

WOMEN TO AID NAVY LEAGUE.

Seek Pledges to "Talk, Think and Work" Patriotism.

Washington.—The aid of women has been invoked by the Navy league to assist in the organization's campaign to convince the country of the advantage of stronger national defenses.

A vigorous campaign will be carried on through the summer and fall to obtain pledges of women to give their personal efforts to this program.

A feature of the work of the women's section of the league, as it has been named, will be a series of patriotic pageants for the purpose of depicting the necessity of national defenses.

Among the founders of the women's section are Mrs. George Dewey, Mrs. Medill McCormick, Mrs. Finley J. Shepard, Mrs. George L. Carnegie, Mrs. Phoebe A. Hearst, Mrs. Ralph B. Strassburger, Mrs. Moncure Robinson, Miss Christine Biddle, Mrs. James H. Aldrich, Mrs. Charles H. Baldwin, Miss Marianne Biddle, Mrs. William W. Blackmar, Miss Mabel Boardman, Mrs. Willard H. Brownson, Mrs. William Brownson, Mrs. James Buckley, Mrs. George M. Chester, Miss Fannie B. Coleman, Miss Corinne de Augiero, Mrs. Emily H. Emmet, Miss Mary F. Failing, Mrs. Fitzsimon, Mrs. J. E. Fuller, Mrs. Adolph Ladenberg, Mrs. Henry Lovering, Mrs. E. Rollins Morse, Mrs. William H. Porter, Mrs. Thomas Stevens, Mrs. Augusta Tyler, Mrs. Henry M. Warren, Mrs. John J. Borland and Miss Molly Elliot Seawell.

WAR HURTS TRADE IN FARM IMPLEMENTS

Unprecedented Activity Expected After Hostilities Close.

Washington.—Exports of American agricultural implements during the fiscal year 1915 totaled approximately \$10,000,000 as against \$40,000,000 in the high record year, 1913; \$21,000,000 in 1903 and a yearly average of more than \$29,000,000 for the last decade.

The European war was doubtless the dominant factor in the great falling off in exports of agricultural implements, since the decrease in sales to Europe was disproportionate to that in sales to other sections.

Information reaching the department of commerce, however, indicates a growing use of machinery on farms both in Europe and elsewhere, a tendency which will doubtless be even more pronounced upon the resumption of peace, since the devastation of war is causing a marked shortage in human and animal labor, necessitating proportionately more machinery for the successful conduct of farming.

COLLEGE MAN A STONECUTTER

McLaren Has Two Degrees and Speaks Seven Languages.

Cambridge, Mass.—With two college degrees and an acquaintanceship with men of letters abroad, John McLaren, A. B., A. M., is working as a stone cutter here for \$2.50 a day.

HIGH LIFE IN PERU.

The Pace Has to Be Slow on the "Roof of the Continent."

Professor Alsworth Ross of the University of Wisconsin, in an article in the Century Magazine entitled "Peru, the Roof of the Continent," tells of the difficulty of merely sustaining life in the higher altitudes among the Andes.

Life at Cerro de Pasco, nearly a league up, is as trying as life under a diving bell at the bottom of the ocean. The newcomer gasps for air like a stranded fish and wakes up at night gulping mouthfuls out of the thin atmosphere.

The young fellows play tennis and ball, and even indulge in track athletics, but the pace must be very slow. Singing is not popular, for you cannot get the breath to hold a note.

SLEEP AND SLEEPINESS

What Slumber Does and How Insomnia Should Be Treated.

In his book on "Sleep and Sleeplessness" H. Addington Bruce gives the new theory of sleep as follows: "It is now known that sleep, contrary to the belief formerly so widely entertained, is no mere passive, negative state, the product of toxic or other harmful elements, but is an active, positive function, a protective instinct of gradual evolution and dependent for its operation partly on the will and partly on the environment."

"It is the result of a certain reaction between the central nervous system and the stimuli impinging on it, its object being not so much the recuperation of the organism from the effects of the activities of the intervening period of waking life as to save the organism from the destructive consequences of uninterrupted activity."

He thinks that most people sleep longer than is really necessary. Men of intense mental or physical activity—for instance, Napoleon, Frederick the Great, Schiller, Humboldt, Mirabeau, the English surgeon John Hunter and Thomas A. Edison—get along very well with four or five hours of sleep.

