WESTERN OREGON WOMEN'S BASKETBALL

Bromagem, Wolves look for breakout season

By Lukas Eggen

The Itemizer-Observer

MONMOUTH — Western Oregon senior Michelle Bromagem entered the 2014-15 season as a walkon for the women's basketball team. After playing at Linn-Benton Community College, Bromagem had hopes of quickly earning a role on Western Oregon's main rotation.

"I was used to playing lots of minutes," Bromagem said. "Even from my freshman year in high school, I played a lot.'

Bromagem appeared in all 26 games during the 2014-15 season, but struggled to find significant minutes on an experienced roster.

At first, the lack of playing time affected the then junior, but Bromagem decided to turn a difficult situation into a positive.

"I changed my mind set," Bromagem said. "I wanted to make my teammates better. Whatever my role was, I wanted to put myself fully into that role."

The senior spent the offseason focused on increasing her fitness level.

"I didn't have access to a to work hard to get here,"



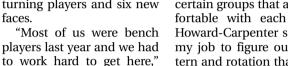
I got here," Bromagem said. She entered the season in possibly the best shape of her life.

Now, Bromagem is set to play a major role for the Wolves.

Aside from junior guard Jordan Mottershaw — the team's second leading scorer last season — WOU will feature an all-new starting lineup — one that will likely see Bromagem play a major role.

"Her leadership has really set the tone for this team," WOU coach Holli Howard-Carpenter said. "She's more of a (shooting) guard, but we'll have her playing the point for us. She keeps us settled and organized, and she's a great defender."

The Wolves will see six returning players and six new faces.





LUKAS EGGEN/Itemizer-Observer file Jordan Mottershaw is the top returning scorer for WOU.

to limit turnovers, bump up our scoring and we want to be the hardest working team in the conference."

Western Oregon, which opened the season with a pair of losses to California State, East Bay, and California State, Monterey Bay, on Friday and Saturday, will work to finalize its starting lineup before conference play begins.

"I think right now we have certain groups that are comfortable with each other," Howard-Carpenter said. "It's my job to figure out a pattern and rotation that works

times, but they're learning a little bit each day. These games are just as important for us as a (Great Northwest Athletic Conference) game. I don't care whether you're a freshman or a senior. We're looking for consistency. I want to know what I can get with who I put on the floor." Bromagem is eager to

start the season. "I've learned to take initiative with whatever my role is," she said. "I'm going to work hard on the court and help my teammates. I've learned to be more confident in myself."

26-24, 25-21

Saturday, Nov. 14 Result

Saturday, Nov. 21 Match

End of regular season

CROSS

COUNTRY

COLLEGE

Saturday, Nov. 21 Meet

COLLEGE

BASKETBALL

GNAC MEN

Friday, Nov. 13 Result

Saturday, Nov. 14 Result

WOU 82, POINT LOMA 76

2, Welfringer 1); Western Oregon 6 (Alexander 2, Nichols 1, Roth 1, Wiley 1,

Omlid 12, Strickland 8, Thomps

Alaby, Chirnside. Totals 26-62 21-30 82.

3-point goals — Fresno Pacific 6

28 45—73 34 48—82

ern Oregon 82, Fresno Pacific 73

Western Oregon 82, Point Loma 76

League

0-0

0-0

0-0

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0-0

0-0

0-0

1-0

3-1

5-2

1-1

0-1

0-2

0-2

NCAA Championship

Team

All

9-1 7-4

5-5 6-4 5-5 3-7

0-9

Western Oregor

Alaska Fairbanks

Central Washington

Northwest Nazarene

Western Washington

Montana State Billings

Alaska Anchorage

Seattle Pacific

Simon Fraser

Saint Martin's

Concordia

West

82.

Strickland 1).

