

Experts take on gardening jargon

Garden jargon can leave a smart person feeling dumb, and let's not even talk about Latin botanical names. Really, let's not.

Instead, we'll concentrate on common terms used as if everyone should know them. Like what's a cover crop or cold composting? What's a hardiness zone? And what, for goodness sake, is an open-pollinated plant? Let's find out. A handful of Oregon State University Extension Service experts step up with definitions. Here we go.

Annual vs. biennial vs. perennial: An annual plant lives its life cycle in one season. Biennials live for two years. A perennial plant lives from year to year. Herbaceous perennials — like peonies or delphiniums — die to the ground each year and return the next. Tender perennials are perennials that are native to warmer climates than where you live and may not live through winter.

Open-pollinated vs. hybrids vs. heirloom: Open-pollinated vegetables are pollinated by insects, birds, wind or humans. As long as varieties don't share pollen and you save the seed, the next generation (or off-



KYM POKORNY
Your Garden

spring) will be "true to type." In other words, the next year's vegetables or fruits will be the same as the ones produced by the parents.

Many, but not all, open-pollinated plants are heirlooms, which developed as families and communities gathered and saved seed from the best plants and passed them down generation to generation. Like antiques, when these open-pollinated plants get to a certain age (50 is accepted), they become heirlooms.

Hybrids are bred from two different varieties for characteristics like disease resistance or higher yield. They won't come true to type. Seeds or plants must be purchased each year.

Row cover fabric: Row cover fabric is made of spun polyester and is permeable to air and water. It traps heat

and can increase air and soil temperatures by 4 to 7 degrees, helping to create earlier crop yields and to extend the crop season. The fabric also can be used to provide a measure of pest protection. For crops like carrots, beets, and greens, it can be laid directly on top of beds with some slack so that the plants push the material up as it grows. For bigger plants like broccoli, use bent electrical conduit or heavy-duty wire supports to keep the fabric suspended above the plants. Secure the fabric to the soil with bags filled

Organic and natural are used interchangeably as are non-organic, chemical and synthetic. To make it clear, we'll use organic and synthetic. Organic fertilizers and pesticides are derived from mineral, plant or animal sources. Synthetic products are made by humans using methods different than those nature uses, and the chemical structures may or may not be found in nature.

For gardeners who want to buy organic products, look for the Organic Materials Review Institute (OMRI) and Washington State Department of Agriculture (WSDA) seals. The most misunderstood thing about organic pesticides is that they are not toxic. That's not true. For example, nicotine, which is used in some pesticides, is highly toxic. Read the label when you buy a pesticide to determine its ingredients, which pests it targets and any cautions. Always follow the directions.

More information about all aspects of gardening is available in Extension's Growing Your Own publication.

The cold compost method will produce compost in one to two years. Hot composting takes only three to six months.

with soil or sand, boards, rocks, etc. It's important to perform bug check and good hygiene under row cover fabric. The slugs really like it there as much as the veggies.

Fabric or plastic that lays on the ground to raise the temperature of the soil and keep down weeds is called non-organic mulch.

Organic vs. natural vs. non-organic vs. synthetic:

MI TOWN

Many of us welcome the change of seasons from summer to autumn, with the beginning of school for students of all ages, cooler nights, settling into a regular routine after the busy activities of summer, and a time to prepare for the cold and rainy winter that's just around the corner. This season also gives us an opportunity to reflect upon the good times and happy memories we've shared with loved ones, family and friends.

Western Oregon University — and communities all over the Willamette Valley — began the new academic year mourning the losses of two incoming freshman students and a staff member. LaMont Jarvis was an employee of WOU's physical plant department. He was on his way to work driving from his home in



PATTY TAYLOR DUTCHER
Columnist

McMinnville, when his motorcycle crashed on Highway 99W. The university and his family members lost a good employee, husband, father and friend.

New freshmen students Elizabeth Hoke and Nicholas Lynghem were scheduled to begin classes last week when they were killed in separate car crashes. Nicholas was a member of the WOU Wolves football team and his life was taken when another car ran a red light, causing the fatal collision. Elizabeth was Valedictorian of her senior class at Silverton High

School and died in a head-on collision with another vehicle on Riddell Road, just a few miles north the WOU campus.

Two young men from the area also lost their lives — Dallas resident Jeremy Colley when his car crashed on James Howe Road, and Dallas resident Jacob Bailey was involved in the crash on Riddell Road. Both young men were only 24.

Susan Matthies was in the parking lot at Safeway when she was seriously injured in a tragic car accident, and later died in the hospital. Her husband passed away in May of this year. Friends and family members are grieving the loss of a mother, grandmother, sister and good friend.

