

COMMUNITY NOTEBOOK

WOU to hold student art exhibit

The Dan and Gail Cannon Gallery of Art, 345 N. Monmouth Ave., Monmouth, will host the New Ventures: Student Design Exhibition Wednesday (today) through Dec. 9.

An opening reception will be held Wednesday (today) from 4:30 to 6 p.m. The juried exhibition features design projects from higher-education institutions in Oregon and southern Washington.

For more information: www.wou.edu.

Oppliger to give presentation

The Independence Heritage and the Heritage Museum Society will hold a presentation from Monmouth resident Al Oppliger Monday at 7 p.m. at the Independence Civic Center, 555 S. Main St.

Oppliger will talk about life in Independence from 1945-1950.

There will be treats available to celebrate the museum's 40th anniversary.

There is no cost to attend. For more information: 503-838-4989.

Alzheimer's class offered Tuesday

The Alzheimer's Association will offer a "Living with Alzheimer's: For Caregivers — middle stage" class Tuesday from 9 a.m. to noon at Salem Health West Valley, 525 SE Washington St., Dallas.

In the middle stage of Alzheimer's disease, those who are care partners now become hands-on caregivers.

The class will feature caregivers and professionals discussing strategies to provide safe, effective and comfortable care.

There is no cost to attend, but registration is required.

To register: 800-272-3900. For more information: www.alz.org/oregon.

Oregon Care Partners will offer two classes on Nov. 16: Positive Approach to Alzheimer's and Dementia Care (3 to 5 p.m.) and Living with Alzheimer's for Caregivers: Early (3 to 7 p.m.).

The positive approach class will be held at Alzheimer's Network, 1449 Liberty St. SE, Salem. The caregivers class will be held at Salem Hospital, 890 Oak St. SE, Building D CHEC 2, Salem.

Western Oregon to hold town hall

Western Oregon University will hold a town hall Nov. 16 from 6 to 7 p.m. in the Richard Woodcock Education Center's Pastega Conference Room.

Community members are encouraged to bring suggestions and questions about the university's strategic plan, which will be brought to WOU's Board of Trustees for action in January.

For more information about strategic planning: www.wou.edu/planning.

Coastal Hills Art tour celebrates 25

The Willamina Coastal Hills Art Tour will celebrate 25 years Friday and Saturday from 9 to 5 p.m. in downtown Willamina.

More than 30 artisans and crafters will show and sell their work at nine different locations throughout downtown Main Street.

There is no cost to attend. "Take the tour" cards and maps will be available at each site. Each artist will donate a piece of artwork for a drawing at the end of the tour for all completed tour cards.

For more information: 503-435-9180.

Celebrating 108 years



RUTH SCHOFIELD/for Itemizer-Observer

Falls City resident Ard Stephens celebrated his 108th birthday this weekend at the Seventh-day adventist church in Falls City. He was born in Newport on Nov. 5, 1908.

Old Time Square Dance returns

The Second Saturday Old Time Square Dance returns Saturday from 7 to 9:30 p.m. at Guthrie Park Community Center, 4320 Kings Valley Highway.

Cost is \$5 per person. A family rate (four or more; immediate family only) is available for \$15. Children 12 and younger are free.

No experience necessary. All dances are taught. Cash & Company will provide live music. The dance will feature Old Time Squares, big circles, longway sets and waltzes.

For more information: www.guthriepark.org.

Chemistry show set for Monday

The Amazing Chemistry Show will be held Monday at 6:30 p.m. in the Dallas High School gym.

Josh Denhart will be performing the one-hour show.

The event is open to all ages. There is no cost to attend.

Seventh- and eighth-grade students will sell popcorn and water to raise money for the Compassion First organization.

Grace Church in Dallas is sponsoring the event.

For more information: www.chemistryshow.blogspot.com.

DHS to perform Shakespeare

Dallas High School will perform William Shakespeare's "Much Ado About Nothing" Thursday through Saturday.

Shows are held at 7 p.m. each day with an additional showing at 2 p.m. on Saturday.

Tickets cost \$5 and are available at the ticket booth before the show or online at www.sites.google.com/a/ds2.org/dallas-high-school-theatre/.

The high school will also perform "The Aristocats" on Dec. 3 at 2 and 7 p.m. Tickets will not be available online.

Motor-Vu Drive In fundraiser Friday

Hot Rod Hair, 662 Main St., Dallas, will donate proceeds from haircuts from 3 to 6 p.m. on Friday to the Motor-Vu Drive In.

No appointments will be taken during this time. Cost is \$20.

Theater owner Jeff Mexico will be in attendance to answer questions.

Food trucks from the Oregon Food Truck Association

will be located in the back of the Wells Fargo parking lot.

For more information: 503-779-5664 or email to hotrodhair@aol.com.

Master Gardner applications open

Applications for Polk County Master Gardner training are now being accepted.

Application deadline is Dec. 16. Classes will run from Jan. 11 through March 22.

Cost will be \$100 or \$250.

