

# COMMUNITY NOTEBOOK

## Suds and Science tells of chub

The Luckiamute Watershed Council will host the next Suds and Science from 6:30 to 8 p.m. on Nov. 15 at Brew Coffee and Taphouse, 211 S. Main St., Independence.

Come hear fish biologist Brian Bangs talk about how the Oregon chub beat the odds and became the first fish to ever be de-listed from the Endangered Species Act. Bangs, with the Oregon Department of Fish and Wildlife, will highlight the power of partnership and how local landowners helped this little fish make a big recovery.

Food and beverages available for purchase from the restaurant.

For more information: 503-837-0237, or outreach@luckiamuteLWC.org.

## Donate to Operation Christmas Child

Starting Monday through Nov. 20, Faith Evangelical Free Church, 2290 E. Ellendale Ave., Dallas, will be a drop-off location for Operation Christmas Child.

During the project's collection week, the church will collect shoebox donations filled with school supplies, hygiene items and fun toys for children living in poverty overseas. This year, the Greater Salem Oregon Area Team volunteers hope to contribute 8,090 shoebox gifts to reach children in need.

The church will be open for drop-offs from 9 to 11 a.m. each day Monday through Nov. 20.

For more information about the project: samaritanspurse.org/occ.

## Veterans breakfast at senior center

A free veteran's breakfast will be on Saturday, Veterans Day, at the Monmouth Senior Center from 8:30 to 11:30 a.m. All veterans, active military and their families are invited. Menu includes scrambled eggs, sausage, pancakes, biscuits and gravy, orange juice and coffee. The event is sponsored by Monmouth Senior Center, DAV and AmVets Ladies Auxiliary.

## Emotional eating workshop Saturday

Andrea Davis, of Awaken Life Coaching, will present "Overcoming Emotional Eating: Five Empowering Principles for Women," from 2:30 to 3:30 p.m. at Western Oregon University in Monmouth.

The workshop is cosponsored by Awaken Life Coaching and the Counseling Center at WOU, and will be in Room 205 of the

## New sidewalk



**A Liberty Concrete crew prepares the sidewalk for paving on Jefferson Street by the Polk County Courthouse. The project is part of a Dallas Urban Renewal "streetscape." Polk County will repave the Court and Mill streets sidewalks on the courthouse square.**

JOLENE GUZMAN/Itemizer-Observer

Health and Wellness Center at WOU, 329 Jackson St. W.

The workshop is free, but registration is recommended by emailing andrea@awakenlifecoaching.net, or on Eventbrite.com.

## LDS to host veterans lunch

A Veteran's Day Senior Luncheon will be held Friday at noon, hosted by The Church of Jesus Christ of Latter-day Saints, to honor those who have served our country. The church is located at 1401 SW 13th St., Dallas. Admission is free.

## Happy birthday, Marine Corps

The United States Marines will celebrate the 242nd Marine Corps birthday at Murphy's Grill, 288 E. Ellendale Ave., Dallas, at 6 p.m. on Friday. A special birthday cake will be provided. All Marines — present, past, future — and their families are invited.

For information: Bob Herndon, 503-623-5395.

## Inaugural veterans auction Saturday

The Veterans of Foreign Wars Post 3203 and American Legion Post 20 will host

an inaugural Veterans Fundraiser from 5 to 10 p.m. on Saturday at the Polk County Fairgrounds & Event Center, 520 S. Pacific Highway, Rickreall.

The event is \$5 per person, free for those 6 and younger. A silent auction will be held from 5 to 6 p.m., with items donated by local businesses, organizations and community members. A potato bar with all the fixings will be served for dinner at 6. A live auction will begin at 7, followed by a concert by the Boondock Boys from 8 to 10.

For more information: Wayne, 503-510-1015, or wayjacrowder@yahoo.com.

## Museum reopens military exhibit

The Heritage Museum, 112 S. Third St., Independence, will hold a reopening of a military exhibit Friday from 5 to 7 p.m.

The exhibit features artifacts representing military operations starting as early as the Civil War.

