

COMMUNITY NOTEBOOK

Senior Center open house set

Monmouth Senior Center, 180 S. Warren St., Monmouth, will hold an open house on Thursday from 11 a.m. to 2 p.m. A ribbon-cutting will be at noon.

Donations are being accepted to help with furnishings.

For more information: 503-838-5678.

FLC to hold Bible study series

Faith Lutheran Church, 200 Monmouth-Independence Highway, Monmouth, will hold a Bible study series titled "The Journey from Unbelief to Faith."

The series begins Wednesday (today) at 7 p.m. and will run each Wednesday for four to six weeks.

Pastor Dallas Dubke will lead the discussion, which will include stories of people's journeys from unbelief to faith.

For more information: 503-838-3459.

Nonprofit board training Saturday

The 13th annual statewide nonprofit board training, hosted by the Center for Nonprofit Stewardship, will be held Saturday from 8:45 a.m. to 3:45 p.m. at the LaSells Stewart Center at Oregon State University.

The conference's title is "Essential Tools — NW Nonprofit Leaders Winter Program."

Nonprofit attorneys, certified public accountants and other nonprofit consultants will present workshops throughout the day. Scott Crabtree, founder and "chief happiness officer" of Happy Brain Science, will give the keynote presentation.

Other speakers include David Atkin, Arty Trost, Justin Wirth and Jennifer and Ryan Gardner.

A variety of topics will be covered to help nonprofit organizations of all sizes achieve their missions more effectively.

On-site registration is available at 8 a.m.

For more information: 541-230-1036.

Livestock group to meet Saturday

The Polk County Livestock Association's annual meeting will take place Saturday at the Polk County Fairgrounds, Arts and Crafts Building, at 520 S. Pacific Highway, Rickreall.

Social time begins at 5:30 p.m. with dinner following at 6.

Cost is \$15 per person. An optional membership to PCLA is \$20 per family.

RSVP by Thursday to polkcolivestockassn@gmail.com or call/text Pat at 503-507-9017.

Scott Wagner will be the keynote speaker. He will present on the new veterinarian feed directive.

Presentation on slavery in Oregon

A presentation and discussion about slavery in Oregon will take place Monday at 7 p.m. at Independence Civic Center, 555 S. Main St., Independence.

Roaring to life



LUKAS EGGEN/Itemizer-Observer

Some Central fans showed school spirit by going a little prehistoric when rooting for the Panthers' boys basketball team on Friday. Central lost to Crescent Valley 61-47. The Panthers host Lebanon Wednesday (today) at 7 p.m. and Dallas Friday at 7 p.m.

Author R. Gregory Nokes will discuss his book, "Breaking Chains: Slavery on Trial in the Oregon Territory."

There is no cost to attend. For more information: 503-838-4989.

Living well with diabetes workshop

The Flaming Medical Center, 1000 SE Uglov St., Dallas, will hold a six-week workshop featuring practical skills for living with diabetes.

The workshop begins Tuesday and will be held weekly from 9:30 a.m. to noon through Feb. 28.

The Living Well program was developed by Stanford University and is conducted throughout the United States and internationally.

Topics include working with your health care team, managing symptoms and medications, problem solving, setting weekly goals, getting support from family and friends, and learning how to be active and eat well, which impacts your blood glucose.

Class materials, including course book and CD, are provided without charge.

On-site registration is available. For more information: 503-587-5129 or email to livinghealthy@mvipa.org.

Ag Fest vendor space available

The second annual Mid-Valley Winter Ag Fest returns Feb. 25-26 at the Polk County Fairgrounds and the Polk County Museum. A bounty farmers market will be featured, and all aspects of local ag commerce will be promoted.

Vendor space is available for the event. Cost is \$40 for the two-day event to local farms and vendors. Sponsorships are also available.

Proceeds from the event

benefit Polk County 4-H and FFA.

For more information: debthomas3055@gmail.com.

Community-wide Bible study begins

Praise Assembly, 189 Monmouth Ave. S., Monmouth, and Dallas Four Square Church, 976 SW Hayter St., Dallas, will take part in the community-wide women's Bible study.

Studies begin Monday. Praise Assembly will hold Bible studies on Mondays from 6:30 to 8 p.m. and Wednesdays from 10 a.m. to noon.

Dallas Foursquare Church will hold studies Thursdays (beginning Jan. 26) from 6 to 8 p.m. and Fridays from 9 to 11 a.m.

To register: www.midvalleywomenofchrist.org.

Historical Society annual meeting

The Polk County Historical Society will hold its annual membership meeting Saturday at 1:30 p.m. at the Polk County Museum Staffin Room, 560 S. Pacific Highway W., Rickreall. Members will select board members for the nonprofit corporation.

The meeting will also recognize volunteers.

For more information: 503-623-6251.

Dallas library to feature McAllister

Dallas Public Library, 950 Main St., Dallas, will feature the artwork of the library's own Andrea McAllister. McAllister is a freelance artist who has done illustrations for children's magazines, educational materials, books and rubber stamp companies.

