

## SCHEDULE

### THURSDAY, OCT. 5

**Boys soccer:** Central at South Albany, 7 p.m. Crescent Valley at Dallas, 4 p.m.

**Girls soccer:** South Albany at Central, 4 p.m. Dallas at Crescent Valley, 4 p.m.

**Volleyball:** Crescent Valley at Central, 6 p.m. Dallas at Corvallis, 6 p.m. Falls City at C.S. Lewis, 6 p.m. Perrydale at Willamette Valley Christian, 6:15 p.m.

### FRIDAY, OCT. 6

**Football:** Crescent Valley at Central, 7 p.m. South Albany at Dallas, 7 p.m. Falls City at Horizon Christian, 7 p.m. Perrydale at South Wasco County, 7 p.m.

### SATURDAY, OCT. 7

**Cross-country:** Central, Dallas at Harrier Classic, 12:40 p.m.

**Football:** Western Oregon at Simon Fraser, 1 p.m.

**Volleyball:** Montana State Billings at Western Oregon, 2 p.m.

**Women's soccer:** Western Oregon at Central Washington, 11 a.m.

### MONDAY, OCT. 9

**Boys soccer:** Crescent Valley at Central, 6 p.m. Corvallis at Dallas, 4 p.m.

**Girls soccer:** Crescent Valley at Central, TBA. Dallas at Corvallis, 7 p.m.

**Volleyball:** Central at Lebanon, 6 p.m. Silverton at Dallas, 6 p.m. Perrydale at C.S. Lewis, 6 p.m.

### TUESDAY, OCT. 10

**Volleyball:** Willamette Valley Christian at Falls City, 6 p.m. C.S. Lewis at Perrydale, 6 p.m.

### WEDNESDAY, OCT. 11

**Boys soccer:** Lebanon at Central, 4 p.m. Dallas at Silverton, 6 p.m.

**Cross-country:** Central at MWC 4-Way (at Crescent Valley), TBA.

**Girls soccer:** Central at Lebanon, 4 p.m. Silverton at Dallas, 4 p.m.

**Volleyball:** Dallas at Central, 6 p.m.

Schedules Subject to Change

## QUICK HITS

### Polk Pedalers to hold 25-mile ride

DALLAS — The Polk Pedalers Bicycle Club will meet at Courtyard Coffee House, 156 SE Mill St., Dallas on Saturday at 8 a.m. The group will go on a 25-mile ride to Independence and take part in a road cleanup day. Children must be accompanied by an adult. Carpooling available. For more information: 503-623-6533.

### DHS bowling seeks athletes

DALLAS — The Dallas High School bowling team seeks recruits. Practices are Tuesdays and Thursdays from 3:45 to 5 p.m. at Starlight Lanes. For more information: Ray Rogers, 503-851-1612.

### Cross Creek men's club results

DALLAS — Cross Creek's men's club results for Sept. 26:

Low gross/low net  
Gross: 1, Wayne Weathers, 32; 2 (tie), Bill Karjala and Jim Schroeder, 33.

Net: 1, Ed Johnson, 27; 2, Ken Ross, 28; 3 (tie), Darrel Smedstad, Bob Bennett and Larry Kuhns, 29.

### Cross Creek women's club results

DALLAS — Cross Creek's women's club results for Sept. 18:

Nine-hole championship  
Overall net: 1, Karen Goodwin; Flight A gross: Patti Youngren; net, Vera Flaming. Flight B gross: Wendy Hudson; net: Sherril Hurt. Flight C gross: Julie Hertel; net: Cheryl Gesner.

Sept. 25/Friendly fours  
1, Loretta Bishop; 2 (tie), Carolyn Wall, Patti Stapish, Sherril Hurt and Wendy Hudson; 5, Sally Dalke.

## PREP FOOTBALL



# Panthers survive Dragons' rally

PHOTOS BY LUKAS EGGEN/Itemizer-ObsERVER

Dallas and Central clashed on Friday night. The Panthers escaped with a 21-14 victory over the Dragons.



Dallas running back Camden Frizelle tries to break free of Central's Josh Rodriguez (81) and Isaiah Abraham (22).

**By Lukas Eggen**  
The Itemizer-ObsERVER

DALLAS — Football is a game of inches.

That was certainly the case Friday night as the Panthers held on to defeat Dallas 21-14.

With Central leading 21-14, Dallas' offense was on the move. The Dragons had the ball on the Panthers' 8-yard line with less than 50 seconds to go in the fourth quarter and two timeouts.

Dallas had engineered a drive down the field that started from its own 19 in a sequence of events that was thrilling and nerve-wracking for both sides.