The updated exhibit focuses on the impact of military operations on the local area and paying tribute to the community's military service.

John Bruning will speak at the event.

Refreshments will be

served. There is no cost to attend.

For more information: Shannon Cockayne, cockayne@ci.independence.or.us.

## Work for Yourself at 50 class offered

MicroEnterprise Resources, Initiatives and Training will present a class titled, "Work for Yourself @50+," on Nov. 15 at Chemeketa Community College Dallas campus, 1340 Holman Ave., from 9 to 11:30 a.m.

The class will help people explore options, design a plan, watch for trouble and connect with community resources.

There is no cost to attend. Call 888-339-5617 to register.

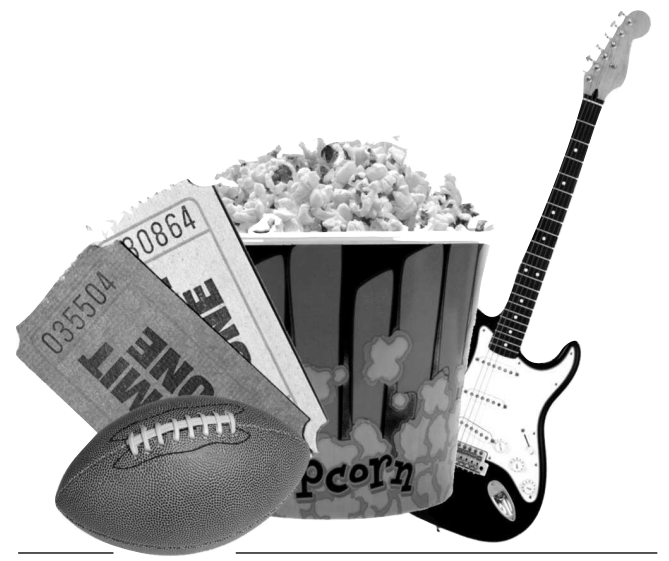
## Kings Crossing opens Saturday

Kings Crossing will reopen for the holiday season Saturday from 9 a.m. to 1 p.m.

Kings Crossing will be open each Saturday through New Year's. Local vendors, artisans and crafters will provide items for purchase, as well as coffee and treats.

It is located at 23803 Maxfield Creek Rd, Kings Valley.

For more information: Jennifer Wilder, jwilder@kvschool.org.



## COMMUNITY CALENDAR

Community Calendar is a listing of upcoming events taking place in Polk County that are open to the public. To submit an event for calendar consideration, please send it at least two weeks before the actual event date to the Itemizer-Observer via email (ionews@polkio.com).

### WEDNESDAY, NOV. 8

- **Polk County Republican Women** — 11:30 a.m., Murphy's Restaurant, 288 E. Ellendale Ave., Dallas. No-host lunch available; everyone welcome. 503-623-5759.
- **Respite care** — 1 to 3 p.m., 182 SW Academy St., Suite 216, Dallas. Free child care for parents who need time to run errands, pay bills, etc. Free. Open for children ages 6 weeks to 5 years. 503-877-8473 to reserve space. Diapers are provided.
- **Willamette Valley Food Assistance Program Food Bank** — 1:30 to 6:30 p.m., 888 Monmouth Cutoff Road, Building E, Dallas. Weekly distribution for eligible community members. 503-831-5634.
- **Free Blood Pressure Check Clinic** — 2 to 3 p.m., Salem Health West Valley (surgery admitting area), 525 SE Washington St., Dallas. 503-623-7323
- **Monmouth Senior Center Music Jam** — 6:30 p.m., Monmouth Senior Center, 180 S. Warren St., Monmouth. Open to the public; musicians of all types welcome. 503-838-5678.
- **Dallas American Legion Post No. 20** — 7 p.m., Academy Building, Room 108, 182 SW Academy St., Dallas. 503-831-3971.
- **Pickleball** — 9 a.m. to noon, Roger Jordan Community Park. Meets on Mondays, Wednesdays and Fridays from 9 a.m. to noon. Karen Freeman, 503-871-4172.
- **Brew and BS: The New Testament** — 7 p.m., St. Thomas Episcopal Church, 1486 SW Levens St., Dallas. A lecture series on New Testament figures. Bring brew of choice — coffee, tea, chai, beer, wine, cider. 435-503-4304.

