

MEN FROM OREGON OFFICIALLY HELD NATION'S CLEANEST

Surgeon-General Blue Wires
Fact is Disclosed in First
1,000,000 Camp Reports.

Only Fifty-nine Hundredths of One Per
Cent Found to Have Venereal Dis-
ease on Arrival at Cantonments.

Surgeon-General's Official
Telegram

Oregon Social Hygiene Society,
720 Selling Bldg., Portland.
A tabulation of one million
reports first received from
camp surgeons throughout the
country shows that Oregon
leads the country with a rate
of fifty-nine hundredths of one
per cent found to have a venere-
al disease on arriving in
camp. It is hoped that Oregon
can continue vigorous measures
in combating venereal diseases
during the period of demobiliza-
tion and thereafter.

RUPERT BLUE.

Oregon men, called to the colors
during the greatest of all wars, were
physically the cleanest in the entire
United States Army.
Such is not the mere boast of any
citizen of this state, backed only by
a high sense of local pride, but it is
the established record of the United
States Army, communicated to the
Oregon Social Hygiene Society by
Rupert Blue, Surgeon-General, thus
giving it the greatest possible weight.
As will be seen by perusal of the
foregoing telegram from Surgeon-
General Blue, a tabulation of 1,000,000
of the first reports received from
camp surgeons places Oregon in the
lead with a rate of fifty-nine hun-
dredths of one per cent (which means
less than six men to the thousand),
or, compared with another wire from
him, this state's standing is but a
fraction lower than 18 times ahead of
the state with the highest per cent of
infection, which was eight and nine-
tenths per cent (eighty-nine men to
the thousand).

This constitutes one of the grandest
and proudest records of the whole war
period and, great as has been this
state's part in all patriotic endeavors,
nothing could fill the hearts of its
people with a higher degree of pride
than the official acknowledgment from
the National Capital that Oregon's
men stood far and away above all
others in clean manhood.

"That the work of the Oregon So-
cial Hygiene Society, carried forward
for but seven years, should produce
such magnificent results, is a subject
of the most gratifying kind to the
entire Board," said Executive Sec-
retary Cummins. "Every one of the
men who have worked so hard to
bring about the result regard this of-
ficial notification from the Surgeon-
General as a complete vindication of
the program sought to be carried for-
ward in this state. That the public
will respond to sane, clear facts, right-
ly presented, is also demonstrated
beyond doubt. Educators, who have
assisted greatly in the work, may well
feel that young men under their tutelage
will absorb the benefit to be de-
rived from information along physiolo-
gical lines, rightly administered.
Parents must now see plainly that
their children should have the truth

METHODS OF DEMOCRACY.

The extent to which the United
States Food Administrator has
relied on the voluntary support
of the American people is shown
by a statement made by the
United States Food Administra-
tor speaking before the Senate
Agricultural Committee less
than three months after this
country entered the war. That
he was justified in his implicit
confidence in the strength of de-
mocracy has been clearly reflect-
ed by the measure of support we
have lent the Allies.
"If democracy is worth any-
thing," Mr. Hoover declared, "we
can do these things by co-opera-
tion, by stimulation, by self-sac-
rifice, by the patriotic mobiliza-
tion of the brains of this coun-
try. If it cannot be done in this
manner it is better that we ac-
cept German domination and
confess to failure of our political
ideals, acquiesce in the superior-
ity of the German conception
and send for the Germans to in-
struct us in its use."

as to their physical beings and that,
having this, untold good will result."
"Future generations, following, are
bound to demonstrate the benefits of
Oregon's clean manhood, as set forth
officially," commented A. F. Flegel,
president of the Society. "This rec-
ord cannot be overestimated. It is a
glorious achievement."

"The full significance of the official
announcement from Dr. Blue is dif-
ficult to grasp," said Adolphe Wolfe,
treasurer of the Society. "Dealing as
it does with human life and morals, it
is, in a larger sense, more important
than many other achievements, not to
detract one whit from any of them.
At the outset, many good people
doubted the ability of the Oregon So-
cial Hygiene Society to accomplish
worthwhile results. I think now,
however, no further comment need
be had. Surgeon-General Blue's tele-
gram is sufficient."

Lieutenant-Colonel P. C. Field, di-
vision surgeon of the 91st Division at
Camp Lewis, has officially credited
the splendid record made by Oregon
men to the educational work that has
been and is being done by the Oregon
Social Hygiene Society.

RED CROSS SANTA TO FILL SOLDIERS' SOCKS

An Old Fashioned Celebration of
Yuletide for American
Soldiers in France.

A Christmas tree in every ward of
every American hospital and in every
hospital recreation hut in France!

Every wounded or sick American
fighting man to receive two socks filled
to the brim with fruits, nuts, candy
and smokes!

These are the most interesting fea-
tures of a tentative Christmas celebra-
tion program for the American hospi-
tals arranged by the American Red
Cross in France in co-operation with
the commanding officers of our fighting
forces in that country. Details of the
plan to make Christmas as merry as
possible for the soldiers in these insti-
tutions have just been received at Red
Cross headquarters. Nurses and enlist-
ed men on duty at these places will
also share in the distribution of Christ-
mas cheer. Because of the limited
amount of available shipping space
the Red Cross was compelled to aban-
don its original plan to send special
Christmas parcels from here to soldier
patients in France. All the articles
distributed will be obtained over there.