Her illustrations usually combine water color and

colored pencil. On portraits, she uses colored pencil on toned paper.

For more information: www.andreafitcha.com.

Library coloring night returns

Dallas Public Library, 950 Main St., Dallas, will host Adult Coloring Night: Coloring, Conversation, Cookies, Thursday at 5 p.m.

Adults may bring their own supplies or use supplies provided by the library. Light refreshments will be served.

Sock drive now through Sunday

Dallas First Christian Church, 1079 Jefferson St., Dallas, is holding its annual sock drive now through Sunday. The socks will be provided for those in need, homeless or at risk of homelessness. Socks can be donated at the church between 8:30 a.m. and noon through Friday, or Sunday morning from 8:30 a.m. to noon.

The drive is held in conjunction with the Polk Community Connect, held Jan 25 from 9 to 3:30 p.m. at Valley Life Center, 1795 SE Miller Ave., Dallas.

Those in need, homeless or at risk of homelessness can receive free help from local resources and services, and a free meal.

To volunteer: polkconnectvolunteers@gmail.com.

Native plant sale orders due Friday

Orders for the 2017 native plant sale are due by Friday.

Orders can be completed online at www.polkswcd.com.

Order pickup will be Feb. 4 from 9 a.m. to noon at the Polk County Fairgrounds, 520 S. Pacific Highway, Rickreall.



COMMUNITY CALENDAR

Community Calendar is a listing of upcoming events taking place in Polk County that are open to the public. To submit an event for calendar consideration, please send it at least two weeks before the actual event date to the Itemizer-Observer via email (ioneus@polkio.com).

WEDNESDAY, JAN. 18

• **Helping Hands Emergency Food Bank** — 10 a.m. to noon, Monmouth Christian Church, 959 Church St. W., Monmouth. For eligible community members; available every Wednesday. 541-404-6517.

• **Willamette Valley Food Assistance Program Food Bank** — 1:30 to 6:30 p.m., 888 Monmouth Cutoff Road, Building E, Dallas. Weekly distribution for eligible community members. 503-831-5634.

• **Day-2-Day Diabetes Support Group** — 3 to 4 p.m., West Valley Hospital (main conference room inside main entrance), 525 SE Washington St., Dallas. 503-623-7323.

• **Brew and BS: The New Testament** — 7 p.m., St. Thomas Episcopal Church, 1486 SW Levens St., Dallas. A lecture series on New Testament figures. Bring brew of choice — coffee, tea, chai, beer, wine, cider. 435-503-4304.

THURSDAY, JAN. 19

• **Dallas Lions Club** — Noon, Hong Kong Restaurant, 325 Main St., Dallas. Everyone welcome. 503-623-8121.

• **Monmouth-Independence Rotary Club** — Noon, First Baptist Church, 1505 Monmouth St., Independence. Visiting Rotarians, guests and prospective Rotarians are welcome to these luncheon meetings. Free. 503-838-4884.

• **James2 Community Kitchen Meal** — 4:30 to 6 p.m., Dallas United Methodist Church, 565 SE LaCreole Drive, Dallas. Free; everyone welcome. 503-623-8429.

• **Hymn sing-along** — 6:30 p.m., Monmouth Senior Center, 180 S. Warren St., Monmouth. Sing hymns with others. 503-838-5678.

• **Veterans Night at the Elks** — 6:30 p.m., Independence Elks Lodge Post 1950, 289 S. Main St., Independence. Different organization presents about services offered to veterans. Bunko upstairs for families.

• **Dallas Senior Writing Group** — 10 a.m. to noon, Dallas Senior Center, 955 SE Jefferson St., Dallas. For all seniors who love to write. Free. 503-623-9616.

• **American Legion Women's Auxiliary** — 7 p.m., Academy Building, room 108, 182 SW Academy St., Dallas. 503-623-2591.

• **Radio Operators Association of Dallas (ROADS)** — 7 p.m., Polk County Courthouse (Jefferson Street entrance), 850 Main St., Dallas. Organization for amateur radio operators; public welcome. 503-881-5836.

• **Homework, Hoops and Hotdogs** — 5:30 to 8 p.m., The Church of Jesus Christ of Latter-day Saints, 1401 SW 13th St., Dallas. Free help with homework for students in middle and high school. 503-917-9822, Nona Springer.

FRIDAY, JAN. 20

• **Take Off Pounds Sensibly Club Meeting** — 9:45 to 11 a.m. Church of Christ, 127 Heffley St. N., Monmouth. First meeting is free. 503-930-7936.

• **Family Building Blocks Independence play group** — 10 a.m., St. Patrick Catholic Church, 1275 E St., Independence. Play group for children and families. Activities and snacks provided. Free. RSVP, 503-363-3057.

• **Altered Attitudes Alcoholics Anonymous** — Noon, Dallas United Methodist Church, 565 SE LaCreole Drive, Dallas. 503-399-0599.

• **Guthrie Park Acoustic Music Jam Session** — 6:30 to 10 p.m., Guthrie Park Community Center, 4320 Kings Valley Highway, Dallas. Free (donations accepted). 503-623-0809.

