Community garage sale is Saturday

The Monmouth Business Association will sponsor the fifth annual Community Yard Sale from 10 a.m. to 4 p.m. on Saturday in Main Street Park.

The event was rescheduled because of forecasted rain. More than 40 people have signed up to be vendors so far.

The event gives community members a chance to clear out old items while others find new treasures, all in one spot. This year's sale betic. Participants will learn

will feature food and music. Sign up to be a seller for no charge by calling Terri Gregory at 503-330-6598.

Center host NDA workshop Sept. 10

The Monmouth Senior

The class fee is \$20 for 16 weeks. It is for those who have been told by a physician that they are pre-dia-

how diabetes can be prevented through weight loss, nutrition and physical activ-

Preregistration is requested. For more information: 503-838-5678.

Enjoy gospel music roundup at TJ Farm

TJ Farm in Dallas will host The Ramming Steer Gospel Music Roundup this weekend at 4870 Van Well Road.

day at 5 p.m. and Sunday at 4 p.m.

Performers on Friday and Saturday will be Sonrise with Jerry Ott and Sheri Dawn; on Sunday, Lighthouse Quartet will be the special guest. Admission is free, though there will be an optional "offering" for the performers, and campers are welcome.

Coffee and pie will be available at the intermission each night. A camp fire and sing around will take place after evening's performance.

For more information, Judy at 503-623-4039 or 503-931-8951.

COMMUNITY CALENDAR

Community Calendar is a listing of upcoming events taking place in Polk County that are open to the public. To submit an event for calendar consideration, please send it at least two weeks before the actual event date to the Itemizer-Observer via fax (503-623-2395) or email (ionews@polkio.com).

WEDNESDAY, SEPT. 2

- · Willamette Valley Food Assistance Program Food Bank — 1:30 to 6:30 p.m., 888 Monmouth Cutoff Road, Building E, Dallas. Weekly distribution for eligible community members.
- ullet Scrabble with Betty 1 p.m., Independence Public Library, 175 Monmouth St., Independence. Scrabble games first Wednesday of every month. Free; refreshments and prizes available. 503-551-7687 or 503-838-1811.
- Yarning for Others 3 to 5 p.m., St. Thomas Episcopal Church, 1486 SW Levens St., Dallas. Knitters and crocheters gather to make clothing and accessories for those in need on the first Wednesday of every month. 503-689-7222.
- Helping Hands Emergency Food Bank 10 a.m. to noon, Monmouth Christian Church, 959 Church St. W., Monmouth. For eligible community members; available every Wednesday. 541-404-6517.

THURSDAY, SEPT. 3

- James2 Community Kitchen Meal 4:30 to 6 p.m., Dallas United Methodist Church, 565 SE LaCreole Drive, Dallas. Free; everyone welcome. 503-623-8429.
- Dallas Lions Club 11:30 a.m., Hong Kong Restaurant, 325 Main St., Dallas. Everyone welcome. 503-931-9860.
- Monmouth-Independence Rotary Club Noon, First Baptist Church, 1505 Monmouth St., Independence. Visiting Rotarians, guests and prospective Rotarians are welcome to these luncheon meetings. Free. 503-838-4884.
- Polk County Bounty Market 10 a.m. to 3 p.m., Academy Building lawn, on the corner of Main and Academy streets, Dallas. 503-623-2564.
- Dementia Support Group 9:30 a.m., Monmouth Senior Center, 180 S. Warren St., Monmouth. A group for people coping with a loved one with Alzheimer's or dementia. 503-838-

FRIDAY, SEPT. 4

- Altered Attitudes Alcoholics Anonymous Noon, Dallas United Methodist Church, 565 SE LaCreole Drive, Dallas. 503-
- Guthrie Park Acoustic Music Jam Session 7 to 10 p.m., Guthrie Park Community Center, 4320 Kings Valley Highway, Dallas. Free (donations accepted). 503-623-0809.
- The Ramming Steer Gospel Music Roundup 6:30 p.m., TJ Farm, 4870 Van Well Road, Dallas, Free (donations accepted). 503-623-4039 or 503-931-8951

SATURDAY, SEPT. 5

- The Original Independence Farmers Market 9 a.m. to 2 p.m., Umpqua Bank parking lot, 302 S. Main St., Independ-
- Independence Riverview Market 9 a.m. to 2 p.m., Riverview Park and Amphitheater, 50 C St., Independence. 503-
- Polk Community Free Clinic 7 to 11 a.m., Trinity Lutheran Church, 320 SE Fir Villa Road, Dallas. Free medical and mental health care for uninsured and underinsured. Held on the first and fourth Saturday of the month. 503-990-8772.
- · Monmouth Senior Center All-You-Can-Eat Community Breakfast — 8:30 to 10:30 a.m., Monmouth Senior Center, 180 S. Warren St., Monmouth. Cost: \$6, adults; \$3, children younger than 12. 503-838-5678.
- Rickreall Grange Flea Market 9 a.m. to 4 p.m., Rickreall Grange Hall, 280 Main St. (99W), Rickreall. Multiple vendors. Also selling fresh-baked goods. Kitchen serving breakfast and lunch 503-623-8289
- The Ramming Steer Gospel Music Roundup 5 p.m. TJ Farm, 4870 Van Well Rd Dallas. Free (donations accepted). 503-623-4039 or 503-931-8951.

