

Crazy fun time at Oregon State Fair

Several members of Polk 4-H won blue and red ribbons at the Oregon State Fair, which continues until Monday. 4-Hers competed in jewelry, arts, crafts, food and sewing. Damaging winds on Saturday disrupted the 4-H Building at the fairgrounds, but the fair is still open. On Thursday, the fair is having a throwback admission day of 25 cents in honor of its 150th birthday. Check out all of the hard work by Polk County youths and adults at the state fair.



EMILY MENTZER/Itemizer-Observer

Get your garlic on: a primer

Fall is approaching, but don't put away your hoe and gardening gloves just yet. The best time to plant garlic is now through November.

Garlic roots develop in the fall and winter, and by early spring they can support the rapid leaf growth that is necessary to form large bulbs, said Chip Bubl, a horticulturist with Oregon State University's Extension Service.

What type of garlic should you plant? Some gardeners like to grow top-setting garlic, also called hardneck. Common hardneck types include Korean, Chesnock Red, German Red and Spanish Roja. These varieties produce tiny bulblets at the end of a tall flowering stalk in addition to a fat underground



KYM POKORNY
Your Garden

bulb of cloves.

Softneck garlic, on the other hand, rarely produces floral stems and tends to grow bigger bulbs because energy isn't diverted to top-set bulblets. Softneck varieties include Silverskin and Inchelium Red.

Some enthusiasts say hardneck garlic has a richer, more pungent flavor than non-flowering types, but not all gardeners agree, Bubl said. Both can be harvested in early spring like green onions and sautéed as a side

Give garlic a try

Bubl offers the following tips for growing garlic:

- Lime the soil. Select healthy large cloves, free of disease. The larger the clove, the bigger the bulb you will get the following summer.

- Plant the garlic in full sun in well-drained soil. A sandy, clay loam is best. In heavier soil, plant it in raised beds that are two to three feet wide and at least 10 to 12 inches tall.

- Fertilize garlic in the early spring by side dressing or broadcasting with blood meal, pelleted chicken manure or a synthetic source of nitrogen.

- Remove the floral stems as they emerge in May or early June from hardneck varieties to increase bulb size.

- Dig, and then dry the mature bulbs in a shady, warm, dry and well-ventilated area for a few days. Then remove the tops and roots.

- Avoid bruising the garlic, as it will not store well. Store bulbs in a dark, dry and well-ventilated place.

dish. Or you can allow them to mature until mid-July when they become a bulb with cloves.

Another type, elephant

garlic, is actually a type of leek that produces large, mild-tasting cloves — usually fewer per bulb than the true garlics.

MI TOWN

Since the deadline for submitting MI Town to the *I-O* is prior to the weekend, I sure do hope that the predicted rain actually happened. It has been such an incredibly long time since Mother Nature provided us with rain, and our flower and vegetable gardens have been so thirsty. Come the midwinter, we'll probably all be complaining like crazy about gray skies and rainstorms, but right now it would be so welcome.

My unabashed enthusiasm for college football has only grown since we've become Western Oregon University Wolves season ticket holders, and this year's lineup of home games looks like a winner. Coach Arne Ferguson and his staff are working with a talented group of young athletes who promise



PATTY TAYLOR DUTCHER
Columnist

a great season for fans of all ages. What a wonderful way to support our very own WOU Wolves and enjoy a good football game right here in MI Town. Our first home game is at 1 p.m. on Sept. 12 at McArthur Stadium.

It's time to watch for students of all ages as they walk to and from school bus stops and along neighborhood streets to school. All those big yellow school buses will be sharing the roads with us in the early morning and late after-

noons, carrying their precious cargo — our children and grandchildren — for the next several months and we all need to be extra careful while driving. School zone speed limits are also in effect, and since our law officers can't be everywhere all the time, it's necessary that we observe those speed limits and drive carefully in school zones.

We enjoyed the concerts in the park and the movies at the amphitheater this summer — and we will miss those special evenings gathering with friends and neighbors while enjoying picnic suppers or snacks available from our local merchants. These events don't just happen by themselves, and a hearty "thank you" to those who worked so hard to provide special

evenings for all of us. We can all remember to patronize our local businesses and merchants who do so many good things for all of us in MI Town.

Our tomatoes are especially good this summer, and the plants are giving us a bumper crop. The long, hot stretch of weather, sure has been good for many vegetables and fruits. The grape harvest has been nothing short of spectacular both for backyard gardens and the many vineyards in our Willamette Valley. Whether you choose from the varieties of apples available from local supermarkets, booths at farmers' markets, from your own backyard trees to make your very special cider, pies or applesauce, this year's apple crop is pretty great as well.

