

Ten great shrubs for water-wise gardens

Hotter-than-usual temperatures and longer stretches between measurable moisture this year mean plants need more water from the end of a hose.

Choose plants that require less water and you'll save time and money and help sustain Oregon's water supply, said Amy Jo Detweiler, a horticulturist with Oregon State University's Extension Service.

Detweiler recommends these 10 plants for water-wise gardens:

- **Cinquefoil** (*Potentilla fruticosa*): A compact deciduous shrub that grows about three feet tall and five feet wide and sports sunny yellow flowers from June until frost. Best in full sun, but will tolerate light shade. Hardy to Zone 2.

- **Flowering currant** (*Ribes sanguineum*): Hummingbirds and butterflies flock to this large shrub that gets about 10 by five feet. Long clusters of dark pink flowers drip from branches in May and June. Give it full to partial sun. Hardy to Zone 5.



KYM POKORNY
Your Garden

- **Globe blue spruce** (*Picea pungens* "Globosa"): A small conifer with striking silver-blue foliage that grows slowly to five to six feet. Plant in full sun for best color. Hardy to Zone 2.

- **Manzanita** (*Arctostaphylos*): A large genus of evergreen shrubs that run from two to 12 feet. Interesting in all four seasons with often twisting, mahogany bark and hanging clusters of bell-shaped white to pink flowers in late winter to early spring. Hummingbirds love it. Hardiness varies by species and cultivar. Check your local nursery for those appropriate in your area.

- **Ninebark** (*Physocarpus opulifolius*): Domes of white flowers in early summer show beautifully against the mid-green foliage of this six- to 10-foot deciduous shrub. It has the added attractions of peeling bark and superb fall color. Birds, bees and butterflies love the blooms. Two cultivars of note are "Dart's Gold" with chartreuse leaves and "Diablo" with purple foliage. Hardy to Zone 2.

- **Spirea japonica** "Little Princess": Clusters of pink flowers in summer prove irresistible to birds, butterflies and bees. A compact, mounding deciduous shrub that tops out at about three feet tall and six feet wide. Plant in full sun. Hardy to Zone 4.

- **Russian sage** (*Perovskia atriplicifolia*): Fragrant, grayish-green foliage distinguishes this three- to five-foot tall shrub that needs full sun. Spires of airy, lavender flowers bloom midsummer to fall and are good candidates for bouquets. Hardy to Zone 4.

- **Serviceberry** (*Ame-lanchier*): Here's a shrub that has it all: showy white flowers in early spring, edible purple-red berries that attract birds and stunning

red and yellow fall color. Wants full sun to perform its best. Grows six to 10 feet tall depending on the species. Hardy to Zone 2.

- **Snowberry** (*Symphoricarpos*): In spring, small, bell-shaped blooms appear at the end of branches on this five-by-six foot, deciduous shrub. The best part, though, are the white berries in fall. Birds love the berries. Bees, hummingbirds and butterflies are attracted to the flowers. Plant in full to partial sun. Hardy to Zone 3.

- **Wayfaring tree** "Mohican" (*Viburnum lantana* "Mohican"): Flat-topped clusters of white flowers come out in spring and are followed by fruits that start out pink, turn to red and then to black. This seven-by-eight-foot, rounded deciduous shrub turns deep purple in fall. Give it full to partial sun. Hardy to Zone 3.

To learn more, consider taking WaterWise Gardening: Choosing the Right Plants, an online course offered by OSU's Professional and Continuing Education.

ENGAGEMENTS

Quiring-Golden



Julia Michelle Quiring of Monmouth and Isaac Cory Golden of Monmouth are planning an August wedding.

The bride-to-be is the daughter of Ken and Ruth Quiring of Independence. Her fiancé is the son of Milton and Lea Golden of Bandon.

Julia, a 2010 graduate of Santiam Christian High School in Adair Village, graduated from Corban University in Salem in 2014 with a Bachelor of Science. She works at Corban University in Salem as an adjunct professor.

Isaac, a 2010 graduate of Bandon High School, is a student at Western Oregon University working toward getting his degree in psychology. He works at Western Oregon University as a rock climbing specialist.

The wedding is set for Aug. 28 at Ron's Pond in Monmouth.

BIRTHS

Peek

Jillian Pearl Peek was born to Richard and Stephanie Peek of Dallas at 2:53 a.m. on July 2 at Salem Hospital Family Birth Center.

She weighed 10 pounds, 10 ounces, and was 22 inches long.

Jillian joins Lucas, 4. Grandparents are Ed Manchester of Dallas, and Don and Maggie Peek of Newcastle, Calif.

Great-grandparents are Shorty Karlsen of Veneta, and Maria Resendes of Newcastle.

AlshaikhJ

Zainab Jafar AlshaikhJ was born to Jafar AlshaikhJ and Fatimah Alzاهر of Monmouth at 2:50 p.m. on July 13 at Salem Hospital Family Birth Center.

She weighed 6 pounds, 13 ounces, and was 20 inches long.

Zainab is the couple's first child.

MI TOWN

This summer has brought about its own special challenges — lots of good days filled with sunshine and blue skies, but the need to get up early to water gardens and flowers, and to be sure to keep the bird baths full of water, add more tasks to an already busy day. Gabriel and Lady, our resident golden retrievers, are disappointed to miss car rides when we run errands. It's more comfortable in the backyard, since dogs and hot cars are a bad idea.

The good news about hot days is that MI Town's libraries have all kinds of activities for kids of all ages. It's not only a cool and comfortable place to be on a hot summer day, but you can also beat the heat by discover-



PATTY TAYLOR DUTCHER
Columnist

ering new and different things and travel the world — or even into outer space — by opening a book and getting lost between the pages. I can't remember when I didn't know how to read, and finding a library wherever I've lived has always been a top priority. We are so fortunate here to have the Western Oregon University library close by, too. Check either the Monmouth or Independence library websites to see what is new

this week, and all through the summer.