17-20 73

Fresno Pacific

rn Oregon at Alaska Anchorage

WOU women's basketball

Coach: Holli Howard-Carpenter (third season). 2014-15 record: 8-18 overall, 5-13 GNAC. Key returners: Jordan Mottershaw, junior guard; Emily Howey, senior center; Sami Osborne, sophomore guard/forward; Sydney Azorr, sophomore guard.

Key newcomers: Jazmin Bembry, junior guard; Launia Davis, junior guard.

2015-16 SCHEDULE

Nov. 13 Nov. 14	vs. Cal State East Bay vs. Cal State Monterey Bay	L 57-42 L 59-50					
Nov. 21	Cal State Chico	2 p.m.					
Nov. 22	Evergreen State	2 p.m.					
Nov. 27	vs. Regis (Colorado)	Noon					
Nov. 28	at Colorado Mines	2 p.m.					
Dec. 3	at Seattle Pacific *	7 p.m.					
Dec. 5	at Saint Martin's *	7 p.m.					
Dec. 12	California Baptist	2 p.m.					
Dec. 19	at Humboldt State	2 p.m.					
Dec. 31	Simon Fraser *	7 p.m.					
Jan. 2	Western Washington *	7 p.m.					
Jan. 7	at Alaska Anchorage *	8:30 p.m.					
Jan. 9	at Alaska Fairbanks *	6:15 p.m.					
Jan. 12	Concordia *	7 p.m.					
Jan. 16	Montana State Billings *	2 p.m.					
Jan. 21	Central Washington *	5:15 p.m.					
Jan. 23	Northwest Nazarene *	5:15 p.m.					
Jan. 28	at Western Washington *	5:15 p.m.					
Jan. 30	at Simon Fraser *	5:15 p.m.					
Feb. 4	Alaska Fairbanks *	7 p.m.					
Feb. 6	Alaska Anchorage *	7 p.m.					
Feb. 9	at Concordia*	7 p.m.					
Feb. 11	at Montana State Billings *	6 p.m.					
Feb. 18	at Northwest Nazarene [*]	6 p.m.					
Feb. 20	at Central Washington *	4 p.m.					
Feb. 25	Saint Martin's *	7 p.m.					
Feb. 27	Seattle Pacific *	2 p.m.					
* Great Northwest Athletic Conference game							

CENTRAL FOOTBALL Crater rallies for win to eliminate Central

Itemizer-Observer staff report Alvin Berroa, who ran for CENTRAL POINT — The 1,606 yards and 15 touch-Central football team downs. Paving the way on pushed Crater to the brink before falling 24-21 in the quarterfinals of the 5A state

"Going down and play- Arreguin were the two smalling the No. 2 ranked team est offensive linemen in the in 5A and having to take conference. They never got that road trip presents chal- any ink in the paper because lenges," Central coach they weren't what we would Shane Hedrick said. "I call ballers, but they showed thought we played a great up in the trenches and

FOOTBALL

CLASS 5A							
MID-WILLAMETTE							
Team		Le	eague	All			
Central			5-2	7-4			
South Albany			5-2	6-4			
Silverton			4-3	5-5			
Lebanon			4-3	6-4			
Crescent Valley			4-3	5-4			
Corvallis			3-4	3-6			
Dallas			3-4	3-6			
Woodburn			0-7	0-9			
Friday, Nov. 13 Result							
Crater 24, Central 21							
CRATER 24, CENTRAL 21							
Central	7	7	7	0— 21			
Crater	0	-	10	7 —24			
First Quarter							
C—Cedillo 4 run (Hoffman kick)							
Second Quarter							
Cr.—Gillisp	ie 5	pass	from	Struck			
(Santoni kick)							
C—Mason 32 pass from Mendazona							

SCOREBOARD Chasing him down



Nov. 7-8 Results (BDST placers)

