

# Dallas Youth Tennis Camp



LUKAS EGGEN/Itemizer-Observer  
Jaden Irwin, left, and Regan Nguyen take part in a drill during the youth tennis camp at the Dallas High School tennis courts on Thursday.



LUKAS EGGEN/Itemizer-Observer  
Mary Christenson, far right, gives Trenton Ensz, Regan Nguyen and Jaden Irwin some pointers on serving during the youth tennis camp on Thursday morning.

## Derby: Hausman now a captain



LUKAS EGGEN/Itemizer-Observer  
Sarah Hausman skates during a scrimmage on Thursday evening in Salem.

Continued from Page 10A

"It was scary," Hausman said. "The big tryouts, there can be 1,000 people there. I felt like I was so out of my league. People are watching me now. You get nervous."

Hausman earned a spot on the Thrill Kill Kittens.

That is one of roller derby's biggest draws — that anyone and everyone can play.

Independence resident Amanda Horne joined Cherry City on a spur-of-the-moment decision after seeing skaters in the Monmouth-Independence Fourth of July parade two years ago. She came in expecting to be turned away.

"I thought you had to be built like a linebacker and I'm 5-feet tall," Horne said. "I was surprised to see how the sport works tactically. I enjoy

### Want to skate?

- For more information on roller derby or the Cherry City Derby Girls, visit [www.cherrycityderbygirls.com](http://www.cherrycityderbygirls.com).
- Cherry City Derby Girls' seventh season begins this October. Full schedules are available online.

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Since Hausman first joined Cherry City, she said she's seen an increase in popularity and, she thinks it's easy to see why.

"It's life changing," Hausman said. "You need to lose weight? You got that. You want to make new friends? You have that. You want to be part of the community? You got that. This is one of the things that makes Salem

and Polk County great."

Hausman's come a long way from her first days learning how to skate, including being named one of three captains on the Thrill Kill Kittens this season.

"It's empowering because I'm doing things I didn't think I could do," Hausman said. "I'm 37, but I'm in better shape now than when I was 20 and 120 pounds."

Hausman said she plans to continue playing at least until the age of 40. No matter how long she continues, roller derby has done more than given her a hobby. It's helped her become a more confident person throughout her life.

"I love the constant challenge," Hausman said. "I will be a bad ass. I'm slow at it, but I will be a bad ass one day."

## SCORE BOARD

### CLUB GOLF

#### CROSS CREEK GOLF COURSE

**CROSS CREEK MEN'S CLUB**  
Tuesday, Aug. 11 Results  
Low gross/low net  
Low gross: 1 (tie), Greg Fisher, Don Seth and Kevin Moen, 38.  
Low net: 1 (tie), Alan Hadley and Dave Voves, 32; 3, Eldon Rivers, 33; 4, John Mangini, 34; 5 (tie), David Karr and Dave Watson, 35.

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[www.polkio.com](http://www.polkio.com)  
Polk County Itemizer-Observer

# OUTDOOR ADVENTURES

## Lower Deschutes River re-opens to afternoon fishing

Sections of two northeast Oregon rivers also re-open to regular fishing hours

THE DALLES, Ore. — The Oregon Department of Fish and Wildlife has lifted fishing restrictions on the lower Deschutes River. Anglers can now fish after 2 p.m. from Macks Canyon to the mouth of the river. The change is effective immediately.

Water temperatures in the lower Deschutes are back to near normal for August, prompting fishery managers to re-open the river to regular fishing hours. The entire lower Deschutes River from the Pelton Dam to the mouth is now open for fishing from one hour before sunrise to one hour after sunset.

"We typically see water temperatures in the lower De-

schutes begin to cool in August," said Rod French, ODFW fish biologist. "Despite some very warm temperatures in late June and early July, the river is starting to look more normal as we head into August."

A number of factors contribute to the August cool down, French said, including:

- the increasing influence of cold water springs as river levels drop, and
- longer nights and cooler nighttime temperatures and the changing angle of the sun increasing shade cast by the steep canyon walls.

