

COMMUNITY NOTEBOOK

Workshop offered on chronic pain

The Living Well program will offer a free, six-week program focused on living with chronic pain beginning Thursday and running through July 7 from 9:30 a.m. to noon.

The class will be held each Thursday at the Fleming Medical Center, 1000 SE Uglow St., Dallas.

Topics will include problem solving, managing symptoms and medications and getting support from family and friends.

Class materials will also be provided free of charge.

For more information or to register: 503-587-5129.

Dallas to host Department Expo

The city of Dallas will hold a Department Expo on Tuesday from 4 to 7 p.m. on Court Street in front of city hall.

All departments will be there to provide information on the services they provide.

Visitors will have a chance to see equipment from fire, ambulance, police, public works and more.

Free hot dogs will be available while supplies last.

For more information: 503-831-3502.

Bach, Beethoven and Beyond at DAC

Dallas Alliance Church, 775 E Ellendale Ave., will host Bach, Beethoven and Beyond Sunday at 7 p.m.

Instrumental and vocal entertainment will be performed. Refreshments will be available after the concert.

The event is free and open to the public. Donations are welcome and will go toward supporting teens from the church's youth group who are traveling to the 2016 Life Conference.

Rickreall Flea Market returns

The Rickreall Grange Flea Market returns Saturday and Sunday from 8 a.m. to 4 p.m. at Rickreall Grange Hall, 280 Main St. (99W), Rickreall.

New vendors have arrived. More vendors are welcome. Items include baked goods.

Library welcomes author Houck

Dallas Public Library, 950 Main St., will host New York Times Bestselling author Colleen Houck Thursday at 7 p.m.

Houck is the author of "The Tiger's Curse" and "Reawakened" series.

Houck will talk about her books and the creative process behind them. After speaking, she will be available to sign books. The library will have copies of "The Tiger's Curse" and the "Reawakened" for sale.

Doors open at 6:30 p.m. For more information: 503-623-8289.

Registration opens for Fearless 5K

Registration is open for the Fearless 5K on June 18 at 10 a.m. The run begins at Dallas City Park (Levens



SEAN JONES for the Itemizer-Observer

Smith Fine Arts Finale

Itemizer-Observer staff report

MONMOUTH — Music and spirituality have always been fully intertwined in the artistic vision of trumpeter, composer, educator and activist Sean Jones.

He will be the final concert in the 2015-16 Smith Fine Arts Series, performing at 7:30 p.m. on Friday at Western Oregon University's Rice Auditorium.

Tickets are \$25 in advance, \$28 at the door. Student tickets are \$11.

Singing and performing as a child with the church choir in his hometown of Warren, Ohio, Jones switched from the drums to the trumpet upon his first exposure to Miles Davis at the age of 10. Twenty-five years later, he still cites Miles' overall artistic vision and purity of sound as his greatest personal influence. But it was another immortal visionary who had a most profound impact when Sean was a 19-year old student at Youngstown State University — the magnificent John Coltrane through his masterpiece, A Love Supreme — "All at once, everything just came together for me. My past, my present, my future. I knew the course I needed to pursue."

Five years later, after receiving his master's degree from Rutgers University, Sean had a six-month stint

If you go ...

Who: Sean Jones
What: SFA Concert
When: June 3, at 7:30 p.m.
Where: Western Oregon University Rice Auditorium.
Admission: \$25 in advance, \$28 at the door; Students \$11
For information: www.sean-jones.com

with the Lincoln Center Jazz Orchestra. This marked the beginning of a relationship with Wynton Marsalis, whose personal work ethic and ability to break barriers had already made a significant impact on the emerging artist. Wynton offered Sean a permanent position as lead trumpeter and Jones remained there until 2010.

A highly respected and in-demand musician even while at Rutgers, Sean was prominently featured with a number of artists, recording and/or performing with many major figures, including Illinois Jacquet, Jimmy Heath, Frank Foster, Nancy Wilson, Dianne Reeves, Gerald Wilson and Marcus Miller. The relationship with Miller led to another highly impacting experience when Sean was selected by Miller, Herbie Hancock and Wayne

Shorter for their Tribute to Miles tour in 2011.

Heavily involved in education, Sean has recently joined the Berklee College of Music's distinguished faculty as the Chair of the Brass Department. He has also taught at Duquesne University in his adopted hometown of Pittsburgh and at the Oberlin Conservatory of Music, while regularly offering master classes and clinics all around the world. In addition, Sean also serves as Artistic Director of both the Pittsburgh and Cleveland Jazz Orchestras and is working toward organizing the various Jazz orchestras all over the country. Sean is current Artist-in-Residence at San Francisco Performances and is a member of The SF JAZZ Collective.