BOYS **200 freestyle (11-12)** — 1, David Beasley, 3:13.93. **200 freestyle (13-14)** — 6, Isaiah Dressel, 2:39.57. **200** freestyle (15 and over) — 2, Ryan nedy, 2:09.18. 100 breaststroke (13-— 6, Isaiah Dressel, 1:42.62. 100 aststroke (15 and over) — 7, Ryar Kennedy, 1:30.34. 50 backstroke (8 and under) — 2, Cash Hagedorn, 1:04.24. 100 backstroke (11-12) — 5, David Beasley, 1:45.74. 25 freestyle (8 and under) — 3, Cash Hagedorn, 25.72. 100 freestyle (13-14) — 6, Isaiah Dressel, 1:12.75. 100 freestyle (15 and over) -3, Ryan Kennedy, 59.08. 200 individua medley (13-14) — 5, Isaiah Dressel, 3:08.74. 25 backstroke (8 and under) — 5, Cash Hagedorn, 28.16. **50 backstroke** (11-12) — 8, David Beasley, 49.41. 200 breaststroke (13-14) — 5, Isaiah Dressel, 3:33.62. 50 freestyle (9-10) — 10, Kasor Utz, 1:04.90. 50 freestyle (13-14) — 4, saiah Dressel, 31.67

playoffs on Friday.

the offensive line were two unsung heroes, Hedrick said.

"Xavier Morales and Gabe

worked hard every single

Central will see many

core players returning, in-

cluding Mendazona,

Mason, defensive line-

man Marlon Tuipulotu,

but returning to the state

playoffs won't be an easy

"Experience is always

Bromagem said. "We want for us. It will be frustrating at

game. They never quit, and battled and battled and day." Hedrick said. battled, and took it right down to the last few minutes of the game. I couldn't be any prouder of the players and coaches and the community who supported

us.' task Quarterback Peter Mendazona threw for 306 yards and two touchdowns, both good," Hedrick said. "The of which went to Peter biggest thing they're going Mason, who had 200 reto have to do is we had ceiving yards. The game some great senior players was close throughout, with who are leaders on and off Crater grabbing its first lead the field. The younger kids with 3:20 left in the game. learned from that leader-The Comets held on for ship. Until you become a

the victory to advance to leader, it's hard to be one the 5A semifinals. without experience. Com-The Panthers (7-4 over- ing back, they have a

all) ended the season with tremendous amount of work to do to get back to several standout performers, including running back this level that we were at."

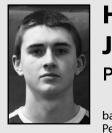
Itemizer-Observer Athlete of the Week

Tanner Omlid

Western Oregon

Omlid, a sophomore guard, made his Western Oregon debut against Point Loma on Friday. Omlid made the most of his first game, scoring a game-high 28 points and eight rebounds in 24

minutes and shooting 13-of-14 from the field. Omlid followed that performance with another strong game against Fresno Pacific on Saturday. Omlid scored 12 points and grabbed 14 rebounds as WOU started 2-0.



100 0.42

> Janesofsky, a junior running back/cornerback, had a big game for Perrydale's football team. Janesofsky

scored three touchdowns, including a 42-yard score in the second quarter as the Pirates rallied to defeat Wallowa 42-36 in the quarterfinals of the 1A state playoffs. Perrydale will play Dufur Saturday at Hillsboro Stadium.

To submit nominations for the Itemizer-Observer Athlete of the Week, contact Sports Editor Lukas Eggen at 503-623-2373 or leggen@polkio.com by 9 a.m. on Monday.

Hoffman kick) Third Quarter Cr.—Struck 1 run (Santoni kick_ C—Mason 45 pass from Mendazona (Hoffman kick) Cr.—Santoni 33 field goal

Fourth Quarter Cr.—Gillispie 2 run (Santoni kick)

SPECIAL DISTRICT 4 Team League 6-0 All 10-0 Perrydale 5-1 4-2 6-4 9-2 Shermar Dufur 3-3 2-4 4-3 Arlington/Condor 3-5 lone Mitchell/Spray/Wheeler 1-5 3-6