Fishery managers will continue to monitor water tem-

peratures in the lower Deschutes and will be prepared to announce subsequent closures, if necessary.

In the meantime, anglers are encouraged to follow the usual precautions when catch-and-release fishing in warm weather:

- Fish early in the day when water temperatures are cooler.
- Check water temperatures frequently and stop fishing when they reach 70 degrees.
- Use barbless hooks so you can release fish quickly.
- Keep the fish in the water as you unhook them, and cradle the fish upright until it revives enough to swim away.

The lower Deschutes was included in the July 16 closure of most rivers and streams in the state to fishing for trout, salmon and steelhead after 2 p.m. The closure is to help protect native fish already stressed by low water levels and high water temperatures associated with this year's drought.

ODFW has also re-opened the upper reaches of two northeast Oregon streams to regular fishing hours: the Imnaha River above Freezeout Creek and the Wenaha River above Crooked Creek.

Both are cold water systems somewhat immune to excessive water temperatures, and were inadvertently included in the statewide restrictions.

These three changes from the early closure are consistent with ODFW's exemption process, where cool, high elevation streams, spring-fed systems, tail-race fisheries and estuaries are generally exempt from early closures. The Department will continue to monitor conditions across the state and evaluate proposed changes on a case-by-case basis, but anglers can anticipate that the most closures are likely to remain in effect until temperatures cool significantly, generally associated with shorter days, cooler nights and fall rains.

## Sign up now for free youth pheasant hunts

SALEM, Ore. — Registration is now open for ODFW's free pheasant hunts for youth (age 17 and under) happening around the state in September.

The events are being held in Baker City, Central Point, Corvallis, Eugene, Hermiston, John Day, Klamath Falls, La Grande, Madras, Portland, The Dalles (Tygh Valley). See dates below and register online, at a license sales agent or at an ODFW office that sells licenses.

ODFW and partners stock pheasants at these special hunts that give youth a head start on regular pheasant seasons, which don't begin until October. Quail and dove may also be hunted. Volunteers often bring their trained hunting dogs to hunt with participants.

Some events also begin with a shotgun skills clinic, so participants can practice clay target shooting before hunting.

With the exception of a mentored youth hunt at EE Wilson Wildlife Area near Corvallis on Sept. 20, these events are only open to youth who have passed hunter educa-

tion. (ODFW has many hunter education classes and field days available before the events.) An adult 21 years of age or older must accompany the youth to supervise but may not hunt.

"If your child made it through hunter education but is still new to the sport, this is a great way to get them started," says James Reed, ODFW hunter education coordinator. "These events happen before regular pheasant seasons open and are a great opportunity for kids to get out hunting."

ODFW stresses safety during the hunts. Both hunter and supervisor must wear a hunter orange hat, eye protection and a hunter orange vest—equipment provided by ODFW at the clinics to anyone who doesn't have it. Hunters also need to check in and out of the hunt.

The hunts are free, though youth hunters need a valid hunting license (\$14.50) and Harvest Information Program validation (free) to hunt. Youth hunters age 14-17 also need an upland game bird validation (\$8.50). Purchase online, at a license sales agent or ODFW office that sells licenses. Licenses and tags will not be sold at the events.

While most areas have a hunt both Saturday and Sunday, youth hunters may only sign up for one hunt. They are welcome to hunt stand by on the other day.

See the event listings on [www.odfwcalendar.com](http://www.odfwcalendar.com) for more details including who to contact for more information.

### DATES TO KNOW

Aug. 29: • General Bow Season Opens  
• Western Grey Squirrel Season Opens  
• Western & Central Oregon

Sept. 1: • Western Oregon Quail and Statewide Forest Grouse Seasons Open

## Trophy Hunting!

With all that hunting and fishing going on, we here at the Itemizer would like to see you **prove your skills by submitting your photos for free.** If you're interested in claiming your bragging rights, contact Heidi, Rachel or Karen at 503-623-2373. We'd be happy to publish your photos in our special section.