Mr. Bruce in discussing disorders of sleep, such as nightmares and the night terrors of children, expressed the belief that the proper treatment is not so much along medicinal or dietetic lines as by psychological means.

To similar causes most insomnia is attributed. Worry is likely to form the starting point for an insomnia habit.

The remedy therefore is to be found not in drugs, but in psychology. Mr. Bruce believes that nearly all insomnia is curable.

Origin of a Phrase.

The phrase "First in war, first in peace," etc., referring to George Washington, originated with Henry Lee of Virginia. In a resolution introduced in the house of representatives he had recommended that a committee be appointed to consider the most suitable manner of paying honor to the memory of the man "First in war, first in peace and first in the hearts of his fellow citizens."

Why the Admiral Was Better.

It was of her uncle, Admiral Rous, the famous racing man, of whom Lady Cardigan told the following story. Mrs. Rous, it appears, was very dictatorial. "And I remember," said Lady Cardigan, "one day after her death calling to inquire how my uncle was. 'Indeed, my lady,' said the servant, 'I may say the admiral is a deal better since Mrs. Rous' death.'"—London Globe.

His Handicap.

"One of the penalties of approaching age is clumsiness," confessed Merton Morose, on whose head the frosts of time have been sifting down for quite a spell. "When I move carelessly about a room I knock over five things on an average, and when I am especially careful I knock over ten."—Judge.

Still Cheerful.

"Did you attend Miss Seresum's birthday party?" "Oh, yes, I was there." "What kind of time did you have?" "The best ever." "What is your impression of her?" "She's a game loser."—Birmingham Age-Herald.

A little method is worth a great deal of memory.

LYNCHINGS ON INCREASE.

Thirteen More Recorded Than For Same Period Last Year.

New York.—Professor Monroe N. Work, head of the department of records and research of the Tuskegee Institute of Alabama, has compiled the records of the number of lynchings committed in the United States during the first six months of this year.

Twenty-four of the men lynched were negroes and ten were whites. Eight, or one-fourth of the total number, occurred in Georgia. Six of the negroes and one white man were charged with assault on women, and the rest of the lynchings were on accusations of having stolen cotton, hogs, meat and cows.

GOES BAREFOOT AT 73.

Says Close Union With Earth Keeps Him Well.

Kansas City, Kan.—When grass roots and mother earth come in contact with bare feet there is a sort of soothing electrical current transmitted through the body that rebuilds and invigorates the entire system.

Eight months in each year he spurns the pressure of leather on his feet, and with trousers rolled up nearly knee high attends to his farm.

EXPLORER AIDED IN KONGO DEVELOPMENT

Richard Mohun Was Decorated by Foreign Governments.

Washington.—Richard Dorsey Mohun, a soldier of fortune in Africa and a prominent figure in the civil government of the Belgian Congo region, who died suddenly at his home at Royal Oak, Md., near Washington, where he had gone to recover from the effects of wounds received during twenty years of service in the heart of Africa, was born in Washington fifty-one years ago and received his education from private tutors.

He was also decorated by the sultan of Zanzibar for his work as intermediary between the British admiralty and the sultan at the time of the winning of that place by the English.

The explorer first went to Africa as a commercial agent for the United States, after the governments of the world had recognized the Congo Free state. His work was so notable that at the expiration of his service for the United States—about three years—the Belgian government sought his services.

Mr. Mohun's wife, who was before her marriage Miss Harriett L. Barry of New York, once accompanied him to Zanzibar, but spent most of the time in Belgium, between which country and Africa communication was rapid.

He had a rare collection of pictures of African scenes made during his service there. Although not connected with the armies of the governments which he represented, he wore a uniform a large part of the time, this being an aid to maintaining discipline among the natives.

Firemen in Knitting Bees.

Sandusky, O.—Sandusky firemen are knitting, not socks for soldiers, but shawls for their wives and sweethearts. The knitting idea was put into their heads when a fireman from one of the Columbus stations visited the local central station and remarked that knitting is the principal pastime of Columbus firemen.

LURE OF THE PEARL

Long Chances Taken by Fishers For Fresh Water Gems.

ALL ARE BELIEVERS IN LUCK.

A Mussel That Holds the Coveted Prize Looks Just the Same as One That May Be Worthless, and Thousands May Be Opened in Vain.

The pearl fishermen of the Upper White river in Arkansas are the most hopeful of mortals, ever dreaming of picking from curiously shaped shells big pearls of such value as to sweep them into the realms of prosperity at one grand stroke.