For more information: 503-623-8395 or online at www.extension.oregon-state.edu/polk/master-gardener-training.

Dallas Yoga hosts donation class

Dallas Yoga and Balance Studio, 115 Court St., Dallas, will hold a community class the second Saturday of each month from 11 a.m. to noon.

Dallas Yoga requests that participants for this Saturday's class bring canned or dried goods to be donated to local food banks.

No experience in yoga necessary. The studio will provide everything needed for the class.

For more information: 503-999-8016.

Dallas to host author Oneill visit

Monmouth author Therese Oneill will give a presentation at Dallas Public Library, 950 Main St., Thursday at 7 p.m.

Oneill will talk about her book "Unmentionable: The Victorian Lady's Guide to Sex, Marriage and Manners."

Copies of the book will be available for purchase at the library.

Everyone at the event will be entered for a drawing for a free copy of the book.

For more information: 503-623-2633.

Elks Lodge to hold Veterans dinner

Independence Elks Lodge, 289 S. Main St., Independence, will hold its annual Veterans Day dinner Friday at 6 p.m.

Veterans are spouses are free. Guests are \$5.

Seating is limited. To reserve seats: 503-949-9157.

Sons of Norway to honor veterans

Sons of Norway will hold a Veterans Day ceremony Saturday at 6:30 p.m. at the Salem Masonic Temple,

1625 Brush College Road NW, Salem.

The McNary High School Color Guard will perform. A potluck will also be offered.

For more information: 503-910-3302.

Share the Warmth coat drive begins

The "Share the Warmth" coat and blanket drive began on Monday and runs through Dec. 16.

Windermere offices throughout Oregon and Southwest Washington serve as donation drop-off sites.

New or gently used laundered coats for adults and children and blankets are accepted at Windermere offices in Dallas, 484 NE Bovard Ave.; Monmouth, 297 N. Pacific Highway; and Salem, 4285 Commercial St. SE, Suite 100.

The Monmouth office is also collecting scarves, hats and gloves.

Additional drop off sites include Monmouth Fitness, 165 Main St. E, Monmouth; Independence Library, 175 Monmouth St., Independence; Les Schwab, 121 Main St., Dallas and 1710 Monmouth St., Independence and World Gym, 887 Main St., Dallas.

Donated items will be distributed to those in need by Jinette's Closet, Helping Hands, and Homeless Outreach and Advocacy Project.

For more information: 503-220-1145.

Blood drive opportunities

The Red Cross will hold blood drives in Dallas and Monmouth. A blood drive at Trinity Lutheran Church, 320 Fir Villa Road, Dallas, will be held Friday from 12:30 to 5:30 p.m.

Blood drives at Werner University Center, 345 N. Monmouth Ave., Monmouth, will take place Thursday and Friday from 10:30 a.m. to 4 p.m.

For more information: www.redcrossblood.org.

Economic vitality meeting Thursday

Dallas will hold an Economic Vitality roadmap meeting Thursday at 8 p.m. at the Dallas Community Center, 954 SE Jefferson St.

The meeting is open to the public.

Shawn Irvine, Economic Development Director for Independence, will speak on getting results related to downtown business and property development and community image.



COMMUNITY CALENDAR

Community Calendar is a listing of upcoming events taking place in Polk County that are open to the public. To submit an event for calendar consideration, please send it at least two weeks before the actual event date to the Itemizer-Observer via email (ioneus@polkio.com).

WEDNESDAY, NOV. 9

• **Helping Hands Emergency Food Bank** — 10 a.m. to noon, Monmouth Christian Church, 959 Church St. W., Monmouth. For eligible community members; available every Wednesday. 541-404-6517.

• **Polk County Republican Women** — 11:30 a.m., Oak Knoll Golf Course, 6335 Highway 22, Independence. No-host lunch available; everyone welcome. 503-623-5759.

• **Willamette Valley Food Assistance Program Food Bank** — 1:30 to 6:30 p.m., 888 Monmouth Cutoff Road, Building E, Dallas. Weekly distribution for eligible community members. 503-831-5634.

• **Free Blood Pressure Check Clinic** — 2 to 3 p.m., West Valley Hospital (surgery admitting area), 525 SE Washington St., Dallas. 503-623-7323.

• **Monmouth Senior Center Music Jam** — 6:30 p.m., Monmouth Senior Center, 180 S. Warren St., Monmouth. Open to the public; musicians of all types welcome. 503-838-5678.

• **Brew and BS: The Old Testament** — 7 p.m., St. Thomas Episcopal Church, 1486 SW Levens St., Dallas. A lecture series on New Testament figures. Bring brew of choice — coffee, tea, chai, beer, wine, cider. 435-503-4304.

• **Dallas American Legion Post No. 20** — 7 p.m., Academy Building, Room 108, 182 SW Academy St., Dallas. 503-831-3971.

THURSDAY, NOV. 10

• **Independence Downtown Association** — 8 a.m., Independence Grill, 154 S. Main St., Independence. A meeting of business people regarding the vitality of Independence and its downtown area. 503-580-8525.

