

NEWS FROM COUNTY SEAT

Court House Notes.

FARM NAMES REGISTERED.

Riverside Home—James L. Atwater, Airlie.

MARRIAGE LICENSES

Bernard Burns, of Dayton, and Martha Christensen.

Otto Byerley and Emma Nixon.

PROBATE

In the estate of John Albers, deceased. A J. Tupper and C. W. Irvine appointed appraisers in the place of appraisers unable to serve.

In the estate of Isaac Dyck, deceased. Stipulation filed and approved and made absolute and administrator authorized to pay \$40 additional.

In the guardianship of Lolo Pauline Perry, a minor. Elnora S. Mattison appointed guardian and on filing approved bond in sum of \$700, letters to issue to her in that capacity.

In the guardianship of Chas. N. Thorp, an incompetent person. Final account of guardian approved; resignation of guardian accepted to take effect on filing final vouchers from his successor; further ordered that P. H. Drexler be appointed guardian as successor to W. E. Craven; letters to issue on filing approved bond in sum of \$3000.

REAL ESTATE

Minnie E. and C. A. Hubbard to Alfred Whitney, lot in Independence, \$1.

G. A. McCulloch et ux to Base Line Land Company, lot in Broadmead, \$75.

Alice Robinson to C. P. Cornwell, land in Monmouth, \$400.

Henry Grazer et ux to Clarence R. Brown, lot in Dallas, \$10.

Rose Broadley to C. F. Broadley, 31.72 acres, tp 8 s, r 5 w, \$10.

Water Power Withdrawals.

Over a million and a half acres of public land now stand withdrawn by the Government as being valuable for the possible development of water power. During October the United States Geological Survey recommended the withdrawal of 54,422 acres as having power possibilities and the restoral of 2,600 acres in Montana and Wyoming because field examination by the Survey showed them not to be valuable for that purpose.

320-Acre Homestead Areas Opened.

During October six acres were designated by the Secretary of the Interior as suitable for entry under the enlarged-homestead act. These include 32,110 acres in Idaho and Oregon and make a total of 190,426,957 acres which has been designated by the Secretary of the Interior as enterable in 320-acre homestead units.

Special School Meeting.

Notices are posted calling for a special school meeting in School District No. 13, Saturday afternoon, December 2, at 2 o'clock, for the purpose of levying a tax to maintain the public school in said district and providing for any other business which may come before the meeting.

According to the reports of the United States Geological Survey, there are a number of anthracite coal beds in Colorado, New Mexico, Montana, and Washington, besides the great anthracite deposits in Pennsylvania.

MINOR INSOMNIA.

Causes of Sleeplessness and the Way to Treat Them.

In considering the treatment of insomnia it is well to treat the subject under two heads—major insomnia and minor insomnia.

Major insomnia, happily, is a disease that concerns few persons, and its treatment is a matter for the trained physician only. It may be associated with severe organic diseases, or it may be the beginning of acute insanity. These cases, of course, are neither for home diagnosis nor for home treatment. But almost any one, sooner or later, and for one reason or another, may be called upon to deal with minor insomnia.

In such a case the first thing is to look for a reason. When a person who is habitually a good sleeper has a restless, tossing, wakeful night the reason is generally not hard to find. A mistake has been made somewhere, and in most cases a dietary mistake. The last meal was either too large or too late, or it contained some substance that refused to be digested.

The insomnia of indigestion is a particularly disagreeable type, as it is allied with a nervous restlessness which not only forbids the sufferer to sleep, but makes him feel as if he would never sleep again, and keeps him turning and tossing in mind as well as in body. This is the kind which makes mountains out of all the molehills and darkens the thought of the coming day.

Discretion is the better part of valor in such a case. It is waste of time to toss and try. Get up speedily and move about for awhile, slowly drinking several glasses of water. Realize early that until you have helped your stomach to the victory you will not sleep.

On the other hand, an empty stomach may keep you awake just as obstinately as an overfull one. In this case, however, the answer is easy—a cup of hot milk sipped slowly will generally do the deed.

Some people keep themselves wakeful by getting mentally excited late in the evening, and of all forms of mental excitement, anger and fear are the worst. To lie and fight your enemy in your imagination is a sad misuse of the blessed darkness.

Many people find it wise to cool their brains at the end of the day with a little light reading or soothing talk, keeping their problems and their politics for the daytime.

Some fairly good sleepers accuse themselves of insomnia simply because it bores them to lie awake, and every minute is magnified into an hour. These should learn that a little occasional wakefulness is not to be counted a tragedy.—Youth's Companion.

A King and a Miller.

Every reigning member of the Hohenzollern dynasty has been noted for his sense of fair play in dealing with his subjects. It is said that the Emperor Frederick the Great was greatly annoyed by the presence of a flour mill that stood close by one of his palaces in Berlin. The miller refused to sell his mill and insisted that he should retain possession of it as long as he lived. The emperor stormed at him without avail and finally threatened to drive the miller out by force and confiscate his property. The dauntless miller replied to his threat by saying, "There are still judges in Berlin, your majesty." This reply, which has since become famous throughout Germany, impressed the emperor so favorably that he withdrew both his threat and his request, and the flour mill is standing to this day.

Counterfeits at the Bank.

"It is interesting to observe the pained expression on the face of a depositor when one stamps 'Counterfeit' on a bill he has brought us to find out whether it is bad or not," said a bank clerk. "The man had his doubts or he wouldn't have brought in the bill, and it is the stamp rather than the discovery which makes him downcast."

"If he objects to the stamp he is reminded that surely he wouldn't care to pass a forged bill, and naturally there is no answer to that. But just the same he is likely to look pained when the red stamp is put on and whatever possibility there was of his accidentally passing the bill goes by the board."—New York Sun.

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Church Directory.

—EVANGELICAL CHURCH

W. A. GUEFFROY, Pastor.

Morning service at 11:00 o'clock
Evening service at 7:30 o'clock
Sunday School at 10:00 a. m.
Y. P. A. Meeting at 6:30 p. m.
Prayer Meeting Wednesday evening.

CHRISTIAN CHURCH.

W. A. WOOD, Pastor.

Morning Service at 11 a. m.
Evening Service at 7:30 p. m.
Sunday School 9:45 a. m.
Y. P. S. C. E. 6:30 p. m.
Prayer Meeting Wednesday 7:30 p. m.

BAPTIST CHURCH.

Preaching Service, 11:00 a. m.
Sunday School, 10:00 a. m.
B. Y. P. Union, at 6:30

W. C. T. U.

Local Union meets every second and fourth Friday in the Evangelical church at 2:30 p. m.

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