## The Herald

RICHARD B. SWENSON Editor & Publisher

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#### Monmouth, Oregon.

FRIDAY, APR. 14, 1916.

## REGULATING RAILROADS

The Standard Oil company has been a prosperous institution since it was officially busted a few years ago. On the contrary the railroads of the company have not prospered since it was recognized that they were a monopoly and were put under the strict regulation of the Interstate Commerce commission.

Regulation of the railroads by the government has worked to thwart their energies and paralyze their growth. Since their receipts are officially fixed and their expenses constantly on the increase they have been squeezed until they are now in no enviable condition. Until the government goes to work to make a fixed rate for employee's wages there can be no great expansion in railroad development in this

If the above has proved anything it has proved that regulation is effective to curb a monopoly.

If the Standard Oil company was in charge of a similar commission with an official price set at which petroleum products could be sold there would be no such thing as 20 cent gasoline. it is not the past that determines It does not cost any more to produce gasoline than it did a

These are some of the things the above facts bring out:-that regulation of corporations is effective while an effort to make large concerns return to the primitive methods of competition by legal action is an all ties. Don't let the past unman you, around failure.

Most any old thing serves as a pretext to raise prices these days and once in a while there is one in which the war does not enter. For instance the fruit dealers say the California crop for you, whatever crises are to be has been ruined by late rains and the prices of all kinds of products on hand are to be fear. raised for fear of a shortage. The worst part of it is that it is the jobber who is getting the profit and the retailer and the grower are not remembered.

The graduation at the normal and the opening of the summer school will bring many people to Monmouth, some of whom might be induced to stay for a longer acquaintance. Monmouth is naturally a pretty place but it of light between two darknesses, is good sense and good business just a bit of life between two sleep to put the best foot first in welcoming these guests. It is none too early to arrange your cleanup program.

A good platform for some candidate to adopt is the building up of a state school fund but this seems to have been overlooked as campaign timber by the majority.

Brother Clark of the Independence Enterprise has told us of a number of things that he will Not One of Them is Absolutely Safe. not do, if elected to the legislature. Now while the people eral or single, popular test which are assembled, would be a good can be applied to mushrooms grow-time for our brother to enumering wild," writes lilley M. Fletcher ate a few things he will do if Mr. Berry ridicules the popular beelected to the legislature. A lief in the usual test whereby poilittle positiveness does wonder- sonous toadstools can be distinfully become a man.

man's popularity in the racket sonous fungi are present and remade by the scrap iron orchestra which welcomes him home from rooms if freshly gathered will not his wedding tour, a respected discolor a spoon, while the most in-Monmouth citizen must be deeply intrenched in the hearts of his fellowtownsmen.

s that the time when the fish ere biting and garden making time always come at the same

#### TODAY IS YOURS.

#### Prize It, For Yesterday Is Gone and Tomorrow May Never Come.

The best thing you have in this world is today. Here it is, a wonderful treasure, a marvelous jewel. It's yours; all yours, It's in your hands. What are you going to do with it?

Today you can be bappy, not yes-terday nor tomorrow. There is no happiness except today's.

Most of our misery is left over from yesterday or borrowed from tomorrow. Keep today clean. Make up your mind to enjoy your food, your work, your play, today anyhow.

Time is not divided into three parts, past, present and future. There is only one real time. It is

You can do anything if you'll only go at it a day at a time.

Don't let life mass against you. Attack it in detail and you can easily triumph.

"Oh, but I can't help thinking of the past! And one must plan for the future."

To be sure; only forget not that the present; it is the present that determines the past.

The past is what we make of it. It is the temper of the present that qualifies it. It all depends upon how you now consider it, whether it bring you despair or discourage-

Suck out its wisdom, keep its lessons, utilize its experience, make of all those things elements of present power. But forget its septic qualibenumb you with remorse, weaken you with self contempt.

The poet says we rise by stepping on our dead selves, and, as for the future, the best preparation for it is an unafraid today.

Whatever hills you have to climb, whatever bridges you have to cross, whatever enemies are lying in wait met, you can be no better equipped for them than by living this day soundly, cheerfully and free from

Apprehensions, premonitions, worries, these are the poison gases of our foe, the future.

If you are to die tomorrow the best way to be ready is to discharge faithfully today's duties and to enjoy heartily today's simple pleas-

Today is yours. God has given it to you. All your yesterdays he has taken back. All your tomorrows are still in his hands.

Today is yours. Take its pleasares and be glad. Take its pains and play the man.