South Wasco County 0-6 0-8 Saturday, Nov. 14 Result Perrydale 42 Wallowa 36

PERRYDALE 42, WALLOWA 36

8 0 6 28-42 8 8 14 6-36 Perrydale First Quarter P—Janesofsky 15 run (Bailey run) W—32 run (run) Second Quarter

W—32 run (run) Third Quarter W—3 run (run failed)

W—27 run (run) P—Janesofsky 42 run (run failed)

Fourth Quarter —Janesofsky 1 run (Janesofsky run) P—Barnes 15 run (Domes run) W—53 run (pass failed) P-Barnes 53 pass from Janesofsky

(run failed) P-Bailey 65 yard interception (pass failed)

Saturday, Nov. 21 Game State playoffs, semifinals Dufur vs. Perrydale at Hillsboro Stadium

COLLEGE GNAC

eague				
6-0				
5-1				
3-3				
3-3				
2-4				
2-4				
0-6				
Saturday, Nov. 14 Result				

wou

Humboldt State 29, Western Oregon 13 HSU 29, WOU 13 7 10 9 3-29 HSU

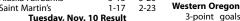
0 0 6—13 Planeta 9, Lancona 8, Jackson 3, Gilbert First Quarter 2, Watkins, Roedl. Totals 27-48 11-17 W-McSwain 71 pass from Fenumiai

H—Gardner 48 run (Southward kick) Second Quarter H—Southward 30 field goal 28, Nichols 14, Roth 13, Alexander 11, Strickland 9. Chirnside 4. Wiley 3 H-Doctor 16 pass from Webber

(Southward kick) Point Loma Third Quarter Western Oregon H—Southward 47 field goal H—Gardner 5 run (pass failed) driguez 3, Okhotin 3, Lancona 2, Planeta

Fourth Quarter H—Southward 37 field goal W—Harris 1 run (no kick) COLLEGE

GNAC Team League ΔIJ Alaska Anchorage 16-2 24-2 Western Washingtor 15-3 21-5 Central Washington 15-3 19-6 Northwest Nazarene 14-4 17-9 17-9 Concordia 9-9 9-9 Simon Fraser 13-13 8-19 7-19 Western Oregon 5-13 Seattle Pacific 5-13 Montana State Billings 5-13 6-21 Alaska Fairbanks 5-13 5-20



LUKAS EGGEN/Itemizer-Observer Western Oregon defensive back Breeon Moreno (24) attempts to bring down a Humboldt State runner on Saturday afternoon.

Concordia def. Western Oregon 25-23, (Higgins 3, Krannitz 1, Solarin 1, Hutchings 1); Western Oregon 9 (Alexander 2, Roth 2, Wiley 2, Nichols 1, Omlid 1, Western Oregon def. Montana State Billings 15-25, 18-25, 26-24, 25-22, 15-9 Strickland 1) Friday, Nov. 20 Game **Thursday, Nov. 19** Western Oregon at Alaska Fairbanks

California State, Monterey Bay at Western Oregon Saturday, Nov. 21 Game

Warner Pacific at Western Oregon

GNAC WOMEN						
Team L	.eague					
Alaska Anchorage	0-0					
Central Washington	0-0					
Seattle Pacific	0-0					
Alaska Fairbanks	0-0					
Concordia	0-0					
Northwest Nazarene	0-0					
Western Washington	0-0					
Saint Martin's	0-0					
Montana State Billings	0-0					
Simon Fraser	0-0					
Western Oregon	0-0					
Friday, Nov. 13 Result						
California State, East Ba	y 57, We					
Oregon 42						

Saturday, Nov. 14 Result California State, Monterey Bay 59, Western Oregon 50

CAL STATE EAST BAY 57, WOU 42 All Nov. 13 Box Score WESTERN OREGON (47) — Motter 2-0 shaw 15, Henry 8, Davis 8, Azorr 2, Bem-bry 2, Boschma 1, Nelke 1, Bromagem, 2-0 1-0 Miller, Delonge, Totals 13-41 13-27 42. CALIFORNIA STATE, EAST BAY (57) Breshers 19, Puou 11, Bland 6, Effen berger 6, Littleton 6, Craig 5, Anderson 2, Bacovcin 2, Fernandez, Woolridge. To-tals 21-47 12-16 57. 0-2 Western Oregon 9 5 17 11-42 SUEB 12 14 14 17—57 3-point goals — Western Oregon 3 CSUEB