We are all diminished by the loss of college and community members, and for those who are friends or family members, there are few words that can bring comfort during these dark and tragic times. We can donate to groups or organizations in their names, send flowers to their funeral or memorial services, send sympathy or condolence cards, help alleviate the suffering and lighten some of the burden.

We can honor those we've lost by taking the time to hold those we love close to our hearts, and be generous with praise and attention. Every day we share good things with one another is time well spent, because we never know if we will be together again. May angels surround and bring comfort to all who have lost so much.

PEDEE NEWS

Eric Schwanke and Rebekah Kamerman were married at Pedee Church on Sept. 23, a beautiful ceremony on a beautiful fall day. Eric met Rebekah at Arrowhead Bible College in Montana and then worked with her on a mission trip to Mozambique. Rebekah's parents, Russ and Teresa Kamerman, came from Montana for the event, as well as many other relatives and friends. Eric's sister Karen and husband, came from Texas, and of course, his father Howard Schwanke, was in attendance. Eric and Re-



ARLENE KOVASH
Columnist

bekah had help from several Pedee friends, including April Makalea and Pam Burbank, who prepared much of the food, and Abigail, Aliyah, and Arwynne Russell, who were the cutest flower girls ever.

The Pedee 4-H Club's

first official meeting was last Tuesday, where they chose "Tryoneers" as their name. It's a combination of trying and pioneers. Leader Stephanie Weston helped the kids sign up for several projects, including raising various livestock, cooking, sewing, photography and art. As an introduction to the cooking project, I showed them how to measure liquid and dry ingredients and how to crack eggs — great fun as each got to try it. Heather Traglia led in baking cookies. It was decided to meet on the second and fourth

Tuesday evenings at 6:30. Fourteen kids joined at that time, but more are welcome. Next meeting will be Oct. 10, at 6:30 p.m.

Judy Guida went to Houston recently to be there for her grandkids' first day of school. They had started school two weeks late because of Hurricane Harvey. Son John's six of seven kids are in school now. She and Joe then traveled to Puerto Peasco, Mexico, for a week of relaxing, then had a fun time visiting family in Phoenix.

VOLUNTEER OPPORTUNITIES

These Polk County groups would welcome individuals who have time or expertise to volunteer. Organizations that would like to be added to this list should call 503-623-2373 or email IONews@polkio.com.

- AARP Foundation Tax-Aide — 503-930-7636
- After DARC — 503-623-9501
- American Cancer Society Road to Recovery — 1-800-227-2345
- Arc of Polk County — 541-223-3261
- Ash Creek Arts Center — 971-599-3301
- Court-Appointed Special Advocates (CASA) of Polk County Inc. — 503-623-8473
- Central School District — 503-838-0030
- City of Dallas — 503-831-3502
- City of Independence — 503-838-1212
- City of Monmouth — 503-751-0145
- Crime Victims Assistance Program — 503-623-9268
- Dallas Area Chamber of Commerce — 503-623-2564
- Dallas Fire Department — 503-831-3532
- Dallas Food Bank — 503-623-3578
- Dallas Kids, Inc. — 503-623-6419
- Dallas Police Department — 503-831-3582
- Dallas Public Library — 503-623-2633
- Dallas Retirement Village — 503-623-5581
- Dallas School District — 503-623-5594
- Delbert Hunter Arboretum — 503-623-7359
- Ella Curran Food Bank — 503-838-1276
- Falls City Arts Center — 503-559-6291
- Falls City School District — 503-787-3531
- Family Building Blocks — 503-566-2132, ext. 308.
- Friends of the Dallas Library — 503-559-3830
- Gentle House Gardens, Monmouth — 503-838-2995
- Girl Scouts of Southwest Washington and Oregon — 1-800-338-5248
- H-2-O — 503-831-4736
- HART (Horses Adaptive Riding and Therapy) — 971-301-4278
- HandsOn Mid-Willamette Valley — 503-363-1651
- Heron Pointe Assisted Living — 503-838-6850
- Independence Health and Rehabilitation — 503-838-0001
- Independence Public Library — 503-838-1811
- Kings Valley Charter School — 541-929-2134
- Luckiamute Watershed Council — 503-837-0237
- Luckiamute Valley Charter School — 503-623-4837
- Meals on Wheels — 503-838-2084
- Monmouth-Independence Chamber of Commerce — 503-838-4268
- Monmouth-Independence YMCA — 503-838-4042
- Monmouth Public Library — 503-838-1932
- Northwest Human Services — 503-588-5828
- Oregon Child Development Coalition — 503-838-2745
- OSU Extension Service - Polk County — 503-623-8395
- Perrydale School District — 503-623-2040
- Polk Community Development Corporation — 503-831-3173
- Polk County Community Emergency Response Team — 503-623-9396
- Polk County Museum — 503-623-6251
- Polk County Public Health — 503-623-8175
- Polk County Resource Center — 503-623-8429
- Polk Soil and Water Conservation District — 503-623-9680
- Relief Nursery Classroom — 503-566-2132
- SABLE House — 503-623-6703
- SALT (Sheriff's Auxiliary & Law Enforcement Together) — 503-851-9366
- Salvation Army — 503-798-4783
- SMART (Start Making A Reader Today) — 503-391-8423
- Salem Health West Valley Hospital — 503-623-8301
- Victim Assistance Program-Polk Co. District Attorney's Office — 503-623-9268 x1444
- Willamette Valley Hospice — 503-588-3600
- WIMPEG Community Access Television — 503-837-0163

