

## With the Churches

### Christian Church.

By J. M. ORRICK

The Church is to be congratulated on the action taken last Sunday authorizing the improvements that have been under consideration for some time. A building committee has been appointed and is at work. Some details will have to be worked out, but in a few days actual work will have begun and will be pushed to completion. When this work is done the church will have, besides the auditorium, eight Sunday school class rooms and a basement room 30x36 feet which can be used for 3 classes, Christian Endeavor, and social purposes. A good sized and well lighted kitchen will be another feature. A heating plant and new pews are other features to be added.

We are glad to hear that the other churches, of Monmouth, are talking improvements. That is right, brethren, the best is none too good, and you can do it if you get busy.

Children's Day exercises at 8 p. m. next Sunday. Come and enjoy them and bring an offering for foreign missions.

The S. S. supt., Bro. Parker, requested the preacher to conduct the S. S. next Sunday. We shall have something interesting from 9:45 till 10:00, and of course, you'll certainly be there. The time is 9:45 a. m.

### SERMONETTES

If "Christian Science" should heal a man of all his diseases, and yet he should lose his soul, what would he be profited?

If Socialism should gain for a man the whole world and he should lose his own soul what would it profit him?

If Prohibition should completely remove the liquor curse from a man and he should lose his soul what would it profit him?

"The Son of Man came to seek and to save that which is lost." "The gospel is the power of God unto salvation."

### Baptist Church.

By J. K. P. CARSON

The morning subject was, "Religion a Specialty." This is an age of specialists, lawyers specialize, business men follow special lines of business, you would not go to a druggist to get dry goods, nor to a hardware store to get bread. One must be poetically inclined to enjoy poetry. Isn't religion a specialty? Spiritual things are spiritually discerned. "The natural man discerneth not the things of the Spirit." That which is born of the flesh is flesh and that which is born of the spirit is spirit.

The man who is not spiritual twists the Word and finds no harmony in it. Wonder if we could not find more in God's Word if we were more spiritual. The man who is not spiritual comprehends not the wonderful truths of inspiration.

Jesus Christ is a specialist. There is no stain on the soul that the blood of Jesus Christ cannot wash away. If this be true, don't go to one who knows nothing about religion to get religious instruction. One being blind and cannot see a flower, is no reason why one who has good eyes cannot.

Are we hindrances? "He that doeth the truth cometh to the light." If we would help and not hinder the cause we must pay attention to the means of grace—public worship, prayer service, Sunday School, private devotion.—

The pastor was in his happiest mood.

Next Sunday at 11 a. m. the subject will be, "Faithfulness is All." At 8 p. m., "How Will You Vote?" Sunday School at 10 a. m.

### Evangelical Church.

By W. A. GUEFFROY

How many of the HERALD readers have heard of the new disease? It is called Morbus Sabbaticus or Sunday sickness, and it is a disease peculiar to church members. First, the symptoms vary, but it never interferes with the appetite. Second, it never lasts more than twenty-four hours. Third, No physician is ever called. Fourth, it always proves fatal in the end—to the soul. Fifth, it is becoming fearfully prevalent and is destroying thousands every year.

Watch this space next week for the attacks and remedy of this fearful disease.

Our Sunday School has decided to observe Children's Day this year and in connection with it a picnic.

The Excelsior and Builders of the Evangelical Sunday School are to hold their regular business meeting and social hour at Hefley's this Friday evening.

Services for June 1, 1913.

Sunday School at 10 o'clock; preaching services at 11 and 8 o'clock; Y. P. A. at 7 o'clock.

The morning subject will be, "Lessons from the Church at Pergamos," and the subject for the evening will be, "The Attractive Power of Christ."

This church invites the non-church attending public to all of its services, and bids you come.

## Monmouth Heights

Russell Fishback was in Independence Thursday.

Miss Bertha Layson was trading in Independence Saturday.

