

COMMUNITY NOTEBOOK

Free bike checks at Bounty Market

Need a bike safety check before you head out for a ride this summer? Veal's Bikes Plus from Monmouth will be at the Polk County Bounty Market in Dallas Thursday offering free safety checks.

Bike specialists will check tire pressure and fill tires, check and adjust brakes and gears, and perform helmet inspections to make sure they have a proper fit.

Veal's Bikes will be at the market for this special event from opening to closing, 10 a.m. to 3 p.m. Polk County Bounty Market Dallas is located at the Academy Building lawn at the corner of Academy and Main streets.

For more information: 503-623-2564.

BBQ competition looking for teams

Want to test your barbecuing skill and celebrate July Fourth at the same time? Dallas Freedomfest's BBQ Throwdown competition still is looking for teams for the third annual event. The registration deadline is Friday at a cost of \$175.

Teams will compete for prizes, including a \$900 grand champion payout. The BBQ Throwdown is a Pacific Northwest BBQ Association-sanctioned event, meaning competitors could advance to larger barbecue competitions.

For more information or to find registration forms: www.dallasoregon.org/freedomfest/.

Artists wanted for Fourth art show

The city of Monmouth's Fourth of July festival will host the second annual Community Arts Show in Main Street Park on July 3-4.

Artwork will be accepted from local artists, from kindergartners to professionals, limited to one piece per artist. Entries must be submitted to Volunteer Hall, 144 S. Warren St., Monmouth, on July 1. Entry forms are available online at

Once Upon a Time



Acclaimed storyteller Christopher Leebrick acts out a story Thursday at Wagner Community Library in Falls City. Leebrick visited the library as part of the statewide "Save for College, Save the Day!" program encouraging kids to keep reading during the summer.

www.ci.monmouth.or.us.

Art will be accepted in all media, but there are minimum and maximum size limitations.

During the exhibit, residents will be able to vote for their favorite pieces in each of six categories. The winners will be displayed in the gallery at the Monmouth Public Library July 7-14.

The festival also is looking for local artisans to volunteer to teach holiday arts or crafts for children during the celebrations.

For more information: Phyllis Bolman, 503-751-0145.

FBB community has playgroups for kids

Family Building Blocks hosts regular playgroups for children in both Dallas and Independence. Activities and snacks are provided at both locations.

The Dallas playgroup is

the third Tuesday of every month, from 10 to 11:30 a.m. at the Academy Building, suite 216. RSVP by calling 503-877-8473.

The Independence playgroup meets the third Friday from 10 to 11:30 a.m. at St. Patrick Catholic Church, 1275 E St., Independence. RSVP by calling 503-363-3057.

Igou celebration set for Tuesday

Independence Lt. Rick Igou retires Tuesday after a career in law enforcement that spans more than 30 years.

A retirement reception will be held from 2 to 5 p.m. Tuesday at the Independence Civic Center, 555 S. Main St.

Igou, a Central High School and Western Oregon State College graduate, has worked for both the Monmouth Police as a reserve and for the Independence

Police. He also spent time working for the Marine Corps Reserve as a military police officer.

YMCA camps have openings

Monmouth-Independence YMCA is offering summer day camps for youths running through Sept. 4.

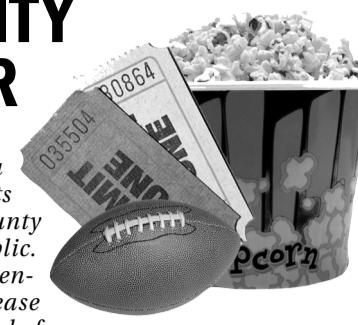
Camps include Space and Beyond (July 6-10), Survival Camp (Aug. 10-14) and Super Heroes (Aug. 17-21).

The Y is accepting donations for items for some camps, including dress-up costumes for the Super Heroes camp.

Camp runs from 9 a.m. to 4 p.m. and costs \$105 for members, \$150 for non-members.

For more information about the summer camp program, or about YMCA membership: www.theYonline.org, or 503-838-4042, or find the organization on Facebook.

COMMUNITY CALENDAR



Community Calendar is a listing of upcoming events taking place in Polk County that are open to the public. To submit an event for calendar consideration, please send it at least two weeks before the actual event date to the Itemizer-Observer via fax (503-623-2395) or email (ionews@polkio.com).

WEDNESDAY, JUNE 24

• **American Red Cross blood donation** — 11:30 a.m. to 4:30 p.m., Independence First Baptist Church, 1505 Monmouth St., Independence. Donors of all types, especially those with types O negative, A negative and B negative, are needed. To make an appointment to give blood: visit www.redcrossblood.org or 1-800-733-2767.

• **Willamette Valley Food Assistance Program Food Bank** — 1:30 to 6:30 p.m., 888 Monmouth Cutoff Road, Building E, Dallas. Weekly distribution for eligible community members. 503-831-5634.

