

COMMUNITY NOTEBOOK

MICC hosts PEP Talks on Tuesday

The Monmouth-Independence Chamber of Commerce will hold PEP Talks: Promoting with a Purpose on Paper on Tuesday from noon to 1:30 p.m. The talk will be held at Henry Hill Education Support Center, 750 S. Fifth St., Independence.

Topics will include learning about top marketing tools, review free/low cost tools and understanding the do's and don'ts when promoting your business or organization on paper such as brochures, rack cards and flyers.

Pre-registration is required by Monday. Cost is \$15 for chamber members and \$20 for nonmembers. Cancellations must be received by noon on Monday or the fee will be charged.

For information and to register: www.micc-or.org.

Dallas Yoga and Balance offers PiYo

Dallas Yoga and Balance Studio, 115 SE Court St., Dallas, will offer PiYo each Tuesday and Thursday throughout the month of May.

There is no cost to attend. PiYo is a music-driven workout inspired by the practices of pilates and yoga. The class includes strength and flexibility training, conditioning and dynamic movement. Students who attend classes regularly can gain benefits including improved strength, flexibility, balance, stress reduction and overall fitness level improvement.

Classes will run from 5:30 to 6:30 a.m.

For more information: 503-999-8016.

Guthrie Park hosts square dance

Guthrie Park Community Center will host its second-Saturday old-time square dance from 7 to 10 p.m. on Saturday at the center, 4320 Kings Valley Highway.

The dance is open to all. Live music will be by Cash & Company.

The dance will be the last of the season. Dances will resume in September.

Cost is \$5 per person or \$15 for a family of four or more. Children 12 and younger are free.

For more information: Sally, 503-623-0809.

In remembrance



LUKAS EGGEN/Itemizer-Observer

Western Oregon University displayed flags on campus in honor of Holocaust Remembrance Day on May 4. Each flag represented 500 people killed. There were 27,660 flags planted.

Johan celebrates Norwegian Day

Johan Vineyards, 4285 North Pacific Highway W., Rickreall, will celebrate Norwegian Constitution Day on Saturday from 11 a.m. to 5 p.m. Viking Soul Food will have lefse wraps. The Scandinavian Chorus will sing and two youth dance groups will perform.

A wine tasting will also be available.

Cost is \$5. Sons of Norway members and Scandinavian Heritage Foundation members will enjoy the tasting for free.

For information: Evelyn Moreland, 503-910-3302.

Dance School to perform Tuesday

The Polk County France School of Dance will hold its semiannual dance performance Tuesday at 6 p.m. at Talmadge Middle School, 51 16th St., Independence.

Admission is three cans of food or \$3 donation per person. All food will benefit the Dallas Food Bank. Cash donations will benefit Joan Schmitt's children's fund.

Students will perform tap, ballet, jazz and hip-hop numbers.

New classes begin on June 7.

For more information: Linda France Martin, 503-390-3481; online at www.fsodance.com.

New exhibit arrives at Kunke studio

The Tom Kunke Art Studio and Gallery, 357 Main St., Dallas, will host a new exhibit through June 25.

Artist Therese Misner will display her "White Sky" series.

"These pieces all have a rustic feel and are inspired by old objects and old buildings around the farm," Misner said.

For more information: 971-409-7686.

Stamp Out Hunger set for Saturday

The Marion-Polk Food Share and letter carriers invite the public to take part in Stamp Out Hunger on Saturday.

To participate, collect nonperishable food items and leave them in a bag near your mailbox on Saturday. A letter carrier or volunteer will pick up the donation.

All donated food stays in the community where it was collected. More than 95,000 pounds of food were collected in Marion and Polk counties in 2015.

Among the most "wanted" foods include shelf-stable milk, high protein foods (canned meats, canned or dry beans, etc.), canned fruits and vegetables, whole-grain items, soups and 100 percent vegetable or fruit juice.

Donations can also be taken to any post office through May 18. Dallas Post Office is not participating.

Local law officers to graduate basic

Three local law enforcement officers will be part of the 356th Basic Police Class graduates.

The class is a 16-week series by the Oregon Department of Public Safety Standards and Training and includes topics such as survival skills, firearms, emergency vehicle operations, ethics, cultural diversity and more.

Local officers who will graduate are Officer Alaster Graham (Monmouth Police Department), Deputy Sheriff Michael Smith (Polk County Sheriff's Office) and Officer Jill Thissell (Independence Police Department).

A graduation ceremony will be held Friday at 11 a.m. at the Oregon Public Safety Academy, 4190 Aumsville Highway SE, Salem.

