



Trucks: Driver delivers food for families

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Cruickshank said Food For All requires students to give presentations to prospective donors about the good the program does for the families who will receive food this Christmas season. This year that number is 5,000.

Those presentations and

the organization needed to successfully pull them off teaches students key skills beyond math, reading and writing, he said.

Tiffany Clark, a freshman and one of Food For All's ambassadors, said she's been involved in every step of the program from requesting donations to deliv-

ery to food banks and other holiday food drives.

She said it's helped her develop a better understanding of the need in many communities in Oregon, and the drive to want to help. It's also made it apparent how necessary volunteers like Cruickshank are.

"He's helped with a lot of

pickups," she said.

Cruickshank is quick to say that he is only one piece of a vast network of volunteers and donors, "organized chaos" as Lorenz puts it, who have helped the program to grow.

Hutchinson, a fellow school board member, notes that it takes each person, in-

cluding Cruickshank, to make it work.

"He has been really generous with his time in transporting food," Hutchinson said. "It's everybody together that makes it happen."

For Cruickshank, there's there is an even more critical lesson to teach.

"Giving back," he said.

HEALTH DIRECTORY

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Gynecological care is available in Dallas at the West Valley Surgical Specialty Clinic. **Gynecologist Keita Sakon, MD**, specializes in gynecology exams and procedures, including hysteroscopy and laparoscopy, as well as family planning, abnormal Pap evaluation, treatment of pelvic pain, symptom control for menopause and abnormal periods. Dr. Sakon works in Dallas on Friday afternoons from 12:30 to 4:30 p.m. seeing patients at the clinic and performing gynecological procedures in the West Valley Hospital surgical suites. New patients are welcome! West Valley Surgical Specialty Clinic is located at 591 SE Clay St., Dallas. Call 503-831-0784 for an appointment. Visit westvalleyhospital.org/specialtyclinic.

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