PEDEE NEWS

Steve and Audrey Cameron, and their daughter Stephanie and granddaughter Ana Barth drove to Astoria to celebrate granddaughter Natasha Cameron's 15th birthday. The family met at Natasha's Aunt Georgia and Uncle Jack Marinovich's home in John Day, outside of Astoria. Son James and Jenny Cameron and Eliana came from Milwaukie, and Audrey's sister Joan and her husband came from their home in Seaside. Son Chris was home from fishing up



ARLENE KOVASH
Columnist

river so he was there, as well as cousin Andy and Lisa from Seaside. Natasha's mom, Xiao Hong, had just returned from a mission trip to Honduras, and everyone enjoyed hearing stories of her trip. There were so many relatives that they had

two cakes!

We were sorry to hear that former Pedee Church pastor Roger Bole died last Thursday of complications from an illness. He was here in the 1970s and 80s. His wife, Wilma, had died several years ago, and he had remarried and lived in Salem.

I am on a trip with American Agri-Women. AAW is 40 years old this year, so the officers are driving across America to visit each of their 56 affiliates and to

promote agriculture. I am secretary so am taking the western states leg with president Sue McCrum from Maine, starting in Oregon and going to California, Arizona, New Mexico and Texas. We're now in central California and I'm still sweaty from visiting a luffa farm. I hadn't realized how they are grown, which is on a vine where they stay until the luffa sponge is dry and ready to use. Amazing experience! Check out their website: www.theluffa-farm.com.

BIRTHS

DePiero

Benjamin Louis DePiero was born to Jeremy and Anne DePiero of Dallas at 10:26 p.m. on Aug. 19 at Salem Hospital Family Birth Center.

He weighed 8 pounds, 1 ounce, and was 20 ½ inches long.

Benjamin joins Emma, 7.

Grandparents are William and Maureen Bailey of Grants Pass, and Donald and Yvonne DePiero of Falls City.

Music from the Redgate Winery & Fieldhouse

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Friday - Sunday September 4 - 6		
NO ESCAPE (Digital) (R)	(12:00 2:20 4:45)	7:15 9:30
MINIONS (Digital 2D) (PG)	(12:15 2:40)	
SINISTER 2 (Digital) (R)	(4:50)	7:10
AMERICAN ULTRA (Digital) (R)		9:20
A WALK IN THE WOODS (R)	(12:00 2:25 4:55)	7:20 9:50
TRANSPORTER REUELED (Digital) (PG13)	(12:30 2:45 5:05)	7:25 9:40
MISSION IMPOSSIBLE: ROGUE NATION (Digital) (PG13)	(1:20 4:10)	7:00 9:50
STRAIGHT OUTTA COMPTON (Digital) (R)	(12:25 3:35)	6:45 9:45
RICKI AND THE FLASH (PG13)	(12:05 5:10)	7:30
ANT MAN (Digital 2D) (PG13)	(2:35)	9:40
INSIDE OUT (Digital 2D) (PG)	(12:00 2:20 4:45)	7:05 9:40
MAN FROM UNCLE (Digital) (PG13)		
Monday September 7		
NO ESCAPE (Digital) (R)	(12:00 2:20 4:45)	7:15
MINIONS (Digital 2D) (PG)	(12:25 2:40)	
SINISTER 2 (Digital) (R)	(4:50)	7:10
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INSIDE OUT (Digital 2D) (PG)	(12:00 2:20 4:45)	7:05
MAN FROM UNCLE (Digital) (PG13)		
Tuesday - Thursday September 8 - 10		
NO ESCAPE (Digital) (R)	(2:20 4:45)	7:15
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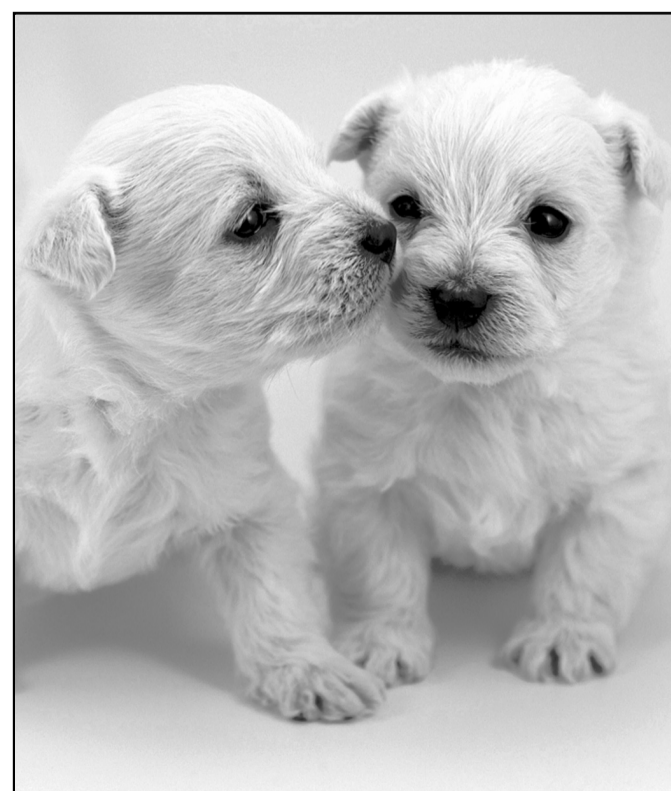


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