LIBRARY CALENDAR

DALLAS
950 Main St.
503-623-2633

www.ci.dallas.or.us/library

- Thursday, May 12, 11:15 a.m. — Children's story time.
- Thursday, May 12, 2:30 p.m. — Lego Building.
- Tuesday, May 17, 11:45 a.m. — Morning children's story time.
- Tuesday, May 17, 4 p.m. — Afternoon Children's story time.
- Wednesday, May 18, 3:45 p.m. — Teen Advisory Board Meeting.
- Wednesday, May 18, 4:45 p.m. — Teen Book Club.

INDEPENDENCE
175 Monmouth St.

503-838-1811

www.ci.independence.or.us/library

- Wednesday, May 11, 10:30 a.m. — Family story time.
- Thursday, May 12, 4:30 p.m. — Chess club.
- Thursday, May 12, 6 p.m. — Mystery Book Club — "A Morbid Taste for Bones" by Ellis Peters.
- Friday, May 13, 3:30 p.m. — Cuentos en Español.
- Tuesday, May 17, 4 p.m. — Spring Fun Club — Officer Indy Day.
- Wednesday, May 18, 10:30 a.m. — Family story time.
- Wednesday, May 18, 5:30 p.m. — Burgerville Literacy Night.

MONMOUTH

168 S. Ecols St.
503-751-0182

www.ci.monmouth.or.us/library

- Tuesday, May 10, 10:15 a.m. — Tales for Tots Storytime.
- Thursday, May 12, 10:15 a.m. — Preschool Storytime.
- Friday, May 13, 11 a.m. — Little Builders.
- Tuesday, May 17, 10:15 a.m. — Tales for Tots Storytime.

WAGNER COMMUNITY LIBRARY
111 N. Main St., Falls City
503-787-3521, ext. 319

www.facebook.com/WagnerCommunityLibrary/timeline
• See the library's Facebook page for upcoming events.



COMMUNITY CALENDAR

Community Calendar is a listing of upcoming events taking place in Polk County that are open to the public. To submit an event for calendar consideration, please send it at least two weeks before the actual event date to the Itemizer-Observer via fax (503-623-2395) or email (ionews@polkio.com).

WEDNESDAY, MAY 11

- **Helping Hands Emergency Food Bank** — 10 a.m. to noon, Monmouth Christian Church, 959 Church St. W., Monmouth. For eligible community members; available every Wednesday. 541-404-6517.
- **Gentle Tai Chi Stand or Sit** — 11 a.m. to noon, Dallas Aquatic Center, 1005 SE Lacreole Drive, Dallas. Free. Slow body movements for improved balance, agility, flexibility and meditation. 503-623-9715.
- **Polk County Republican Women** — 11:30 a.m., Oak Knoll Golf Course, 6335 Highway 22, Independence. No-host lunch available; everyone welcome. 503-623-5759.
- **Willamette Valley Food Assistance Program Food Bank** — 1:30 to 6:30 p.m., 888 Monmouth Cutoff Road, Building E, Dallas. Weekly distribution for eligible community members. 503-831-5634.
- **Free Blood Pressure Check Clinic** — 2 to 3 p.m., West Valley Hospital (surgery admitting area), 525 SE Washington St., Dallas. 503-623-7323.
- **Monmouth Senior Center Music Jam** — 6:30 p.m., Monmouth Senior Center, 180 S. Warren St., Monmouth. Open to the public; musicians of all types welcome. 503-838-5678.
- **Brew and BS: The Old Testament** — 7 p.m., St. Thomas Episcopal Church, 1486 SW Levens St., Dallas. A lecture series on the Old Testament. Bring brew of choice — coffee, tea, chai, beer, wine, cider. 435-503-4304.
- **Dallas American Legion Post No. 20** — 7 p.m., Academy Building, Room 108, 182 SW Academy St., Dallas. 503-831-3971.