> Craig 1). **CSUMB 59, WOU 50**

Nov. 14 Box Sco CALIFRONIA STATE, MONTEREY

Nov. 13 Box Score POINT LOMA (76) — Rodriguez 16, Okhotin 14, Welfringer 14, Burnham 10, BAY (59) — Hill 13, Johnson 11, Dorn 8, Sack 6, Harris 6, Tucker 5, Amerine 4, Keenan 2, Garza 2, Fujioka 2, Mehtlan, Evans. Totals 24-59 6-10 59 WESTERN OREGON (82) — Omlid WESTERN OREGON (50) Azorr 10, Mottershaw 9, Howey 9, Miller 8, Nelke 5, Bromagem 4, Boschma 4, Delonge 1, Davis, Henry, Bembry. Totals 17-54 13-24 50. Thompson, Alaby. Totals 28-60 20-27 17 13 12 17-59 48 28-76 CSUMB Western Oregon 12 5 21 12—50 3-point goals — California State, 42 40-82 3-point goals — Point Loma 11 (Ro-

Monterey Bay 5 (Sack 2, Dorn 2, Tucker 1); Western Oregon 3 (Azorr 2, Mottershaw 1).

Saturday, Nov. 21 Game Cal. State, Chico at Western Oregon Sunday, Nov. 22 Game

WOU 82, Fresno Pacific 73 Nov. 14 Box Score FRESNO PACIFIC (73) — Paul 19, Evergreen State at Western Oregon Higgins 11, Viney Jr. 11, Krannitz 10, Shea 8, Solarin 4, Hutchings 3, Herting 3,