• **Blugrass Music Jam** — 7 to 10 p.m., Faith Evangelical Free Church, community building, 2290 E. Ellendale Ave., Dallas. Free. Blugrass instruments only. 503-399-6114.

MONDAY, JAN. 23

• **Central Lions Club** — Noon, Independence Elks Lodge 1950 Dining Room, 289 S. Main St., Independence. 503-606-2150.

• **Willamette Valley New Horizons Orchestra** — 6:30 to 8:30 p.m., Monmouth Senior Center, 180 Warren St. S., Monmouth. Local orchestra for beginning through intermediate musicians. Meets every Monday. Players of all levels welcome. \$25 monthly fee to cover expenses. 503-838-4884.

TUESDAY, JAN. 24

• **Indoor Play Park** — 9:30 a.m. to 12:30 p.m., First Presbyterian Church, 879 SW Levens St., Dallas. Open to children pre-kindergarten and younger with parent/adult. Tuesdays through Fridays. Free.

• **James2 Community Kitchen Meal** — 4:30 to 6 p.m., St. Philip Catholic Church, 825 SW Mill St., Dallas. Free; everyone welcome. 503-623-8429.

• **Take Off Pounds Sensibly (TOPS) Club** — 6 to 7 p.m. weigh-in, 7 to 8 p.m. meeting, First Christian Church basement, 1079 SE Jefferson St., Dallas. Meetings offer programs and activities aimed at losing weight. Open to anyone. First meeting is free.

• **Overeaters Anonymous** — Noon to 1 p.m., Salem Health West Valley, 525 SE Washington St., Dallas. Support group meets in the quiet room/chapel immediately inside the emergency entrance on Clay Street. Dee Ann White, 971-718-6444.

WEDNESDAY, JAN. 25

• **Helping Hands Emergency Food Bank** — 10 a.m. to noon, Monmouth Christian Church, 959 Church St. W., Monmouth. For eligible community members; available every Wednesday. 541-404-6517.

• **Respite care** — 1 to 3 p.m., 182 SW Academy St., Suite 216, Dallas. Free child care for parents who need time to run errands, pay bills, etc. Free. Open for children ages 6 weeks to 5 year. 503-877-8473 to reserve space. Diapers are provided.

• **Willamette Valley Food Assistance Program Food Bank** — 1:30 to 6:30 p.m., 888 Monmouth Cutoff Road, Building E, Dallas. Weekly distribution for eligible community members. 503-831-5634.

• **Painting, Canvas and Cocktails** — 7 p.m., The Boondocks, 318 N. Main St., Fall City. All supplies, paint, canvas and instruction provided. No experience necessary. \$30, snack and cocktail included. 503-787-2700.

• **Brew and BS: The New Testament** — 7 p.m., St. Thomas Episcopal Church, 1486 SW Levens St., Dallas. A lecture series on New Testament figures. Bring brew of choice — coffee, tea, chai, beer, wine, cider. 435-503-4304.

LIBRARY CALENDAR

DALLAS

950 Main St. • 503-623-2633
www.ci.dallas.or.us/library

- Wednesday, Jan. 18, 3:45 p.m. — Teen Advisory Board meeting.
- Wednesday, Jan. 18, 4 p.m. — PAWS to READ (Davos).
- Wednesday, Jan. 18, 4:30 p.m. — Teen Book Club.
- Thursday, Jan. 19, 10:30 a.m. — Children's Story Time.
- Thursday, Jan. 19, 5 p.m. — Adult Coloring Night.
- Friday, Jan. 20, 5:30 p.m. — Teen movie.
- Saturday, Jan. 21, 3:30 p.m. — Kids Movie.
- Tuesday, Jan. 24, 10:30 a.m. — Morning Children's Story Time.

- Wednesday, Jan. 25, 4 p.m. — Kids Book Club.

INDEPENDENCE

175 Monmouth St.

503-838-1811

- www.ci.independence.or.us/library
- Wednesday, Jan. 18, 10:30 a.m. — Family Story Time.
- Wednesday, Jan. 18, 3 p.m. — Wacky Wednesday (Book tasting).
- Thursday, Jan. 19, 4:30 p.m. — Chess Club.
- Saturday, Jan. 21, 3:30 p.m. — Cuentos en Espanol.
- Tuesday, Jan. 24, 2 p.m. — Tiny Tots (Ages 0-2).
- Wednesday, Jan. 25, 10:30 a.m. — Family Story Time.

- Wednesday, Jan. 25, 3 and 6:30 p.m. — Wacky Wednesday (Snow Forts).

MONMOUTH

168 S. Ecols St.

503-751-0182

- www.ci.monmouth.or.us/library
- Thursday, Jan. 19, 10:15 a.m. — Pre-school Explorers.
- Tuesday, Jan. 24, 10:15 a.m. — Tales for Tots.
- WAGNER COMMUNITY LIBRARY
- 111 N. Main St., Falls City
- 503-787-3521, ext. 319
- www.facebook.com/WagnerCommunityLibrary/timeline
- See the library's Facebook page for upcoming events.