The Panthers had a potential game-sealing interception negated due to a defensive holding penalty, and a fumble by the Dragons left players scrambling for the ball. Dallas recovered and continued its march down the field.

Now, the Dragons were 8 yards away from a potential game-tying score. Quarterback Jaret Stewart handed

the ball off to running back Brycen Grillo, who charged forward, advancing to the 1-yard line. Grillo fought to reach the end zone.

"Brycen is a true warrior," Dallas coach Tracy Jackson said.

Central defensive back

Isaiah Abraham met Grillo. He wasn't thinking tackle.

"I knew it wasn't fourth down and it would have been hard to stop them," Abraham said. "They didn't have very good ball security, so I focused on going for the strip."

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Isaiah Abraham celebrates as he scores a touchdown.

## COLLEGE CROSS-COUNTRY

# Nading ready to own his destiny

**By Lukas Eggen**  
The Itemizer-ObsERVER

MONMOUTH — Western Oregon University junior cross-country runner Dustin Nading was looking for a way back to the Northwest.

Nading, born and raised in Washington, was attending Colby Community College in Colby, Kan.

"I felt like there were other schools that had opportunities for me," he said.

Specifically, he started looking at schools in the Great Northwest Athletic Conference.

As luck would have it, the NCAA Division II Indoor Track and Field Champi-

onships were being held in Pittsburgh, Kan., that year and one of the schools that had piqued his interest, Western Oregon, had athletes competing.

Nading made the four-hour trip to watch the Wolves compete, and talk to track and field and cross-country coach Mike Johnson in person for the first time.

"We were standing there looking at the track and the first question he asked me is, 'do you believe in free will,'" Nading said. "Normally, a coach asks what are your best marks or what are you looking to achieve? We had a discussion about whether I

believed in free will or if everything is predestined in life. That first conversation still attracts me because there's a sense on the team that you own your destiny."

Nading never planned on being a runner.

"All my life, I was a wrestler," Nading said. "My family wrestled for a long time. My grandpa was a state champion at the collegiate level in Oregon."

It appeared wrestling was a Nading family tradition.

That is, until his high school wrestling coach unwittingly sent him toward a different path.

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COURTESY OF WOU ATHLETICS/Itemizer-ObsERVER

Western Oregon junior Dustin Nading (240) runs at the San Francisco Invitational in September.

## PREP VOLLEYBALL

# Injuries challenge Panthers

**By Lukas Eggen**  
The Itemizer-ObsERVER

INDEPENDENCE — The first half of Mid-Willamette Conference play has not been kind to Central's volleyball team.

Injuries, including to both of the team's setters, has left the Panthers in a difficult spot.

Central entered the week with a 6-7 record overall and a 2-6 mark in league play.

"It's been a little rough for us," junior libero Elizabeth Chavez said.

But the Panthers are optimistic they are close to turning things around and through the challenges, players are stepping up.

Senior outside hitter Krista Omlid isn't much of a talker on the court. She lets her play speak for itself.

"As a freshman, I was so nervous to make

### Volleyball

• Central's volleyball team defeated Woodburn 25-22, 27-25, 25-18 on Sept. 6 before losing to Silverton 25-21, 25-23, 25-15 on Thursday.

• The Panthers played South Albany Tuesday after press time. Central hosts Crescent Valley Thursday at 6 p.m. before playing at Lebanon Monday at 6 p.m.

mistakes," Omlid said. "Now, I've accepted I'm not the best passer or I'm not the best hitter. If I hit a ball out, as a freshman I would tell myself that I suck. Now, I'm like I'm not going to blame anyone, but I'll get the next one. Having that mindset has helped a lot."

Omlid has developed into the Panthers' top offensive threat — the player Central looks to when it needs a point.

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# Booster Club kicks off turf fundraiser

**By Lukas Eggen**  
The Itemizer-ObsERVER

DALLAS — The Dallas Booster Club officially kicked off its campaign to raise funds for a turf field at Dallas High School on Friday prior to the Central vs. Dallas football game.

The night included speeches from Tim Larson, Dyan August and Jim Boutin. Members of the August family were also present for the opening coin toss of the football game and alumni were honored during halftime.

Information about the project was available and all who attended received free

entry into the football game later that evening.

To date, the Booster Club has raised \$375,000 in pledged cash and in-kind work toward the project.

Bill McNutt said the \$600,000 figure stated in last week's paper combined money raised for the field turf project and the estimated cost of the track, which the school board voted to fund, contingent on the completion of the turf field.

The Booster Club is looking to raise \$850,000 by April of 2018 to have enough time to purchase and install the field in time for the 2018-19 school year.

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