BLUE DOLPHINS AAA Turkey Dive at Albany Community Pool

200 freestyle (9-10) — 6, Lonn Stork, 3:03.64; 7, Sydney Alamein, 3:08.78. 200 freestyle (11-12) — 5, Tay lor Hagedorn, 2:43.66; 6, Maddie Al tenburg, 2:45.08; 7, Jaden Irwin, 2:45.96 25 breaststroke (8 and under) — 1 Gentry Hagedorn, 23.69. **50 breast-stroke (9-10)** — 5, Lonny Stork, 48.12; 6, Sydney Alamein, 50.11; 13, Kaitlyn Lan dis. 53.19. 50 breaststroke (11-12) -10, Jaden Irwin, 50.86; 16, Madison Han-son, 1:00.25. **100 breaststroke (13-14)** 6, Isabel Diaz, 1:39.54. 100 breaststroke (15 and over) — 3, Nicole Bol-stad, 1:19.68; 7, Elizabeth Dressel, 1:27.04. 200 freestyle relay (12 and under) — 5, Dallas B (Gentry Hagedorn, Madison Hanson, Sydney Alamein, Kait-lyn Landis), 2:51.01. **100 backstroke** (11-12) — 6, Maddie Altenburg, 1:31.80; 7, Jaden Irwin, 1:33.23. **200 backstroke** (**15 and over**) — 1, Elizabeth Dressel, 2:24.60; 6, Emily Beasley, 3:18.13. **50** butterfly (8 and under) — 1, Gentry Hagedorn, 45.71. 100 butterfly (9-10) 1, Lonny Stork, 1:39.09; 2, Sydney 2-0 2-0 Alamein, 1:45.51: 4. Kaitlyn Landis 1-1 1:55.08. 100 butterfly (11-12) — 4, Tay lor Hagedorn, 1:33.06. 200 butterfly (15 1-1 and over) - 5, Emily Beasley, 3:33.00. **25 freestyle (8 and under)** — 1, Gentry Hagedorn, 17.22; 12, Emma Irwin, 29.98. 0-0 0-2 100 freestyle (9-10) — 11, Kaitlyn Lan 0-2 dis, 1:26.04. 100 freestyle (11-12) - 7 0-2 Taylor Hagedorn, 1:15.80; 10, Maddie Al-tenburg, 1:21.97; 16, Madison Hanson, 1:53.73. **100 freestyle (13-14)** — 6, Is-abel Diaz, 1:13.54. **100 freestyle (15** estern and over) — 3, Elizabeth Dressel 1:00.84: 6. Nicole Bolstad, 1:04.48. 400 individual medley (15 and over) -Emily Beasley, 7:02.55. 100 individual medley (11-12) — 4, Taylor Hagedorn, 1:27.32. 200 individual medley (8 and under) —1, Gentry Hagedorn, 3:53.23. 200 individual medley (9-10) — 2 Lonny Stork, 3:15.15; 3, Maddie Altenburg, 3:26.14. 200 individual medley (11-12) — 2, Jaden Irwin, 3:08.19; 4 die Altenburg, 3:26.14. 200 individual medlev (13-14) — 4. Isabel Diaz 3:06.81. 200 individual medley (15 and over) — 3. Jolie-Rae Ford, 2:29.52 6, Emily Beasley, 3:24.02. 25 backstroke (8 and under) — 8, Emma Irwin, 33.46. 50 backstroke (9-10) — 10, Emmy (Mottershaw 1, Henry 1, Davis 1); Califor-Pfankuch, 1:34.03. 50 backstroke (11 nia State, East Bay 3 (Effenberger 2, 12) — 7, Madison Hanson, 54.01. 100 backstroke (15 and over) — 1, Eliza beth Dressel, 1:06.93. 200 medley relay (**12 and under**) — 2, A (Maddie Al-tenburg, Taylor Hagedorn, Lonny Stork, Jaden Irwin), 2:46.66; 5, B (Gentry Hage-dorn, Madison Hanson, Kaitlyn Landis, Emma Irwin), 3:44.06. 200 medley relay (13 and over) — 2. A (Elizabeth Dressel cole Bolstad, Jolie-Rae Ford, Isabel Diaz), 2:10.67. 50 breaststroke (8 and under) — 1, Gentry Hagedorn, 52.78 100 breaststroke (11-12) — 5, Taylor Hagedorn, 1:39.35; 11, Madison Hanson 2:19.69. 200 breaststroke (15 and over) — 2, Nicole Bolstad, 3:03.21; 3, Emily Beasley, 3:54.64. 25 butterfly (8 and under) — 1, Gentry Hagedorn 20.75. 50 butterfly (9-10) — 2, Lonny Stork, 40.47; 4, Kaitlyn Landis, 48.77. 50 butterfly (11-12) — 3, Jaden Irwin, 39.22. 50 freestyle (8 and under) — 5, Emma Irwin, 1:08.37. 50 freestyle (9-**10)** — 2, Lonny Stork, 34.57; 8, Kaitlyn Landis, 39.16; 14, Emmy Pfankuch, 1:44.77. **50 freestyle (11-12)** — 4, Jaden Irwin, 36.11; 7, Maddie Altenburg, 37.24 10, Madison Hanson, 46.64. 50 freestyle (**15 and over**) — 1, Jolie-Rae Ford, 27.25; 3, Elizabeth Dressel, 28.55; 5, Nicole Bolstad, 28.63. 500 freestyle (11-

12) — 4, Taylor Hagedorn, 7:24.89; 5, Maddie Altenburg, 7:48.39. 500 freestyle (13-14) — 1, Isabel Diaz, 7:02.71. 500 freestyle (15 and over) — 1, Jolie-Rae Ford, 5:37.92; 3, Emily Beasley, 7:55.19.

Haylen Janesofsky Perrydale High

(Correa kick(