

SCHEDULE

THURSDAY, SEPT. 29
Volleyball: Silverton at Central, 6 p.m. Dallas at Lebanon, 6 p.m. C.S. Lewis at Falls City, 5:30 p.m. Simon Fraser at Western Oregon, 7 p.m.

Women's Soccer: Western Oregon at Central Washington, 3 p.m.

FRIDAY, SEPT. 30
Football: Dallas at Central, 7 p.m. Lowell at Falls City, 7 p.m. South Wasco County at Perrydale, 7 p.m.

SATURDAY, SEPT. OCT. 1
Cross-country: Central, Dallas at Harrier Classic, 12:40 p.m. Western Oregon at Charles Bowles Invitational, 9:30 a.m.

Football: Azusa Pacific at Western Oregon, 1 p.m.

Volleyball: Western Washington at Western Oregon, 7 p.m.

Women's Soccer: Western Oregon at Simon Fraser, noon.

TUESDAY, OCT. 4
Boys Soccer: Central at Silverton, 6 p.m. Lebanon at Dallas, 4 p.m.

Girls Soccer: Silverton at Central, 6 p.m. Dallas at Lebanon, 4 p.m.

Volleyball: Central at South Albany, 6 p.m. Crescent Valley at Dallas, 6 p.m. Crosshill Christian at Perrydale, 5:30 p.m.

Schedules Subject to Change

QUICK HITS

Tickets available for auction

DALLAS — Tickets are available for the Dallas Booster Club Auction on Oct. 22.

The auction will take place at the Col. James NeSmith Readiness Center, 730 Oak Villa Road, Dallas.

The event will begin at 5:30 p.m.

Tickets cost \$25. The evening will include a silent and live auction. Attendees are encouraged to bring food to share at their table. Water, coffee, tea and soft drinks will be provided.

Donations are also being accepted for the event.

For more information: Heidi Classen, heidi.classen@salemhealth.org.

Cross Creek men's club results

DALLAS — Cross Creek's men's club results for Sept. 20:

Low gross/low net
 Gross: 1 (tie), Lee Taylor and Wayne Weathers, 38; 3, Joe Johnson, 39.

Net: 1, Randy Wiley, 32; 2 (tie), Eldon Rivers, Brian Halin and Larry Hatcher, 35; 5, Greg Fisher, 36.

Central football game to feature fireworks

INDEPENDENCE — Central's football game against Dallas on Friday will feature fireworks. The fireworks will begin at 6:50 p.m. and continue at various points throughout the game until approximately 9:30 p.m.

Revis, Braxton earn GNAC honors

MONMOUTH — Western Oregon football players Malik Braxton and Paul Revis earned Great Northwest Athletic Conference honors on Monday.

Braxton was named GNAC Co-Offensive Player of the week, while Revis earned Co-Special Teams Player of the week recognition.

Braxton ran for 191 yards and three touchdowns during Western Oregon's 48-42 win over Humboldt State on Saturday.

Revis accounted for 216 all-purpose yards for the Wolves, including four kickoff returns for 94 yards.

PREP FOOTBALL

Peter to Peter a dangerous combination

By Lukas Eggen
 The Itemizer-ObsERVER

INDEPENDENCE — Central's football team went on an air raid against South Albany on Friday — and the team's two Peters led the charge.

Quarterback Peter Mendazona threw for 294 yards and five touchdowns, while receiver Peter Mason had five catches for 119 yards



Mendazona
 offense.

and two touchdowns — the latest success in what has become a dynamic duo for the Panthers

Mendazona, a junior, is off to a strong start in 2016.

Showdown

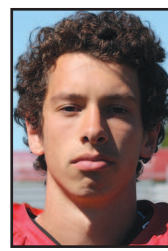
- Central will host Dallas Friday at 7 p.m. in the team's homecoming game.
- Dallas enters the game with a 4-0 mark overall and 1-0 in Mid-Willamette Conference play.

He has thrown for 929 yards, 13 touchdowns and no interceptions and has hit six different receivers for touch-

downs.

"It's definitely fun," Mendazona said. "Peter Mason is one of those weapons. Isaiah Abraham is on the other side. They make my job really easy."

But among his numerous



Mason

weapons, one has emerged as his favorite: Mason.

The senior receiver has 26 catches for 504 yards and six touchdowns.

"He's just really reliable," Mendazona said. "I know if I throw a 50-50 ball, he's going to get it almost 100 percent of the time. He has great speed. He's the most reliable receiver I've ever had, really."