THURSDAY, MAY 12

- **Independence Downtown Association** — 8 a.m., Independence Grill, 154 S. Main St., Independence. A meeting of business people regarding the vitality of Independence and its downtown area. 503-580-8525.
- **Dementia Support Group** — 9:30 a.m., Monmouth Senior Center, 180 S. Warren St., Monmouth. A group for people coping with a loved one with Alzheimer's or dementia. 503-838-5678.
- **Polk County Bounty Market** — 10 a.m. to 3 p.m., Academy Building lawn, on the corner of Main and Academy streets, Dallas. 503-623-2564.
- **Monmouth-Independence Rotary Club** — Noon, First Baptist Church, 1505 Monmouth St., Independence. Visiting Rotarians, guests and prospective Rotarians are welcome to these luncheon meetings. Free. 503-838-4884.
- **James2 Community Kitchen Meal** — 4:30 to 6 p.m., Dallas United Methodist Church, 565 SE LaCreole Drive, Dallas. Free; everyone welcome. 503-623-8429.
- **Young Professionals Networking** — 5:30 to 7: p.m., Cross-Fit Kiowa, 150 C Street, Independence. After-hours social event for Polk County young professionals, aged 21-45. 503-623-2564, Gage Martin. Or MacLarin Jones, 509-859-3779.
- **Hotdogs, Hoops and Homework** — 5:30 to 8 p.m., The Church of Jesus Christ of Latter-day Saints, 1401 SW 13th St., Dallas. Free tutoring for middle school and high school students. Food will be provided and a basketball court for shooting hoops after. 503-917-9822.
- **Luckiamute Watershed Council Monthly Meeting** — 7 to 9 p.m., Luckiamute State Natural Park Area park office, 8989 NW Buena Vista Road, Albany. www.luckimuateLWC.org.

FRIDAY, MAY 13

- **Take Off Pounds Sensibly Club Meeting** — 9:45 to 11 a.m. Church of Christ, 127 Heffley St. N., Monmouth. First meeting is free. 503-930-7936.
- **Altered Attitudes Alcoholics Anonymous** — Noon, Dallas United Methodist Church, 565 SE LaCreole Drive, Dallas. 503-399-0599.
- **The Arc of Polk County Dance and Karaoke Night** — 6:30 to 8:30 p.m., Academy Building, 182 SW Academy St., Dallas. For adults with intellectual and developmental disabilities. Admission: \$3 (staffers and family admitted free). Snacks available for purchase. 541-223-3261.
- **Guthrie Park Acoustic Music Jam Session** — 6:30 to 10 p.m., Guthrie Park Community Center, 4320 Kings Valley Highway, Dallas. Free (donations accepted). 503-623-0809.

SATURDAY, MAY 14

- **Donation Yoga** — 11 a.m. to noon, Dallas Yoga and Balance Studio, 115 SE Court St., Dallas. Bring a few cans of food or cash to donate to the food bank. 503-999-8016.
- **Guthrie Park Country Dance** — 7 to 10 p.m., Guthrie Park Community Center, 4320 Kings Valley Highway, Dallas. Admission: \$5 per person; \$15 immediate family rate; children 12 and younger free. 503-623-0809.
- **The Original Independence Farmers Market** — 9 a.m. to 2 p.m., Umpqua Bank parking lot, 302 S. Main St., Independence. 503-881-9950.
- **Independence Riverview Market** — 9 a.m. to 2 p.m., Riverview Park and Amphitheater, 50 C St., Independence. 503-910-8193.

SUNDAY, MAY 15

- **Dallas Wingdingers RC Flying Club Indoor Fly** — 1 to 3 p.m., Whitworth Elementary School gym, 1151 SE Miller Ave., Dallas. 503-623-7288.

MONDAY, MAY 16

- **Gentle Tai Chi Stand or Sit** — 11 a.m. to noon, Dallas Aquatic Center, 1005 SE Lacreole Dr., Dallas. Free. Slow body movements for improved balance, agility, flexibility and meditation. 503-623-9715.
- **Dallas Area Chamber of Commerce Luncheon** — 11:30 a.m., The Majestic, 962 SE Main St., Dallas. Cost: \$12. 503-623-2564.
- **Central Lions Club** — Noon, Independence Elks Lodge 1950 Dining Room, 289 S. Main St., Independence. 503-606-2150.
- **Polk County Battle Buddies support group** — 6 to 8 p.m., West Valley Hospital conference room, 525 SE Washington St., Dallas. Support group for Polk County veterans. Dinner is served at 6 p.m. Free. 503-480-6254.
- **Willamette Valley New Horizons Orchestra** — 6:30 to 8:30 p.m., Central High School band room, 1530 Monmouth St., Independence. Local orchestra for beginning through intermediate musicians. Meets every Monday. Players of all levels welcome. \$25 monthly fee to cover expenses. 503-838-4884.

Continued on page 9A

Monmouth~Independence Rotary Club

STRAWBERRY SALE

From the same club that has been doing this for over 25 years.

30 lb. Container of Fresh Oregon-Grown Strawberries

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