Clearly a passionately committed, heavily focused and deeply spiritual man, Sean relies upon his serious study of philosophy — especially that of 13th century theologian and mystic Meister Eckhardt; and Don Miguel Ruiz, whose vision is drawn from the ancient wisdom of the Toltec native people of Southern Mexico — to fuel the pursuit of his expansive and generous vision. Sean currently lives in Boston with his wife Stacey. For more information, visit www.sean-jones.com

Street side).

Cost is \$25 for adults, \$15 for kids ages 12 and younger and \$75 for four or more in

the same household.

All proceeds go toward Grace Church's high school Philippines mission team.

Forms are available online at www.graceindallas.org. Sign up by June 8 to guarantee a T-shirt.

LIBRARY CALENDAR

DALLAS
950 Main St. • 503-623-2633
www.ci.dallas.or.us/library

- Thursday, June 2, 11:15 a.m. — Children's story time.
- Thursday, June 2, Noon. — Book discussion
- Thursday, June 2, 2:30 p.m. — Lego Building.
- Tuesday, June 7, 11:45 a.m. — Morning children's story time.
- Tuesday, June 7, 3:30 p.m. — Afternoon Children's story time.

INDEPENDENCE
175 Monmouth St. • 503-838-1811
www.ci.independence.or.us/library

- Wednesday, June 1, 10:30 a.m. — Family story time.
- Wednesday, June 1, 1 p.m. — Scrabble with Betty.
- Tuesday, June 7, 4:30 p.m. — Chess club.
- Tuesday, June 7, 5:30 p.m. — Cuentos en Español.
- Wednesday, June 8, 10:30 a.m. — Family story time.

MONMOUTH
168 S. Ecols St.
503-751-0182
www.ci.monmouth.or.us/library

- Thursday, June 2, 5:30 p.m. — Adult Coloring Club.

WAGNER COMMUNITY LIBRARY
111 N. Main St., Falls City
503-787-3521, ext. 319
www.facebook.com/WagnerCommunityLibrary/timeline

- See the library's Facebook page for upcoming events.

COMMUNITY CALENDAR



Community Calendar is a listing of upcoming events taking place in Polk County that are open to the public. To submit an event for calendar consideration, please send it at least two weeks before the actual event date to the Itemizer-Observer via fax (503-623-2395) or email (ionews@polkio.com).

WEDNESDAY, JUNE 1

- **Monmouth Business Association** — 7:30 a.m., Windemere, 297 Pacific Highway W. A meeting of business people, the Monmouth-Independence Chamber of Commerce director, and city officials. 503-751-0147.
- **Indoor Play Park** — 9:30 a.m. to 12:30 p.m., Tuesday through Friday, First Presbyterian Church, 879 SW Levens St., Dallas. Drop-ins welcome. For ages infant through pre-K with parent. Free, but donations accepted. 503-623-3397.
- **Helping Hands Emergency Food Bank** — 10 a.m. to noon, Monmouth Christian Church, 959 Church St. W., Monmouth. For eligible community members; available every Wednesday. 541-404-6517.
- **Senior meals, Dallas** — 11:30 a.m. Monday through Friday, LaCreole Manor, 204 SW Walnut St., Dallas. Free, but \$3 donation suggested. Reservations required. 503-623-6232.
- **Senior meals, Monmouth** — 11:30 a.m. Monday through Friday, Monmouth Senior Center, 180 S. Warren St., Monmouth. Free, but \$3 donation suggested. Reservations required. 503-838-2084.
- **Scrabble with Betty** — 1 p.m., Independence Public Library, 175 Monmouth St., Independence. Scrabble games first Wednesday of every month. Free; refreshments and prizes available. 503-551-7687 or 503-838-1811.
- **Willamette Valley Food Assistance Program Food Bank** — 1:30 to 6:30 p.m., 888 Monmouth Cutoff Road, Building E, Dallas. Weekly distribution for eligible community members. 503-831-5634.
- **Yarning for Others** — 3 to 5 p.m., St. Thomas Episcopal Church, 1486 SW Levens St., Dallas. Knitters and crocheters gather to make clothing and accessories for those in need on the first Wednesday of every month. 503-689-7222.
- **Brew and BS: The Old Testament** — 7 p.m., St. Thomas Episcopal Church, 1486 SW Levens St., Dallas. A lecture series on the Old Testament. Bring brew of choice — coffee, tea, chai, beer, wine, cider. 435-503-4304.

