

QUICK HITS

Registration for DHS fall sports

DALLAS — Fall sports registration for Dallas High will take place through Thursday.

Fall practices begin on Monday. Those not registered by Thursday will be unable to practice on Monday.

Cost is \$150 for all sports except cheer, which costs \$75.

Those qualifying for free lunch must provide the letter received from the District Office for a reduced fee of \$35.

Paperwork is available online at www.sites.google.com/a/dsd2.org/dallas-high-school-athletics/.

Forms will also be available outside the athletic office.

Incoming freshmen must have a sports physical.

CHS fall sports sign-ups to open

INDEPENDENCE — Fall sports registration for Central High School will be open from 6 to 8 p.m. in the main office through Thursday.

Fall sports practices begin Monday.

All athletic registration paperwork must be completed before practice begins.

Central High will offer a sports physical clinic Wednesday (today) at 1:30 p.m. in the main gym.

Sports physicals are required for incoming freshmen and are due every two years.

For more information: 503-606-2228.

Panther football seats on sale

INDEPENDENCE — Central High School's reserved seating for the 2015 football season is now available. The Panthers will host five games this fall. Cost is \$70.

Interested parties can select seats on Saturday from 9:30 to 11:30 a.m. at Panther Stadium.

For more information: Vicki Watkins, 503-606-2543.

Omlid changes mind on OIT

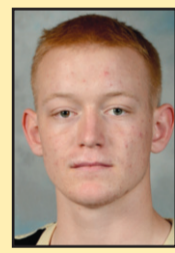
MONMOUTH — Tanner Omlid, a 2012 Central High graduate, will transfer from Army.

Omlid played two seasons with the Black Knights. He averaged 6.0 points, 4.5 rebounds and 2.0 steals per game during his freshman campaign.

Omlid was limited to five games during the 2014-15 season because of a knee injury.

Omlid signed a letter of intent to join Oregon Institute of Technology, but OIT Sports Information Director Michael Garrard said Omlid informed the school he will be attending a different school.

Omlid helped the Central Panthers' basketball team to two state titles in 2010 and 2012. He was named OSAA's 4A state player of the year in 2012.



Omlid

BLUE DOLPHINS SWIM TEAM

Dressel looks to make his own splash

By Lukas Eggen
The Itemizer-Observer

DALLAS — Swimming is something of a tradition in the Dressel family.

Jerusha Dressel is a competitive swimmer at the collegiate level, while

Elizabeth Dressel swims varsity for the Dallas Dragons.

That love for swimming spread to the family's youngest, 13-year-old Isaiah Dressel.

"My sisters were on the swim team, so I wanted to

do it, too," Dressel said. "They told me it would be difficult, but I wanted to give it a try."

Dressel was excited for the chance to try and best his older siblings' accomplishments, but he's since learned an important lesson — going at his own

pace.

Since joining the Blue Dolphins Swim Team, Dressel has excelled in numerous events, especially freestyle, where he has competed in distances from 50 to 500-meters.

It's in the 50 freestyle Dressel is aiming bigger than ever before.

"I want to make it to the state meet," Dressel said. "To do that, I would have to get a 27 on my 50 freestyle."

See SPLASH, Page 13A

Wild, Wild West



NATHAN WOODS
for the Itemizer-Observer

Top: The Bull "Red Fury" threw Jonathan Anca off so hard he briefly lost consciousness, but was able to walk away from the accident.

Left: Jessica McMahon rounds the barrels while winning the barrel race with a time of 15.91 seconds.

Right: Alan Helmuth smiles after his 90-point bull ride.

For results, see Page 13A.



DISC GOLF

New course ready for debut tourney

The Summer Fling tournament caps off a two-year project

By Jolene Guzman
The Itemizer-Observer

INDEPENDENCE — Recently finished, the MINET Disc Golf Course in Independence's Riverview Park will have its big unveiling this weekend.

Sunday, the course will be home to the Summer Fling Disc Golf Tournament, the capstone on developer Hayden Rue's two-year effort to build a course in Independence.

With support and financial backing of Monmouth Independence Networks (MINET), the city of Independence, Veal's Bikes Plus and Capital City Disc Golf in Salem, Rue designed and built the 15-hole course himself. Rue even earned an internship with the city to complete the project and

Fore!

What: Summer Fling Disc Golf Tournament.

When: Sunday. Check in starts at 8 a.m.

Where: MINET Disc Golf Course, check in is at event host Mecanico, 87 N. Main St., Independence.

For more information: www.4discgolf.com/index.php?route=155F or www.facebook.com/event/s/851655838254519/.

promote its use.

An avid disc golfer — he played professionally during his first two years at Western Oregon University — Rue said the idea to build the course stemmed from the urge to make playing his sport a little easier.

"I was just at home in Monmouth, and I thought it

would be nice to have a disc golf course closer to home," he explained. "And I knew this was the biggest park (Riverview) around."

He approached MINET and later the city of Independence for assistance and began working on his vision.

Last summer, the first seven holes were installed. Those holes are shorter and less challenging, designed to be approachable for golfers off all abilities. For those seeking a higher level of difficulty, the back eight, located north of the amphitheater and across Ash Creek, should provide plenty of challenges.

"I've seen quite a few families playing out here," Rue said. "There's starting to be a lot of out-of-town people, which is good for the town."

See TOURNEY, Page 13A



JOLENE GUZMAN/Itemizer-Observer

Hayden Rue shows off one of the holes at Independence's disc golf course at Riverview Park.

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