• **Monmouth-Independence Rotary Club** — Noon, First Baptist Church, 1505 Monmouth St., Independence. Visiting Rotarians, guests and prospective Rotarians are welcome to these luncheon meetings. Free. 503-838-4884.

• **James2 Community Kitchen Meal** — 4:30 to 6 p.m., Dallas United Methodist Church, 565 SE LaCreole Drive, Dallas. Free; everyone welcome. 503-623-8429.

• **Young Professionals Networking** — 5:30 to 7: p.m., Old Mill Feed & Garden, 1313 Main St., Dallas. After-hours social event for Polk County young professionals, aged 21-45. 503-623-2564, Gage Martin. Or MacLarin Jones, 509-859-3779.

• **Homework, Hoops and Hotdogs** — 5:30 to 8 p.m., The Church of Jesus Christ of Latter-day Saints, 1401 SW 13th St., Dallas. Free help with homework for students in middle and high school. 503-917-9822, Nona Springer.

FRIDAY, NOV. 11

• **Take Off Pounds Sensibly Club Meeting** — 9:45 to 11 a.m. Church of Christ, 127 Heffley St. N., Monmouth. First meeting is free. 503-930-7936.

• **Altered Attitudes Alcoholics Anonymous** — Noon, Dallas United Methodist Church, 565 SE LaCreole Drive, Dallas. 503-399-0599.

• **The Arc of Polk County Dance and Karaoke Night** — 6:30 to 8:30 p.m., Academy Building, 182 SW Academy St., Dallas. For adults with intellectual and developmental disabilities. Admission: \$3 (staffers and family admitted free). Snacks available for purchase. 541-223-3261.

• **Guthrie Park Acoustic Music Jam Session** — 6:30 to 10 p.m., Guthrie Park Community Center, 4320 Kings Valley Highway, Dallas. Free (donations accepted). 503-623-0809.

SATURDAY, NOV. 12

• **Donation Yoga** — 11 a.m. to noon, Dallas Yoga and Balance Studio, 115 SE Court St., Dallas. Bring a few cans of food or cash to donate to the food bank. 503-999-8016.

• **Guthrie Park Country Dance** — 7 to 9:30 p.m., Guthrie Park Community Center, 4320 Kings Valley Highway, Dallas. Admission: \$5 per person; \$15 immediate family rate; children 12 and younger free. 503-623-0809.

SUNDAY, NOV. 13

• **Buell Grange Breakfast** — 8 to 11 a.m., Buell Grange Hall, 5970 Mill Creek Road, just off Highway 22 northwest of Dallas. \$6. 503-623-8462 or 503-843-4703.

MONDAY, NOV. 14

• **Central Lions Club** — Noon, Independence Elks Lodge 1950 Dining Room, 289 S. Main St., Independence. 503-606-2150.

• **Willamette Valley New Horizons Orchestra** — 6:30 to 8:30 p.m., Monmouth Senior Center, 180 Warren St. S., Monmouth. Local orchestra for beginning through intermediate musicians. Meets every Monday. Players of all levels welcome. \$25 monthly fee to cover expenses. 503-838-4884.

TUESDAY, NOV. 15

• **Indoor Play Park** — 9:30 a.m. to 12:30 p.m., First Presbyterian Church, 879 SW Levens St., Dallas. Open to children pre-kindergarten and younger with parent/adult. Tuesdays through Fridays. Free.

• **Family Building Blocks Dallas play group** — 10 a.m., Academy Building, 182 SW Academy St., Dallas. Suite 216. Play group for children and families. Activities and snacks provided. Free. RSVP, 503-877-8473.

• **James2 Community Kitchen Meal** — 4:30 to 6 p.m., St. Philip Catholic Church, 825 SW Mill St., Dallas. Free; everyone welcome. 503-623-8429.

• **Take Off Pounds Sensibly (TOPS) Club** — 6 to 7 p.m. weigh-in, 7 to 8 p.m. meeting, First Christian Church basement, 1079 SE Jefferson St., Dallas. Meetings offer programs and activities aimed at losing weight. Open to anyone. First meeting is free.

• **Dallas Wingdingers RC Flying Club** — 7 p.m., Whitworth Elementary School library, 1151 SE Miller Ave., Dallas. 503-623-7288.

• **Polk County Coin Club** — 7 p.m., Monmouth Senior Center, 180 S. Warren St., Monmouth. 503-362-9123.

• **Overeaters Anonymous** — Noon to 1 p.m., Salem Health West Valley, 525 SE Washington St., Dallas. Support group meets in the quiet room/chapel immediately inside the emergency entrance on Clay Street. Dee Ann White, 971-718-6444.

WEDNESDAY, NOV. 16

• **Helping Hands Emergency Food Bank** — 10 a.m. to noon, Monmouth Christian Church, 959 Church St. W., Monmouth. For eligible community members; available every Wednesday. 541-404-6517.

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