COMMUNITY NOTEBOOK

Art exhibit closing **lecture** is Friday

The Cannon Gallery of Art at Western Oregon University will host a closing lecture of its exhibit, Black & White & Read at noon on Friday.

Robert Tomlinson, exhibit curator and participating artist, will present the free lecture.

The exhibit features photos of women and poems written in response to those photos. Poets and photographers from as far away as New York and as close as Independence participated in the exhibit.

For more information: 503-838-8607.

Thursday book sale benefits local youth

West Valley Hospital Volunteer Services will host a book sale from 8 a.m. to 3:30 p.m. at the hospital, 525 SE Washington St., Dallas, in the main conference room immediately inside the front

Children's story books, cookbooks, general interest books, New York Times bestsellers, stationery and scrapbooking materials, music collections and gifts for all ages will be for sale.

Proceeds of this fundraiser are used for the scholarship fund, benefiting Polk County high school seniors wishing to pursue a medical related field.

For more information: 503-623-7311.

PCL offers chance to win game tickets

Partnerships in Community Living Inc. will raffle off tickets to the Civil War, which is on Nov. 27 at

Autzen Stadium in Eugene. Two tickets to the game, brunch for two at Eola Hills Wine Cellars, and transportation to and from the game courtesy of Eola Hills will be raffled off. Raffle tickets are \$20 each. Two packages are available to be

Independence on Nov. 22 at Werner Center. 1:30 p.m. You do not have to

Benny Beaver



IOI FNF GUZMAN/ Itemizer-Observer

Benny Beaver looks on as Dan Austin, director of Luckiamute Valley Charter Schools, does pushups during a celebration of the school's jogathon fundraising. Students raised more than \$8,000 for the event, which benefits school field trips.

raffle tickets will be sold. To buy tickets or for more information: raffle.pclpartnership.org.

LWC, WOU to host Willamette film

The Luckiamute Watershed Council (LWC) and the Western Oregon University (WOU) Environmental Club is showing "Upriver: A Film for the Willamette" at WOU at 6:30 p.m. on Wednesday (today).

The 60-minute film by Freshwaters Illustrated tells the story of how people from all walks of life are working together to restore the health of the Willamette River.

The film will show in the Instructional Technology Center's Auditorium Room 211 on the Western Oregon The drawing will be held University's campus in Monat Arena Sports Bar & Grill in mouth, across from the

be present to win. Only 300 LWC staff will precede the on Nov. 17 from 2 to 3:30 pm

film, starting promptly at 6:30 p.m. The filmmaker will be on hand to answer questions. Admission is free, open to the public and includes complimentary pop-

For more information: www.LuckiamuteLWC.org.

WVH to host two grief workshops

Registration is open for two workshops Willamette Valley Hospice is hosting in November to help those grieving a loved one during the holiday season.

Participants will gain practical ideas and coping strategies to assist them in their grief during the season. Workshop discussions will offer ideas for planning ahead, dealing with losses during the holidays, accepting feelings, and starting new traditions.

A workshop for adults A brief introduction from only will be offered in Dallas

at West Valley Hospital, 525 SE Washington St., Dallas.

For those adults with children ages 5 and older, an expanded workshop with ageappropriate activities will be offered in West Salem on Nov. 14 from 9 a.m. to noon at the Willamette Valley Hospice administrative offices, 1015 3rd St NW.

Anyone in the community that has faced loss is welcome, but registration is requested by calling the bereavement department at 503-588-3600.

Friday Halloween celebrations

All Halloween events submitted, as well as a few special tips for a fun holiday, can be found on the Itemizer-Observer Living Page, 7A.

Have a safe and happy weekend.

COMMUNITY CALENDAR

Community Calendar is a listing of upcoming events taking place in Polk County that are open to the public. To submit an event for calendar consideration, please send it at least two weeks before the actual event date to the Itemizer-Observer via fax (503-623-2395) or email (ionews@polkio.com).

WEDNESDAY, OCT. 28

 Willamette Valley Food Assistance Program Food Bank 1:30 to 6:30 p.m., 888 Monmouth Cutoff Road, Building E, Dallas. Weekly distribution for eligible community members. 503-831-5634

Yoga in the Hopyard — 6 p.m., Rogue Farms Micro Hopyard, 3590 Wigrich Road, Independence. Offered on the last Wednesday of every month. Free; bring your own yoga mat.