### THURSDAY, NOV. 9

- **Independence Downtown Association** — 8 a.m., Independence Grill, 154 S. Main St., Independence. A meeting of business people regarding the vitality of Independence and its downtown area. 503-580-8525.
- **Monmouth-Independence Rotary Club** — Noon, First Baptist Church, 1505 Monmouth St., Independence. Visiting Rotarians, guests and prospective Rotarians are welcome to these luncheon meetings. Free. 503-838-4884.
- **Mom and Me** — Salem Health West Valley, 525 SE Washington St., Dallas (enter through emergency door on Clay Street). Breastfeeding support group. Free. 503-831-5593.
- **James2 Community Kitchen Meal** — 4:30 to 6 p.m., Dallas United Methodist Church, 565 SE LaCreole Drive, Dallas. Free; everyone welcome. 503-623-8429.
- **Young Professionals Networking** — 5:30 to 7: p.m., Independence Grill, 154 S. Main St., Independence. After-hours social event for Polk County young professionals, aged 21-45. Host: Gregg Peterson, 503-837-0394.
- **American Red Cross Blood Drive** — 10:30 a.m. to 4 p.m., Werner University Center, 345 N. Monmouth Ave., Monmouth. www.redcrossblood.org.

### FRIDAY, NOV. 10

- **Take Off Pounds Sensibly Club Meeting** — 9:45 to 11 a.m. Church of Christ, 127 Heffley St. N., Monmouth. First meeting is free. 503-930-7936.
- **Altered Attitudes Alcoholics Anonymous** — Noon, 186 SE Mill St., Dallas. 503-399-0599.
- **The Arc of Polk County Dance and Karaoke Night** — 6:30 to 8:30 p.m., Academy Building, 182 SW Academy St., Dallas. For adults with intellectual and developmental disabilities. Admission: \$3 (staffers and family admitted free). Snacks available for purchase. 541-223-3261.
- **Guthrie Park Acoustic Music Jam Session** — 6:30 to 10 p.m., Guthrie Park Community Center, 4320 Kings Valley Highway, Dallas. Free (donations accepted). 503-623-0809.
- **American Red Cross Blood Drive** — 11 a.m. to 4 p.m., Trinity Lutheran Church, 320 Fir Villa Rd., Dallas. www.redcrossblood.org.
- **American Red Cross Blood Drive** — 10:30 a.m. to 4 p.m., Werner University Center, 345 N. Monmouth Ave., Monmouth. www.redcrossblood.org.

### SATURDAY, NOV. 11

- **Donation Yoga** — 11 a.m. to noon, Dallas Yoga and Balance Studio, 115 SE Court St., Dallas. Bring a few cans of food or cash to donate to the food bank. 503-999-8016.
- **Second Saturday Family Art Class** — 2 to 4 p.m., Ash Creek Arts Center, 311 Monmouth St., Independence. Make 3D greeting cards with Mary Harden. Free. www.ashcreekarts.org.

### SUNDAY, NOV. 12

- **Buell Grange Breakfast** — 8 to 11 a.m., Buell Grange Hall, 5970 Mill Creek Road, just off Highway 22 northwest of Dallas. \$6. 503-623-8462 or 503-843-4703.

### MONDAY, NOV. 13

- **Central Lions Club** — Noon, Independence Elks Lodge 1950 Dining Room, 289 S. Main St., Independence. 503-606-2150.
- **Willamette Valley New Horizons Orchestra** — 6:30 to 8:30 p.m., Monmouth Senior Center, 180 Warren St. S., Monmouth. Local orchestra for beginning through intermediate musicians. Meets every Monday. Players of all levels welcome. \$25 monthly fee to cover expenses. 503-838-4884.