COMMUNITY CALENDAR

Continued from page 8A

TUESDAY, OCT. 10

- **Overeaters Anonymous** — Noon to 1 p.m., Salem Health West Valley, 525 SE Washington St., Dallas. Support group meets in the quiet room/chapel immediately inside the emergency entrance on Clay Street. Dee Ann White, 971-718-6444.
- **Dallas Rotary** — Noon, Dallas Civic Center, 945 SE Jefferson St., Dallas. Lunch and speaker. Public is welcome.

WEDNESDAY, OCT. 11

- **Polk County Republican Women** — 11:30 a.m., Murphy's Restaurant, 288 E. Ellendale Ave., Dallas. No-host lunch available; everyone welcome. 503-623-5759.
- **Respite care** — 1 to 3 p.m., 182 SW Academy St., Suite 216, Dallas. Free child care for parents who need time to run errands, pay bills, etc. Free. Open for children ages 6 weeks to 5 years. 503-877-8473 to reserve space. Diapers are provided.
- **Willamette Valley Food Assistance Program Food Bank** — 1:30 to 6:30 p.m., 888 Monmouth Cutoff Road, Building E, Dallas. Weekly distribution for eligible community members. 503-831-5634.
- **Free Blood Pressure Check Clinic** — 2 to 3 p.m., Salem Health West Valley (surgery admitting area), 525 SE Washington St., Dallas. 503-623-7323.
- **Monmouth Senior Center Music Jam** — 6:30 p.m., Monmouth Senior Center, 180 S. Warren St., Monmouth. Open to the public; musicians of all types welcome. 503-838-5678.
- **Dallas American Legion Post No. 20** — 7 p.m., Academy Building, Room 108, 182 SW Academy St., Dallas. 503-831-3971.
- **Pickleball** — 9 a.m. to noon, Roger Jordan Community Park. Meets on Mondays, Wednesdays and Fridays from 9 a.m. to noon. Karen Freeman, 503-871-4172.
- **American Red Cross Blood Drive** — 10 a.m. to 3 p.m., Grand Ronde Community Center, 9615 Grand Ronde Rd., Grand Ronde. www.redcrossblood.org.

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Rickreall Polk Co Fairgrounds

Arleta Day 503-581-1206
Sally Bradford 503-399-7679

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Matinees are all shows before 6pm. New pricing for matinees are: Adult \$8.00 Children \$7.00 • Senior \$7.25 Pricing does not reflect 3D showings.

Friday - Sunday • Oct. 6 - Oct. 8		
FLATLINERS (Digital) (PG13)	(1:40 4:15)	6:50 9:25*
AMERICAN MADE (Digital) (R)	(1:45 4:35)	7:20 9:55*
THE MOUNTAIN BETWEEN US (Digital) (PG13)	(11:35 2:10 4:45)	7:20 9:55*
BLADE RUNNER 2049 (Digital) (R)	(12:30 2:05 4:00 5:35)	7:30 9:05*
LEGO NINJAGO MOVIE (Digital) (PG)	(11:30 1:55 4:15)	
IT (Digital) (R)		6:40 9:40*
KINGSMAN: THE GOLDEN CIRCLE (Digital) (R)	(12:35 3:40)	6:45 9:50*
MY LITTLE PONY (Digital) (PG)	(11:35 2:05 4:35)	7:05 9:35*
*Not playing Sunday, October 8th		
Monday - Thursday • Oct. 9 - 12		
FLATLINERS (Digital) (PG13)	(1:40 4:15)	6:50
AMERICAN MADE (Digital) (R)	(1:45 4:35)	7:20
THE MOUNTAIN BETWEEN US (Digital) (PG13)	(2:10 4:45)	7:20
BLADE RUNNER 2049 (Digital) (R)	(12:30 2:05)	
BLADE RUNNER 2049 (Digital) (R)	(4:00 5:35)	7:30
LEGO NINJAGO MOVIE (Digital) (PG)	(1:55 4:15)	
IT (Digital) (R)		6:40
KINGSMAN: THE GOLDEN CIRCLE (Digital) (R)	(12:35 3:40)	6:45
MY LITTLE PONY (Digital) (PG)	(2:05 4:35)	7:05

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