

SCHEDULE

THURSDAY, DEC. 10
Boys basketball: Perrydale at C.S. Lewis, 7 p.m.
Girls basketball: Perrydale at C.S. Lewis, 5:30 p.m.

FRIDAY, DEC. 11
Boys basketball: Central at David Douglas, 7 p.m. Mountain View at Dallas, 7 p.m. Falls City at Eddyville Charter, 7 p.m.
Girls basketball: Cleveland at Central, 7 p.m. Dallas at Mountain View, 7 p.m. Falls City at Eddyville Charter, 5:30 p.m.
Men's basketball: Corban at Western Oregon, 7 p.m.

SATURDAY, DEC. 12
Boys basketball: Putnam at Central, 3 p.m. Redmond at Dallas, 2:30 p.m. South Wasco County at Perrydale, 4:30 p.m.
Girls basketball: Dallas at Redmond, 2:30 p.m. South Wasco County at Perrydale, 3 p.m.
Women's basketball: California Baptist University at Western Oregon, 2 p.m.
Wrestling: Dallas at McKay Holiday Classic, 9 a.m.

MONDAY, DEC. 14
Boys basketball: Country Christian at Falls City, 7 p.m. Perrydale at Willamette Valley Christian, 7 p.m.
Girls basketball: Lincoln at Central, 7 p.m. Country Christian at Falls City, 5:30 p.m. Perrydale at Willamette Valley Christian, 5:30 p.m.
Men's basketball: Western Oregon at University of California, San Diego, 7 p.m.

TUESDAY, DEC. 15
Boys basketball: Central at Glencoe, 7:15 p.m.
Girls basketball: Jesuit at Dallas, 7 p.m.
Swimming: Dallas at Crescent Valley, 4 p.m.

WEDNESDAY, DEC. 16
Boys basketball: Falls City at Mohawk, 7 p.m. Livingstone Adventist at Perrydale, 7 p.m.
Girls basketball: Falls City at Mohawk, 5:30 p.m. Livingstone Adventist at Perrydale, 5:30 p.m.

Schedules Subject to Change

QUICK HITS

WOU's Avgi earns weekly GNAC award

MONMOUTH — Western Oregon senior forward Andi Avgi was named the



Avgi

Great Northwest Athletic Conference's Male Player of the Week on Monday. Avgi posted back-to-back 27-point scoring performances during the Wolves' victories over Concordia and Montana State Billings. He shot 68.7 percent from the field, including seven 3-pointers.

STAT SHEET

8 The number of games in a row Western Oregon's men's basketball team has won to start the season. The mark is the school's best start since the 1981-82 season.



DALLAS SWIMMING

Kicking and swimming

Senior learns to love swimming despite efforts not to

By Lukas Eggen
The Itemizer-Observer

DALLAS — Dallas senior Elizabeth Dressel was sure of one thing when she was younger — she hated swimming.

"It seemed like the fun thing to do," Dressel said. "But I hated it at first. I would skip out on practices in the locker room when I was 6 or 7."

Today, Dressel sings a different tune about the sport she once disliked. Entering her final season, Dressel, already a school record holder, wants to show the Dragons' newest swimmers that anything is possible.

—
The Dressels are a swim-

Up next

- Dallas hosted South Albany Tuesday after press time.
- Check www.polkio.com for results.

ming family. Both of Dressel's older sisters swam competitively. Her younger brother, Isaiah, is also on the Dragons' swim team and the Blue Dolphins club squad.

Dressel seemed destined to follow the family, learning to swim at a young age and joining the Blue Dolphins.

By the time she reached middle school, she decided she'd had enough following

in her sisters' footsteps.

"Being the third child, I saw the first two were doing the same thing," Dressel said. "I wanted to be my own person. That's probably why I quit."

Dressel decided to pursue dancing — ballet in particular — at the age of 8. She returned to swimming when she was 10 or 11, but quit after a year to do track and field. It appeared Dressel was ready to try anything but swimming entering her freshman year of high school.

That's when her sisters stepped in.

"They told me I need to do swimming," Dressel said. "I told them that I hated it. They told me I'd love it, so I



LUKAS EGGEN/Itemizer-Observer

Dallas senior Elizabeth Dressel holds the school record in the backstroke. She set the record as a sophomore.

agreed to try it again."

She had her doubts that her third go-around at

swimming would be any different than her first two.

See **SWIM**, Page 17A

CENTRAL BOYS BASKETBALL

Cable growing into his role as forward



LUKAS EGGEN/Itemizer-Observer

Central senior Kevin Cable scored seven points on Dec. 2 during the Panthers' 48-32 win over North Eugene.

By Lukas Eggen
The Itemizer-Observer

INDEPENDENCE — Central senior forward Kevin Cable is finally putting it all together.

As a junior, Cable was a weapon offensively. When it came to playing defense, he was far from a lockdown defender.

"Last year, my offense was there but not my defense," Cable said. "It was mostly about being in the right spots at the right time. I'm

more experienced now on where to be."

Cable, a 6-foot-6 forward, scored 13 points during Central's 55-47 win over Hood River Valley on Friday and seven points during the Panthers' 48-32 win over North Eugene on Dec. 2.

"(Kevin) did a tremendous job," Central coach Tim Kreta said. "He did a good job covering some perimeter players" against North Eugene.

Cable is now one of the Panthers' most experienced

players on the court, and he's ready to accept more responsibilities on both sides of the ball.

"I've learned to play like I'm 6-foot-6," Cable said. "It's taken a couple years. A lot of it was just getting low on defense and making sure my guy doesn't get past me."

Cable's emergence gives the Panthers a much-needed presence in the low post as Central looks to new players to pick up the scoring load.

See **CABLE**, Page 17A

PERRYDALE GIRLS BASKETBALL

McGill, Newton embrace the process

By Lukas Eggen
The Itemizer-Observer

PERRYDALE — Seniors Telaney Newton and Anna McGill found themselves in an unfamiliar role on Perrydale's girls basketball team — as leaders.

"I've always kind of been the baby on the team," Newton said. "Anna and I were juniors (last season) with like a group of seniors. This is



McGill

more so, as the Pirates field an almost entirely new varsity roster.

After a 75-14 loss to 3A

something new."

On any team, senior leadership is important. For Perrydale, it may be even

Willamina on Dec. 2, it may be easy to write off Perrydale. McGill and Newton aren't about to do that.

"Everyone has an opinion on our team this year," McGill said. "I feel like we should not even hear what they say. We just need to play as hard as we can and prove them wrong."

Officially the Pirates have four returning varsity players from last year, but only



Newton

McGill and Newton saw significant playing time. The rest of the team includes three freshmen, two sophomores and two other seniors, all of whom are seeing their first varsity action.

That has forced Perrydale

to go back to basics — teaching players the team's offensive and defensive schemes from the ground up and how to deal with the full-court press.

"I enjoy the challenge of being a leader," McGill said. "When I was a freshman, I looked up to Brook Barnes. I try to lead by example like she did. I appreciate that I get to step into that spot."

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