• **Yoga in the Hopyard** — 6 p.m., Rogue Farms Micro Hopyard, 3590 Wigrich Road, Independence. Offered on the last Wednesday of every month. Free; bring your own yoga mat. 503-838-9813.

• **Helping Hands Emergency Food Bank** — 10 a.m. to noon, Monmouth Christian Church, 959 Church St. W., Monmouth. For eligible community members; available every Wednesday. 541-404-6517.

THURSDAY, JUNE 25

• **James2 Community Kitchen Meal** — 4:30 to 6 p.m., Dallas United Methodist Church, 565 SE LaCreole Dr., Dallas. Free; everyone welcome. 503-623-8429.

• **Monmouth-Independence Rotary Club** — noon, First Baptist Church, 1505 Monmouth St., Independence. Visiting Rotarians, guests and prospective Rotarians are welcome to these luncheon meetings. Free. 503-838-4884.

• **Polk County Bounty Market** — 10 a.m. to 3 p.m., Academy Building lawn, on the corner of Main and Academy streets, Dallas. 503-623-2564.

• **American Red Cross blood donation** — 9:30 a.m. to 3 p.m., Dallas Resource Center, 326 Main St., Dallas. Donors of all types, especially those with types O negative, A negative and B negative, are needed. To make an appointment to give blood, visit www.redcrossblood.org or call 1-800-733-2767.

FRIDAY, JUNE 26

• **Altered Attitudes Alcoholics Anonymous** — Noon, Dallas United Methodist Church, 565 SE LaCreole Drive, Dallas. 503-399-0599.

• **Guthrie Park Acoustic Music Jam Session** — 7 to 10 p.m., Guthrie Park Community Center, 4320 Kings Valley Highway, Dallas. Free (donations accepted). 503-623-0809.

• **Arc of Polk County Dance and Karaoke Night** — 6:30 to 8:30 p.m., Academy Building, 182 SW Academy St., Dallas. For adults with intellectual and developmental disabilities. Admission: \$3 (staffers and providers admitted free). Snacks available for purchase. 503-949-5552.

• **American Red Cross blood donation** — 1 to 6 p.m., Faith Evangelical Free Church, 2290 E. Ellendale Ave., Dallas. Donors of all types, especially those with types O negative, A negative and B negative, are needed. To make an appointment to give blood: visit www.redcrossblood.org or 1-800-733-2767.

SATURDAY, JUNE 27

• **The Original Independence Farmers Market** — 9 a.m. to 2 p.m., Umpqua Bank parking lot, 302 S. Main St., Independence. 503-881-9950.

• **Independence Riverview Market** — 9 a.m. to 2 p.m., Riverview Park and Amphitheater, 50 C St., Independence. 503-910-8193.

• **Polk Community Free Clinic** — 7 to 11 a.m., Trinity Lutheran Church, 320 SE Fir Villa Road, Dallas. Free medical and mental health care for uninsured and underinsured. Held on the first and fourth Saturday of the month. 503-990-8772.

• **Salk Creek Neighborhood Association Community Yard Sale** — 9 a.m. to 5 p.m., Many locations on Salk Creek Road, Dallas.

• **Independence Sprint Triathlon** — 9 a.m. Independence City Pool/Henry Hill Park. First heats begin at 9 a.m. for the 500-yard swim, 15-mile bike ride and 3.1-mile run.

MONDAY, JUNE 29

• **American Red Cross blood donation** — 11:30 a.m. to 4:30 p.m., Health and Wellness Center, 345 N. Monmouth Ave., Monmouth. Donors of all types, especially those with types O negative, A negative and B negative, are needed. To make an appointment to give blood: visit www.redcrossblood.org or 1-800-733-2767.

• **Central Lions Club** — Noon, Independence Elks Lodge 1950 Dining Room, 289 S. Main St., Independence. 503-606-2150.

• **Willamette Valley New Horizons Orchestra** — 6:30 to 8:30 p.m., Faith Lutheran Church, on the S-curves between Monmouth and Independence. Local orchestra for beginning through intermediate musicians. Meets every Monday. Players of all levels welcome. \$25 monthly fee to cover expenses. 503-838-4884.

TUESDAY, JUNE 30

• **James2 Community Kitchen Meal** — 4:30 to 6 p.m., St. Philip Catholic Church, 825 SW Mill St., Dallas. Free; everyone welcome. 503-623-8429.

• **Polk County Bounty Market-Monmouth** — 10 a.m. to 3 p.m., Main Street Park, 120 E. Main St., Monmouth. 503-623-2564.

WEDNESDAY, JULY 1

• **Willamette Valley Food Assistance Program Food Bank** — 1:30 to 6:30 p.m., 888 Monmouth Cutoff Road, Building E, Dallas. Weekly distribution for eligible community members. 503-831-5634.