The Western Oregon University campus was a regular tent city during the recent visit from Cycle Oregon participants. Lots of sunshine combined with lots of bike routes through communities and rural areas made it a fun experience for those who traveled quite a distance to enjoy our wonderful Willamette Valley. Everyone had an opportunity to visit local restaurants and wineries, as well as other businesses in the area. These events give us an opportunity to showcase our area and to encourage tourism.

Summer is also a great time for class reunions. Even if you haven't kept up with your classmates over the

years, it's always so much fun to spend an afternoon or evening together reminiscing about the good old days — even if they weren't so long ago. For those of us of a certain age, nearly everyone agrees that the 50th reunion was just about the best.

Lots of political discussions going on in MI Town and just about everywhere else in our land, and that gives us an opportunity to make our voices heard — at town halls or other gatherings — and to let our elected officials (whether they are city, county, state or national) know our thoughts and wishes. If you have a problem or concern, call those who can help make a difference. And please — register to vote!

PEDEE NEWS

Judy Guida spent last week in New Mexico where she attended the "Conspire Conference," developed by the Center for Action and Contemplation, a group based in Albuquerque. After the 2-1/2 day conference, she spent a few days with her cousin Melinda Snodgrass, a science fiction author who lives in the mountains above Santa Fe. While there, she and Melinda visited George RR Martin, the author of "Game of Thrones," since he is a close friend of Melinda's. The last few days in New Mexico, Judy stayed with friends Mark Petrie and Sheryl White, where they hiked to see local petroglyphs, ate wonderful southwest cuisine, and went to a Lady Antebellum outdoor concert.



ARLENE KOVASH
Columnist

Reese Bennett, 9, son of Jim and Julie Bennett of Salem, spent the week with his grandparents, Pete and LaVerne Bennett. They went to the Oregon Coast Aquarium and the Hatfield Science Center in Newport. Reese really liked the otters at the aquarium and enjoyed all the hands-on activities at the science center. They finished off the day at the Yaquina Lighthouse. They spent another day at Fort Hoskins hiking some of the trails. Part

of the trails were closed because of some logging.

Steve and Audrey Cameron have spent a lot of time on the road this summer. First they were off to Nampa, Idaho, with daughters Stephanie and Ana to visit Steve's stepmother who was suffering from a terminal illness. Next they were off to Cottonwood and Anderson, Calif., with son Clayton to visit his fiancée Jennifer Harman's family. Then, at the end of June, they spent four days in Southern California with son, James, and Jenny and granddaughter, Eliana, to go to Disneyland and play on Laguna and Manhattan beaches. Coming home, they flew into PDX just in time to meet granddaughter Caitlin

Kelley and her family, and brother Chris who had driven up from Texas. After going to the Fourth of July parade in Monmouth with Chris, Caitlin, and Zach, and great-grandchildren Nicholas and Addi, they went with the Texans to Astoria to visit relatives and spend a day at the beach, which was a pleasant relief from the heat in the valley.

I just heard that Steve Waller, a former neighbor for several years and founder of the Sawtooth Mountain Boys bluegrass band, died of a massive heart attack on June 26. What I remember most about him is his annual bluegrass "pickin' party" in the field next to ours, which was great fun.

What's YOUR neighbor up to?

Find out in the Itemizer Observer. You may find your neighbor, your boss, your friend or yourself in the pages of the *Polk County Itemizer-Observer*. Local stories on local people—that's our specialty.

Polk County
Itemizer-Observer

Pencil us in!

www.polkio.com

Polk County
Itemizer-Observer

Sudoku
Difficulty: ★★☆☆☆

Solution on Page 12A

1			6		7		9	
7	3			4	2		6	8
			9				2	
			6		3	7		
					1			
				8			6	
6			5				9	
2				7				
3			8	1				

By Ben Arnoldy

How to do Sudoku

Fill in the grid so the numbers 1 through 9 appear just once in every column, row, and three-by-three square. See example above.

4	3	2	8	1	6	7	5	9
5	6	9	3	7	4	8	1	2
7	8	9	5	2	4	6	3	1
3	4	7	2	8	5	6	9	1
2	1	6	7	4	9	3	8	5
9	8	5	1	6	3	2	7	4
7	9	1	4	3	8	5	2	6
8	5	3	6	2	1	9	4	7
6	2	4	5	9	7	1	3	8

The Christian Science Monitor

Music in the Park

Main St. Park • Monmouth
Every Wednesday through August 26 - 6-30pm
MUSIC, FOOD, BEER & WINE GARDEN

Look for Music in the Park Series on Facebook for more information about this year's artists.

Performing Tonight
July 22
Carried Away Trio
(Rhythm & Blues)

FREE AND OPEN TO THE PUBLIC

For More Information Contact:
Mark Francis 503-751-0147

Bring your chairs and blankets and we'll see you in the park!

RIVERS EDGE SUMMER SERIES
10 Year Anniversary!

presented by

capitol SUBARU
RU & MOBILITY SERVICE

Performing July 24th Show begins at 7:30
TED VAUGHN BLUES BAND
Blues/Rock

Lawn Seating — Bring blankets & chairs

This Week's FREE MOVIE:

Showing July 23 • 9:30
SIXTEEN CANDLES (Comedy, Romance)

NEXT WEEK Concert: **JUKEBOX HEROES**
Foreigner Tribute Band - 7:30 PM
Movie: **UP!** - 9:30 PM

• VENDORS • BEER & WINE GARDEN
Riverview Amphitheater, Independence, OR
Visit our website: independenceamphitheater.com