SUNDAY, SEPT. 6

- Polk Flea Market 9 a.m. to 3 p.m., Polk County Fairgrounds, 520 S. Pacific Highway (99W), Rickreall. Admission: \$1; children 12 and younger, free. Early admission from 6 to 9 a.m.
- is \$5. 503-428-8224. • From the Heart Community Sing — 1:30 to 3 p.m., St. Thomas Episcopal Church, 1486 SW Levens St., Dallas. Free
- singing lessons; all ages are welcome. 503-559-5205. • Rickreall Grange Flea Market — 9 a.m. to 4 p.m., Rickreall Grange Hall, 280 Main St. (99W), Rickreall. Multiple vendors. Also selling fresh-baked goods. Kitchen serving breakfast and
- lunch. 503-623-8289. • The Ramming Steer Gospel Music Roundup — 4 p.m., TJ Farm, 4870 Van Well Road, Dallas. Free (donations accepted). 503-623-4039 or 503-931-8951.

TUESDAY, SEPT. 8

- Caregivers Support Group 2 to 3:30 p.m., West Valley Hospital (Quiet Room, entrance through Emergency Department on Clay Street), 525 SE Washington St., Dallas. Meets on the second Tuesday of the month. Free. 503-831-5593.
- James2 Community Kitchen Meal 4:30 to 6 p.m., St. Philip Catholic Church, 825 SW Mill St., Dallas. Free; everyone welcome. 503-623-8429.

WEDNESDAY, SEPT. 9

- Willamette Valley Food Assistance Program Food Bank 1:30 to 6:30 p.m., 888 Monmouth Cutoff Road, Building E, Dallas. Weekly distribution for eligible community members. 503-831-5634.
- Polk County Republican Women 11:30 a.m., Oak Knoll Golf Course, 6335 Highway 22, Independence. No-host lunch available; everyone welcome. 503-623-5759.
- Monmouth-Independence Chamber of Commerce **Lunch Forum** — Noon, Independence Event Center, 555 S. Main St., Independence. Polk County Commissioner Mike Ainsworth will present update. Lunch by Three Legged Dog, \$15. 503-838-4268.
- Free Blood Pressure Check Clinic 2 to 3 p.m., West Valley Hospital (surgery admitting area), 525 SE Washington St., Dallas. 503-623-7323. • Monmouth Senior Center Music Jam — 6:30 p.m., Mon-
- mouth Senior Center, 180 S. Warren St., Monmouth. Open to the public; musicians of all types welcome. 503-838-5678. • Dallas American Legion Post No. 20 — 7 p.m., Academy Building, Room 108, 182 SW Academy St., Dallas. 503-831-3971.
- Helping Hands Emergency Food Bank 10 a.m. to noon, Monmouth Christian Church, 959 Church St. W., Monmouth. For eligible community members; available every Wednesday. 541-404-6517.
- American Red Cross Blood Drive 10 a.m. to 3 p.m., Partnerships in Community Living Inc., 480 Main St., Monmouth. Redcrossblood.org.

Center will host a new program through the National Diabetes Association. Class will be every Thursday at 4 p.m. beginning Sept. 10.

Concerts will take place on Friday at 6:30 p.m., Satur-

Dallas Family Night Out



Top: Katie Reimer, Mason Deters, Grace Parry and Jace Martinelli play a game of bean bag toss at Wednesday's Dallas Family Night Out at Dallas United Methodist Church. The back- to- school event provided backpacks with supplies, access to resources and plenty of fun for the family. Right: El Pique and James 2 Community Kitchen offered free meals at the event, which served nearly 1,900 JOLENE GUZMAN/Itemizer-

Observe



LIBRARY CALENDAR

DALLAS 950 Main St. 503-623-2633

www.ci.dallas.or.us/library • Thursday, Sept. 3, 11:15 a.m. — Story

• Thursday, Sept. 3, 1 p.m. — Book Discussion, "The Secret Keeper" by Kate Mor-

 Tuesday, Sept. 8, 11:15 a.m. — Story time. • Tuesday, Sept. 8, 3:30 p.m. — Story

time. • Tuesday, Sept 8, 7 p.m. — Friends of Dallas Public Library meeting.

• Wednesday, Sept. 9, 4 p.m. — Read to

175 Monmouth St. 503-838-1811 www.ci.independence.or.us/library

tos in Español.

• Wednesday, Sept. 2, 10:30 a.m. — Familv story time.

INDEPENDENCE

· Wednesday, Sept. 2, 5:30 p.m. — Cuentos in Español. • Wednesday, Sept. 2, 1 p.m. — Scrabble

with Betty (adults). • Thursday, Sept. 3, 4:30 p.m. — Chess

Club • Wednesday, Sept. 9, 10:30 a.m. — Family story time. • Wednesday, Sept. 9, 5:30 p.m. — Cuen-

MONMOUTH 168 S. Ecols St. 503-751-0182

www.ci.monmouth.or.us/library • Wednesday, Sept. 2, 2:30 p.m. -Builders club (K-5).

• Tuesday, Sept. 8, 10:15 a.m. — Tales for tots (story time for babies and toddlers).

WAGNER COMMUNITY LIBRARY 111 N. Main St., Falls City 503-787-3521, ext. 319 www.facebook.com/WagnerCommunity

Library/timeline · See the library's Facebook page for upcoming events.

Hermelinda's Has Been Sold! She is off for retirement.



the dog, Davos.

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SUNDAY, SEPT. 6TH HOURS: 9-3

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\$30 registration includes workbook. Scholarships available. First session, "Is This Normal?" begins **Tuesday, Sept 15 • 6:30 pm**

For more information or to register please call Kate or visit our website.