• Helping Hands Emergency Food Bank — 10 a.m. to noon, Monmouth Christian Church, 959 Church St. W., Monmouth, For eligible community members; available every Wednesday. 541-

• Brew and BS — 7 p.m., St. Thomas Episcopal Church, 1486 SW Levens St., Dallas. Free. Bring your own brew — beer, coffee, tea, cider, wine. Moderated discussions on topics of religion and science. 503-831-5593.

• Indoor Play Park — 9:30 to 11:30 a.m., Monday through Friday, First Presbyterian Church, 879 SW Levens St., Dallas. For children ages infant to pre-K, and conversation time for parents. 503-623-3397.

• Senior meals, Dallas — 11:30 a.m. Monday through Friday, LaCreole Manor, 204 SW Walnut St., Dallas. Free, but \$3 donation suggested. Reservations required. 503-623-6232.

• Senior meals, Monmouth — 11:30 a.m. Monday through Friday, Monmouth Senior Center, 180 S. Warren St., Monmouth. Free, but \$3 donation suggested. Reservations required. 503-

Luckiamute Watershed Council and Western Oregon University show "Upriver" — 6:30 p.m., Instructional Technology Center at Western Oregon University, Monmouth. Free showing of the documentary film about the effort to restore the Willamette River. www.LuckiamuteLWC.org.

THURSDAY, OCT. 29

• James2 Community Kitchen Meal — 4:30 to 6 p.m., Dallas United Methodist Church, 565 SE LaCreole Drive, Dallas. Free; everyone welcome. 503-623-8429.

Monmouth-Independence Rotary Club — Noon, First Baptist Church, 1505 Monmouth St., Independence. Visiting Rotarians, quests and prospective Rotarians are welcome to these luncheon meetings. Free. 503-838-4884.

• Dementia Support Group — 9:30 a.m., Monmouth Senior Center, 180 S. Warren St., Monmouth. A group for people coping with a loved one with Alzheimer's or dementia. 503-838-

• Books are Fun Book Fair — 8 a.m. to 3:30 p.m., West Valley Hospital main conference room, 525 SE Washington St., Dallas. Book sale benefits West Valley Hospital Volunteer Services. 503-623-7311.

FRIDAY, OCT. 30

 Altered Attitudes Alcoholics Anonymous — Noon, Dallas United Methodist Church, 565 SE LaCreole Drive, Dallas. 503-

• Guthrie Park Acoustic Music Jam Session — 7 to 10 p.m., Guthrie Park Community Center, 4320 Kings Valley Highway, Dallas, Free (donations accepted), 503-623-0809.

• Arc of Polk County Dance and Karaoke Night — 6:30 to 8:30 p.m., Academy Building, 182 SW Academy St., Dallas. For adults with intellectual and developmental disabilities. Admission: \$3 (staffers and providers admitted free). Snacks available for purchase. 503-949-5552.

• Kingdomfest — 5:30 to 7:30 p.m., 598 E Ellendale Ave., Dallas. Step back in time for a medieval adventure. Includes games, candy and more. 503-623-4961.

• The Cannon Gallery of Art "Black & White & Read" lecture — Noon, North Monmouth Avenue on the Western Oregon University campus, Monmouth. Robert Tomlinson, exhibit curator and participating artist, will present the lecture. Free. 503-838-8607.

SATURDAY, OCT. 31

• The Original Independence Farmers Market — 9 a.m. to 2 p.m., Umpqua Bank parking lot, 302 S. Main St., Independence. 503-881-9950.

• Independence Riverview Market — 9 a.m. to 2 p.m., Riverview Park and Amphitheater, 50 C St., Independence. 503-910-8193.

SUNDAY, NOV. 1

• Polk Flea Market — 9 a.m. to 3 p.m., Polk County Fairgrounds, 520 S. Pacific Highway (99W), Rickreall. Admission: \$1; children 12 and younger, free. Early admission from 6 to 9 a.m. is \$5. 503-428-8224.

• From the Heart Community Sing — 1:30 to 3 p.m., St. Thomas Episcopal Church, 1486 SW Levens St., Dallas. Free singing lessons; all ages are welcome. 503-559-5205.