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CROSS-COUNTRY

SPEED DEMON

Ribich running away from competition

By Lukas Eggen
 The Itemizer-ObsERVER

MONMOUTH — David Ribich has competed on big stages before. But Ribich, a junior cross-country runner at Western Oregon, hasn't quite found a challenge like the one he had in high school.

"Our high school choir took seventh at state my senior year," Ribich said. "I had a solo. It was the most terrifying competitive thing I've ever done. ... I'd definitely choose running over singing competitively."

WOU has been reaping the benefits of that choice. Through the Wolves' first three meets, he has finished first at the John Frank Oregon State Invitational and the Ash Creek Invitational and second at the Sundodger Invitational. He's not concerned with early season finishes, however. He's got his eyes set on much bigger goals.

Ribich's cross-country career began with a bang. "I won the first race I ever ran in seventh grade," Ribich said. "I told my coach, I thought that's what I was supposed to do. I think that's when my coach knew that this would be a good thing for me to invest time on."

That same year, Krista Stangel won a state title while running for his high school, Enterprise.

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LUKAS EGGEN/Itemizer-ObsERVER
Western Oregon junior cross-country runner David Ribich has two first-place finishes and one second-place so far this season. WOU has competed in three events so far.

By The Numbers

67th

The place David Ribich took at the Division II Cross-Country championships last year.

2

The number of first-place finishes Ribich has in Western Oregon's first three races.

1

The number of state cross-country titles Ribich won at Enterprise High School.

PREP VOLLEYBALL

Lammers learns how to become a team leader

By Lukas Eggen
 The Itemizer-ObsERVER

FALLS CITY — When Anna Lammers stepped onto the volleyball court for the first time as a freshman, she was looking for a way to be more involved in school. The only problem? Lammers was reserved — not two attributes for a successful volleyball player.

"The hardest part was actually keeping up with it even though I didn't know anybody," Lammers said. "I'm generally pretty shy, especially around people I don't know and it was hard sticking with it not knowing anyone."

Lammers is no longer the shy player on the court.

As Falls City's lone senior, Mountaineers coach Roxi Barnhart called on Lammers to become a team leader — one who was more vocal on the court.

That required a big change in personality.

"It's something that is new to me," Lammers said. "I'm usually timid and shy. I've had to really step up to lead these girls. That has been a big improvement for me and will serve me well. I've been really enjoying it."



RACHEL BEST/Itemizer-ObsERVER

Falls City senior Anna Lammers has become a vocal leader for the Mountaineers' volleyball team.

Lammers credits co-captain Amara Houghtaling for helping her develop into a true team leader. Now, she's more outgoing and willing to speak up.

"It's a fun switch," Lammers said. "I like being able to share what I know with them."

Falls City, which hosts C.S. Lewis Thursday at 5:30

p.m. hopes to break a three-match losing streak.

"Coach keeps telling us we're right on the brink of being really competitive," Lammers said. "...We have to pick up the intensity. We're working through these little kinks. I think as soon as we get that winning mindset we'll be able to break through."

PREP VOLLEYBALL

Dallas earns key win over Bulldogs

By Lukas Eggen
 The Itemizer-ObsERVER

DALLAS — As Dallas' volleyball team scored the clinching point in a 25-11, 25-16, 25-14 win over Woodburn on Thursday, coach Shana Lavier knew the victory was important.

The Dragons opened Mid-Willamette Conference play losing four of five matches, including a 25-15, 25-13, 25-19 loss to Central on Sept. 20.

"We needed this one," Lavier said. "We want them to start strong and stay strong. The girls did a good job of that tonight."

Dallas played Thursday without Tristin Savage, who missed the game due to an illness.

Among the team's highlights, Megan Ronco has established herself as one of Dallas' most consistent leaders.

"I think my defense has improved," Ronco said. "When they serve at us, I'm better at being able to hit the

Volleyball

- Dallas' volleyball team entered the week with a 4-8 record overall and a 2-4 mark in Mid-Willamette Conference play, good for sixth place.
- The top six teams from the MWC advance to the postseason.

ball where it's supposed to go."

But Ronco provides so much more to the Dragons. "Megan is that steady player," Lavier said. "Every single match, every single practice we always know she is going to be cool and calm."

Ronco also provides a versatile player that Lavier can use almost anywhere on the court.

"She's played every position except libero and center in a match," Lavier said. "She always brings a positive attitude and a big smile. She's one of the most coachable players I've ever gotten to coach. She never falters with whatever challenges she faces."

Dallas will need her leadership if the Dragons want to move up the league standings.

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