This is to be an old fashioned cele-
bration in every sense of the word.
Every soldier will hang his socks on
the tree. The socks will be tied with
red ribbon and in addition to the good-
ies mentioned above will contain a
handkerchief and a card, on which
will be outlined the services the Amer-
ican Red Cross is prepared to render
our soldiers. Each soldier will re-
ceive a sufficient number of Christmas
postcards—now being designed by art-
ists in the Red Cross service—to en-
able him to write to members of his
family and his friends back home.

The Christmas dinner, of course, will
be one of the features of the celebra-
tion. After dinner there will be
musical entertainment, motion pic-
tures and general singing.

U. S. HEALTH SERVICE ISSUES WARNING

Increase in All Respiratory Dis-
eases After the Influenza
Epidemic Probable.

Influenza Expected to Lurk for Months.
How to Guard Against Pneumonia.
Common Colds Highly Catching—Im-
portance of Suitable Clothing—Could
Save 100,000 Lives.

Washington, D. C.—With the subsi-
dence of the epidemic of influenza the
attention of health officers is directed
to pneumonia, bronchitis and other
diseases of the respiratory system
which regularly cause a large number
of deaths, especially during the winter
season. According to Rupert Blue,
Surgeon General of the United States
Public Health Service, these diseases
will be especially prevalent this win-
ter unless the people are particularly
careful to obey health instructions.

"The present epidemic," said Sur-
geon General Blue, "has taught by bit-
ter experience how readily a condition
beginning apparently as a slight cold
may go on to pneumonia and death.
Although the worst of the epidemic is
over, there will continue to be a large
number of scattered cases, many of
them mild and unrecognized, which
will be danger spots to be guarded
against." The Surgeon General likened
the present situation to that after a
great fire, saying, "No fire chief who
understands his business stops playing
the hose on the charred debris as soon

as the flames and visible fire have dis-
appeared. On the contrary, he con-
tinues the water for hours and even
days, for he knows that there is dan-
ger of the fire rekindling from smol-
dering embers."

"Then you fear another outbreak of
influenza?" he was asked. "Not neces-
sarily another large epidemic," said
the Surgeon General, "but unless the
people learn to realize the seriousness
of the danger they will be compelled to
pay a heavy death toll from pneumo-
nia and other respiratory diseases."

Common Colds Highly Catching.

"It is encouraging to observe that
people are beginning to learn that or-
dinary coughs and colds are highly
catching and are spread from person
to person by means of droplets of
germ laden mucus. Such droplets are
sprayed into the air when careless or
ignorant people cough or sneeze with-
out covering their mouth and nose. It
is also good to know that people have
learned something about the value of
fresh air. In summer, when people
are largely out of doors, the respira-
tory diseases (coughs, colds, pneumo-
nia, etc.) are infrequent; in the fall,
as people begin to remain indoors, the
respiratory diseases increase; in the
winter, when people are prone to stay
in badly ventilated, overheated rooms,
the respiratory diseases become very
prevalent."

Suitable Clothing Important.

"Still another factor in the produc-
tion of colds, pneumonia and other re-
spiratory diseases is carelessness or ig-
norance of the people regarding suit-
able clothing during the seasons when
the weather suddenly changes, sitting
in warm rooms too heavily dressed or,
what is even more common, especially
among women, dressing so lightly that
windows are kept closed in order to be
comfortably warm. This is a very in-
jurious practice."

Could Save 100,000 Lives.

"I believe we could easily save one
hundred thousand lives annually in
the United States if all the people
would adopt the system of fresh air

Disillusionment.

"When yo' sees a cullud puffessah
rise up and pick at dem crinkly side
whiskers o' his'n and smooove down
dat fancy vest yo' am amazed at de
ponderosity o' de spectacle," said old
Brother Buckaroo. "But wher yo' lis-
tens to his transplavication yo' finds
dat when yo' behelt dem whiskers and
dat vest yo' seed it all. Ain't dat 'bout
so, Brudder Jurdan?"—Kansas City
Star.

Possible Source of Tresses.

The other day I, with a neighbor's
child, went to a hairdresser's estab-
lishment. The child has red hair.
While I was buying various things the
child was busy looking about. She
finally discovered some false hair the
color of her own and came to me with
this question: "I wonder if my red
hair was boughten here when I was
borned."—Chicago Tribune.

Standard Specimen.
Some facetious persons want to
know what we polish the seat of our
pants with to make them so bright
and shiny. It's no "get-slick-quick"
preparation, but an intangible and
natural element known as tempi at-
tritus.—Houston Post.

When Americans Were Heathen.
The first foreign missionary society
was established at London July 27,
1649, being a corporation under the
title of "The Society for the Propaga-
tion of the Gospel in New England and
the Parts Adjacent in North America."

Something New in Divorce Cases.
Mrs. Johnson—"Sistah Martha has
jest got a divo'ce f'm her husband."
Mrs. Jackson—"You don't say. How
much ammonia did de cou't grant
her?"—Boston Transcript.

DON'T FORGET

That A. M. Arant writes Insu-
rance: Fire, Automobile and
Surety Bonds.

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"D. SWIFT & CO." are being quickly
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know Pete
was chewing**

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his small chew of Gravely
than he ever got out of a
big chew of ordinary to-
bacco. "Real Gravely has
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Pete. "It's sweetened just
enough, and one small

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