• **Helping Hands Emergency Food Bank** — 10 a.m. to noon, Monmouth Christian Church, 959 Church St. W., Monmouth. For eligible community members; available every Wednesday. 541-404-6517.

• **Scrabble with Betty** — 1 p.m., Independence Public Library, 175 Monmouth St., Independence. Scrabble games first Wednesday of every month. Free; refreshments and prizes available. 503-551-7687 or 503-838-1811.

• **Yarning for Others** — 3 to 5 p.m., St. Thomas Episcopal Church, 1486 SW Levens St., Dallas. Knitters and crocheters gather to make clothing and accessories for those in need on the first Wednesday of every month. 503-689-7222.

LIBRARY CALENDAR

DALLAS
950 Main St. • 503-623-2633
www.ci.dallas.or.us/library

- Wednesday, June 24, 11:30 a.m. — Story teller Chetter Galloway (Dallas City Park).
- Thursday, June 25, 11:15 a.m. — Story time.
- Tuesday, June 30, 11:15 a.m. and 3:30 p.m. — Story time.
- Wednesday, July 1, 11:30 a.m. — Star-spangled crafts (Dallas City Park).

INDEPENDENCE
175 Monmouth St.
503-838-1811
www.ci.independence.or.us/library

- Wednesday, June 24, 10:30 a.m. — Family story time.
- Wednesday, June 24, 3 p.m. — Vikki

Green, ventriquoist.

- Wednesday, June 24, 5:30 p.m. — Cuentos en Español.
- Thursday, June 25, 3 p.m. — Super Hero bingo.
- Friday, June 26, 3 p.m. — The hero is me (for teens).
- Tuesday, June 30, 4:30 p.m. — Chess Club for Kids (grades 1 and older)
- Wednesday, July 1, 10:30 a.m. — Family story time.
- Wednesday, July 1, 3 p.m. — Super Lego Mania.
- Wednesday, July 1, 1 p.m. — Scrabble with Betty.
- Wednesday, July 1, 5:30 p.m. — Cuentos en Español.

MONMOUTH
168 S. Ecols St.

503-751-0182
www.ci.monmouth.or.us/library

- Wednesday, June 24, 10:15 a.m. — Stories with ACES Principal Mr. Harlow and too much glue craft.
- Thursday, June 25, 2 p.m. — Teen Library Advisory Board meets (sixth-12th grade).
- Friday, June 26, 10:15 a.m. — Musikgarten (babies through pre-k).
- Friday, June 26, 2 p.m. — Movie.
- Tuesday, June 30, 2 p.m. — Musician Brad Clark.

WAGNER COMMUNITY LIBRARY
111 N. Main St., Falls City
503-787-3521, ext. 319
www.wagner.pinkit.org

- Thursday, June 25, 10 a.m. — Rhys Thomas, Jugglemania.

Western Oregon University
WOLVES
SPEED CAMPS
BOYS AND GIRLS AGES 7 - 10, 11 - 14, 15 - 17
\$25 PER WEEK: 3 SESSIONS
\$80 FOR 4 WEEKS: 12 SESSIONS

VISIT: WOUWOLVES.COM FOR DETAILS

JULY 6-31
MON - WED - FRI
9:30-11:30

CAMP FEATURES:
PROFESSIONAL INSTRUCTION BY NCAA MASTER COACH
NUTRITION SEMINAR
RESISTANCE TRAINING
MOVEMENT EDUCATION
MILITARY BOOT CAMP

Western Oregon University is committed to improving the athleticism and team skills of our local student athletes by providing a safe, fun, skill based experience for kids ages 7 to 17 years old. WOU speed camps help young athletes gain a step up on the competition through expert instruction in a collegiate environment and interaction with collegiate student athletes.

www.polkio.com

Polk County
Itemizer-Observer

Sudoku solution

2	9	1	7	6	8	3	5	4
8	7	3	5	1	4	2	9	6
6	4	5	2	3	9	8	7	1
7	3	8	4	2	6	5	1	9
1	2	6	9	5	3	7	4	8
4	5	9	8	7	1	6	3	2
3	6	7	1	9	2	4	8	5
9	8	2	3	4	5	1	6	7
5	1	4	6	8	7	9	2	3

West Valley Housing Authority will hold their Work Session Meeting on Tuesday, June 30, 2015 beginning at 11:30 a.m. at 204 SW Walnut in Dallas, Oregon. The Regular Meeting will be held on Tuesday, June 30, 2015 at 1:00 p.m. at 204 SW Walnut in Dallas, Oregon. An Executive Session pursuant to ORS 192.660 will be held immediately following the Regular Meeting.

Agenda for the meeting is posted on the Housing Authority website at www.wvpha.org. The location for the meeting is handicapped accessible. Please advise the West Valley Housing Authority if you need any special accommodations to attend the meeting. For information, please call 503-623-8387, TDD 1-800-735-2900