Mrs. Wolfe, of near Falls City, passed over the Heights Thursday.

Miss Clara Pechin, of Spring Valley, visited friends here last week.

Dad Graham and Chas. Herren, of Monmouth, were here Sunday.

Walter Strain and family, of Monmouth, spent Sunday with relatives here.

Mrs. Warren went to The Dalles last week to see her mother who is ill.

Misses Mona Hinkle and Millie Clark, of Monmouth, were on the Heights Friday.

Mrs. Herman was an over Sunday guest of Mr. and Mrs. Ed Wunder, of Independence.

Mr. and Mrs. Eb. Marks, of Bowerville, were guests of her parents, Mr. and Mrs. Allen Towns, Friday.

### A Few Good Rules for the Sick Room.

A few good rules for the ordering of the sick room are given by Mrs. Alice Marks Dolman, instructor in dietetics and home nursing at the Oregon Agricultural College, in one of her recent lectures.

"Whatever the threatened or actual disorder may be, there are two important things to be done at the beginning," she said. "The first is to have absolute rest and quietness for the patient. The second is to keep the skin clean, to keep the bed clean, to keep the room clean, and to have plenty of good, clean, fresh air for the patient to breathe.

"Rest means something more

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than just being in bed. It means freedom from petty annoyances, from unexpected jolts or jars, from creaking shoes or creaking chairs, or rattling windows, and from continued thinking and planning out of things.

"In preparing a room for a patient, give her the cheeriest room possible, one that can be ventilated easily, and one that is far enough from the kitchen that she does not get the odor of cooking food.

"It is wise to remove all unnecessary furniture and all things that are dust catchers. This is especially true in the infectious diseases. Many things that do not annoy us or worry us when we are well, become a source of great annoyance to us when we are sick, so that the plainer a room is furnished for the sick, the better it is.

### The Cauliflower.

Of the word "cauliflower" a writer in the London Chronicle says: "The modern spelling is artificial, and if we were to write it as we pronounce it, 'collyflower,' we should be taking a step back in the natural direction. 'Coleflorve,' as they spelled it in the sixteenth century, brings out the true meaning of the vegetable's name—'flowered cabbage'—'cole' being an old word for cabbage and 'florve' representing the French 'flori,' or 'fleuri,' flowered. But because in Latin it was called 'cauliflora' it began to be written 'coliflorie' or 'collyflorie' in English, probably by deliberate assimilation to the Latin, and eventually even to be written 'cauli,' though still pronounced 'colly.' Meanwhile the second part of the word got popularly corrupted to 'flower.'"

### "Naming" a Member.

It is an ancient belief that a man's name has some mysterious sympathy with his nature, whence arise such stories as that of Rumpelstiltskin, whose power over a human being vanishes the moment that his name is pronounced aloud. It has been suggested with some show of reason that the modern practice of "naming" a refractory member of the British house of commons is merely a survival of this belief, which the Norsemen brought into England.

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## Monmouth Time Table

The following is the schedule time for the arrival and departure of trains at Monmouth.

No. 64.	Independence to Dallas and Portland,	6:35 A. M.
No. 61.	Independence to Airlie,	6:40 A. M.
No. 62.	Airlie to Independence and Salem,	8:00 A. M.
No. 65.	Dallas to Independence and Corvallis,	8:55 A. M.
No. 68.	Independence to Dallas,	11:20 A. M.
No. 69.	Dallas to Independence and Portland,	1:25 P. M.
No. 66.	Independence to Dallas,	2:15 P. M.
No. 125.	Independence to Monmouth and return to Independence and Salem,	3:55 P. M.
No. 73.	Dallas to Airlie,	3:45 P. M.
No. 72.	Airlie to Independence,	5:35 P. M.
No. 70.	Independence to Dallas,	6:40 P. M.
No. 126.	Independence to Monmouth and return to Independence,	7:25 P. M.
No. 71.	Dallas to Independence,	7:45 P. M.