



THE GREAT SUFFRAGE BATTLE IN DELAWARE



How the women leaders for suffrage buttonholed legislators in Delaware in the great battle to make that commonwealth the thirty-sixth state to ratify and the federal act constitutional. From left to right, Mrs. M. J. Cooper, A. P. Corbit, speaker of the House of Representatives; Mrs. H. B. Thoup, president Delaware Association; John F. Allen, State Senator; Mrs. C. L. Reese and Mrs. G. A. Elliott.



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OREGON NEWS NOTES

Caught by the swift current of the Tumwater falls, near Celilo, Roy Dunn, machinist, and W. D. Darling, his helper, in a small boat, were swept over the falls to their death.

Farmers from all sections of the Morrow county wheat belt report wheat showing a fine stand and, since the advent of warmer weather, stooling out well and making good growth.

While working alone in the gasoline pumping station at Oakland that supplies water for the Southern Pacific company water tank, Guy Martin was caught in the shafting and killed.

Steel workers have arrived at Stansfield from Pittsburg, Pa., and work is under way on a 50,000-gallon steel water tank, the first step in the building of a modern city water system for that city.

No further contracts for improvement work will be let by the state highway commission until a recovery of the bond market assures the commission of a higher return from its issues.

Automobile tourists can easily make the trip over the Pacific highway from the California line to Portland at an average speed of 15 1/2 miles an hour, according to Herbert Nunn, state highway engineer.

Assistant Secretary of the Navy Roosevelt has advised Senator McNary that it will be impossible to detail any battleships of the Pacific fleet to Portland for the national Shrine convalescence, June 22 to 26.

Sugar will go up to 40 cents a pound in the next three or four months, is the prediction of E. L. Knapp, vice-president of the Alsea Lumber company of Eugene and owner of a sugar plantation in Cuba.

More than 300,000 drivers of motor vehicles are expected to register on or before July 1 under the act passed at the last session of the legislature providing for the licensing of operators or drivers of these conveyances.

On the strength of a confession made by Jesse Mullinix, Mrs. Theodore Steiger, wife of a prominent rancher of north of Salem, was arrested by Sheriff Needham charged with complicity in an assault on Steiger with intent to kill.

Two men are dead and one injured, perhaps fatally, as the result of a log rebounding when it became snagged in the woods above the Haskell-Carpenter company lumber mill at Cherry Grove, a few miles west of Gaston. The dead men are: Lester Ridge of Beaver-ton and William Lana.

The KITCHEN CABINET

If either man or woman would realize the full power of personal beauty it must be by cherishing noble thoughts and hopes and purposes; by having something to do and something to live for that is worthy of humanity, and which by expanding the capacities of the soul gives expansion and symmetry to the body which contains it.—Upham.

SEASONABLE DISHES.

In these days of costly foods anything which will take the place of a favorite but too expensive dish will be welcomed. Here is a vouched-for substitute for cream as a sauce: Mix together two tablespoonfuls each of sugar and cornstarch and cook until smooth and thickened somewhat; be sure that the starchy taste has been removed by cooking. Pour slowly over the stiffly beaten whites of two eggs. Beat well, return to the fire and cook until of the consistency of cream.

Berry Cake.—Sift together a teaspoonful of soda with two cupfuls of flour. In another bowl put one cupful of sugar, half a cupful of shortening and warm it enough to easily cream it; add the yolk of one egg and one whole egg, beat well, add one teaspoonful of cinnamon and half a teaspoonful of cloves. Mix well and add one cupful of canned berries, juice and fruit as it comes, stir well. Now mix with the flour mixture and bake in a loaf. Ice with the egg white left from the cake, pouring boiled sirup over it. Use one cupful of sugar and a quarter of a cupful of water boiled until it hairs, then pour slowly, beating all the time over the stiffly beaten white. Any berries may be used but they should be cooked.

Charleston Muffins.—Beat together one cupful of sugar and a tablespoonful of butter. Add two eggs beaten light, a pinch of salt a grating of nutmeg and one cupful of milk. Sift in two cupfuls of flour and three teaspoonfuls of baking powder. Bake in hot muffin pan or in a shallow baking pan.

Swiss-Hamburger.—Take a pound of hamburger steak and chop. Mix with it one-third of a cupful of flour, add seasonings of salt, pepper and onion, make into small cakes, roll in flour, brown in fat; then add enough water to cook slowly for two hours on the back of the stove.

Nellie Maxwell

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