



Search as we will we will find that the inner unseen realm of thought is invariably the realm of cause and the realm of material form is the realm of effect.

**SEASONABLE FOODS.**

Where apples are plentiful one may have a variety of dishes besides apple pies and apple sauce, good as they are. Here is one to enjoy:



**Apple Soufflé.**  
Stew good tart apples as for sauce, adding lemon peel and juice.

Spread the apples high around the sides of bottom of a baking dish. Make a custard, using the yolks of two eggs and a pint of milk, with a tablespoon of cornstarch mixed with two of sugar; flavor with cinnamon. Cook the custard and let it cool, then pour carefully into the apple-lined dish. Beat the whites of two eggs, add a tablespoonful of sugar and cover the top. Brown in the oven and serve cold.

**Apple Stuffed With Nuts and Raisins.**—Core half a dozen even-sized apples and remove the peeling of half of each apple. Put half a cupful of water in a saucepan; into this set the apples, the half which is unpeeled down, as this keeps them from losing their shape while cooking. Turn and baste carefully until the apples are tender. Set them carefully into a baking pan and fill the centers with one-third of a cupful of chopped nuts and raisins; sprinkle over them a little sugar and bake in a moderate oven until glazed. Serve with the syrup poured around them.

**Baked Apple Dumplings.**—Select tart apples which cook without losing their shape, though this is not necessary. Core and peel. Cook in water and sugar enough to float them until nearly done. Remove them with a skimmer and place each on a square of pastry; fill the cores with sugar and lemon juice and drop a little of thickened sirup in which they were cooked over them. Moisten the tips of the pastry and press together over the top of the apple. Bake in a hot oven until well browned. Serve with cream and sugar; dust with nutmeg.

**To Make Egg Sauce.**—Beat two eggs until light; add a half-cupful of milk, a half-cupful of sugar, and cook over

hot water until thick; add vanilla and serve.

**Nellie Maxwell**

**REVERSE METHOD OF NATURE**

**How Japanese Produce Dwarf Trees Which in Many Cases Are Remarkably Beautiful.**

There is a general impression that the method of producing dwarf trees is a secret that the Japanese have never divulged, but the course to be pursued is really simple. The whole system of culture may be summed up as the reverse of nature's method. It really consists, not in the survival of the fittest, but rather in the survival of the unfittest. A poor, weak seed is usually chosen and planted. As soon as it has attained some growth the leading shoot is trimmed off. The little plant then grows two other shoots, and these are carefully watched. When one shoot exhibits a strength and vitality greater than its fellow, it is at once cut off, and the weaker shoot is untouched in order to form the future dwarf tree's main stem or trunk. This system of trimming and cutting is followed punctiliously. Water is seldom used—only in very small quantities to keep the little plant actually alive. The tree is kept in a pot too small for its full development, and the roots are constantly pruned. The shoots are carefully trained and bent to follow the growth of a large tree. All this requires great patience, but the Japanese never tire watching the growth of the tree from day to day, week to week, and month to month. When the tree has been growing for about five years, it can then be practically left to take care of itself. It has become accustomed to its training, and its surroundings, and, like force of habit, follows the course laid out for it. In this manner some very magnificent specimens of dwarf trees are produced which in their miniature beauty and majesty compare favorably with their big brothers in the untrained forests.

**SALVATION ARMY MAKES MEN OF SOCIAL OUTCASTS**

Following a well known rule the Salvation Army, in its industrial homes, is taking the class of man who early finds his way to the poor house and rehabilitates him, makes him over, gives him confidence in himself and turns him over to employment that enables him to sustain himself.

The County Government makes "down and outs" habitual indigents. It makes them a monthly allowance

**HOW IT IS POSSIBLE TO RECORD EMOTIONS OF CERTAIN VEGETABLES.**

—Did you know that vegetables can write? An Indian scientist, who has made a very close study of vegetables, has invented an elaborate instrument through which vegetables record their emotions in visible marks and dots.

As, in the ordinary course of events, it would take too long to wait for the emotions to occur (for vegetables do not pass through such rapid emotions as human beings), the scientist induces the emotions, "reading," subsequently, the vegetable's remarks upon the subject.

