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Monmouth is Located in the Best Section of the Best Valley of the Best State in the Union.

NEWS NOTES OF NORMAL

Portland Librarian Visits Normal and Addresses Students

Last Friday morning Mr. Ide of the Education Department represented the faculty in chapel with a most interesting talk on "The Psychological Clinic". Mr. Ide discussed the purposes and the methods of the clinic in an illuminating fashion illustrating by many concrete references. Perhaps one of the most unusually interesting phases of the talk was the tests given to three children—Dorothy and Euphemia Gilmore and Donald Skeene. These showed the development of motor-control, judgement and speed in children of varying ages as they used various pieces of testing apparatus. The topic was splendidly presented in clever fashion, and Mr. Ide was royally received in his first Chapel appearance.

Miss Mary Frances Isom of the Multnomah County Library, was a guest at the Normal School on Wednesday, when she spoke at Chapel time on "Books and Reading". Miss Isom's fine plans for practical reading, her insistence on the owning of a few friends in books for continual reference, her enthusiasm for the best books of both yesterday and today and her delightfully friendly fashion of talking, all made her talk most inspiring to the students and faculty as well. Miss Isom spent the day visiting the various departments at work. It was with real pleasure that the Oregon Normal School greeted Miss Isom whom it wishes to return again.

The Normal School will hold a special program in the Chapel, Monday morning at 9:30 to which the friends of the school are most cordially invited. Monday has been nationally proclaimed as "Thrift day" and this topic will be emphasized and discussed all over the country. Ira C. Powell, president of the First National Bank of Monmouth, has very kindly consented to address the students and townspeople at this meeting and explain the "thrift stamps" or so called "baby bonds". They should be of special interest as they can be obtained in almost any amount and at any time and pay excellent interest for a term of years.

In addition to the address there will be music and singing by the students, and it is hoped that as many a possible will be present.

Mrs. Fisher, who has charge of the high school teacher training work at Eugene, visited the Normal last Tuesday. We were very glad that she did so, as the Normal wishes to get in as close touch as possible with the high school teacher training schools of the state and would be glad if more of said teachers could find an opportunity to visit us.

Miss Greene and Mr. Gilmore spent the week-end in Portland.

Quite a number of the February class have left to take up their work in the various schools of the state. Nearly all said class have positions. Baker City, LaGrande,

The Dalles and Astoria are among the cities that have recently elected Normal School graduates.

All are looking forward to the concert by the Music Department to be given next Tuesday evening in the Chapel at eight o'clock. The Glee Clubs will sing "King Rene's Daughter". No small amount of interest centers around the orchestras. The Normal Orchestra and also the Training School Orchestra will perform. Seat sale will begin Friday noon at 12:30 at Morlan's.

Mrs. Jane Burns Albert of Portland, the well-known and admired soprano, will sing at the concert at the Normal on Friday evening, February 5.

Training School Facts and Fancies

Of all the interesting exercises conducted in the children's assembly, perhaps none was more thoroughly enjoyed, nor will be longer remembered, than that of last Monday morning. Miss Parrott was the center of interest, and won the hearts of the children with her charmingly illustrated story telling. We heard the story of the Five Little Pigs, and our sympathy was with the little pig that cried, "Wee, wee," all the way home. Old Mother Hubbard, and her wonderfully intelligent dog, whose eventful career was depicted before our very eyes, next claimed our interest. Of course, we all decided that the Foolish Little Fir Tree was most beautifully dressed in its own natural garb, moreover, we were pleased to know that the little tree was made conscious of this fact. The adventures of the Owl and the Pussy Cat were certainly pleasing. The guitar, five pound note and pot of honey added to the material comforts of the journey, as did also, the banquet spread under the trees, complete in all its appointments, even unto the runcible spoon. The children will long be grateful to Miss Parrott for the delightful morning.

Boys and girls of the Training School urge your parents to invest for you in Thrift stamps, to the extent of Five Thousand Dollars. The investment will pay Six Thousand in five years but you may withdraw your loan at any time. It is a safe investment with Uncle Sam as sponsor. Come will you do this? We want to help win the race.

Have you faith in your Uncle Sam? Help him then all you can, Lend to him your every shilling, So he will know that you're most willing, To do your part in the great crisis (That limits food, but raises prices.) A loyal effort upon your part, Will win the approval of every heart, That has for its aim the truth divine, Liberty and Justice and for all time. Help then to win this victory sure, With freedom and justice forever secure.

A lesson in Thrift: Teacher to a second grader, "I shall be unable to go to lunch today, so please take this dime and buy me a Hershey's, you may buy something for yourself with the other nickel." Boy returns: "Here's your chocolate."

The Teacher: "Thank you and what did you buy?"

Boy, "I saved the nickel. I don't

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TIGHTENING UP ON FOOD WASTE

Crisis in Nation's Struggle to Feed Itself and Its Allies

To the general public of Polk County:

In compliance with the request of Mr. W. B. Ayer, Federal Food Administrator for Oregon, I have consented to serve as County Chairman for Polk County. Any questions pertaining to the food in this county should be referred to me, and I shall endeavor to give them my prompt and considerate attention. Your sympathetic, full and patient co-operation is requested.

The public should always bear in mind:

1. That we must conserve and substitute now if we would have plenty for ourselves and our allies afterwards. We must follow now the requests of our Government or we shall probably follow the orders of another government later.

2. That the Government's directions to grocers, confectioners and hotels are very definite and that they are expected to live up to the regulations.

3. That we should cooperate with them fully and gladly and never ask them to make an exception of us. To do so is very embarrassing to them and proves that we are unloyal if not disloyal to our Government.

