INTERNATIONAL STOCKING MILLS, Norristown, Pa.

### Money To Loan

Plenty of it at 6 per cent, on city property.—Pay us back like rent.—Loans quickly made if title is good. Long time loans on farms—6 per cent and 6½ per cent.

G. W. Laflar, 410 Oregon Bldg. Salem, Ore.

If the south road is closed this summer I must ship all wood out. Local people who want wood should get in their orders early. Second growth fir, oak and maple. Call at house or see Harold Price.  
C. W. Price. 4t33

### For Sale

5 Room house, close in; hot and cold water. Garage. Lot 75x182½ ft. Fruit for family use, for only \$1200.

4 lots, fruit and berries, good barn on paved street. Only \$1,000. Terms. 7 Room house, 3 lots, fruit for family use. One block from paved street. Price \$1500.00. Terms.

A small house and barn on a paved street. Price \$650.00.

8-Room House, 5 blocks from Normal. Plenty of fruit. Splendid location. Price \$1500.—Terms.

4 Acres of Land: 6-room house, Fruit of all kinds. Two blocks from Normal. Price \$2150. Good terms.

1½ Acres of Land, 7-room house, Fruit of all kinds. Fine location. Price \$2150.

6 acres of land, small house, barn, fruit. Close in. Only \$1600. Some terms.

A splendid buy. 7-room house, toilet and bath. ¼ acre of land. Good orchard. \$2150.  
G. T. BOOTHBY, Real Estate

## New Home, New Equipment

Come and see us in our new quarters

## Ice Cream and Summer Beverages

## MORLAN & SON

Monmouth's largest and most complete Confectionery and Book Store

## MONMOUTH TRANSFER

Transferring by auto truck and by team, within the city or out of town.

Leave orders at Garage  
Call Phone 2003

COFFIN & EGLESTON

## Groceries & Provisions

Good Goods and Fair Treatment

## C. C. Mulkey & Son

## Fire and Accident Insurance

Liability and Surety Bonds

## G. W. CHESEBRO

Monmouth

Oregon



Pickles, Olives, Salad Dressing  
Greenwood Cottage Cheese  
MONMOUTH MARKET  
J. B. HILL & SON Proprietors



Get it from us.  
P. H. JOHNSON

## Milk and Cream of Quality

YOUNG BROS. DAIRY

Monmouth Ave.

PHONE 503

## Guaranteed work, Cleaning, Pressing

Men's Suits, Overcoats, Sweaters  
Ladies' Suits, Dresses, Sweaters

Give me an order and be convinced.

T. J. WEDEKIND

Monmouth Ore.

## A New Location

One Door East of Post Office

## New Features

Home made Candy, Fresh popcorn  
Peanuts Sanitarily wrapped bread  
Improved equipment for lunch serving

We bake everything we sell.

"Fresh Every Day"

## "The Sign of the Rose"

Bakery and Tea Shop

E. B. ARNOLD