Today is yours. Use it so that at its close you can say:

"I have lived and loved today!"-Dr. Frank Crane in Pictorial Re-

## Tomboy.

Verstegan gives the following origin of the word "tomboy" as applied to romping girls: "Tumbe, to dance; tumbod, danced; hereof we yet call wench that skippeth or lespeth lyke a boy, a tomboy; our name also fidence placed in me. of tumbling cometh from hease."

#### MUSHROOM TESTS.

Declares an Expert.

"There is no absolutely safe, genguished from edible mushrooms.

It is not true, he says, that a silver spoon placed in a vessel in which If there is an indication of a they are cooking will discolor if poimain bright if all in the pan are edible, for the deadliest of mushnocent will discolor it if decomposition has set in.

Neither is it true that if a mushroom has a pleasant odor and taste or if the stem be solid or the skin The aggravating thing of it readily peeled from the flesh it is edible, and the salt water test is equally valueless, for the deadly amanita will be unaffected by salt. Again, some of the deadliest of toadstools have the same pink gills athe innocuous field mushroom.

It is especially in the "button" stage that it is difficult to distinguish poisonous from edible mushrooms, for the most deadly amanita rarely reveals its poison cup in this

"There is," according to Mr. Ber-"but one form of mushroom which can safely be recommended to the world at large, to the unthinking who recognize no danger, the puff ball. And even this should not be gathered at either extreme of its existence, since in its button stage it may be confounded with the amanita, and when beyond maturity it may be infested with maggots too tiny to notice until they have made the eater ill.

"It is true that one may not heed warnings and yet possibly live after eating poisonous mushrooms if one soak them lengthily in brine or vinegar and pour this off before cooking. This, however, destroys the delicate flavor of the mushroom which makes it the coveted morsel centuries of epicures have declared it to be."

But the wise man, says Mr. Berry, will either make a serious study of fungi or will rely on the judgment of a trained mycologist or will avoid wild mushrooms entirely and grow his own.

## An Only Child.

Being "an only child" is usually regarded as a piece of good luck. Recent investigations show that it is just the opposite. Of nearly 300 "only children" that the investigators examined only twenty were pleasant, normal boys and girls The trouble with most of them was that they were selfish and ill tempered, and either because they were unwilling to make concessions or did not know how to make them they were unable to get on pleasantly with their playmates. Their parents had spoiled them. The moral seems to be for fathers and mothers rather than for children .- Ex-

## (Paid Advertisements.)

## FOR TREASURER

I am a candidate for the office of treasurer on the Republican ticket. Your vote is respectfully solicited at the primary election, May 19, 1916.

A. V. R. SNYDER.

## FOR DISTRICT ATTORNEY

I hereby announce my candidacy for the republican nomination for the office of District Attorney. If nominated and elected, Today is yours, just a little strip I shall enforce all laws as I find them without fear or favor, and in a just, conscientious manner. I will give to the County's affairs the same careful, conscientious TO THE VOTERS OF POLK affairs of private clients. I respectfully solicit your support. and if nominated and elected, candidate for the office of County will devote my entire time to giv- Treasurer, on the republican didacy on the republican ticket ing you an administration of the ticket, subject to the will of the for the office of county assessor

Walter L. Tooze, Jr.

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## TO THE REPUBLICAN VOT-**ERS OF POLK COUNTY**

I am a candidate for District Attorney of said County, and if nominated and elected. I pledge myself to diligently and faithfully attend to all the duties pertaining to said office, and will fearlessly enforce all the laws in an impartial manner.

I respectfully ask your support at the primary election on the 19th of May, 1916.

B. F. SWOPE.

## NOTICE TO THE VOTERS OF POLK COUNTY OREGON

I hereby announce myself on the Republican ticket for the office of County Clerk, subject to the will of the voters at the ing acceded to their demand, I Primary Election in May, and most respectfully ask the support respectfully solicit your support. L. V. MACKEN.

# COUNTY

I hereby announce myself a

MRS. WINNIE BRADEN.

## FOR COUNTY SURVEYOR

I hereby announce my candidacy for the office of County Surveyor on the republican ticket, subject to the will of the members of that party at the primary in May. I solicit the support of all republicans throughout Polk county, assuring each that if I am nominated and elected the duties encumbent upon the county surveying will be given the very best attention.

Efficiency, Economy and Impartiality is my motto.

WM. A. ("BILL") HIMES

## TO REPUBLICAN VOTERS

Having been urged by my friends to again become a candidate for commissioner and havof all republicans in the primary May 19. My past record is my only platform.

G. A. WELLS.

## FOR COUNTY ASSESSOR

affairs of this office such as may voters at the primary election in of Polk county, and solicit the reward you for the trust and con- May and respectfully solicit your support of all republican electors in the primary.

C. S. GRAVES.