THURSDAY, JUNE 2

- **Dementia Support Group** — 9:30 a.m., Monmouth Senior Center, 180 S. Warren St., Monmouth. A group for people coping with a loved one with Alzheimer's or dementia. 503-838-5678.
- **Dallas Lions Club** — 11:30 a.m., Hong Kong Restaurant, 325 Main St., Dallas. Everyone welcome. 503-931-9860.
- **Monmouth-Independence Rotary Club** — Noon, First Baptist Church, 1505 Monmouth St., Independence. Visiting Rotarians, guests and prospective Rotarians are welcome to these luncheon meetings. Free. 503-838-4884.
- **James2 Community Kitchen Meal** — 4:30 to 6 p.m., Dallas United Methodist Church, 565 SE LaCreole Drive, Dallas. Free; everyone welcome. 503-623-8429.
- **Hotdogs, Hoops and Homework** — 5:30 to 8 p.m., The Church of Jesus Christ of Latter-day Saints, 1401 SW 13th St., Dallas. Free tutoring for middle school and high school students. Food will be provided and a basketball court for shooting hoops after. 503-917-9822.
- **Polk County Bounty Market** — 10 a.m. to 3 p.m., Academy Building lawn, on the corner of Main and Academy streets, Dallas. 503-623-2564.

FRIDAY, JUNE 3

- **Take Off Pounds Sensibly Club Meeting** — 9:45 to 11 a.m. Church of Christ, 127 Heffley St. N., Monmouth. First meeting is free. 503-930-7936.
- **Altered Attitudes Alcoholics Anonymous** — Noon, Dallas United Methodist Church, 565 SE LaCreole Drive, Dallas. 503-399-0599.
- **Guthrie Park Acoustic Music Jam Session** — 6:30 to 10 p.m., Guthrie Park Community Center, 4320 Kings Valley Highway, Dallas. Free (donations accepted). 503-623-0809.

SATURDAY, JUNE 4

- **Polk Community Free Clinic** — 7 to 11 a.m., Trinity Lutheran Church, 320 SE Fir Villa Road, Dallas. Free medical and mental health care for uninsured and underinsured. Held on the first and fourth Saturday of the month. 503-990-8772.
- **Monmouth Senior Center All-You-Can-Eat Community Breakfast** — 8:30 to 10:30 a.m., Monmouth Senior Center, 180 S. Warren St., Monmouth. Cost: \$6, adults; \$3, children under 12. 503-838-5678.
- **Rickreall Grange Flea Market** — 9 a.m. to 4 p.m., Rickreall Grange Hall, 280 Main St. (99W), Rickreall. Multiple vendors. Also selling fresh-baked goods. Kitchen serving breakfast and lunch. 503-623-8289.
- **The Original Independence Farmers Market** — 9 a.m. to 2 p.m., Umpqua Bank parking lot, 302 S. Main St., Independence. 503-881-9950.
- **Independence Riverview Market** — 9 a.m. to 2 p.m., Riverview Park and Amphitheater, 50 C St., Independence. 503-910-8193.

SUNDAY, JUNE 5

- **Polk Flea Market** — 9 a.m. to 3 p.m., Polk County Fairgrounds, 520 S. Pacific Highway (99W), Rickreall. Admission: \$1; children 12 and younger, free. Early admission from 6 to 9 a.m. is \$5. 503-428-8224.
- **Rickreall Grange Flea Market** — 9 a.m. to 4 p.m., Rickreall Grange Hall, 280 Main St. (99W), Rickreall. Multiple vendors. Also selling fresh-baked goods. Kitchen serving breakfast and lunch. 503-623-8289.
- **From the Heart Community Sing** — 1:30 to 3 p.m., St. Thomas Episcopal Church, 1486 SW Levens St., Dallas. Free singing lessons; all ages are welcome. 503-559-5205.

MONDAY, JUNE 6

- **Central Lions Club** — Noon, Independence Elks Lodge 1950 Dining Room, 289 S. Main St., Independence. 503-606-2150.
- **Willamette Valley New Horizons Orchestra** — 6:30 to 8:30 p.m., Monmouth Senior Center, 180 Warren St. S., Monmouth. Local orchestra for beginning through intermediate musicians. Meets every Monday. Players of all levels welcome. \$25 monthly fee to cover expenses. 503-838-4884.

TUESDAY, JUNE 7

- **James2 Community Kitchen Meal** — 4:30 to 6 p.m., St. Philip Catholic Church, 825 SW Mill St., Dallas. Free; everyone welcome. 503-623-8429.
- **Take Off Pounds Sensibly (TOPS) Club** — 6 to 7 p.m. weighing, 7 to 8 p.m. meeting, First Christian Church basement, 1079 SE Jefferson St., Dallas. Meetings offer programs and activities aimed at losing weight. Open to anyone. First meeting is free.
- **Overeaters Anonymous** — Noon to 1 p.m., Salem Health West Valley, 525 SE Washington St., Dallas. Support group meets in the conference room immediately inside the front doors.

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Visit our website, www.polkio.com
 for local news, sports
 and community events.