• Rickreall Grange Flea Market — 9 a.m. to 4 p.m., Rickreall Grange Hall, 280 Main St. (99W), Rickreall. Multiple vendors. Also selling fresh-baked goods. Kitchen serving breakfast and lunch. 503-623-8289.

MONDAY, NOV. 2

• Central Lions Club — Noon, Independence Elks Lodge 1950 Dining Room, 289 S. Main St., Independence. 503-606-

• Willamette Valley New Horizons Orchestra — 6:30 to 8:30 p.m., Central High School band room, 1530 Monmouth St., Independence. Local orchestra for beginning through intermediate musicians. Meets every Monday. Players of all levels welcome. \$25 monthly fee to cover expenses. 503-838-4884.

TUESDAY, NOV. 3

• James2 Community Kitchen Meal — 4:30 to 6 p.m., St. Philip Catholic Church, 825 SW Mill St., Dallas. Free; everyone welcome. 503-623-8429.

• Take Off Pounds Sensibly (TOPS) Club — 6 to 7 p.m. weigh-in, 7 to 8 p.m. meeting, First Christian Church basement, 1079 SE Jefferson St., Dallas. Meetings offer programs and activities aimed at losing weight. Open to anyone. First meeting is

WEDNESDAY, NOV. 4

· Veteran's Chapel and Complimentary Breakfast — 8:15 to 10 a.m., Mid-Valley Christian Academy, 1483 N. 16th St., Monmouth. The school will host a special Veteran's Chapel service followed by a complimentary breakfast to honor veterans who have served and sacrificed. For more information: 503-838-2818.

Continued on page 9A

DALLAS 950 Main St. 503-623-2633 www.ci.dallas.or.us/library

• Thursday, Oct. 29, 11:15 a.m. — Story

• Thursday, Oct. 29, 2:30 p.m. — Lego • Tuesday, Nov. 3, 11:15 a.m. — Story

• Tuesday, Nov. 3, 3:30 p.m. — Puppet show and folk songs from Red Yarn Pro-

INDEPENDENCE 175 Monmouth St. 503-838-1811 www.ci.independence.or.us/library

 Wednesday, Oct. 28, 10:30 a.m. — Family story time. • Wednesday, Oct. 28, 5:30 p.m. — Cuen-

• Thursday, Oct. 29, 4:30 p.m. — Chess Club.

• Friday, Oct. 30, 3:30 to 6 p.m. — Halloween Spectacular.

· Wednesday, Nov. 4, 10:30 a.m. — Family story time. • Wednesday, Nov. 4, 1 p.m. — Scrabble

with Betty (adults). · Wednesday, Nov. 4, 5:30 p.m. — Cuentos in Español.

> MONMOUTH 168 S. Ecols St. 503-751-0182

www.ci.monmouth.or.us/library • Thursday, Oct. 29, 10:15 a.m. school storytime (2.5 to 5 years).

• Friday, Oct. 30, 3:30-6 p.m. — Monmouth Downtown Trick-or-Treat Spooktac-• Tuesday, Nov. 3, 10:15 a.m. — Tales for

tots (story time for babies and toddlers). • Wednesday, Nov. 4, 2:30 p.m. — Builders club (K-5).

WAGNER COMMUNITY LIBRARY 111 N. Main St., Falls City 503-787-3521, ext. 319 www.facebook.com/ WagnerCommunityLibrary/timeline

 Saturday, Oct. 31, noon — Halloweentheme stories and crafts.

Rickreall Fire Station

Hwy 99 & Church St Rickreall, OR

October 28, 2015 Wednesday, 6:00-8:00 PM

Southwest Polk Fire



Come visit your local Rickreall Fire Station

Come see the trucks, gear, and equipment Firefighter activities for the kids

Learn about your fire district and fire safety

Free Hot Dogs - Fire Safety Obstacle Course

www.rickreallfire.org

LUCKIAMUTE **DOMESTIC WATER** COOPERATIVE **BOARD MEETING**

Monday 7:00 p.m. November 9th 503-838-2075

Location: Business Office 8585 Suver Rd. • Monmouth



When you are grieving a loved one's death, the holiday season can be especially painful Our Surviving the Holidays ninar helps participants prepare for the holidays and even discover hope for the future.

SURVIVING HOLIDAYS

GRIEF SHARE

Thursday, November 12 6:30 - 8:30 pm

Call today for more information 503-917-1625 Sponsored by Cross & Crown Ministries