This scientist excites the vegetable, and its excitement is plainly shown by the manner in which it writes its dots. He benumbs it with potassium cyanide. The "pen" writes nothing. He makes it drunk by administering intoxicating vapors, and the dots are as straggling as a toper's footsteps!

Finally, he kills the vegetable by heat. The dots descend as the temperature rises. At 140 degrees Fahrenheit the dots bound suddenly upward. This is the final spasm—The vegetable is dead.

Astonishing as this may appear, it is less surprising, scientists say, when it is realized what a fine line divides the animal and vegetable kingdoms.

of money or goods for which it requires no service.

The Salvation Army takes the same man and gives him, not money, but work.

It pays him money for his work, and renews in him the knowledge that conscious and directed effort is entitled to and will bring him commensurate return.

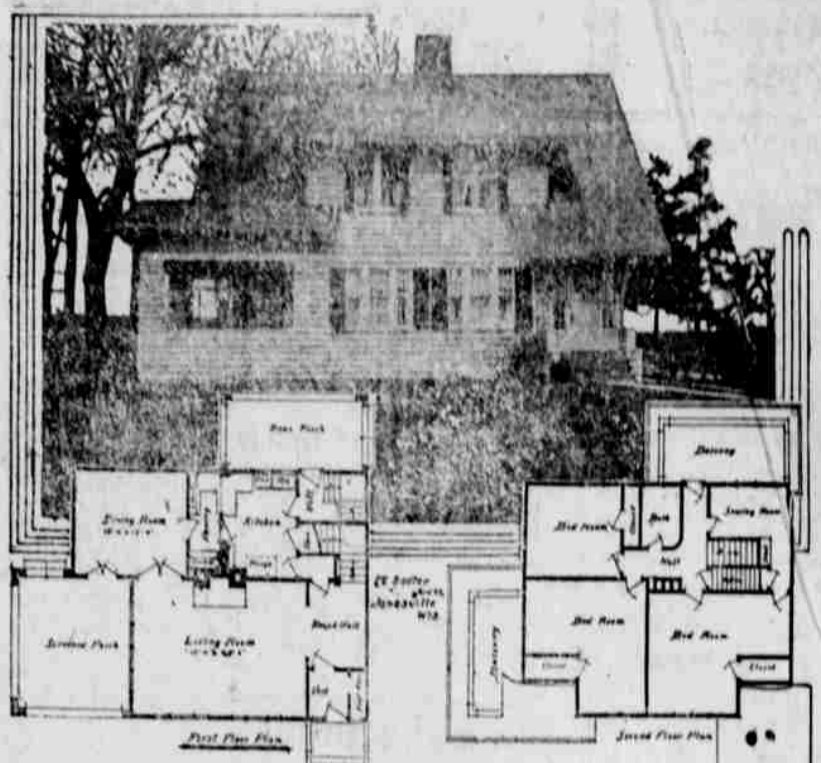
It bathes him and wins him again to clean habit and thought.

It builds up his strength and his morale until he is fit again for the fight with the world.

Then it finds him employment and sends him forth to work that he is fitted to do.

Here in a nut shell is the story of the Salvation Army's Industrial Homes and the story of the Industrial Home in Portland, where scores of men from all over the state have found themselves.

In one year 7,011 adults died in New York county. Of these, 24,051, or 83.3 per cent, left no estate at all. Save.



**HOME SWEET HOME**  
by Jack Wilson



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by Jack Wilson



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**HERE COMES THE BRIDE**



June looms on the horizon again—and with it the bride. Most important is the veil and flowers—to the bride at least. Despite the fact that the bride in the recent Vanderbilt wedding at New York wore a veil in the original Oriental style—completely covering the face—fashioners insist the crown of orange blossom with parted drupe of chiffon is best—as shown above. The huge bouquet is of orchids.

**PRESIDENT PLANS A BIT OF SMOOTH SAILING**



It may be a rough voyage for most of the political candidates seeking nomination to the presidency this summer—but it will be smooth sailing for President Wilson—who has planned a big summer on the presidential yacht—the Mayflower. Under the

personal direction of Captain Holmes, the yacht has been put in shape by enticed "goats" and is now ready for the president's orders. The insert of the new speed launch for use with the Mayflower was selected by Mrs. Wilson.