### TUESDAY, NOV. 14

- **Salt Creek Neighborhood Association** — 7 p.m., Salt Creek Baptist Church. General business meeting: County sheriff neighborhood watch program, SW Polk Fire Department new Salt Creek substation, officer election. 503-623-9789.
- **Indoor Play Park** — 9:30 a.m. to 12:30 p.m., First Presbyterian Church, 879 SW Levens St., Dallas. Open to children pre-kindergarten and younger with parent/adult. Mondays through Thursdays. Free.
- **Caregiver Connection** — 2 to 3:30 p.m., Salem Health West Valley (conference room immediately inside the front entrance), 525 SE Washington St., Dallas. Meets on the second Tuesday of the month. Free. 503-831-5593.
- **Free Blood Pressure Checks** — Salem Health West Valley, 525 SE Washington St., Dallas. Second Tuesday of the month. Free. 503-831-5593.
- **James2 Community Kitchen Meal** — 4:30 to 6 p.m., St. Philip Catholic Church, 825 SW Mill St., Dallas. Free; everyone welcome. 503-623-8429.
- **James2 Community Kitchen Meal** — 4:30 to 6 p.m., Falls City Methodist Church, 242 North Main St., Falls City. Free. 503-787-3371.
- **Take Off Pounds Sensibly (TOPS) Club** — 6 to 7 p.m. weigh-in, 7 to 8 p.m. meeting, First Christian Church basement, 1079 SE Jefferson St., Dallas. Meetings offer programs and activities aimed at losing weight. Open to anyone. First meeting is free.

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## LIBRARY CALENDAR

**DALLAS**  
950 Main St. • 503-623-2633  
www.ci.dallas.or.us/library

- Thursday, Nov. 9, 10:30 a.m. — Children's Story Time.
- Thursday, Nov. 9, 2:30 p.m. — Lego Building.
- Tuesday, Nov. 14, 10:30 a.m. — Morning Children's Story Time.
- Tuesday, Nov. 14, 3:30 p.m. — Afternoon Children's Story Time.

175 Monmouth St. • 503-838-1811  
www.ci.independence.or.us/library

- Wednesday, Nov. 8, 10:30 a.m. — Family Story Time.
- Thursday, Nov. 9, 4:30 p.m. — Chess Club.
- Thursday, Nov. 9, 6 p.m. — Mystery Book Club.
- Wednesday, Nov. 15, 10:30 a.m. — Family Story Time.

www.ci.monmouth.or.us/library

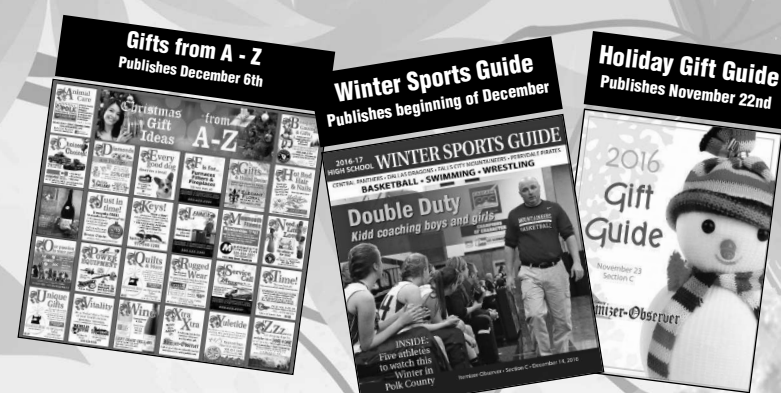
- Friday, Nov. 10, 10:15 a.m. — Friday Fun.
- Tuesday, Nov. 14, 10:15 a.m. — Family Story Time.

**WAGNER COMMUNITY LIBRARY**  
111 N. Main St., Falls City  
503-787-3521, ext. 319  
www.facebook.com/WagnerCommunityLibrary/timeline

- See the library's Facebook page for upcoming events.

**MONMOUTH**  
168 S. Ecols St. • 503-751-0182

## LOOK what's coming up!



Interested in advertising?  
Call 503-623-2373  
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Karen, ext. 118

Itemizer-Observer 147 SE Court Street, Dallas