4. That wheat, sugar, meat and fats are the foods to be conserved and substituted.

5. That Monday and Wednesday are wheatless days and at least one meal of all of the other days should be also; that we should use sugar, pork and fats very sparingly all of the time.

6. That we are to deny ourselves these articles even though it costs

"The first factor which would lead us to expect an increase is the fact that home gardens, the increased use of perishable foodstuffs, and the increased amount of home canning contributed very materially to the kitchen refuse of 1917. The second factor which would lead us to expect an increase instead of a decrease this year, is the fact that in practically every butcher shop in the country, the scraps of fat and bones, which were formerly thrown under the counter to be sold to rendering companies, are now pushed off to the customer. Figures from the rendering companies which used to buy these scraps show that the housewife is now doing her own rendering.

"Under these conditions, the report that the quantity of garbage collected during the first nine months of 1917 in eighty one cities showed a decrease of twelve to fifteen per cent over the collections of 1916 is nothing short of marvelous. Translated, this means that the housekeeper who used to put seven or eight pounds of material into her garbage pail every week has not added a pound or two, as might be expected on account of her larger use of perishable foodstuffs and butcher's scraps. Instead she has actually withheld one pound out of every seven or eight which used to go into the can, and has exercised her culinary skill to put it

into the soup kettle or baking-pan." us much more to get the substitutes. The purpose is to supply the armies. We must bear our part of the inconvenience and hardship if such it be.

7. That we should produce all we can in 1918 and encourage every body else to do so.

8. That we should not suspect our neighbors too easily to be disloyal but should encourage every one to the fullest measure of loyalty. 98 per cent of the people of Polk county will do their duty in this matter when they know what it is, the remaining 2 per cent will probably need some slight assistance.

9. That we should live fully up to what our Government expects of us that others will have no cause for suspicion.

10. That any purposeful and persistent violation of the Government's requests in these matters should be reported to me and that the individual cases will be investigated.

Believing that the people of Polk county can be relied upon to support the Food Administration fully and ungrudgingly in its efforts to provide enough of the right sort of food for all with no injury to any one, I am,

Faithfully,
M. S. Pittman,
County Chairman.

Gentle to Address Parent-Teachers'

Prof. T. H. Gentle, whose wit and wisdom have a reputation of their own which never fails to make his a welcome figure at any public meeting, will be the principal speaker at the next session of the parent-teacher association to be held in the high school auditorium next Wednesday evening. The first Tuesday of the month is the regular meeting night of the association but the date is set at Wednesday to accommodate the musical concert at the Normal Tuesday evening. Following is the program of the evening:

Singing by members,
Led by Miss Hoham
Piano solo, Ethelva Elkins
"How the Star Spangled Banner Was Written" Dramatization,
Boys of 5th & 6th grades
Girls trio, Girls from High School
War pictures, by Zeta Smith, Clara Wade, Glen Turner
Address by Prof. Gentle.

Prof. C. I. Lewis, Department of Horticulture O. A. C. will address the Fruit Growers at their annual meeting, Saturday Feb. 9, on the subject of "Lime for the Prune Orchard". He will also discuss the "General Outlook for Orchardists" of Oregon and the Pacific Northwest.

On the same date Mr. Larsen the newly appointed Agricultural Agent will outline the plan of work to be carried on by this office this year.

The election of officers for the Fruit Growers Assn. will take place at one o'clock. Following the election will come the program as outlined. The meeting will be held at the Commercial Club rooms at Dalles.

F. V. Brown.

C. P. Bevins was up from Airline on business last Saturday.

GLOOM AHEAD FOR GOPHERS

Grangers to Take to the Trail of the Destructive Rodents

Steps to speed up the war on gophers and ground squirrels were taken at the meeting of the Pomona Grange in Monmouth Saturday. Out of its fund the county organization appropriated \$15 and will ask other interested organizations in the county to take similar action. This as a direct result of the poison demonstration by O. A. C. agents last fall which has been tested and found effective.

W. J. Stockholm gave some strong testimony in regard to the effectiveness of the poison, stating that he had tried it and killed something like 30 gophers in a single trial.

Sheep killing dogs also came up for discussion at the meeting but no cure for this evil was found other than legislation.

County Agent J. E. Larsen was present at the meeting and gave an outline of the initial steps being taken in starting out the work of his office. He said an agricultural council was to be organized with delegates from the different sections and agricultural activities of the county, delegates to be both male and female, and through whom the agriculturist would work.

Miss Edna Mills of McMinnville was also present and talked of conservation from a woman's standpoint.

H. Hirschberg of Independence was present and was called on to give an outline of the government plan of raising money through the sale of thrift stamps and war savings certificates.

During the business session of the morning a resolution was proposed, endorsing the stand of the trustees of the agricultural college in raising the salary of President Kerr of that institution. After a somewhat extended discussion the motion was tabled, the grange deciding not to go on action for or against at this time.

The next meeting of Pomona Grange will be at Oak Grove on the last Saturday of March.

Garden Seed Exchange Day will be observed at the next meeting of the Grange, Saturday, Feb. 9. All who have a surplus of garden seeds, especially those listed in the premium list of the County Fair are invited to bring them and exchange for something they do not have. Prof. Hyslop of the O. A. C. will speak on "Beans and Potatoes" and Mr. Larsen, the County Agriculturist will also be present. The afternoon meeting with the program is open to the general public.

All those who are on the social list of the Oregon Normal School are cordially invited to be present at a party and dance to be given Saturday evening February the second, at eight o'clock. The dance will be given in the gymnasium; the party in the dormitory.

J. E. Winegar was absent in Portland two days last week taking in the session of the Hardwaremen's Convention.