They are optimistic and hopeful, and it is impossible to discourage them. They are believers in luck and as strong in their faith as a Quaker.

Every pearl fisher has his favorite among the pearl bearing mussels. Some like the washboard, a long rough shell. Others like the niggerhead, a small round shell, black and rough.

The chance of finding one of these rests with luck and luck alone, for there are some 500 different kinds of fresh water mussels that bear pearls.

The equipment of a White river pearl fisher ranges in value from several hundred dollars down to nothing. Really one can start in with nothing but an old knife or sharp edged instrument with which to open the shells.

As his reply Berthollet drank off a glass, saying, "I never drank so much before."

"You have plenty of courage," exclaimed Robespierre.

Seventh Century Needlework.

Before the end of the seventh century needlework was carried to great perfection in convents, where it was used for the establishment of the church and the decoration of priestly robes.

Harper's Ferry.

Harper's Ferry was named after Robert Harper, an architect and mill builder, born in 1703 in the town of Oxford, England.

Really Pleased, Then.

"Mrs. Gadders is a woman who always wears an artificial smile." "Not always, I'm sure."

His Birthright.

"Does your Jiggsy come by his erratic temperament naturally?" "Yes; his mother was a grand opera singer, and his father was a left handed pitcher."—Puck.

To bear is to conquer out fate.—Campbell.

LURING WILD GEESE.

Live Decoys Are Often Used and Made to Play the Traitor.

American wild geese each spring migrate from waters of the southern states to the shores of the Arctic in northern Canada.

Both of these are extensively hunted. Covering, as they do, about 5,000 miles on their annual migration, these birds rest at various places en route and are thus shot by sportsmen almost across the length of the continent.

To aid in the shooting of wild geese live wild ones, captured young and raised in captivity, are often placed in feeding grounds in likely territory on the line of flight of the migrating flocks.

Painted decoys, shaped like geese and made of steel, are also used by the hunters. In the latter case the men, from their hiding place in the pits, call the birds by using a goose call, a metal instrument like a flute, which mimics the sound of the goose with remarkable realism.—Philadelphia North American.

WRITING ON METALS.

By the Use of Wax and Acids Etchings May Easily Be Made.

Usually a man attempts to put his name on his metal possessions by scratching with a file or knife point and makes the poorest sort of a job.

Then mix one ounce of muriatic acid and one-half of an ounce of nitric acid, or smaller quantities in the same proportions (and remember that those acids are deadly poisons, and apply the mixture to the lettering with a feather, carefully filling each letter.

Berthollet and Robespierre. It is said that the celebrated savant Berthollet in the most dangerous moments of the republic sustained his fearless love of truth.

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BALLROOM PATHOS.

Tragedy of the Yearning Heart That Was Left to Itself.

The fourth dance was nearly over, and she was still sitting by the wall, her hands clasped in her lap and her blank program dangling at her side.

The girl rose stiffly and tried to mingle with the crowd. A few acquaintances nodded absently, then moved away.

"That's a pretty dress, Marie," she said, trying to smile. "Thank you. Are you having a good time?"

Her cheeks burned in confusion as she found herself again surrounded by vacant chairs.

At last, blinded by a rush of hot tears, she arose and went from the music and merriment into the silence of the deserted dressing room.

IRRITABILITY A WARNING.

One of Nature's Danger Signals That Should Be Heeded.

Are you unduly quick tempered? Do you find yourself, on slight provocation, giving vent to petty outbursts of anger?

Chronic irritability is one of your characteristics it is important for you to recognize that fact.

In particular, irritability means that your nervous system is out of gear. This may be the result of either physical or mental causes, or a combination of both.

What is needed to cure both the indigestion and the irritability is the cultivation of an optimistic attitude.

Unique American Families. The Harrison family, like the Adams family of Massachusetts, on its illustrious genealogical tree carries the names of one signer of the Declaration of Independence and two presidents of the United States.

He Wasn't Hissing. One of the ushers approached a man who appeared to be annoying those about him.

Full Particulars. The prosecuting witness in the damage suit against the city was giving in his testimony.

Something to Smile At. "Try to smile," said the head of the department store.

Corrected. Mr. Hennepeck (nervishly)—When you tell me to do a thing, like a fool I go and do it.

A loving heart is the beginning of all knowledge.—Caryle.